

## South Island Masters Track & Field Championship Records: (Updated 26 January 2026)

This document contains the following information in **TWO** sections:

1. **South Island Championship Event Records:** A list of all South Island Championship records for the events that are regularly held at the South Island Track & Field Championships. A separate document containing a list of all individual event performances & points scored for the **SI Championship Throws Pentathlon & Track Pentathlon** events can also be viewed on the NZMA website (see **Appendix D**). This has been included so that new points totals can be re-calculated if age factors change in the future.
2. **Archived South Island Championship Records:** A list of all other South Island Championship records on file, including records archived due to age factor or implement changes.

**Note:** A Microsoft Word version of these records is available on request for Centres hosting the SI Championships, so the records can be included in the Championship booklet.

60m		Women			Men		
30	H Dinnissen	Can	8.63 (+0.0)	2017			
35	H Dinnissen	Can	8.20 (-1.2)	2023	R Le Brun	Tas	7.27 (0.2) 2026
40	H Dinnissen	Can	8.22 (+.4)	2025	N Bolton	Can	7.87 (-0.2) 2016
45	L Wilson	Otg	8.72 (+0.0)	2011	N Bolton	Can	7.60 (+1.2) 2019
50	L Martin	Can	8.75 (+0.0)	2017	R Lambert	Otg	7.78 (+.4) 2025
55	L Michell	Otg	9.07 (-0.4)	2021	J Campbell	Can	7.77 (-0.1) 2020
60	A Newall	Otg	9.77 (+0.7)	2020	B Thomson	Otg	8.73 (+0.2) 2021
65	L Anderson	Can	10.24 (+0.1)	2013	J Rawcliffe	Tas	8.96 (0.3) 2026
70	L Anderson	Can	11.62 (+0.7)	2020	I Sim	Otg	9.20 (+0.8) 2017
75	L Anderson	Can	11.65 (-0.4)	2021	B Baxter	Otg	9.45 (+0.9) 2020
80	I Bishop	Can	20.30 (-0.1)	2015	M Wood	Can	10.60 (+0.0) 2013
85					M Wood	Can	11.56 (+1.7) 2019
90					A MacKay	Sth	15.06 (+0.8) 2017
100m		Women			Men		
30	S Blakie	Otg	14.82 (-0.2)	2016	S Yousuf	Can	12.4 2007
35	T Excell	Sth	13.11 (+0.8)	2017	R Le Brun	Tas	11.41 (-0.1) 2026
40	J Jones	Tas	13.20 (+1.2)	2024	N Bolton	Can	11.86 (-0.3) (ET) 2013
45	A Horsnell	Can	13.5 (H)	1983	B McPhail	Can	11.7 1983
	L Wilson	Otg	13.59 (+0.3) (ET)	2011			
50	L Martin	Can	14.00 (+0.8)	2017	B McPhail	Can	11.7 1987
55	S Peterson	Can	13.9	1983	J Campbell	Can	12.28 (+1.0) 2020
60	C Giles	Otg	15.90 (-0.2)	2016	B McPhail	Can	13.6= 2000
					K Rozecki-Pollard	Otg	13.6= 2008
					K Hutton	Otg	13.6= 2009
65	L Anderson	Can	16.55 (+0.2)	2013	U Sumar	Otg	13.82 (+1.0) 2024
70	S Peterson	Can	17.4	2000	V Paddam	Otg	14.83 (+0.2) 2020
75	L Anderson	Can	19.78 (+1.8)	2023	B Baxter	Otg	15.07 (+0.2) 2020
80					A Mackay	Sth	17.0 2009
85					M Cook	Can	28.14 (+0.2) 2011
200m		Women			Men		
30	S Blakie	Otg	31.72 (-2.9)	2016	S Yousuf	Can	25.1 2007
35	J Jones	Tas	27.19 (-0.1)	2020	Remy Le Brun	Tas	23.89 (-0.2) 2026
40	J Jones	Tas	27.23 (-2.1)	2021	J Barnfield	Can	24.3 1995
45	L Wilson	Otg	28.02 (+0.1)	2011	B McPhail	Can	24.1 1983
50	L Wilson	Otg	27.45 (+1.9)	2014	B McPhail	Can	24.7 1987
55	S Peterson	Can	29.8 HT	1986	J Campbell	Can	24.96 (-0.1) 2020
	L Mitchell	Otg	29.85 (-2.1)	2021			
60	J Russell	Can	33.67 (+0.8)	2020	B Halpin	Can	27.9 1993

65	G Kirkman	Sth	34.69 (-2.1)	2021	M Fraser	Can	29.11	2006
70	S Peterson	Can	39.4	2000	V Paddam	Otg	31.21 (+0.6)	2020
75					B Baxter	Otg	31.05 (+0.6)	2020
80					A Mackay	Sth	36.4	2008
85								
<b>400m</b>			<b>Women</b>				<b>Men</b>	
30	H Dinnissen	Can	66.47	2017				
35	J Jones	Tas	62.26	2020	A Pollock	Can	54.4	1990
40	J Jones	Tas	62.52	2021	C Oliver	Can	54.56	2025
45	L Wilson	Otg	64.84	2011	M Fraser	Can	54.7	1985
50	L Wilson	Otg	63.88	2014	B McPhail	Can	54.2	1987
55	C Giles	Otg	74.35	2011	T Tan	Otg	58.03	2025
60	A Newall	Otg	79.69	2021	B Thomson	Sth	62.05	2019
65	G Kirkman	Sth	73.69	2018	M Fraser	Can	63.82	2004
70	L Reid	Can	1:25.52	2017	D Riddell	Tas	71.38	2024
75	G Jones	Sth	2:00.40	2018	M Fraser	Can	76.14	2015
80					Max Wood	Can	1:37.29	2013
85								
<b>800m</b>			<b>Women</b>				<b>Men</b>	
30					G Baker	Sth	2:16.7	2005
35	G Talbot	Can	2:23.2	1987	G MacIntosh	Sth	2:10.39	2010
40	Jo Van Rensburg	Can	2:32.09	2023	G Ludwig	Can	2:01.5	1995
45	Jo Van Rensburg	Can	2:34.83	2024	M Fraser	Can	2:07.2	1987
50	M Chorley	Can	2:33.60	2017	A Stark	Can	2:04.49	2011
55	L Reed	Can	2:41.1	2004	P Fitzgerald	Otg	2:19.30	2017
60	L Reed	Can	2:56.52	2010	D Turnbull	Sth	2:20.3	1990
65	G Kirkman	Sth	3:02.56	2018	T McManus	Can	2:30.01	2014
70	L Reed	Can	3:09.70	2017	R Ward	Can	2:51.15	2024
75	B Patrick	Qtg	3:46.36	2023	R Stevens	Can	3:01.7	2008
80	M Rough	Otg	3:55.65	2020	G McPherson	Can	3:27.3	1998
85					D Fincham	Otg	6:26.9	1996
<b>1500m</b>			<b>Women</b>				<b>Men</b>	
30	C Scobie	Sth	5:54.53	2018	G Baker	Sth	4:57.1	2005
35	A Joyce	Otg	5:00.4	1981	B Uden	Can	4:10.2	1995
40	P Taylor	Can	4:55.3	1987	J Dixon	Tas	4:03.7	1987
45	J Wilson	Otg	5:20.2	2007	Jim MacDonald	Can	4:22.1	1983
50	M Chorley	Can	5:11.0h	2017	A Stark	Can	4:16.67	2011
55	L Reed	Can	5:29.1	2004	M Lautenslager	Tas	4:34.48	2012
60	L Reed	Can	5:47.1	2010	D Turnbull	Sth	4:51.0	1997
65	L Reed	Can	6:02.81	2012	T McManus	Can	4:50.11	2014
70	L Reed	Can	6:28.3	2017	D Turnbull	Sth	5:35.9	1998
75	M Rough	Otg	7:01.64	2015	R Stevens	Can	5:55.8	2009
80	M Rough	Otg	7:35.83	2020	G McPherson	Can	7:33.4	1998
					S Gawler	Can	7:33.4	2009
85					D Fincham	Otg	13:07.3	1996
<b>3000m</b>			<b>Women</b>				<b>Men</b>	
30	C Scobie	Sth	13:36.15	2018	B Pigou	Otg	10:00.13	2020
35	G Talbot	Can	10:48.5	1987	T Goodman	Tas	9:35.00	2026
40	P Taylor	Can	10:24.9	1987	B Tingay	Can	8:59.04	2023
45	M Orman	Tas	11:23.1	1990	C Iversen	Sth	9:51.91	2020





Long Jump					Men				
30	S Blakie	Otg	4.37 (-1.0)	2016					
35	S Mene	Can	5.63	1987	K Clough	Can	5.73	2007	
40	L Osmer	Can	4.76	2001	B McPhail	Can	5.56	1981	
45	L Wilson	Otg	4.39	2011	B McPhail	Can	5.34	1985	
50	S Peterson	Can	4.35	1981	B McPhail	Can	5.45	1990	
55	S Peterson	Can	4.30	1985	B McPhail	Can	5.07	1992	
60	G Jones	Sth	3.46	2002	I Sim	Otg	4.40	2008	
65	S Peterson	Can	3.80	1995	I Sim	Otg	4.18 (+1.1)	2015	
70	S Peterson	Can	3.12	2001	I Sim	Otg	4.06 (+0.3)	2017	
75	L Anderson	Can	2.57 (+1.2)	2024	D Sibley	Can	3.08	1998	
80					A Mackay	Sth	2.73	2008	
85					J Blair	Otg	1.85 (+0.4)	2020	
90					A Mackay	Sth	1.89 (+1.2)	2017	
High Jump					Men				
30					W Doyle	Can	1.40	2000	
35	S Mene	Can	1.33	1987	K Clough	Can	1.65	2007	
40	L Osmer	Can	1.50	2001	S McKee	Can	1.61	2004	
45	G Kirkman	Sth	1.29	2001	J Eketone	Can	1.66	2025	
50	G Kirkman	Sth	1.30	2003	W Doyle	Can	1.50	2014	
55	L Anderson	Can	1.18	2003	G Wilson	Can	1.45	2025	
60	L Anderson	Can	1.14	2008	P Timings	Tas	1.41	1991	
65	G Kirkman	Sth	1.18	2018	A McCallum	Otg	1.30	2023	
70	L Anderson	Can	1.05	2017	G Ludwig	Can	1.30	2025	
					L Scown	Sth	1.30	2025	
75	L Anderson	Can	0.94m	2024	W Newton	Can	1.10	2007	
75					K Hutton	Otg	1.10	2025	
80					A Mackay	Sth	1.07	2008	
85					J Blair	Otg	0.91	2020	
90					J Blair	Otg	0.98	2023	
Triple Jump					Men				
30	S Blakie	Otg	9.38 (+0.0)	2016					
35	S Mene	Can	9.81	1987	P Franklin	Can	11.81	1993	
40	J Senior	Can	9.29	1987	J Barnfield	Can	10.23	1998	
45	H Clent	Otg	8.62	1991	T Aikenhead	Tas	10.81	2003	
50	<b>L De Wet</b>	<b>Tas</b>	<b>8.42m (0.6)</b>	<b>2026</b>	I Sim	Otg	10.25	1998	
55	L Anderson	Can	7.80	2004	P Timings	Tas	10.63	1985	
60	A Newall	Otg	7.32 (-0.7)	2020	L Smith	Sth	9.78	2002	
65	S Peterson	Can	7.90	2000	P Timings	Tas	9.10	1993	
70	S Peterson	Can	7.05	2000	I Sim	Otg	8.44 (+0.3)	2017	
75	L Anderson	Can	5.14 (+0.1)	2024	B Newton	Can	6.19	2006	
80					B Toomey	Sth	5.08	2006	
85									
90					A Mackay	Sth	3.91 (+0.8)	2017	
Pole Vault					Men				
30									
35	J Maxwell	Can	1.52	1995	W Doyle	Can	3.20	2000	
40	J Maxwell	Can	1.10	1999	S McKee	Can	3.50	2004	
45					B Senior	Can	3.35	1985	

50					W Doyle	Can	3.30	2014	
55					P Davies	Otg	2.80	2020 2021	
60	A Newall	Otg	1.80	2021	<b>P Davies</b>	<b>Otg</b>	<b>2.90</b>	<b>2025</b>	
65					B Senior	Can	2.05	2005	
70					C O'Brien	Can	1.75	2001	
					W Newton	Can	1.75	2001	
					B Senior	Can	1.75	2010	
75					C O'Brien	Can	1.53	2007	
Shot Put		Women				Men			
30	4.0kg: J Maxwell	Can	11.07	1993	7.26kg: M O'Brien	Can	12.77	1999	
35	4.0kg: R Bates	Otg	12.11	2002	7.26kg: M O'Brien	Can	12.24	2000	
40	4.0kg: R Bates	Otg	11.08	2008	7.26kg: K Mahuika	Tas	13.01	1989	
45	4.0kg: J Maxwell	Can	10.12	2004	7.26kg: M Flaus	Sth	12.24	2005	
50	3.0kg: W Harding	Otg	10.07	2005	6.0kg: <b>S Maole</b>	<b>Otg</b>	<b>13.11</b>	<b>2026</b>	
55	3.0kg: <b>T Lutton</b>	<b>Can</b>	<b>11.60</b>	<b>2026</b>	6.0kg: M Flaus	Sth	11.68	2014	
60	3.0kg: W Harding	Otg	8.17	2015	5.0kg: M Flaus	Sth	12.50	2019	
65	3.0kg: N Callander	Otg	7.91	2013	5.0kg: G Lawless	Otg	11.36	1995	
70	3.0kg: N Callander	Otg	7.47	2019	4.0kg: G Lawless	Otg	11.86	2000	
75	2.0kg: N Callander	Otg	8.11	2025	4.0kg: G Lawless	Otg	10.04	2005	
80	2.0kg: G Watts	Can	6.95	2023	3.0kg: B Senior	Can	9.95	2023	
85	2.0kg: C Maloney	Can	4.11	2025	3.0kg: N Hawke	Can	6.72	1996	
					3.0kg: J Blair	Otg	6.72	2020	
90					3.0kg: J Blair	Otg	6.27	2021	
Javelin Throw		Women				Men			
30	600g: J Maxwell	Can	28.36	1993	800g: M Scholten	Otg	39.96	2011	
35	600g: S Mene	Can	39.78	1987	800g: W Doyle	Can	45.02	2000	
40	600g: J Senior	Can	31.66	1987	800g: M Stewart	Can	47.96	1986	
45	600g: T Oudemans	Can	28.12	2021	800g: R Logchies	Can	49.17	2002	
50	500g: L Anderson	Can	25.60	1996	700g: <b>S Maole</b>	<b>Otg</b>	<b>21.67</b>	<b>2026</b>	
					700g: <i>*A Grayburn</i>	<i>Can</i>	<i>47.96</i>	<i>1980</i>	
55	500g: L Osmers	Can	25.24	2019	700g: <b>J McManus</b>	<b>Can</b>	<b>27.04</b>	<b>2026</b>	
					700g: <i>*A Grayburn</i>	<i>Can</i>	<i>44.70</i>	<i>1982</i>	
60	500g: F Harvey	Otg	19.84	2023	600g: A Grayburn	Can	46.28	1987	
65	500g: F Harvey	Otg	22.20	2025	600g: A Grayburn	Can	42.54	1994	
70	500g: L Anderson	Can	13.45	2017	500g: A Grayburn	Can	37.17	1998	
75	400g: J Whitaker	Can	14.85	2018	500g: A Grayburn	Can	28.28	2002	
80	400g: J Whitaker	Can	12.14	2023	400g: B Senior	Can	26.24	2023	
85	400g: R Smith	Can	7.83	2006	400g: J Blair	Otg	19.79	2020	
90					400g: J Blair	Otg	18.40	2025	
					<b>*Archived, NEW 700g javelin 2026</b>				
Discus Throw		Women				Men			
30	1.0kg: A McNab	Can	35.33	2016	2.0kg: R Chalmers	Can	33.08	2004	
35	1.0kg: S Mene	Can	40.22	1987	2.0kg: T Anderson	Tas	38.86	2003	
40	1.0kg: R Bates	Otg	33.66	2008	2.0kg: <b>J Pratten</b>	<b>Can</b>	<b>42.15</b>	<b>2026</b>	
45	1.0kg: J Maxwell	Can	31.37	2004	2.0kg: M Flaus	Sth	37.81	2008	
50	1.0kg: V Hood	Can	28.94	1993	1.5kg: M Flaus	Sth	43.05	2009	
55	1.0kg: <b>T Lutton</b>	<b>Can</b>	<b>27.89</b>	<b>2026</b>	1.5kg: G Lawless	Otg	42.46	1985	
60	1.0kg: V Hood	Can	23.83	2000	1.0kg: G Lawless	Otg	45.32	1990	

65	1.0kg: F Harvey	Otg	22.54	2025	1.0kg: J Rawcliffe	Tas	37.23	2025
70	1.0kg: G Watts	Can	19.61	2010	1.0kg: G Lawless	Otg	35.70	2002
75	750g: G Watts	Can	19.79	2017	1.0kg: G Lawless	Otg	31.62	2005
80	750g: G Watts	Can	17.68	2021	1.0kg: B Senior	Can	26.24	2023
85	750g: C Maloney	Can	10.02	2025	1.0kg: J Blair	Otg	17.58	2020
90					1.0kg: J Blair	Otg	16.34	2021

Hammer Throw		Women			Men			
30	4.0kg: A Lynch	Can	41.28	2020	7.26kg: T Bates	Otg	53.29	2025
35	4.0kg: A Lynch	Can	42.55	2023	7.26kg: M Scholten	Otg	40.47	2013
40	4.0kg: D McCaw	Otg	40.64	2021	7.26kg: T Fleming	Can	45.70	1986
45	4.0kg: R Bates	Otg	34.54	2014	7.26kg: M Flaus	Sth	35.92	2008
50	3.0kg: V Hood	Can	36.64	1993	6.0kg: T Brown	Otg	39.32	1993
55	3.0kg: R Bates	Otg	36.71	2021	6.0kg: R Davison	Can	41.86	2006
60	3.0kg: W Harding	Otg	32.63	2015	5.0kg: R Davison	Can	46.59	2009
65	3.0kg: G Watts	Can	28.60	2007	5.0kg: R Davison	Can	39.03	2014
70	3.0kg: W Harding	Otg	25.96	2026	4.0kg: T Bent	Otg	38.56	2000
75	2.0kg: G Watts	Can	30.63	2015	4.0kg: B Senior	Can	33.49	2019
80	2.0kg: G Watts	Can	24.57	2021	3.0kg: N Hawke	Can	33.98	1992
85	2.0kg: C Maloney	Can	16.86	2025	3.0kg: D Leech	Can	19.54	2013
90					3.0kg: J Blair	Otg	18.04	2024

Weight Throw		Women			Men			
30	9.08kg: A McNab	Can	12.23	2016	15.88kg: T Bates	Otg	15.90	2025
35	9.08kg: A Lynch	Can	12.99	2023	15.88kg: M Scholten	Otg	12.05	2013
40	9.08kg: D McCaw	Otg	11.93	2021	15.88kg: M Flaus	Sth	11.79	1999
45	9.08kg: J Knowles	Sth	8.89	2018	15.88kg: M Flaus	Sth	12.15	2008
50	7.26kg: W Harding	Otg	12.67	2007	11.34kg: S Maole	Otg	15.15	2023
55	7.26kg: W Harding	Otg	11.74	2010	11.34kg: R Davison	Can	14.31	2006
60	5.45kg: V Hood	Can	12.02	1999	9.08kg: R Davison	Can	15.72	2013
65	5.45kg: W Harding	Otg	11.14	2023	9.08kg: R Davison	Can	14.46	2014
70	5.45kg: P Drayton	Can	10.55	2006	7.26kg: G Lawless	Otg	15.56	2000
75	4.0kg: J Whitaker	Can	10.73	2018	7.26kg: B Senior	Can	13.52	2015
80	4.0kg: G Watts	Can	9.70	2023	5.45kg: B Senior	Can	13.66	2023
85	4.0kg: C Maloney	Can	7.68	2025	5.45kg: D Leech	Can	8.47	2013
90					5.45kg: J Blair	Otg	8.31	2023

Throws Pentathlon (New Age Factors January 2023 & NEW 700g javelin 2026)								see Appendix D
30	A Lynch	Can	2514	2016	M Scholten	Otg	2428	2012
35	A Lynch	Can	2598	2023	M Scholten	Otg	2492	2013
40	A Lynch	Can	2612	2026	J Pratten	Can	2831	2026
45	T Oudemans	Can	2522	2023	S Maole	Otg	2148	2021
50	F Harvey	Otg	2317	2011	*S Maole	Otg	2623	2026
55	T Lutton	Can	2694	2694	*J McManus	Can	2439	2026
60	W Harding	Otg	2548	2015	R Davison	Can	3132	2010
65	F Harvey	Otg	2917	2026	R Davison	Can	3238	2015
70	N Callander	Otg	2640	2019	B Senior	Can	3038	2011
75	G Watts	Can	2989	2015	R Davison	Can	2842	2025
80	G Watts	Can	2941	2021	B Senior	Can	3121	2023
85	C Maloney	Can	2277	2025	J Blair	Ota	2202	2020
90					J Blair	Ota	2644	2023

Track Pentathlon (New Age Factors January 2023)					see Appendix D				
30	S Blakie	Otg	1649	2016					
35	H Dinnissen	Can	3096	2023	S Belesky	Sth	1676	2016	
40	J Jones	Tas	2537	2021	J Baird	Can	1695	2016	
45	P Main	Otg	948	2010	J Baird	Can	1904	2017	
50	C Giles	Otg	2256	2010	W Doyle	Can	3053	2014	
55	C Giles	Otg	2634	2013					
60	C Giles	Otg	2585	2016	W Green	Sth	2439	2013	
65	<b>A Newell</b>	<b>Otg</b>	<b>2182</b>	<b>2026</b>	J Rawcliffe	Tas	2674	2024	
70	L Anderson	Can	2353	2017	W Green	Sth	2437	2023	
75					E McIntosh	Sth	1275	2021	
80					<b>E McIntosh</b>	<b>Sth</b>	<b>932</b>	<b>2026</b>	

**See Appendix D:**

Individual event performance details and points scored for all the multi-event records listed above are contained within Appendix D. This has been created so that if there are any future age factor changes, a new points total can be recalculated.

<b>Archived South Island Championship Records:</b>							
<b>Javelin</b> (pre January 2014)		<b>Women</b>				<b>Men</b>	
60	400g: B Bird	Can	21.63	2008			
65	400g: B Bird	Can	18.93	2011			
70	400g: I Bishop	Can	10.95	2010			
<b>Throws Pentathlon (2010 – 2013, 400gm javelin W60-W70)</b>							
60	B Church	Can	2627	2010			
65	Noni Callander	Otg	2651	2013			
70	G Watts	Can	3193	2010			
<b>Pentathlon (2010 – 2013, 400gm javelin W60-W70)</b>							
60	L Anderson	Can	2091	2010			
65	L Anderson	Can	2813	2013			
75	G Watts	Can	1548	2010			
<b>Throws Pentathlon (Previous Age Factors and conditions up to the 2009 year)</b>							
30					J Adams	Can	1408 2006
35					S McQueen	Otg	1809 2009
40	R Bates	Otg	3045	2008	A Fairbairn	Can	2023 2007
45	F Harvey	Otg	2727	2008	M Flaus	Sth	2831 2008
50	W Harding	Otg	2967	2006	M Flaus	Sth	3211 2009
55	B Church	Can	2822	2005	R Davison	Can	3140 2007
60	B Church	Can	3096	2008	R Davison	Can	3668 2009
65	G Watts	Can	3422	2007	B Senior	Can	3450 2007
70	P Drayton	Can	3243	2006	B Newton	Can	2759 2004
75					G Lawless	Otg	3560 2005
80					D Leech	Can	3378 2007
85	R Smith	Can	3163	2004			
<b>Pentathlon (Previous Age Factors and conditions up to the 2009 year)</b>							
35	F Gardner	Can	1895	1989	J Barnfield	Can	2426 1990
40	J Senior	Can	2580	1989	K Hutton	Otg	2685 1991
45	L Anderson	Otg	2917	1992	K Hutton	Otg	2859 1994
50	M Orman	Tas	2845	1991	B McPhail	Can	3197 1987
55	L Anderson	Can	2473	2004	B McPhail	Can	3021 1992
60	L Anderson	Can	2899	2008	D Tucker	Can	2954 1994
65					D Tucker	Can	2626 1998
70					D Sibley	Can	2171 1993
75					D Sibley	Can	1645 1998
<b>Throws Pentathlon (Previous Age Factors as from May 2010 &amp; updated January 2014)</b>							
30	A McNab	Can	2757	2016	M Scholten	Otg	2402 2012
35	A Lynch	Can	2987	2023	M Scholten	Otg	2480 2013
40	D McCaw	Otg	2770	2021	M Scholten	Otg	2415 2021
45	T Oudemans	Can	2801	2023	S Maole	Otg	2701 2021
50	F Harvey	Otg	2659	2011	M Flaus	Sth	3067 2013
55	W Harding	Otg	3005	2010	M Flaus	Sth	3282 2016
60	W Harding	Otg	2977	2015	R Davison	Can	3341 2010
65	W Harding	Otg	3096	2021	R Davison	Can	3464 2015
70	N Callander	Otg	3018	2019	B Senior	Can	3377 2011
75	G Watts	Can	3735	2015	A Hunter	Can	1729 2012
80	G Watts	Can	3645	2021	B Senior	Can	3541 2023

85					J Blair	Ota	2618	2020
90					J Blair	Ota	3054	2023
<b>Track Pentathlon (Previous Age Factors as from May 2010 &amp; updated January 2014)</b>					see Appendix D			
30	S Blakie	Otg	1651	2016				
35	H Dinnissen	Can	3096	2023	S Belesky	Sth	1647	2016
40	J Jones	Tas	2629	2021	J Baird	Can	1693	2016
45	P Main	Otg	1003	2010	J Baird	Can	1923	2017
50	C Giles	Otg	2441	2010	W Doyle	Can	3076	2014
55	C Giles	Otg	2854	2013				
60	C Giles	Otg	2830	2016	W Green	Sth	2566	2013
65	C Dickason	Tas	1886	2020	W Green	Sth	2619	2017
70	L Anderson	Can	2764	2017	W Green	Sth	2708	2023
75					E McIntosh	Sth	1555	2021