

Appendix D – South Island Championship Combined Event Information:

[Updated 08 Feb 2026]

This appendix is to record individual event performances for combined events so that if age factors change, a new points total can be calculated. This will avoid having to archive records in the future. However, if implement specification change records will be archived.

In compiling this table & up-dating the records, every effort was made to local the best performances. All points will vary from the original points scored, due to recent age factor changes (January 2023).

However, if you still believe a performance has been over-looked, please send a copy of the meeting results, (including individual event performances) to Andrew Stark (aws@xtra.co.nz) for checking.

South Island Championship Throws Pentathlon Record / Individual Event Performances:

Age Factors changes: **January 2023**. Implement change: January 2014 - W60, W65, W70 500gm javelin

Women's Throws Pentathlon:		HT	SP	DT	JT	WT	Total	Date	Venue
W30	A Lynch [CAN]	38.23	9.93	35.63	22.85	12.53		20/11/2016	Timaru
	Points:	527	525	570	342	550	2514		
W35	A Lynch [CAN]	40.37	9.14	31.92	25.84	12.92		22/01/2023	Christchurch
	Points:	601	495	499	409	594	2598		
W40	A Lynch [CAN]	36.96	8.66	30.99	23.45	11.25		25/01/2026	Nelson
	Points:	605	507	524	410	566	2612		
W45	T Oudemans [CAN]	26.09	9.53	25.13	26.93	8.72		22/01/2023	Christchurch
	Points:	446	627	455	546	448	2522		
W50	F Harvey [OTG]	25.93	8.10	24.26	23.51	9.41		04/12/2011	Timaru
	Points:	418	475	489	472	463	2317		
W55	W Harding [OTG]	33.37	9.26	19.84	12.71	10.91		05/12/2010	Invercargill
	Points:	644	623	432	250	616	2565		
W60	W Harding [OTG]	30.55	8.00	18.23	12.13	11.39		22/11/2015	Timaru
	Points:	659	583	442	272	592	2548		
W65	W Harding [OTG]	29.35	7.37	17.03	10.44	10.65		21/11/2021	Dunedin
	Points:	720	595	466	260	619	2660		
W70	N Callander [OTG]	20.41	7.47	17.88	11.43	7.88		17/11/2019	Christchurch
	Points:	542	689	572	342	495	2640		
W75	G Watts [CAN]	28.75	7.93	19.19	13.15	9.82		22/11/2015	Timaru
	Points:	692	668	612	417	600	2989		
W80	G Watts [CAN]	24.93	6.66	16.30	10.94	8.65		21/11/2021	Dunedin
	Points:	699	635	599	397	611	2941		
Men's Throws Pentathlon:		HT	SP	DT	JT	WT	Total	Date	Venue
M30	M Scholten [OTG]	34.48	11.97	31.65	38.29	10.15		02/12/2012	Nelson
	Points:	449	605	497	417	460	2428		
M35	M Scholten [OTG]	40.03	12.05	23.27	36.72	11.88		01/12/2013	Timaru
	Points:	539	643	334	418	558	2492		
M40	M Scholten [OTG]	37.53	9.79	27.02	35.16	9.17		21/11/2021	Dunedin
	Points:	529	539	416	434	440	2358		
M45	S Maole [OTG]	27.07	8.72	26.43	26.55	9.40		21/11/2021	Dunedin
	Points:	381	506	439	330	492	2148		
M50	M Flaus [STH]	33.61	11.93	38.08	33.80	14.13		01/12/2013	Timaru
	Points:	484	715	632	465	683	2979		
M55	M Flaus [STH]	33.47	11.80	35.75	32.49	13.81		20/11/2016	Timaru
	Points:	529	768	642	495	722	3156		
M60	R Davison [CAN]	41.61	9.95	39.60	30.73	14.84		05/12/2010	Invercargill
	Points:	683	618	628	471	732	3132		
M65	R Davison [CAN]	39.14	9.51	36.86	27.01	14.52		22/11/2015	Timaru
	Points:	710	647	645	457	779	3238		
M70	B Senior [CAN]	36.00	10.29	31.88	24.47	13.68		04/12/2011	Timaru
	Points:	638	692	613	415	680	3038		
M75	A Hunter [CAN]	17.12	5.49	16.92	13.40	7.78		02/12/2012	Nelson
	Points:	290	360	316	212	381	1559		
M80	B Senior [CAN]	30.23	9.54	23.99	28.17	12.69		22/01/2023	Christchurch
	Points:	592	682	588	616	643	3121		
M85	J Blair [OTG]	18.76	6.53	16.52	17.62	8.01		15/11/2020	Dunedin
	Points:	400	499	449	421	432	2202		

M90	J Blair [OTG]	17.17	6.36	16.92	16.50	7.93		22/01/2023	Christchurch
	Points:	455	571	586	508	524	2644		

South Island Championship Pentathlon Record / Individual Event Performances:

Age Factors changes: **January 2023**. Implement change: January 2014 - W60, W65, W70 500gm javelin

Women's Track Pentathlon:		100m	SP	LJ	JT	800m	Total	Date	Venue
W30	S Blakie [OTG]	14.90 (-0.8)	5.99	4.29 (+0.8)	13.16	2:59.48		20/11/2016	Timaru
	Points:	469	271	376	163	370	1649		
W35	H Dinnissen [CAN]	13.24 (+0.3)	10.09	5.40 (+0.9)	26.68	2:33.44		22/01/2023	Christchurch
	Points:	726	560	720	426	664	3096		
W40	J Jones [TAS]	13.35 (+0.2)	6.81	4.38 (+0.2)	17.90	2:43.08		21/11/2021	Dunedin
	Points:	752	374	498	293	620	2537		
W45	P Main [OTG]	18.45	5.90	2.62	10.04	3:43.50		05/12/2010	Invercargill
	Points:	179	342	110	152	165	948		
W50	C Giles [OTG]	15.52	7.73	3.41	17.12	3:03.40		05/12/2010	Invercargill
	Points:	589	448	345	320	554	2256		
W55	C Giles [OTG]	15.22	8.11	3.56	18.22	3:14.14		01/12/2013	Timaru
	Points:	720	530	459	394	531	2634		
W60	C Giles [OTG]	16.15 (-0.8)	7.66	3.23 (+0.8)	16.55	3:23.14		20/11/2016	Timaru
	Points:	678	553	418	402	534	2585		
W65	C Dickason [TAS]	20.89 (+0.1)	5.55	2.36 (+0.5)	13.82	3:47.89		15/11/2020	Dunedin
	Points:	239	418	194	372	419	1642		
W70	L Anderson [CAN]	18.77 (+0.8)	6.41	3.02 (-1.3)	12.31	4:06.40		12/11/2017	Timaru
	Points:	533	573	495	375	377	2353		
W75									
	Points:								
W80									
	Points:								

Men's Track Pentathlon:		LJ	JT	200m	DT	1500m	Total	Date	Venue
M30									
	Points:								
M35	S Belesky [STH]	4.95 (+0.4)	31.55	25.82 (-0.6)	21.74	7:23.73		20/11/2016	Timaru
	Points:	409	341	582	305	39	1676		
M40	J Baird [CAN]	4.68 (+1.0)	31.40	27.25 (-0.6)	17.80	6:53.64		20/11/2016	Timaru
	Points:	407	373	537	237	141	1695		
M45	J Baird [CAN]	4.36 (+1.0)	31.45	26.94 (+2.0)	18.59	6:51.61		12/11/2017	Timaru
	Points:	394	414	629	275	192	1904		
M50	W Doyle [CAN]	5.14	42.28	27.02	38.25	6:00.58		29/11/2014	Dunedin
	Points:	657	618	692	635	451	3053		
M55									
M60	W Green [STH]	4.80	24.89	30.00	24.32	6:43.60		01/12/2013	Timaru
	Points:	734	356	611	338	400	2439		
M65	J Rawcliffe [TAS]	3.83 (-1.6)	31.84	30.80 (-1.1)	31.39	6:51.98		21/01/2024	Dunedin
	Points:	514	564	627	529	440	2674		
M70	W Green [STH]	3.36 (-0.2)	31.64	32.08 (+0.3)	26.05	7:43.42		22/01/2023	Christchurch
	Points:	441	578	614	476	328	2437		

M75	E MacIntosh [STH]	2.19 (+0.0)	10.09	37.46 (-2.6)	11.16	7:36.03		21/11/2021	Dunedin
	<i>Points:</i>	159	133	370	175	438	1275		
M80									
	<i>Points:</i>								