

Appendix A – NZMA Men’s National & Championship Combined Event Information: (Updated 26 May 2025)

This appendix is to record individual event performances for combined events so that if age factors change, a new points total can be calculated. This will avoid having to archive records in the future. However, if implement specification change records will be archived.

In compiling this table & up-dating the records, every effort was made to local the best performances. All point totals will vary from the original points scored, due to recent age factor changes (January 2023).

However, if you still believe a performance has been over-looked, please send a copy of the meeting results, (including individual event performances) to Andrew Stark (aws@xtra.co.nz) for checking.

To help complete the task, can you supply individual event details for the records highlight in yellow?

These point totals are subject to change once the new age factors are applied.

Where known, the athlete’s centre as at the time of their setting of a record is designated. This has only recently been included and we think we have identified correctly when an athlete changed centre. Please email nzmastersathletics@xtra.co.nz if you can correct or populate for those we don’t have recorded. Similarly, we have only recently added wind-readings for the relevant events so please contact us if you can provide this information for those we don’t have.

NZMA National Throws Pentathlon Records / Individual Event Performances & Points:

Updated using 2023 Age Factors

Men	HT	SP	DT	JT	WT	Total	Date	Venue
M30 T Bates [OTG]	53.11	11.04	30.58	30.94	15.52		30/03/2025	Auckland
Points:	756	548	476	312	765	2857		
M35 M Scholten [OTA]	44.59	11.75	33.47	44.62	12.30		26/10/2016	Perth
Points:	614	624	533	538	581	2890		
M40 A van der Westhuizen [AKL]	50.14	13.30	32.46	38.00	15.61		11/10/2020	Auckland
Points:	748	777	525	480	830	3360		
M45 A van der Westhuizen [AKL]	53.41	13.06	32.40	42.26	15.41		27/03/2022	Auckland
Points:	867	820	567	606	883	3743		
M50 M Cumming [AKL]	55.23	10.32	36.27	24.95	19.35		04/03/2013	Wellington
Points:	875	602	595	309	983	3364		
M55 M Cumming [AKL]	52.59	10.26	29.85	24.66	19.23		27/04/2017	Auckland
Points:	904	651	513	343	1057	3468		
M60 J Thomas [AKL]	36.90	11.39	42.02	38.62	16.88		13/10/2019	Auckland
Points:	591	725	676	430	849	3271		
M65 J Thomas [AKL]	40.09	11.43	40.94	37.59	16.69		20/02/2024	Christchurch
Points:	730	803	733	694	914	3874		
M70 B Senior [CAN]	36.37	10.89	33.79	27.10	12.62		07/03/2011	Hastings
Points:	646	740	658	474	618	3136		
M75 B Senior [CAN]	35.22	9.60	29.66	30.55	14.01		20/03/2016	Christchurch
Points:	716	716	648	650	777	3507		
M80 B Senior [CAN]	36.30	10.27	28.98	28.00	14.96		24/01/2021	Christchurch
Points:	736	744	741	611	779	3611		
M85 B Senior [CAN]	29.70	8.81	20.06	22.46	12.31		13/04/2025	Christchurch
Points:	701	716	573	576	725	3291		
M90 R Johnson [AKL]							07/11/2022	
						3550		

NZMA Championship Throws Pentathlon Records / Individual Event Performances & Points:

Updated using 2023 Age Factors

Men	HT	SP	DT	JT	WT	Total	Date	Venue
M30 T Bates [OTG]	53.11	11.04	30.58	30.94	15.52		30/03/2025	Auckland
Points:	756	548	476	312	765	2857		

M35	M Scholten [OTA]	40.23	11.57	30.11	40.75	11.00		03/03/2014	Invercargill
	Points:	543	612	467	479	508	2609		
M40	A van der Westhuizen [AKL]	48.95	12.80	34.12	38.05	15.39		28/02/2021	Inglewood
	Points:	727	743	559	481	816	3326		
M45	A van der Westhuizen [AKL]	49.66	11.78	31.17	40.32	14.07		04/12/2022	Wellington
	Points:	797	727	540	571	795	3430		
M50	M Cumming [AKL]	55.23	10.32	36.27	24.95	19.35		04/03/2013	Wellington
	Points:	875	602	595	309	983	3364		
M55	J Van Zyl [WBP]	38.59	11.68	38.86	33.68	14.56		01/03/2015	Tauranga
	Points:	629	759	710	518	768	3384		
M60	J Thomas [AKL]	38.90	11.19	42.40	34.80	15.97		01/03/2020	Hastings
	Points:	630	710	683	553	797	3373		
M65	J Thomas [AKL]	40.09	11.43	40.94	37.59	16.69		20/02/2024	Christchurch
	Points:	730	803	733	694	914	3874		
M70	B Senior [CAN]	36.37	10.89	33.79	27.10	12.62		07/03/2011	Hastings
	Points:	646	740	658	474	618	3136		
M75	B Senior [CAN]	34.10	9.37	28.20	29.44	13.36		28/02/2016	Dunedin
	Points:	689	696	608	621	735	3349		
M80	R Johnson [AKL]	26.33	9.57	24.72	26.52	11.95		01/03/2015	Tauranga
	Points:	500	684	611	571	598	2964		
M85	L Carter [AKL]	17.48	6.53	15.27	13.66	7.36		05/03/2012	Auckland
	Points:	365	499	405	298	389	1956		
M90	R Johnson [AKL]	17.00	6.76	15.07	18.13	9.15		30/03/2025	Auckland
	Points:	450	615	507	573	622	2767		

NZMA National Track Pentathlon Records / Individual Event Performances:

Updated using 2023 Age Factors

Men		LJ	JT	200m	DT	1500m	Total	Date	Venue
M30	R Little [HBG]	4.72 (-0.2)	42.16	26.79 (+1.4)	26.45	5:50.37		04/12/2022	Wellington
	Points:	330	473	463	395	305	1966		
M35	D Hansen [TAS]	5.57 (+5.1)	42.33	24.95 (-3.2)	34.61	5:01.97		03/03/2017	Nelson
	Points:	540	503	655	556	575	2829		
M40	D Hansen [TAS]	5.53 (-0.7)	40.08	24.60 (-0.8)	36.00	4:56.92		03/03/2019	Timaru
	Points:	600	514	754	597	661	3126		
M45	D Hansen [TAS]	5.50 (+1.4)	41.38	24.80 (+1.4)	35.91	5:14.90		04/12/2022	Wellington
	Points:	670	590	807	644	619	3330		
M50	W Doyle [CAN]	5.20 (+0.8)	43.30	26.79 (-1.4)	34.92	5:32.00		01/03/2015	Tauranga
	Points:	673	636	711	567	592	3179		
M55	S Te Whaiti [WBP]	5.11	41.93	25.99	27.95	6:08.63		25/11/2018	Wellington
	Points:	734	682	849	472	480	3217		
M60	S Te Whaiti [WBP]	4.61	36.44	27.33	33.32	6:28.39		16/03/2025	
	Points:	673	586	812	507	463	3041		
M65	J Rawcliffe [TAS]	3.83 (-1.6)	31.84	30.80 (-1.1)	31.39	6:51.98		21/01/2024	Nelson
	Points:	514	564	627	529	440	2674		

M70	W Green [STH]	3.36 (-0.2)	31.64	32.08 (+0.3)	26.05	7:43.42		22/01/2023	Christchurch
	Points:	441	578	614	476	328	2437		
M75	D Anstiss [AKL]	3.77 (+0.0)	15.25	34.28 (+0.0)	22.77	7:25.41		20/03/2021	Auckland
	Points:	668	258	547	466	477	2416		
M80	R Johnson [AKL]	2.83 (+1.7)	28.36	39.52 (+1.6)	22.85	8:44.73		02/03/2014	Invercargill
	Points:	425	621	354	554	311	2265		
M85	H Mein [WBP]	2.15	17.42	78.05	9.20	12:31.99		2016	Palmerston North
	Points:	280	415	0	203	12	910		
M90									
	Points:								

NZMA Championship Track Pentathlon Records / Individual Event Performances & Points:

Updated using 2023 Age Factors

Men		LJ	JT	200m	DT	1500m	Total	Date	Venue
M30	R Little [HBG]	4.72 (-0.2)	42.16	26.79 (+1.4)	26.45	5:50.37		04/12/2022	Wellington
	Points:	330	473	463	395	305	1966		
M35	D Hansen [TAS]	5.57 (+5.1)	42.33	24.95 (-3.2)	34.61	5:01.97		05/03/2017	Nelson
	Points:	540	503	655	556	575	2829		
M40	D Hansen [TAS]	5.53 (-0.7)	40.08	24.60 (-0.8)	36.00	4:56.92		03/03/2019	Timaru
	Points:	600	514	754	597	661	3126		
M45	D Hansen [TAS]	5.50 (+0.2)	41.38	24.80 (+1.4)	35.91	5:14.90		04/12/2022	Wellington
	Points:	670	590	807	644	619	3330		
M50	W Doyle [CAN]	5.20 (+0.8)	43.30	26.79 (-1.4)	34.92	5:32.00		01/03/2015	Tauranga
	Points:	673	636	711	567	592	3179		
M55	S Te Whaiti [WBP]	5.03 (+1.1)	42.69	26.33 (+1.1)	27.49	6:14.59		01/03/2020	Hastings
	Points:	711	697	821	462	453	3144		
M60	J Rawcliffe [TAS]	4.06 (-0.4)	30.13	30.02 (+1.4)	35.49	6:38.76		04/12/2022	Wellington
	Points:	508	460	609	549	420	2546		
M65	J Rawcliffe [TAS]	3.86 (+1.5)	31.52	29.95 (+0.8)	31.04	6:51.29		20/02/2024	Christchurch
	Points:	523	557	687	521	443	2731		
M70	W Green [STH]	3.48 (+0.9)	29.82	32.60 (+2.7)	25.37	7:29.12		04/12/2022	Wellington
	Points:	479	536	579	460	378	2432		
M75	W Schenk [AKL]	3.48 (+1.1)	18.54	35.40 (-1.2)	19.53	8:53.00		28/02/2011	Inglewood
	Points:	561	340	481	382	200	1964		
M80	R Johnson [AKL]	2.83 (+1.7)	28.36	39.52 (+1.6)	22.85	8:44.73		02/03/2014	Invercargill
	Points:	425	621	354	554	311	2265		
M85	H Mein [WBP]	1.64 (-0.0)	11.87	61.70 (+0.9)	9.49	13:11.77		04/03/2018	Whangarei
	Points:	115	243	0	212	0	570		

NZMA Decathlon Records / Individual Event Performances (post May 2010): *Updated using 2023 Age Factors*[illegible]