

## Appendix A – NZMA Men’s National & Championship Combined Event Information: (Updated 2 Dec 2025)

This appendix is to record individual event performances for combined events so that if age factors change, a new points total can be calculated. This will avoid having to archive records in the future. However, if implement specification change records will be archived.

In compiling this table & up-dating the records, every effort was made to local the best performances. All point totals will vary from the original points scored, due to recent age factor changes (January 2023).

However, if you still believe a performance has been over-looked, please send a copy of the meeting results, (including individual event performances) to Andrew Stark ([aws@xtra.co.nz](mailto:aws@xtra.co.nz)) for checking.

To help complete the task, can you supply individual event details for the records highlight in yellow?

These point totals are subject to change once the new age factors are applied.

Where known, the athlete’s centre as at the time of their setting of a record is designated. This has only recently been included and we think we have identified correctly when an athlete changed centre. Please email [nzmastersathletics@xtra.co.nz](mailto:nzmastersathletics@xtra.co.nz) if you can correct or populate for those we don’t have recorded. Similarly, we have only recently added wind-readings for the relevant events so please contact us if you can provide this information for those we don’t have.

### NZMA National Throws Pentathlon Records / Individual Event Performances & Points:

Updated using 2023 Age Factors

Men	HT	SP	DT	JT	WT	Total	Date	Venue
<b>M30</b> <b>T Bates [OTG]</b>	<b>53.11</b>	<b>11.04</b>	<b>30.58</b>	<b>30.94</b>	<b>15.52</b>		30/03/2025	Auckland
Points:	756	548	476	312	765	2857		
<b>M35</b> M Scholten [OTA]	44.59	11.75	33.47	44.62	12.30		26/10/2016	Perth
Points:	614	624	533	538	581	2890		
<b>M40</b> A van der Westhuizen [AKL]	50.14	13.30	32.46	38.00	15.61		11/10/2020	Auckland
Points:	748	777	525	480	830	3360		
<b>M45</b> A van der Westhuizen [AKL]	53.41	13.06	32.40	42.26	15.41		27/03/2022	Auckland
Points:	867	820	567	606	883	3743		
<b>M50</b> M Cumming [AKL]	55.23	10.32	36.27	24.95	19.35		04/03/2013	Wellington
Points:	875	602	595	309	983	3364		
<b>M55</b> M Cumming [AKL]	52.59	10.26	29.85	24.66	19.23		27/04/2017	Auckland
Points:	904	651	513	343	1057	3468		
<b>M60</b> J Thomas [AKL]	36.90	11.39	42.02	38.62	16.88		13/10/2019	Auckland
Points:	591	725	676	430	849	3271		
<b>M65</b> <b>J Thomas [AKL]</b>	<b>43.10</b>	<b>12.00</b>	<b>39.80</b>	<b>32.61</b>	<b>17.33</b>		<b>30/11/2025</b>	<b>Tauranga</b>
Points:	795	850	708	581	954	3888		
<b>M70</b> B Senior [CAN]	36.37	10.89	33.79	27.10	12.62		07/03/2011	Hastings
Points:	646	740	658	474	618	3136		
<b>M75</b> B Senior [CAN]	35.22	9.60	29.66	30.55	14.01		20/03/2016	Christchurch
Points:	716	716	648	650	777	3507		
<b>M80</b> B Senior [CAN]	36.30	10.27	28.98	28.00	14.96		24/01/2021	Christchurch
Points:	736	744	741	611	779	3611		
<b>M85</b> <b>B Senior [CAN]</b>	<b>29.70</b>	<b>8.81</b>	<b>20.06</b>	<b>22.46</b>	<b>12.31</b>		13/04/2025	Christchurch
Points:	701	716	573	576	725	3291		
<b>M90</b> R Johnson [AKL]							07/11/2022	
						3550		

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<b>M30</b> <b>T Bates [OTG]</b>	<b>53.11</b>	<b>11.04</b>	<b>30.58</b>	<b>30.94</b>	<b>15.52</b>		30/03/2025	Auckland
Points:	756	548	476	312	765	2857		

<b>M35</b>	M Scholten [OTA]	40.23	11.57	30.11	40.75	11.00		03/03/2014	Invercargill
	Points:	543	612	467	479	508	<b>2609</b>		
<b>M40</b>	A van der Westhuizen [AKL]	48.95	12.80	34.12	38.05	15.39		28/02/2021	Inglewood
	Points:	727	743	559	481	816	<b>3326</b>		
<b>M45</b>	A van der Westhuizen [AKL]	49.66	11.78	31.17	40.32	14.07		04/12/2022	Wellington
	Points:	797	727	540	571	795	<b>3430</b>		
<b>M50</b>	M Cumming [AKL]	55.23	10.32	36.27	24.95	19.35		04/03/2013	Wellington
	Points:	875	602	595	309	983	<b>3364</b>		
<b>M55</b>	J Van Zyl [WBP]	38.59	11.68	38.86	33.68	14.56		01/03/2015	Tauranga
	Points:	629	759	710	518	768	<b>3384</b>		
<b>M60</b>	J Thomas [AKL]	38.90	11.19	42.40	34.80	15.97		01/03/2020	Hastings
	Points:	630	710	683	553	797	<b>3373</b>		
<b>M65</b>	J Thomas [AKL]	40.09	11.43	40.94	37.59	16.69		20/02/2024	Christchurch
	Points:	730	803	733	694	914	<b>3874</b>		
<b>M70</b>	B Senior [CAN]	36.37	10.89	33.79	27.10	12.62		07/03/2011	Hastings
	Points:	646	740	658	474	618	<b>3136</b>		
<b>M75</b>	B Senior [CAN]	34.10	9.37	28.20	29.44	13.36		28/02/2016	Dunedin
	Points:	689	696	608	621	735	<b>3349</b>		
<b>M80</b>	R Johnson [AKL]	26.33	9.57	24.72	26.52	11.95		01/03/2015	Tauranga
	Points:	500	684	611	571	598	<b>2964</b>		
<b>M85</b>	L Carter [AKL]	17.48	6.53	15.27	13.66	7.36		05/03/2012	Auckland
	Points:	365	499	405	298	389	<b>1956</b>		
<b>M90</b>	<b>R Johnson [AKL]</b>	<b>17.00</b>	<b>6.76</b>	<b>15.07</b>	<b>18.13</b>	<b>9.15</b>		30/03/2025	Auckland
	Points:	<b>450</b>	<b>615</b>	<b>507</b>	<b>573</b>	<b>622</b>	<b>2767</b>		

## NZMA National Track Pentathlon Records / Individual Event Performances:

Updated using 2023 Age Factors

Men		LJ	JT	200m	DT	1500m	Total	Date	Venue
<b>M30</b>	R Little [HBG]	4.72 (-0.2)	42.16	26.79 (+1.4)	26.45	5:50.37		04/12/2022	Wellington
	Points:	330	473	463	395	305	<b>1966</b>		
<b>M35</b>	D Hansen [TAS]	5.57 (+5.1)	42.33	24.95 (-3.2)	34.61	5:01.97		03/03/2017	Nelson
	Points:	540	503	655	556	575	<b>2829</b>		
<b>M40</b>	D Hansen [TAS]	5.53 (-0.7)	40.08	24.60 (-0.8)	36.00	4:56.92		03/03/2019	Timaru
	Points:	600	514	754	597	661	<b>3126</b>		
<b>M45</b>	D Hansen [TAS]	5.50 (+1.4)	41.38	24.80 (+1.4)	35.91	5:14.90		04/12/2022	Wellington
	Points:	670	590	807	644	619	<b>3330</b>		
<b>M50</b>	W Doyle [CAN]	5.20 (+0.8)	43.30	26.79 (-1.4)	34.92	5:32.00		01/03/2015	Tauranga
	Points:	673	636	711	567	592	<b>3179</b>		
<b>M55</b>	S Te Whaiti [WBP]	5.11	41.93	25.99	27.95	6:08.63		25/11/2018	Wellington
	Points:	734	682	849	472	480	<b>3217</b>		
<b>M60</b>	<b>S Te Whaiti [WBP]</b>	<b>4.61</b>	<b>36.44</b>	<b>27.33</b>	<b>33.32</b>	<b>6:28.39</b>		16/03/2025	
	Points:	<b>673</b>	<b>586</b>	<b>812</b>	<b>507</b>	<b>463</b>	<b>3041</b>		
<b>M65</b>	J Rawcliffe [TAS]	<b>3.95</b> <b>(1.8)</b>	<b>32.58</b>	<b>29.53</b> <b>(1.7)</b>	<b>27.19</b>	<b>6:43.28</b>		<b>10/09/2025</b>	<b>Brisbane</b>
	Points:	550	581	721	588	673	<b>2913</b>		

<b>M70</b>	W Green [STH]	3.36 (-0.2)	31.64	32.08 (+0.3)	26.05	7:43.42		22/01/2023	Christchurch
	<i>Points:</i>	441	578	614	476	328	<b>2437</b>		
<b>M75</b>	D Anstiss [AKL]	3.77 (+0.0)	15.25	34.28 (+0.0)	22.77	7:25.41		20/03/2021	Auckland
	<i>Points:</i>	668	258	547	466	477	<b>2416</b>		
<b>M80</b>	R Johnson [AKL]	2.83 (+1.7)	28.36	39.52 (+1.6)	22.85	8:44.73		02/03/2014	Invercargill
	<i>Points:</i>	425	621	354	554	311	<b>2265</b>		
<b>M85</b>	H Mein [WBP]	2.15	17.42	78.05	9.20	12:31.99		2016	Palmerston North
	<i>Points:</i>	280	415	0	203	12	<b>910</b>		
<b>M90</b>									
	<i>Points:</i>								

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<b>M30</b>	R Little [HBG]	4.72 (-0.2)	42.16	26.79 (+1.4)	26.45	5:50.37		04/12/2022	Wellington
	<i>Points:</i>	330	473	463	395	305	<b>1966</b>		
<b>M35</b>	D Hansen [TAS]	5.57 (+5.1)	42.33	24.95 (-3.2)	34.61	5:01.97		05/03/2017	Nelson
	<i>Points:</i>	540	503	655	556	575	<b>2829</b>		
<b>M40</b>	D Hansen [TAS]	5.53 (-0.7)	40.08	24.60 (-0.8)	36.00	4:56.92		03/03/2019	Timaru
	<i>Points:</i>	600	514	754	597	661	<b>3126</b>		
<b>M45</b>	D Hansen [TAS]	5.50 (+0.2)	41.38	24.80 (+1.4)	35.91	5:14.90		04/12/2022	Wellington
	<i>Points:</i>	670	590	807	644	619	<b>3330</b>		
<b>M50</b>	W Doyle [CAN]	5.20 (+0.8)	43.30	26.79 (-1.4)	34.92	5:32.00		01/03/2015	Tauranga
	<i>Points:</i>	673	636	711	567	592	<b>3179</b>		
<b>M55</b>	S Te Whaiti [WBP]	5.03 (+1.1)	42.69	26.33 (+1.1)	27.49	6:14.59		01/03/2020	Hastings
	<i>Points:</i>	711	697	821	462	453	<b>3144</b>		
<b>M60</b>	J Rawcliffe [TAS]	4.06 (-0.4)	30.13	30.02 (+1.4)	35.49	6:38.76		04/12/2022	Wellington
	<i>Points:</i>	508	460	609	549	420	<b>2546</b>		
<b>M65</b>	J Rawcliffe [TAS]	3.86 (+1.5)	31.52	29.95 (+0.8)	31.04	6:51.29		20/02/2024	Christchurch
	<i>Points:</i>	523	557	687	521	443	<b>2731</b>		
<b>M70</b>	W Green [STH]	3.48 (+0.9)	29.82	32.60 (+2.7)	25.37	7:29.12		04/12/2022	Wellington
	<i>Points:</i>	479	536	579	460	378	<b>2432</b>		
<b>M75</b>	W Schenk [AKL]	3.48 (+1.1)	18.54	35.40 (-1.2)	19.53	8:53.00		28/02/2011	Inglewood
	<i>Points:</i>	561	340	481	382	200	<b>1964</b>		
<b>M80</b>	R Johnson [AKL]	2.83 (+1.7)	28.36	39.52 (+1.6)	22.85	8:44.73		02/03/2014	Invercargill
	<i>Points:</i>	425	621	354	554	311	<b>2265</b>		
<b>M85</b>	H Mein [WBP]	1.64 (-0.0)	11.87	61.70 (+0.9)	9.49	13:11.77		04/03/2018	Whangarei
	<i>Points:</i>	115	243	0	212	0	<b>570</b>		

