

New Zealand Masters Track & Field Championships

Mt Smart Stadium, Auckland
28th March - 30th March 2025



Hosted by



and



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WELCOME MESSAGE FROM THE AUCKLAND VICE-PRESIDENT

On behalf of the Auckland Masters Athletics I welcome all athletes and supporters to the 51st New Zealand Masters Athletics Track and Field Championships.

I would like to extend a warm Auckland welcome to all those athletes who have travelled from all over New Zealand and overseas to take part in these Championships. This year we are joined by members of the NZ Police & FENZ who are holding their our championships within this meeting.

I hope that your visit to Auckland will be memorable and that you are able to take some time to visit some of our notable attractions in our city and surrounds while you are here. In doing so I hope you take away fond memories of Auckland and we may see some of you back here next season when as officials at 2026 National Track & Field Championships.

May all who compete over the weekend achieve personal goals in your events, plus enjoy catching up with old friends and hopefully make new friendships.

Thank you to Athletics Auckland for their support in hosting the NZMA Championships in what has been a very busy and long season for the sport in Auckland.

Thank you to all those officials who have given up their time to officiate at these Championships. The sport does not operate without your time, effort, support and enthusiasm.

Lastly, thank you to the local organising committee, Andrew Stark (NZMA President) and all helpers for the time and effort that you will generously give over the next few days to ensure that these championships run smoothly and everyone has an enjoyable time.

Let the Championships begin.

Phillipa Green

Vice-President - Auckland Masters Athletics



List of Key Personnel

Meeting Manager	John Phillips
Local Organising Committee:	Murray Free (Chair), Tony Deleiros, Chris Thompson, Phillipa Green, Rob Lyle, Alan Dougall, Neil Bartlett
Secretary / Results	Fiona Free, Louisa Smith, Andrew Stark
Jury of appeal	John Phillips, Paul Craddock, Daniel Lewis, referees not involved
Technical Information Centre (TIC)	Dianne Craddock, Lesley Lambourn, Sue Potter
Announcer	Grant Pepper
Medals	Kerry Rodger, Chris Waring, Rob Lyle
Officials Meals	Gay Thompson, Lyla Guptill, Chris Thompson, Sue Potter, Fiona Free
Photographer	Petro Geldenhys
TRACK OFFICIALS:	
Referee	Rodger Brickland
Chief Umpire	Murray Clarkson
Umpires / Lap scoring	Stewart Foster, Carolyn Smith, Fay Riley, Ian Carter, Alan Dougall
Starts Referee	Paul Craddock
Starts team	Julian Castle, Rob Taylor
Starts assistants	Alan Dougall
Photo Finish	Charles Annals, Rob Ward
Finish Line	Kathryn Sands, Ian Carter
Walks Officials	Fiona Free, John Phillips, Serena Coombes, Murray Free, Errol Flynn, Jared Free, Grant Pepper
FIELD OFFICIALS:	
EDM:	Greg Sands, Daniel Lewis
JUMPS	Paul Curry, Donna Marshall, Thelma Teesdale, Jenny Bristow, Karen Hulena, Neil Bartlett, Anne Bartley, Nigel Stewart, Brent Booker, Faith Firestone.
THROWS	Errol Flynn, Ray Morgan, Murray Free, Derek Elima, Laloma Foster, Jared Free, Geoff Haigh, Owen Bradley, Lindsay Wilson, James Stowers, Mike Austin, Laini Inivale, Andrew Jackson.
TECHNICAL	Paul Craddock, Paul Curry, Murray Free
HELPERS	Melinda Laus, Janet Mackie, Kellie Tawhai, Howard Atkinson, Kris Malvurfs
NZMA Records Co-ordinator:	Brayden Grant
NZMA Championship AthleticNET Setup & Entries	Andrew Stark
Race Number / Programme Booklet Formatting & Printing:	Andrew Stark, AWS Publications Ltd

To ensure the meetings runs smoothly, if you are a supporter or athlete who is able to assist officiating if required, please make yourself known to the Meeting Manager.

General Information

Eligibility:

All entrants must be a financial Competitive member of either New Zealand Masters Athletics or an Athletics New Zealand club for the 2024 / 2025 year.

These Championships are the official New Zealand Track & Field Championships of New Zealand Masters Athletics Inc. and have been jointly organised by Auckland Masters Athletics Inc. and Athletics Auckland, on behalf of NZMA.

Regulations:

This competition will be conducted under the World Athletics and World Masters Athletics rules subject to any special rules laid down by the Local Organising Committee.

PARKING

The main car park at the stadium is off O'Rorke Road with street parking on Beasley Ave and Rockridge Ave.

TRAIN INFORMATION

The Penrose Train Station is a close walk to the stadium. For train travel in Auckland, you can use your AT HOP card, contactless debit or credit card, or smart device to pay for fares. You can also purchase tickets from ticket machines or customer service centers using cash, debit, or credit cards.

Uniforms:

Athletes must wear the approved uniform for either their center (preferred) or their club.

Meeting Administration / Control Room / Announcer / Photo Finish:

The meeting is controlled by the Meeting Manager, whose office is located in the Control Room first floor of the building opposite the finish line. The photo finish equipment area is also located in this building.

Entry to these areas is restricted to key officials and operators. Athletes and other personnel are asked NOT to go into these areas for any reason.

All programme enquires, including scratches can be made at TIC.

ATHLETICLIVE / Start Lists & Results:

Results will be posted on the notice board located on the fence outside the main entrance to the Athletic Lounge. AthleticLIVE is being used and you can local the start list and results via your smart phone. Use the internet to search for AthleticLIVE, then search for the New Zealand Masters Track & Field Championships. There is a QR code for the event within this booklet, which you can scan at access the website.

Inquiries & Protests:

Inquiries about the results must be made at the Meeting Manager's office.

Protests about results must be made firstly to the appropriate Referee.

The Referee may decide on the protest or refer the matter to the Jury of Appeal.

An application to the Jury of Appeal must be made in writing and signed by a responsible official on behalf of the athlete and must be accompanied by a deposit of NZ\$50 before the appeal is held. The deposit will be forfeited if the appeal is unsuccessful.

Protests and Appeals must be made within 30 minutes of the official results being posted for displayed or referee's decision.

Medical Conditions / Services:

Any competitors with medical conditions that could affect medical treatment in the event of injury or illness are requested to have their medical conditions written on the back of the competitor's competition number.

Medics will be available for assistance throughout the meeting.

Funding Acknowledgements:

*Auckland Masters Athletics would like to acknowledge the grant received from **4th World Veterans games Trust**, providing us with assistance to cover the major expenses involved with hosting the 2024 / 2025 NZMA Track & Field Championships here at Mt Smart Stadium.*

Information for all Competitors

Age Groups & Competition Numbers:

Competition will be conducted in the following five-year age groups for men and women as outlined in the table.

In accordance with WMA rules, competitors may only compete in the age group for which they qualify on the 28th March 2025, which is the first day of competition.

Track & Field competitors must wear the supplied **competition number**, clearly displayed on the front chest of their uniform.

If you compete in a tracksuit the number/s must be worn in the same manner. The full number/s and sponsor's name must be visible at all times.

Combined Age Group Events:

Where there are insufficient entries to warrant separate events being held (or if the timetable so requires) the Organising Committee will combine athletes of more than one age group in an event.

Reporting a Clash of Events:

When a competitor has a clash of events, please advise the officials of your intention to compete in both events. Please note that the track event takes priority and whilst every endeavour will be made to ensure the appropriate number of trials in field events will occur, this may not always be possible.

The field event officials will do their best to accommodate your requests.

Please remember that officials are there to help you enjoy the Championships.

If approached calmly, any problem can be resolved.

Changes to the Programme:

There are some significant challenges due the increased number of competitors within some field event groups. Any changes to the programme will be advised over the public address system, posted on the **notice board** and available on AthleticLIVE once it has been updated.

Records:

A list of the NZMA Track & Field National & Championships Records is available at the back of this programme.

If you think you are likely to break a record in a field event, please indicate that to the recorder so that the correct procedure is followed.

For a throwing event, your 'record' performance will be marked, then re-measured with a steel tape at the completion of your event to confirm the exact distance. The implement used will need to be identified/ isolated and re-checked. The results sheet must be signed by the event recorder and the Field Referee.

Electronic timing is being used on all three days.

NZMA Championship & National records will be taken off the results. If you know you have broken a record, please let that be known to a field or track referee ASAP.

MOBILE PHONES

Field event athletes: phones will be allowed onto the field of play, but **MUST** be turned **OFF** and kept in the athletes' bag. Any athlete found using or looking at their phone on the field of play will be issued a Yellow Card or a Red Card depending on the circumstances.

Track athletes: must **NOT** bring phones onto the field of play.

MEDICAL SERVICES:

St Johns ambulance personnel will be on hand at the track to provide first aid and / or medical assistance, if required. Any competitors with a medical condition that could affect medical treatment in the event of injury or illness are requested to have their medical condition written on the back of the competitor's competition number.

MASSAGE:

Professional massage therapists will be available in the John Walker Lounge on a user-pay basis.

Age Group	Men & Women
30-34	3000 series
35-39	3500 series
40-44	4000 series
45-49	4500 series
50-54	5000 series
55-59	5500 series
60-64	6000 series
65-69	6500 series
70-74	7000 series
75-79	7500 series
80-84	8000 series
85-89	8500 series
90+	9000 series

CHANGING ROOMS/SHOWERS/TOILETS:

These are located in main toilet block at the main entrance to the ground from the carpark.

The small toilet located under the main building near the start and finish line is for officials and emergence use only.

REFRESHMENTS (please support):

There will be a coffee cart on site on Saturday and Sunday and a food truck on all 3 competition days.

Information for Field Event Competitors

General Information:

No competitors will be allowed to wear spikes projecting more than 9mm when competing in field events. The order in which competitor's names appear in the programme does not necessarily indicate the order in which you will compete.

In throwing events, long and triple jumps, when there are eight or less competitors per age group all shall be eligible for six trials.

No competitor may join an event once the fourth round has commenced. Competitors joining before the fourth round shall not be allowed catch up attempts.

Competitors joining the high jump and pole vault after the start, must commence at the height at the time of entry.

High Jump / Pole Vault:

Both feet must be off the ground during the Jump / Vault. Competitors are allowed to touch the landing area before clearing the bar, but may not use the landing area to any advantage as determined by the Field Judge.

When a high jump competition includes competitors in different age groups in the same competition pool, and there is only one competitor left in an age group, that competitor shall have the right to have the height of the bar raised in terms of applicable World Athletics Rules, even though competitors in other age groups may still be jumping/vaulting. These competitors must continue in normal progression and may not jump at these special heights.

Competitors joining the High Jump and Pole Vault events after the start, must commence at the height at the time of entry.

Personal Throwing Equipment - available to ALL competitors:

Such equipment must be presented to the Technical Officer for certification at least three hours prior to the start of your event. If your event is in the morning the implement must be presented the previous day.

Approved equipment will become part of the general pool and will not be available for use until the start of your event.

Pole Vault: Pole vaulters may bring their own pole(s) and submit them for inspection by a referee at the pole vault competition event. Other competitors may use them only with the owner's permission. If competitors do not have their own pole, NHB vaulters will make available a limited number of poles for them to use.

Hammer & Weight Throw:

Preliminary one handed movement of the implement is allowed, provided these swings do not go around or above the head. However, once the throwing action commences, **TWO** hands must be used at all times during the throwing action until the implement is released.

Pole vaulters must bring their own pole(s) and submit them for inspection by a referee at the pole vault competition area. Other competitors may use them only with the owner's permission.

Field: Competitors are to report to the competition area no later than 30 minutes before the event scheduled start time.

WARMING UP: When warming up outside the stadium, it will be every competitor's responsibility to ensure their warm-up activities are carried out safely and do not endanger other competitors' and spectators. Please use the grass area near the John Walker Lounge

Warming up is NOT permitted on the Warriors Mt Smart grass training field.

No warming-up on the back straight is permitted.

Health and Safety in the Field

Only athletes or officials involved in a competition are to be in the field of play at any time.

No athlete shall touch any implement prior or post competition without the permission of and supervision by an official present at the event.

NB: Practice throws will only take place under the supervision of event officials.

NO OFFICIAL, NO WARM UP!!!

Pentathlon & Throws Pentathlon:

Pentathlon Events:

Men – Long jump, Javelin, 200m, Discus, 1500m.

Women – 100m, Shot, Long Jump, Javelin, 800m.

Throws Pentathlon Events: **Men & Women** – Hammer, Shot, Discus, Javelin, Weight.

**Implement
Specifications
Table**

Age Group	Hammer	Shot	Discus	Javelin	Weight
W30-49	4.00kg	4.00kg	1.00kg	600gm	9.08kg
W50-59	3.00kg	3.00kg	1.00kg	500gm	7.26kg
W60-74	3.00kg	3.00kg	1.00kg	*400gm	5.45kg
W75+	2.00kg	2.00kg	750gm	400gm	4.00kg
M30-49	7.26kg	7.26kg	2.00kg	800gm	15.88kg
M50-59	6.00kg	6.00kg	1.50kg	700gm	11.34kg
M60-69	5.00kg	5.00kg	1.00kg	600gm	9.08kg
M70-79	4.00kg	4.00kg	1.00kg	500gm	7.26kg
M80+	3.00kg	3.00kg	1.00kg	400gm	5.45kg

Information for Track Event Competitors

Lane Draw:

For races in lanes, the lane draws are what appears in the programme, unless events are combined due to athletes withdrawing from races. Age groups and genders have been combined to create competitive races.

Spikes:

The maximum length of spikes for all track events is 6mm. Only cone design spikes are permitted. No needle design spikes are permitted.

Confirmation of Entry & Scratching / Reporting-in time:

ALL hurdlers, MUST confirm their intention to compete **at least one hour** before the event is due to start, so that hurdles can be prepared. To help officials, please scratch from any event that you are unable to compete in.

The confirmation / scratching area will be at TIC, located in the Stadium Lounge

For all other events, please report to the start area of your event, no later than 15 minutes before the scheduled start time.

Starts for races up to 400m:

Competitors are not required to use starting blocks, a crouch start or have both hands in contact with the track for the start of any race (Rule 10/8).

Any competitor making a false start shall be warned. If any competitor is responsible for two false starts he /she will be disqualified. All other conditions are as per World Athletic Rules.

Finish Procedure:

Upon completion of your race, if you are given a place / lane disc please report immediately to the recorder's table giving the recorder your place / lane disc. This is to provide a back-up for the electronic timing system, in case there

are technical issues and the backup hand time needs to be used.

For all distance races, 800m and above: You will be given a place disc just past the finish line.

3000m, 5000m run & Track Walks: When finishing, you will be required to move out into lanes 2 in the final finishing straight as guided by cones.

This procedure is essential to enable the Timekeepers, Judges, Lap Scorers and Photo finish to operate correctly. You will be given a place disc just past the finish line.

Steeplechase:

Competitors may go over the barrier in any manner.

Lap Scorers:

For 3000m & 5000m competitors, we will endeavour to provide lap scorers, however if you are able to provide a lap scorer, that would be much appreciated. Lap scorers please report 10 minutes prior to the scheduled start time.

Lap scorers are there to keep a check that all runners complete the correct number of laps. They will record the time at the end of each lap and advise competitors as to when to finish. However, it is the competitor's own responsibility to ensure that the correct number of laps have been completed.

Lapped Runners:

If you are competing in a multi-lap event and you are being lapped, please stay on the pole line.

Do not move out to let runners pass on the inside.

Hurdles:

The specifications for hurdles are listed below. Competitors must hurdle with a continuous motion thus ensuring that both feet must be off the ground for at least an instant.

Female - Short Hurdles						
Age	Race Distance	Hurdle Height	Number of Hurdles	Distance to First Hurdle	Distance Between	Distance to Finish
30-39	100m	0.840m	10	13m	8.5m	10.5m
40-49	80m	0.762m	8	12m	8m	12m
50-59	80m	0.762m	8	12m	7m	19m
60+	80m	0.686m	8	12m	7m	19m

Female - Long Hurdles						
Age	Race Distance	Hurdle Height	Number of Hurdles	Distance to First Hurdle	Distance Between	Distance to Finish
30-49	400m	0.762m	10	45m	35m	40m
50-59	300m	0.762m	7	50m	35m	40m
60-69	300m	0.686m	7	50m	35m	40m
70+	200m	0.686m	5	20m	35m	40m

Male - Short Hurdles						
Age	Race Distance	Hurdle Height	Number of Hurdles	Distance to First Hurdle	Distance Between	Distance to Finish
30-49	110m	0.991m	10	13.72m	0.914m	14.02m
50-59	100m	0.914m	10	13m	8.5m	10.5m
60-69	100m	0.840m	10	12m	8.0m	16m
70-79	80m	0.762m	8	12m	7m	19m
80+	80m	0.686m	8	12m	7m	19m

Male - Long Hurdles						
Age	Race Distance	Hurdle Height	Number of Hurdles	Distance to First Hurdle	Distance Between	Distance to Finish
30-49	400m	0.914m	10	45m	35m	40m
50-59	400m	0.840m	10	45m	35m	40m
60-69	300m	0.762m	7	50m	35m	40m
70-79	300m	0.686m	7	50m	35m	40m
80+	200m	0.686m	5	20m	35m	40m

New Zealand Masters Athletics 2024 Athlete of the Year Finalists

The well deserving Finalists for the 2024 Athlete of the Year Awards have been decided upon and are as listed below. The Winners will be announced at the afternoon function being held in the Sir John Walker Lounge after the conclusion of Saturday's events at the NZ Masters Track and Field Championships on 28 – 30 March in Auckland. Please come along to share in and support the success of our high achieving athletes.

We ended up with over 1000 eligible performances from nearly 500 athletes. So many, very impressive results to consider and compare, using the criteria that we published in the Vetline and on our website. Well done to everyone!

As with last year, we will review the criteria and guidelines as soon as these Champs are over, to see if we should make any tweaks for 2025. We need to hear your ideas.

Sprints

Chris Waring
Gail Kirkman
Joeline Jones
Liz Mitchell
Phillipa Green
Sheryl Gower
Vanessa Hodge

David Blackford
Laurie Malcolmson
Mark Lambert
Nick Bolton
Paul Daborn
Tony Tan
Wayne Holroyd

Middle Distance

Heather Walker
Jo van Rensburg
Lisa Cross
Loris Reed
Sally Gibbs
Vanessa Hodge

Craig Oliver
Iain Rattray
Ian Calder
Mark Cornaga
Peter Cameron
Peter Stevens

Long Distance

Barbara Patrick
Karen Murphy
Katie Jenkins
Lisa Cross
Rachel Felton
Sally Gibbs

Andy Good
Ian Calder
Nick Moore
Paul Hewitson
Peter Stevens
Sjors Corporal

Extra Distances	Cilla Dickinson	Brent Tingay
	Lara Zoeller	Keith Burrows
	Mel Aitken	Kevin Knowles
	Sally Gibbs	Paul Hewitson
	Shirley Rolston	Peter Richards
		Troy Harold
Walks	Catherine McCarten	Eric Kemsley
	Daphne Jones	Peter Fox
	Helen Willis	Rodney Gillum
	Jackie Wilson	
	Rozie Robinson	
	Serena Coombes	
Jumps	Aggie Boxall	Brian Curry
	Anne Goulter	David Anstiss
	Gail Kirkman	David Blackford
	Hee Sun Kim	James Thomas
	Phillipa Green	Mark Lett
	Vianca Lagerwall	Stephen Burden
Throws	Aggie Boxall	Arno van der Westhuisen
	Annette Parlane	James Thomas
	Bev Savage	Jim Blair
	Brenda Davis	Laini Inivale
	Glen Watts	Laurie Malcolmson
	Noni Callander	Siaosi Gavet
Combined Events	Aggie Boxall	Arno van der Westhuisen
	Annette Parlane	James Thomas
	Brenda Davis	Jim Blair
	Christine McCahill	John Rawcliffe
	Dale McMillan	Laini Inivale
		Wayne Doyle

List of Competitors

AUCKLAND

3001	Vianca Lagerwall	F
3005	James Reid	M
3006	Sarah-Amy Rhind	F
3008	Alisha Lovrich	F
3009	Taufa Fonua	F
3010	Andriete Rodrigues	F
3011	Josh Tautari	M
3012	Scott Thomson	M
3013	Livvy Wilson	F
3014	Warren Ginige	M
3016	Kate Waltman	F
3501	Cherie Mcallister	F
3503	Ryan Smith	M
3505	Nivarthana Warnakulasooriya	M
3516	Gulab Singh	M
3525	Daniel Lowe	M
4017	Tim Hitchcock	M
4018	Luke Strom	M
4019	Lisa Cross	F
4022	Andrew Weekes	M
4027	Michael Hale	M
4029	Penny Kee	F
4030	Rachel O'Brien	F
4032	Helen Fletcher	F
4504	Ian Lathwood	M
4505	Ian Harrington	M
4515	Alan Houghton	M
4516	Glenn Riseborough	M
4531	Siamak Anahid	M
4536	Ai Osugi	F
4539	Jacob Potgieter	M
4541	Paul Crowhurst	M
4546	James Maltby	M
4551	Jacques Gouws	M
4553	Clynton Janke	M
4554	Tara Lewis T/F44	F
4556	Simon Potter	M
4562	Arno Van Der Westhuizen	M
4566	Wayne Holroyd	M
4568	Rob Lyle	M
4572	Dave Nicholson	M
4576	Ben Winder	M
4578	Jason Stokes	M
4579	Ivana Erceg Floerchinger	F
4580	Tharindu Weeraratne	M
5003	Mark Lambert	M
5006	Henry Merrick	M
5022	Lydia Bush	F
5023	Lewis Turner	M
5028	Craig Seymour	M
5029	Sean Burke	M
5030	Mikel Constantine	M

5031	Pesile Fa'au	M
5032	Lee Fairclough	M
5036	Wim Luijpers	M
5037	Roland Van den Tillaar	M
5038	Marius Spencer	M
5039	Peta Leitu	F
5040	Vavae Nuia	F
5510	Domnic D'Silva	M
5523	Bryce Hall	M
5524	Robin Miller	M
5527	Karen Davison	F
5529	Phillipa Green	F
5531	Tracey Walsh	F
5533	Simon Kay	M
5536	Laini Inivale	M
5541	Grant Hodges	M
5548	Henry Rogo	M
5549	Fiona Kelso	F
5550	Peter McCutcheon	M
5551	Mike Dreaver	M
6001	David Blackford	M
6010	Murray Free	M
6011	Anne Goulter	F
6013	Maurice Hunt	M
6037	Karen Hulena	F
6038	Michael Iddon	M
6039	Heesun Kim	F
6044	Duane Duggan	M
6045	Wesley Faau	M
6052	Rauru Faau	F
6053	Jill Hayman	F
6055	Ho Young Do	M
6059	Tim Turner	M
6528	James Thomas	M
6529	Christine Adamson	F
6530	Greg Boyd	M
7025	Liz Hardley	F
7030	Malcolm Chamberlin	M
7033	Tapendra Singh Sokhi	M
7041	Chris Thompson	M
7043	John Bower	M
7047	Yong Chyan Ding	M
7501	Anne Deleiros	F
7503	Peter Michel	M
7528	Mark Powell	M
7537	Anthony Deleiros	M
8005	Geoff Haigh	M
8010	David Anstiss	M
8017	Chris Waring	F
8018	Carol Conte	F
9003	Jim Feist	M
9004	Ronald Johnson	M

AUSTRALIA		
5007	Althea Mackie	F
5017	Faye Morgan	F
5532	Krzysztof Wardecki	M
6041	Chris Strickland	M
CANTERBURY		
3526	Anna Lynch	F
4007	David Catherwood	M
4014	Victor Lusi	M
4020	Craig Oliver	M
4021	Joden Pratten	M
4524	Sean Barnes	M
4525	Johnny Eketone	M
4532	Vic Chapman	F
4540	Jaclyn Snyders	F
4560	Ayaka Stewart	F
4569	Allan Staite	M
5013	Philip Harrison	M
5525	David Smyth	M
5543	Louise Martin	F
6022	Barry Helem	M
6034	Nadine Fea	F
6525	Peter Richards	M
7014	Georg Ludwig	M
7034	Rodger Ward	M
7037	Lindsay Walker	M
7048	Jonathon Harper	M
7516	Richard Davison	M
7533	Sherry Farmer	F
8008	Justine Whitaker	F
8504	Alan Hunter	M
COOK ISLAND		
4001	Iona Junior Lupena	M
4542	Rochelle Ellison-Lupena	F
7040	David Lobb	M
ENGLAND		
7050	Mark Wyndham-Jones	M
French Polynesia		
3512	Kovieva Tuugahala	F
3519	Kesiano Liufau	M
4016	Louise Teariki	F
4561	Odette Teriitaohia	F
4564	Cecile Choleau-Tapeta	F
6043	Karine Yu Tsuen	F
6057	Joelle Lecroart	F
6531	Noel Barff	M
7035	Janick Aubineau	F
7531	Francoise Teriierooiterai	F
8012	Fernand Chaves	M

Hawkes Bay Gisborne		
3004	Jordan Peters	M
3521	Luke Crombie	M
5027	David Sexton	M
6511	Dennis O'Leary	M
Manawatu Wanganui		
3524	Brayden Grant	M
4533	James Conwell	M
4547	Daniel Parrott	M
4571	Hannah Callesen	F
5018	Hayden Robinson	M
5507	Dale McMillan	F
6035	Sally Gibbs	F
6051	Brian Curry	M
7502	Laurie Malcolmson	M
Northland		
3015	Kirsty Halliday	F
4565	Trudy Derbyshire	F
5015	Melvin Ceasar	M
5530	Miles Holt	M
5542	Armin Kashammer	M
5545	Delwyn Smith	F
5552	Ady McKenzie	F
6046	Mark Lett	M
6526	Ian Calder	M
7045	Nancy Bowmar	F
7522	Kennedy Garland	M
7530	Judith Stewart	F
8011	Barbara Austin	F
8013	Anson Clapcott	M
8019	Colin MacLeod	M
Otago		
3007	Todd Bates	M
4519	Gareth Noble	M
4537	David O'Sullivan	M
5548	Tony Tan	M
6027	Alison Newall	F
6047	Elizabeth Mitchell	F
6054	Robert Homan	M
7013	Noeline Burden	F
7519	Noni Callander	F
7526	Vincent Paddam	M
9005	Jim Blair	M
Samoa		
4507	Shaka Sola	M
4590	Faamanu Sofai	M
6524	Siaosi Gavet	M
Southland		
4549	Ian Densie	M
4552	Dwight Grieve	M
6515	Bruce Thomson	M
6527	Deborah Telfer	F
7015	Les Scown	M
7018	Warren Green	M
7022	Lester Laughton	M

Tasman		
3506	Remy Le Brun	M
4523	Jo Van Rensburg	F
6517	John Rawcliffe	M
6523	Tim Cross	M
7032	David Riddell	M
7046	Carey Dickason	F
7052	Derek Shaw	M
Waikato Bay of Plenty		
3017	Mariah Ririnui	F
3504	Sarah Hockley	F
3518	Jenny Gater	F
3522	Ana-Mree Ngaheu	F
4015	Nanine Fouche	F
4023	Simon Xu	M
4025	Jennifer Kavetoea	F
4026	Annmarie McDonald	F
4031	Matt Parsonage	M
4538	Audrey Poaneki	F
4558	Rachael Savage	F
4563	Marcia Taylor	F
4573	David Grimwood	M
4575	Malcolm Smith	M
5014	Michelle Bitcheno	F
5026	Kerry Rattray	F
5036	Iain Rattray	M
5501	Brenda Davis	F
5511	Denise Fellows	F
5526	Mark Cornaga	M
5534	Ian Bitcheno	M
5538	Glenn Bishop	M
5539	John Caie	M
6002	Paul Daborn	M
6014	Bruce Solomon	M
6029	Tania Hodges	F
6032	Dawid De Villiers	M
6033	Jon Randall Farrant	M
6042	Stephen Te Whaiti	M
6050	Bruce Cortesi	M
6501	Stephen Burden	M
6532	Annette Hermans	F
7002	Trevor Watson	M
7003	Gavin Smith	M
7008	Tui Ashe	F
7507	Sheryl Gower	F
7515	Suzanne Su	F
7529	Joe Schuffelen	M
7536	Loris Reed	F
7538	Annette Parlane	F
7540	Bev Savage	F
8016	Peter Crawford	M
8505	Stewart Foster	M

Wellington		
2901	Anna Fraser (Nee Thomson)	F
3513	Zaan Janse	M
3520	Ayesha Shafi	F
4035	Adam Steinmetz	M
4544	Heidi-Jane Humphries	F
5019	Joshua Sharkey	M
5020	Bronwen Sola	F
5021	Emerson Willard	M
5024	Graeme Morrison	M
5025	Alex Gould	M
5033	Terry Fraser	M
5045	Karyn McLean	F
5508	Tiwhane Te Kanapu	M
5521	Theresa Bartlett	F
5528	Mark Ford	M
5544	Chris Roberts	M
5546	Adrian Stockill	M
6030	Peter Stevens	M
6036	Paul Hewitson	M
6049	Helen Willis	F
6058	Phil Sadgrove	M
7024	Barrie Gordon	M
7049	Clive McGovern	M
7051	Raj Menon	M
7541	Jacqueline Wilson	F
8005	Daphne Jones	F



Scan the QR code to access AthleticLIVE

New Zealand Masters Track & Field Championships - 28/3/25

📍 Mt Smart Stadium, Athletics Arena 2

Session | Track - Friday

Round	Event	Entries	Heats	Start Times
Finals	#1 Mens 3000m Racewalk 30+	4	1	4:45 PM
Finals	#2 Womens 3000m Racewalk 30+	11	1	4:45 PM
Finals	#4 Mens 200m Hurdles 80+ 686mm	1	1	5:45 PM
Finals	#5 Mens 300m Hurdles 70-79 686mm	3	1	5:45 PM
Finals	#6 Mens 300m Hurdles 60-69 762mm	2	1	5:45 PM
Finals	#7 Mens 400m Hurdles 30-49 914mm	1	1	5:45 PM
Finals	#8 Mens 400m Hurdles 50-59 838mm	2	1	5:45 PM
Finals	#9 Womens 3000 Meters 30+	12	1	6:15 PM
Finals	#10 Mens 3000 Meters 30+	20	2	6:30 PM

Session | Track -Saturday

Round	Event	Entries	Heats	Start Times
Finals	#11 Womens 80m Hurdles 40-59 762mm	2	1	9:30 AM
Finals	#13 Mens 80m Hurdles 70-79 762mm	3	1	9:30 AM
Finals	#14 Mens 80m Hurdles 80+ 686mm	1	1	9:30 AM
Finals	#16 Mens 100m Hurdles 50-59 914mm	2	1	9:45 AM
Finals	#17 Mens 100m Hurdles 60-69 838mm	1	1	9:45 AM
Finals	#18 Mens 110m Hurdles 30-49 991mm	3	1	9:30 AM
Finals	#19 Womens 1500 Meters 30+	14	2	10:00 AM
Finals	#20 Mens 1500 Meters 30+	35	3	10:15 AM
Finals	#21 Mens 1500m Racewalk 30+	3	1	10:45 AM
Finals	#22 Womens 1500m Racewalk 30+	11	1	10:45 AM
Finals	#23 Womens 100 Meters 30+	29	4	11:15 AM
Finals	#24 Mens 100 Meters 30+	66	10	11:30 AM
Finals	#25 Womens 2k Steeplechase 30+ 762mm	2	1	1:30 PM
Finals	#27 Mens 3k Steeplechase 30-59 914mm	4	1	1:45 PM
Finals	#28 Womens 400 Meters 30+	13	2	2:15 PM
Finals	#29 Mens 400 Meters 30+	43	7	2:30 PM

Session | Track - Sunday

Round	Event	Entries	Heats	Start Times
Finals	#30 Womens 5000 Meters 30+	11	2	9:10 AM
Finals	#31 Mens 5000 Meters 30+	19	2	9:40 AM
Finals	#32 Mens 5000m Racewalk 30+	1	1	10:15 AM
Finals	#33 Womens 5000m Racewalk 30+	9	1	10:15 AM
Finals	#34 Womens 60 Meter Dash 30+	31	5	10:50 AM
Finals	#35 Mens 60 Meter Dash 30+	64	10	11:00 AM
Finals	#36 Womens 200 Meters 30+	18	3	11:35 AM
Finals	#37 Mens 200 Meters 30+	55	9	11:45 AM

Finals

#38 Womens 800 Meters 30+

12 2 12:30 PM

Finals

#39 Mens 800 Meters 30+

43 4 12:40 PM

New Zealand Masters Track & Field Championships - 28/3/25

📍 Mt Smart Stadium, Athletics Arena 2

Session | Field - Friday

Round	Event	Entries	Heats	Start Times
Finals	#84 Womens Hammer 30-49 4.0kg	11	1	4:00 PM
Finals	#85 Womens Hammer Para	1	1	4:00 PM
Finals	#86 Mens Javelin 70-79 500gm	11	1	4:00 PM
Finals	#87 Mens Javelin 80+ 400gms	5	1	4:00 PM
Finals	#88 Womens Discus 70-74 1.0kg	3	1	4:00 PM
Finals	#89 Womens Discus 75+ 750gm	9	1	4:00 PM
Finals	#91 Womens Long Jump 30+	11	1	4:15 PM
Finals	#93 Womens Shot Put 50-59 3kg	11	1	4:30 PM
Finals	#94 Womens Shot Put 60-69 3kg	9	1	4:30 PM
Finals	#95 Womens Pole Vault 30+	2	1	4:30 PM
Finals	#96 Mens Pole Vault 30+	7	1	4:30 PM
Finals	#97 Mens Weight Throw 70-79 7.26kg	10	1	5:00 PM
Finals	#98 Mens Weight Throw 80+ 5.45kg	4	1	5:00 PM
Finals	#99 Mens Javelin 55-59 700gm	6	1	5:00 PM
Finals	#100 Mens Javelin 60-69 600gm	10	1	5:00 PM
Finals	#101 Mens Discus 30-49 2.0kg	9	1	5:00 PM
Finals	#102 Mens Discus 50-54 1.5kg	5	1	5:00 PM
Finals	#104 Mens Long Jump 30-54	9	1	5:15 PM
Finals	#105 Womens Hammer 70-74 3.0kg	2	1	5:15 PM
Finals	#106 Womens Hammer 75+ 2.0kg	9	1	5:15 PM
Finals	#108 Mens Long Jump 30-49	1	1	5:15 PM
Finals	#109 Womens Shot Put 30-49 4.0kg	13	1	5:30 PM
Finals	#110 Womens Shot Put Para	1	1	5:30 PM
Finals	#111 Mens Long Jump 55-59	5	1	6:00 PM
Finals	#112 Mens Long Jump 60-69	7	1	6:00 PM
Finals	#113 Mens Long Jump 70-79	5	1	6:00 PM
Finals	#114 Mens Long Jump 80+	3	1	6:00 PM
Finals	#115 Mens Weight Throw 55-59 11.34kg	4	1	6:15 PM
Finals	#116 Mens Weight Throw 60-69 9.06kg	8	1	6:15 PM
Finals	#117 Mens Javelin 30-49 800gms	10	1	6:15 PM
Finals	#118 Mens Javelin 50-54 700gms	5	1	6:15 PM
Finals	#119 Womens Discus 50-59 1.0kg	10	1	6:15 PM
Finals	#120 Womens Discus 60-69 1.0kg	5	1	6:15 PM

Session | Field - Saturday

Round	Event	Entries	Heats	Start Times
Finals	#121 Mens Triple Jump 30+	15	1	9:15 AM
Finals	#122 Mens Discus 55-59 1.5kg	5	1	9:15 AM

Finals	#123 Mens Discus	60-69	1.0kg	7	1	9:15 AM
Finals	#125 Mens Hammer	30-49	7.26gm	9	1	9:30 AM
Finals	#126 Mens Hammer	50-54	6.0kg	5	1	9:30 AM
Finals	#127 Womens High Jump	30+		16	1	9:30 AM
Finals	#128 Mens Shot Put	70-79	4.0kg	10	1	9:30 AM
Finals	#129 Mens Shot Put	80+	3.0kg	5	1	9:30 AM
Finals	#130 Womens Weight Throw	70-74	5.45kg	1	1	9:45 AM
Finals	#131 Womens Weight Throw	75+	4.0kg	8	1	9:45 AM
Finals	#132 Womens Javelin	30-49	600gms	12	1	9:45 AM
Finals	#133 Mens Discus	70-79	1.0kg	10	1	10:00 AM
Finals	#134 Mens Discus	80+	1.0kg	6	1	10:00 AM
Finals	#135 Mens Shot Put	30-49	7.26kg	12	1	10:15 AM
Finals	#136 Mens Shot Put	50-54	6.0kg	4	1	10:15 AM
Finals	#138 Mens High Jump	55-69		5	1	10:30 AM
Finals	#139 Womens Weight Throw	50-59	7.26kg	8	1	10:30 AM
Finals	#140 Womens Weight Throw	60-69	5.45kg	6	1	10:30 AM
Finals	#142 Mens Hammer	55-59	6.0kg	3	1	11:00 AM
Finals	#143 Mens Hammer	60-69	5.0kg	7	1	11:00 AM
Finals	#144 Womens Shot Put	70-74	3.0kg	3	1	11:30 AM
Finals	#145 Womens Shot Put	75+	2.0kg	8	1	11:30 AM
Finals	#146 Womens Javelin	50-59	500gm	10	1	11:45 AM
Finals	#147 Womens Javelin	60-69	500gm	9	1	11:45 AM
Finals	#148 Womens Discus	30-49	1.0kg	19	2	11:45 AM
Finals	#149 Womens Discus	Para		1	1	11:45 AM
Finals	#156 Mens High Jump	30-54		8	1	1:30 PM
Finals	#152 Mens Weight Throw	30-49	15.88kg	9	1	1:30 PM
Finals	#153 Mens Weight Throw	50-54	11.34kg	5	1	1:30 PM
Finals	#154 Womens Triple Jump	30+		6	1	1:30 PM
Finals	#155 Womens Triple Jump	OPEN		1	1	1:30 PM
Finals	#157 Mens Hammer	70-79	4.0kg	8	1	1:45 PM
Finals	#158 Mens Hammer	80+	3.0kg	4	1	1:45 PM
Finals	#159 Mens Shot Put	55-59	6.0kg	7	1	2:00 PM
Finals	#160 Mens Shot Put	60-69	5.0kg	9	1	2:00 PM
Finals	#161 Womens Javelin	70-74	500gm	4	1	2:00 PM
Finals	#162 Womens Javelin	75+	400gm	8	1	2:00 PM
Finals	#163 Womens Hammer	50-59	3.0kg	9	1	2:30 PM
Finals	#164 Womens Hammer	60-69	3.0kg	5	1	2:30 PM
Finals	#165 Mens High Jump	70-79		7	1	2:30 PM
Finals	#166 Mens High Jump	80+		3	1	2:30 PM
Finals	#167 Womens Weight Throw	30-49	9.08kg	10	1	2:30 PM
Finals	#168 Womens Weight Throw	Para		1	1	2:30 PM

New Zealand Masters Track & Field Championships - 28/3/25

📍 Mt Smart Stadium, Athletics Arena 2

FRIDAY

#1 Men's 3000m Racewalk 30+ Finals

🕒 4:45 PM

Combined race with WOMEN

Heat 1

1	#7049	Clive McGovern	74	WELLINGTON ...	18.51
2	#4557	Justin Reed	48	TARANAKI MA...	19:25.56
3	#5525	David Smyth	55	CANTERBURY ...	
4	#7033	Tapendra Singh So...	71	AUCKLAND M...	

#2 Women's 3000m Racewalk 30+ Finals

🕒 4:45 PM

Combined race with MEN

Heat 1

5	#5540	Serena Coombes	59	TARANAKI MA...	18:32.16
6	#4555	Catherine McCarten	47	TARANAKI MA...	18:38.83
7	#4028	Sam Holliss	44	TARANAKI MA...	19:29.82
8	#6049	Helen Willis	62	WELLINGTON ...	20:53.00
9	#7541	Jacqueline Wilson	79	WELLINGTON ...	21:26.00
10	#5531	Tracey Walsh	56	AUCKLAND M...	21:45.00
11	#5527	Karen Davison	56	AUCKLAND M...	22:53.00
12	#4545	Vicky Jones	46	TARANAKI MA...	23:54.83
13	#8021	Daphne Jones	83	WELLINGTON ...	25:04.76
14	#6057	Joelle Lecroart	64	FRENCH POLY...	
15	#3006	Sarah-Amy Rhind	30	AUCKLAND M...	

#4 Men's 200m Hurdles 80+ Finals 686mm

🕒 5:45 PM

Heat 1

4	#8010	David Anstiss	80	AUCKLAND M...	44.10
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#5 Men's 300m Hurdles 70-79 Finals 686mm

🕒 5:45 PM

Combined race with M60-69

Heat 1

3	#7026	Georg Ludwig	70	CANTERBURY ...	
4	#7524	Laurie Malcolmson	75	MANAWATU W...	57.99
5	#7535	Desmond Phillips	77	TARANAKI MA...	

#6 Men's 300m Hurdles 60-69 Finals 762mm

🕒 5:45 PM

Combined race with M70-79

Heat 1

4	#6031	Paul Daborn	61	WAIKATO BAY ...	51.93
5	#6041	Chris Strickland	61	AUSTRALIAN ...	57.00

#7 Men's 400m Hurdles 30-49 Finals 914mm

🕒 5:45 PM

Combined race with M50-49

Heat 1

4	#4537	David O'Sullivan	45	OTAGO MASTE...	
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#8 Men's 400m Hurdles 50-59 Finals 838mm

🕒 5:45 PM

Combined race with M30-49

Heat 1

4	#5537	Tiwhane Te Kanapu	58	WELLINGTON ...	1:15.65
5	#5032	Lee Fairclough	54	AUCKLAND M...	

#9 Women's 3000 Meters 30+ Finals

🕒 6:15 PM

WOMEN combined with Heat 1 MEN

Heat 1

1	#4030	Rachel O'Brien	44	AUCKLAND M...	11:30.00
2	#4544	Heidi-Jane Humphr...	46	WELLINGTON ...	12:54.51
3	#3501	Cherie Mcallister	35	AUCKLAND M...	14:41.24
4	#7046	Carey Dickason	74	TASMAN MAS...	17:06.04
5	#7025	Liz Hardley	70	AUCKLAND M...	
6	#4015	Nanine Fouche	40	WAIKATO BAY ...	
7	#7530	Judith Stewart	76	NORTHLAND ...	
8	#6527	Deborah Telfer	67	SOUTHLAND ...	
9	#6035	Sally Gibbs	61	MANAWATU W...	
10	#7536	Loris Reed	77	WAIKATO BAY ...	
11	#5552	Ady McKenzie	58	NORTHLAND ...	
12	#3522	Ana-Mree Ngaheu	38	WAIKATO BAY ...	

#10 Men's 3000 Meters 30+ Finals

🕒 6:30 PM

Heat 1 MEN combined with WOMEN @ 6:15 p.m.

Heat 1

1	#7018	Derek Shaw	72	TASMAN MAS...	13:29.97
2	#7036	Gavin Smith	72	WAIKATO BAY ...	14:07.39
3	#7030	Malcolm Chamberlin	71	AUCKLAND M...	15:40.58
4	#7043	John Bower	74	AUCKLAND M...	

Heat 2

1	#6526	Ian Calder	67	NORTHLAND ...	11:07.28
2	#4552	Dwight Grieve	48	SOUTHLAND ...	
3	#4575	Malcolm Smith	46	WAIKATO BAY ...	
4	#4569	Allan Staite	49	CANTERBURY ...	10:25.85
5	#4537	David O'Sullivan	45	OTAGO MASTE...	
6	#4031	Matt Parsonage	44	WAIKATO BAY ...	9:23.99
7	#4017	Tim Hitchcock	41	AUCKLAND M...	9:30.00
8	#5034	Philip Harrison	54	CANTERBURY ...	
9	#5537	Tiwhane Te Kanapu	58	WELLINGTON ...	20:25.08
10	#4027	Michael Hale	44	AUCKLAND M...	10:00.00
11	#5024	Graeme Morrison	52	WELLINGTON ...	
12	#5547	Wim Luijpers	55	AUCKLAND M...	9:12.00
13	#5539	John Caie	59	WAIKATO BAY ...	12:36.00
14	#6523	Tim Cross	65	TASMAN MAS...	12:30.00
15	#5033	Terry Fraser	54	WELLINGTON ...	10:30.30
16	#6525	Peter Richards	66	CANTERBURY ...	11:06.00



Scan the QR code to view meeting start lists and results on AthletiicLIVE



New Zealand Masters Track & Field Championships - 28/3/25

📍 Mt Smart Stadium, Athletics Arena 2

FRIDAY

#84 Women's Hammer 30-49 Finals 4.0kg

🕒 4:00 PM

Flight 1

1	#4564	Cecile Choleau-Tap...	49	FRENCH POLY...	
2	#4560	Ayaka Stewart	48	CANTERBURY ...	
3	#4561	Odette Teriitaohia	48	FRENCH POLY...	
4	#4558	Rachael Savage	48	WAIKATO BAY ...	18.21m
5	#3522	Ana-Mree Ngaheu	38	WAIKATO BAY ...	20.61m
6	#4025	Jennifer Kavetoea	43	WAIKATO BAY ...	19.15m
7	#4542	Rochelle Ellison-Lu...	46	COOK ISLANDS	
8	#4016	Louise Teariki	40	FRENCH POLY...	
9	#3512	Kovieva Tuugahala	35	FRENCH POLY...	
10	#4565	Trudy Derbyshire	49	NORTHLAND ...	22.21m
11	#3526	Anna Lynch	39	CANTERBURY ...	40.00m

#85 Women's Hammer Para Finals

🕒 4:00 PM

Combined with W30-49

Flight 1

1	#4554	Tara Lewis T/F44	47	AUCKLAND M...	15.00m
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#86 Men's Javelin 70-79 Finals 500gm

🕒 4:00 PM

Combined with M80+

Flight 1

1	#7516	Richard Davison	75	CANTERBURY ...	27.39m
2	#7522	Kennedy Garland	75	NORTHLAND ...	24.11m
3	#7014	Georg Ludwig	70	CANTERBURY ...	24.43m
4	#7502	Laurie Malcolmson	75	MANAWATU W...	35.20m
5	#7050	Mark Wyndham-Jo...	74	ENGLAND MA...	28.00m
6	#7037	Lindsay Walker	72	CANTERBURY ...	19.23m
7	#7047	Yong Chyan Ding	74	AUCKLAND M...	21.43m
8	#7528	Mark Powell	76	AUCKLAND M...	17.53m
9	#7022	Lester Laughton	73	SOUTHLAND ...	21.00m
10	#7018	Warren Green	73	SOUTHLAND ...	32.19m
11	#7033	Tapendra Singh So...	71	AUCKLAND M...	

#87 Men's Javelin 80+ Finals 400gms

🕒 4:00 PM

Combined with M70-79

Flight 1

1	#9004	Ronald Johnson	92	AUCKLAND M...	16.00m
2	#9005	Jim Blair	93	OTAGO MASTE...	18.40m
3	#8012	Fernand Chaves	80	FRENCH POLY...	
4	#8504	Alan Hunter	87	CANTERBURY ...	12.26m
5	#8016	Peter Crawford	87	WAIKATO BAY ...	23.00m

#88 Women's Discus 70-74 Finals 1.0kg

🕒 4:00 PM

Combined with W75+

Flight 1

1	#7008	Tui Ashe	74	WAIKATO BAY ...	16.33m
2	#7035	Janick Aubineau	72	FRENCH POLY...	
3	#7045	Nancy Bowmar	74	NORTHLAND ...	14.64m

#89 Women's Discus 75+ Finals 750gm

🕒 4:00 PM

Combined with W70-74

Flight 1

1	#8008	Justine Whitaker	83	CANTERBURY ...	15.17m
2	#8011	Barbara Austin	80	NORTHLAND ...	13.07m
3	#7533	Sherry Farmer	77	CANTERBURY ...	13.84m
4	#7536	Loris Reed	77	WAIKATO BAY ...	
5	#7538	Annette Parlane	78	WAIKATO BAY ...	
6	#7531	Francoise Teriierooi...	76	FRENCH POLY...	
7	#7540	Bev Savage	79	WAIKATO BAY ...	17.82m
8	#7501	Anne Deleiros	76	AUCKLAND M...	17.05m
9	#7519	Noni Callander	77	OTAGO MASTE...	19.67m

#91 Women's Long Jump 30+ Finals

🕒 4:15 PM

Flight 1

1	#8018	Carol Conte	82	AUCKLAND M...	1.52m
2	#7046	Carey Dickason	74	TASMAN MAS...	2.25m
3	#7051	Joy Baker	73	TARANAKI MA...	
4	#6027	Alison Newall	64	OTAGO MASTE...	2.87m
5	#6037	Karen Hulena	61	AUCKLAND M...	3.27m
6	#5507	Dale McMillan	57	MANAWATU W...	
7	#6053	Jill Hayman	63	AUCKLAND M...	3.65m
8	#4565	Trudy Derbyshire	49	NORTHLAND ...	
9	#4536	Ai Osugi	45	AUCKLAND M...	4.00m
10	#4558	Rachael Savage	48	WAIKATO BAY ...	
11	#3017	Mariah Rininui	32	WAIKATO BAY ...	

#93 Women's Shot Put 50-59 Finals 3kg

🕒 4:30 PM

Combined with W60-69

Flight 1

1	#5017	Faye Morgan	50	AUSTRALIAN ...	
2	#5511	Denise Fellows	58	WAIKATO BAY ...	
3	#5014	Michelle Bitcheno	50	WAIKATO BAY ...	
4	#5007	Althea Mackie	54	AUSTRALIAN ...	8.75m
5	#5039	Peta Leitu	52	AUCKLAND M...	
6	#5549	Fiona Kelso	57	AUCKLAND M...	9.70m
7	#5507	Dale McMillan	57	MANAWATU W...	
8	#5501	Brenda Davis	55	WAIKATO BAY ...	9.74m
9	#5016	Fiona Craig	50	TARANAKI MA...	5.76m
10	#5040	Vavae Nuia	50	AUCKLAND M...	
11	#5521	Theresa Bartlett	55	WELLINGTON ...	8.00m

#94 Women's Shot Put 60-69 Finals 3kg

🕒 4:30 PM

Combined with W50-59

Flight 1

1	#6053	Jill Hayman	63	AUCKLAND M...	6.80m
2	#6027	Alison Newall	64	OTAGO MASTE...	7.27m
3	#6034	Nadine Fea	61	CANTERBURY ...	7.11m
4	#6040	Tina Ryan	61	TARANAKI MA...	
5	#6029	Tania Hodges	60	WAIKATO BAY ...	
6	#6037	Karen Hulena	61	AUCKLAND M...	6.60m
7	#6043	Karine Yu Tsuen	61	FRENCH POLY...	
8	#6052	Rauru Faui	63	AUCKLAND M...	6.10m
9	#6011	Anne Goulter	62	AUCKLAND M...	8.12m

#95 Women's Pole Vault 30+ Finals

🕒 4:30 PM

Combined with M30+

Flight 1

1	#3008	Alisha Lovrich	31	AUCKLAND M...	3.60m
2	#5545	Delwyn Smith	59	NORTHLAND ...	2.35m

#96 Men's Pole Vault 30+ Finals

🕒 4:30 PM

Combined with W30+

Flight 1

1	#8010	David Anstiss	80	AUCKLAND M...	2.30m
2	#6051	Brian Curry	63	MANAWATU W...	2.60m
3	#6046	Mark Lett	62	NORTHLAND ...	3.21m
4	#6001	David Blackford	60	AUCKLAND M...	
5	#7047	Yong Chyan Ding	74	AUCKLAND M...	2.00m
6	#3011	Josh Tautari	32	AUCKLAND M...	4.34m
7	#5037	Roland Van den Till...	52	AUCKLAND M...	2.90m

#97 Men's Weight Throw 70-79 Finals 7.26kg

🕒 5:00 PM

Combined with M80+

Flight 1

1	#7033	Tapendra Singh So...	71	AUCKLAND M...	
2	#7022	Lester Laughton	73	SOUTHLAND ...	12.15m
3	#7502	Laurie Malcolmson	75	MANAWATU W...	12.46m
4	#7050	Mark Wyndham-Jo...	74	ENGLAND MA...	
5	#7037	Lindsay Walker	72	CANTERBURY ...	11.36m
6	#7041	Chris Thompson	73	AUCKLAND M...	
7	#7522	Kennedy Garland	75	NORTHLAND ...	9.25m
8	#7528	Mark Powell	76	AUCKLAND M...	8.00m
9	#7516	Richard Davison	75	CANTERBURY ...	12.53m
10	#7018	Warren Green	73	SOUTHLAND ...	12.12m

#98 Men's Weight Throw 80+ Finals 5.45kg

🕒 5:00 PM

Combined with M70-79

Flight 1

1	#8012	Fernand Chaves	80	FRENCH POLY...	
2	#9005	Jim Blair	93	OTAGO MASTE...	8.71m
3	#9004	Ronald Johnson	92	AUCKLAND M...	7.00m
4	#8504	Alan Hunter	87	CANTERBURY ...	6.59m

#99 Men's Javelin 55-59 Finals 700gm

🕒 5:00 PM

Combined with M60-69

Flight 1

1	#5546	Adrian Stockill	59	WELLINGTON ...	
2	#5550	Peter McCutcheon	57	AUCKLAND M...	
3	#5508	Tiwhane Te Kanapu	58	WELLINGTON ...	14.41m
4	#5530	Miles Holt	56	NORTHLAND ...	16.74m
5	#5542	Armin Kashammer	59	NORTHLAND ...	
6	#5533	Simon Kay	57	AUCKLAND M...	23.31m

#100 Men's Javelin 60-69 Finals 600gm

🕒 5:00 PM

Combined with M54-59

Flight 1

1	#6517	John Rawcliffe	66	TASMAN MAS...	30.77m
2	#6528	James Thomas	67	AUCKLAND M...	36.58m
3	#6051	Brian Curry	63	MANAWATU W...	31.33m
4	#6501	Stephen Burden	65	WAIKATO BAY ...	36.50m
5	#6050	Bruce Cortesi	63	WAIKATO BAY ...	
6	#6033	Jon Randall Farrant	61	WAIKATO BAY ...	29.17m
7	#6042	Stephen Te Whaiti	61	WAIKATO BAY ...	40.30m
8	#6014	Bruce Solomon	62	WAIKATO BAY ...	33.00m
9	#6045	Wesley Faui	62	AUCKLAND M...	23.45m
10	#6010	Murray Free	61	AUCKLAND M...	

#101 Men's Discus 30-49 Finals 2.0kg

🕒 5:00 PM

No. 2 Throwing Circle
Combined with M50-54

Flight 1

1	#4507	Shaka Sola	48	SAMOA MAST...	35.61m
2	#4553	Clynton Janke	47	AUCKLAND M...	32.95m
3	#4539	Jacob Potgieter	45	AUCKLAND M...	28.95m
4	#4001	Iona Junior Lupena	41	COOK ISLANDS	31.00m
5	#4021	Joden Pratten	42	CANTERBURY ...	36.00m
6	#3521	Luke Crombie	38	HAWKES BAY ...	22.50m
7	#3519	Kesiano Liufau	37	FRENCH POLY...	
8	#3004	Jordan Peters	30	HAWKES BAY ...	41.23m
9	#3014	Warren Ginige	34	AUCKLAND M...	

#102 Men's Discus 50-54 Finals 1.5kg

🕒 5:00 PM

No. 2 Throwing Circle
Combined with M30-49

Flight 1

1	#5019	Joshua Sharkey	50	WELLINGTON ...	
2	#5031	Pesile Fa'au	54	AUCKLAND M...	25.00m
3	#5015	Melvin Ceasar	50	NORTHLAND ...	
4	#5037	Roland Van den Till...	52	AUCKLAND M...	29.32m
5	#5027	David Sexton	53	HAWKES BAY ...	35.00m

#104 Men's Long Jump 30-54 Finals

🕒 5:15 PM

Flight 1

1	#4568	Rob Lyle	49	AUCKLAND M...	4.44m
2	#4516	Glenn Riseborough	49	AUCKLAND M...	5.12m
3	#4504	Ian Lathwood	45	AUCKLAND M...	5.58m
4	#4551	Jacques Gouws	48	AUCKLAND M...	4.75m
5	#4572	Dave Nicholson	45	AUCKLAND M...	5.00m
6	#5015	Melvin Ceasar	50	NORTHLAND ...	
7	#4549	Ian Densie	47	SOUTHLAND ...	4.15m
8	#3014	Warren Ginige	34	AUCKLAND M...	4.50m
9	#3505	Nivarthana Warnak...	38	AUCKLAND M...	5.30m

#105 Women's Hammer 70-74 Finals 3.0kg

🕒 5:15 PM

Combined with W75+

Flight 1

1	#7035	Janick Aubineau	72	FRENCH POLY...	
2	#7046	Carey Dickason	74	TASMAN MAS...	15.95m

#106 Women's Hammer 75+ Finals 2.0kg

🕒 5:15 PM

Combined with W70-74

Flight 1

1	#8008	Justine Whitaker	83	CANTERBURY ...	18.87m
2	#8011	Barbara Austin	80	NORTHLAND ...	20.65m
3	#8018	Carol Conte	82	AUCKLAND M...	16.20m
4	#7501	Anne Deleiros	76	AUCKLAND M...	23.67m
5	#7533	Sherry Farmer	77	CANTERBURY ...	17.94m
6	#7538	Annette Parlane	78	WAIKATO BAY ...	
7	#7540	Bev Savage	79	WAIKATO BAY ...	31.51m
8	#7531	Francoise Teriierooi...	76	FRENCH POLY...	
9	#7519	Noni Callander	77	OTAGO MASTE...	24.98m

#108 Men's Long Jump 30-49 Finals

🕒 5:15 PM

Flight 1

1	#4568	Rob Lyle	49	AUCKLAND M...	4.76m
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#109 Women's Shot Put 30-49 Finals 4.0kg

🕒 5:30 PM

Flight 1

1	#4026	Annmarie McDonald	43	WAIKATO BAY ...	7.97m
2	#4560	Ayaka Stewart	48	CANTERBURY ...	
3	#4564	Cecile Choleau-Tap...	49	FRENCH POLY...	
4	#4561	Odette Teriitaohia	48	FRENCH POLY...	
5	#4565	Trudy Derbyshire	49	NORTHLAND ...	7.53m
6	#4025	Jennifer Kavetoe	43	WAIKATO BAY ...	7.41m
7	#4544	Heidi-Jane Humphr...	46	WELLINGTON ...	6.80m
8	#4558	Rachael Savage	48	WAIKATO BAY ...	8.44m
9	#4016	Louise Teariki	40	FRENCH POLY...	
10	#3504	Sarah Hockley	38	WAIKATO BAY ...	9.21m
11	#3526	Anna Lynch	39	CANTERBURY ...	9.50m
12	#3009	Taufa Fonua	32	AUCKLAND M...	
13	#3512	Kovieva Tuugahala	35	FRENCH POLY...	

#110 Women's Shot Put Para Finals

🕒 5:30 PM

Combined with W30-49

Flight 1

1	#4554	Tara Lewis T/F44	47	AUCKLAND M...	4.00m
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#111 Men's Long Jump 55-59 Finals

🕒 6:00 PM
Combined M55+

Flight 1

1	#5510	Domnic D'Silva	58	AUCKLAND M...	4.22m
2	#5508	Tiwhane Te Kanapu	58	WELLINGTON ...	2.23m
3	#5542	Armin Kashhammer	59	NORTHLAND ...	
4	#5532	Krzysztof Wardecki	56	AUSTRALIAN ...	5.30m
5	#5530	Miles Holt	56	NORTHLAND ...	4.57m

#112 Men's Long Jump 60-69 Finals

🕒 6:00 PM
Combined M55+

Flight 1

1	#6042	Stephen Te Whaiti	67	WAIKATO BAY ...	4.85m
2	#6002	Paul Daborn	67	WAIKATO BAY ...	
3	#6001	David Blackford	60	AUCKLAND M...	
4	#6511	Dennis O'Leary	69	HAWKES BAY ...	4.07m
5	#6050	Bruce Cortesi	63	WAIKATO BAY ...	
6	#6501	Stephen Burden	65	WAIKATO BAY ...	4.95m
7	#6531	Noel Barff	69	FRENCH POLY...	

#113 Men's Long Jump 70-79 Finals

🕒 6:00 PM
Combined M55+

Flight 1

1	#7504	Desmond Phillips	77	TARANAKI MA...	3.20m
2	#7047	Yong Chyan Ding	74	AUCKLAND M...	2.78m
3	#7040	David Lobb	73	COOK ISLANDS	3.30m
4	#7015	Les Scown	70	SOUTHLAND ...	4.05m
5	#7033	Tapendra Singh So...	71	AUCKLAND M...	

#114 Men's Long Jump 80+ Finals

🕒 6:00 PM
Combined M55+

Flight 1

1	#9004	Ronald Johnson	92	AUCKLAND M...	2.00m
2	#8010	David Anstiss	80	AUCKLAND M...	3.81m
3	#8504	Alan Hunter	87	CANTERBURY ...	1.40m

#115 Men's Weight Throw 55-59 Finals 11.34kg

🕒 6:15 PM
Combined M60-69

Flight 1

1	#5530	Miles Holt	56	NORTHLAND ...	
2	#5533	Simon Kay	57	AUCKLAND M...	9.41m
3	#5548	Henry Rogo	56	AUCKLAND M...	9.25m
4	#5546	Adrian Stockill	59	WELLINGTON ...	

#116 Men's Weight Throw 60-69 Finals 9.06kg

🕒 6:15 PM
Combined M55-59

Flight 1

1	#6528	James Thomas	67	AUCKLAND M...	
2	#6517	John Rawcliffe	66	TASMAN MAS...	
3	#6524	Siaosi Gavet	66	SAMOA MAST...	
4	#6033	Jon Randall Farrant	61	WAIKATO BAY ...	
5	#6060	Richard Doyle	60	TARANAKI MA...	9.80m
6	#6032	Dawid De Villiers	61	WAIKATO BAY ...	11.17m
7	#6051	Brian Curry	63	MANAWATU W...	11.80m
8	#6045	Wesley Faui	62	AUCKLAND M...	10.37m

#117 Men's Javelin 30-49 Finals 800gms

🕒 6:15 PM
Combined M50-54

Flight 1

1	#4539	Jacob Potgieter	45	AUCKLAND M...	33.41m
2	#4551	Jacques Gouws	48	AUCKLAND M...	35.64m
3	#4507	Shaka Sola	48	SAMOA MAST...	27.55m
4	#4573	David Grimwood	46	WAIKATO BAY ...	16.64m
5	#4553	Clynton Janke	47	AUCKLAND M...	35.00m
6	#4001	Iona Junior Lupena	41	COOK ISLANDS	42.00m
7	#4021	Joden Pratten	42	CANTERBURY ...	34.00m
8	#3521	Luke Crombie	38	HAWKES BAY ...	38.00m
9	#3014	Warren Ginige	34	AUCKLAND M...	
10	#3519	Kesiano Liufau	37	FRENCH POLY...	

#118 Men's Javelin 50-54 Finals 700gms

🕒 6:15 PM
Combined M30-49

Flight 1

1	#5006	Henry Merrick	53	AUCKLAND M...	35.72m
2	#5031	Pesile Fa'au	54	AUCKLAND M...	21.00m
3	#5015	Melvin Ceasar	50	NORTHLAND ...	
4	#5027	David Sexton	53	HAWKES BAY ...	36.50m
5	#5037	Roland Van den Till...	52	AUCKLAND M...	27.20m

#119 Women's Discus 50-59 Finals 1.0kg

🕒 6:15 PM

No. 2 Throwing Circle
Combined W60-69

Flight 1

1	#5521	Theresa Bartlett	55	WELLINGTON ...	24.22m
2	#5017	Faye Morgan	50	AUSTRALIAN ...	
3	#5007	Althea Mackie	54	AUSTRALIAN ...	23.65m
4	#5014	Michelle Bitcheno	50	WAIKATO BAY ...	18.18m
5	#5020	Bronwen Sola	50	WELLINGTON ...	15.43m
6	#5040	Vavae Nuia	50	AUCKLAND M...	
7	#5039	Peta Leitu	52	AUCKLAND M...	
8	#5016	Fiona Craig	50	TARANAKI MA...	12.66m
9	#5511	Denise Fellows	58	WAIKATO BAY ...	
10	#5501	Brenda Davis	55	WAIKATO BAY ...	25.00m

#120 Women's Discus 60-69 Finals 1.0kg

🕒 6:15 PM

No. 2 Throwing Circle
Combined W50-59

Flight 1

1	#6011	Anne Goulter	62	AUCKLAND M...	20.68m
2	#6040	Tina Ryan	61	TARANAKI MA...	
3	#6034	Nadine Fea	61	CANTERBURY ...	18.76m
4	#6029	Tania Hodges	60	WAIKATO BAY ...	
5	#6052	Rauru Faui	63	AUCKLAND M...	16.31m

New Zealand Masters Track & Field Championships - 29/3/25

Mt Smart Stadium, Athletics Arena 2

SATURDAY

#11 Women's 80m Hurdles 40-59 Finals

762mm

🕒 9:30 AM

Combined race with M70-79 & M80+

Heat 1

6	#4536	Ai Osugi	45	AUCKLAND M...	16.45
7	#4571	Hannah Callesen	45	MANAWATU W...	

#13 Men's 80m Hurdles 70-79 Finals 762mm

🕒 9:30 AM

Combined race with W40-59 & M80+

Heat 1

2	#7504	Desmond Phillips	77	TARANAKI MA...	
3	#7014	Georg Ludwig	70	CANTERBURY ...	17.73
4	#7047	Yong Chyan Ding	74	AUCKLAND M...	18.24

#14 Men's 80m Hurdles 80+ Finals 686mm

🕒 9:30 AM

Combined race with W40-59 & M70-79

Heat 1

8	#8010	David Anstiss	80	AUCKLAND M...	
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#16 Men's 100m Hurdles 50-59 Finals 914mm

🕒 9:45 AM

Combined race with M60-69 & 110mH M30-49

Heat 1

1	#5037	Roland Van den Till...	52	AUCKLAND M...	19.35
2	#5530	Miles Holt	56	NORTHLAND ...	

#17 Men's 100m Hurdles 60-69 Finals 838mm

🕒 9:45 AM

Combined race with M50-59 & 110mH M30-49

Heat 1

4	#6002	Paul Daborn	67	WAIKATO BAY ...	
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#18 Men's 110m Hurdles 30-49 Finals 991mm

🕒 9:30 AM

Combined race with 100mH M50-59 & M60-69

Heat 1

6	#4023	Simon Xu	42	WAIKATO BAY ...	
7	#4590	Faamanu Sofai	46	SAMOA MAST...	
8	#4537	David O'Sullivan	45	OTAGO MASTE...	

#19 Women's 1500 Meters 30+ Finals

🕒 10:00 AM

Combined Heat 1 WOMEN with Heat 1 MEN

Heat 1

1	#7536	Loris Reed	77	WAIKATO BAY ...	
2	#7051	Joy Baker	73	TARANAKI MA...	
3	#6527	Deborah Telfer	67	SOUTHLAND ...	
4	#7046	Carey Dickason	74	TASMAN MAS...	7:57.68
5	#6529	Christine Adamson	68	AUCKLAND M...	6:30.00

Heat 2

1	#3520	Ayesha Shafi	37	WELLINGTON ...	5:00.00
2	#3518	Jenny Gater	37	WAIKATO BAY ...	5:05.00
3	#4523	Jo Van Rensburg	46	TASMAN MAS...	5:07.00
4	#4030	Rachel O'Brien	44	AUCKLAND M...	5:20.00
5	#4544	Heidi-Jane Humphr...	46	WELLINGTON ...	6:04.00
6	#6035	Sally Gibbs	61	MANAWATU W...	
7	#5552	Ady McKenzie	58	NORTHLAND ...	
8	#3522	Ana-Mree Ngaheu	38	WAIKATO BAY ...	
9	#3501	Cherie Mcallister	35	AUCKLAND M...	6:18.38

#20 Men's 1500 Meters 30+ Finals

🕒 10:15 AM

Combined Heat 1 MEN with Heat 1 WOMEN @ 10:00 a.m.

Heat 1

1	#7052	Derek Shaw	72	TASMAN MAS...	6:13.51
2	#7034	Rodger Ward	71	CANTERBURY ...	5:45.00
3	#7032	David Riddell	71	TASMAN MAS...	
4	#7030	Malcolm Chamberlin	71	AUCKLAND M...	
5	#7539	Alan Jones	80	TARANAKI MA...	
6	#7048	Jonathon Harper	74	CANTERBURY ...	
7	#9003	Jim Feist	90	AUCKLAND M...	

Heat 2

1	#6523	Tim Cross	65	TASMAN MAS...	5:43.51
2	#6036	Paul Hewitson	67	WELLINGTON ...	5:24.00
3	#5029	Sean Burke	54	AUCKLAND M...	5:45.10
4	#6530	Greg Boyd	68	AUCKLAND M...	6:03.32
5	#5508	Tiwhane Te Kanapu	58	WELLINGTON ...	6:10.00
6	#6058	Phil Sadgrove	64	WELLINGTON ...	5:18.00
7	#5033	Terry Fraser	54	WELLINGTON ...	5:15.00
8	#6030	Peter Stevens	60	WELLINGTON ...	4:28.23
9	#5013	Philip Harrison	54	CANTERBURY ...	5:05.26
10	#5036	Wim Luijpers	55	AUCKLAND M...	4:20.98
11	#5524	Robin Miller	55	AUCKLAND M...	4:58.00
12	#6022	Barry Helem	64	CANTERBURY ...	
13	#6525	Peter Richards	66	CANTERBURY ...	5:30.00
14	#6054	Robert Homan	63	OTAGO MASTE...	
15	#6526	Ian Calder	67	NORTHLAND ...	5:15.43
16	#5024	Graeme Morrison	52	WELLINGTON ...	

Heat 3

1	#4515	Alan Houghton	49	AUCKLAND M...	
2	#4537	David O'Sullivan	45	OTAGO MASTE...	
3	#4575	Malcolm Smith	46	WAIKATO BAY ...	4:53.77
4	#4533	James Conwell	45	MANAWATU W...	4:20.41
5	#4031	Matt Parsonage	44	WAIKATO BAY ...	4:20.57
6	#4020	Craig Oliver	42	CANTERBURY ...	4:13.86
7	#4541	Paul Crowhurst	46	AUCKLAND M...	4:20.00
8	#4027	Michael Hale	44	AUCKLAND M...	4:40.00
9	#4017	Tim Hitchcock	41	AUCKLAND M...	4:30.00
10	#4576	Ben Winder	47	AUCKLAND M...	4:36.98
11	#4552	Dwight Grieve	48	SOUTHLAND ...	
12	#4569	Allan Staite	49	CANTERBURY ...	4:58.79

#21 Men's 1500m Racewalk 30+ Finals

🕒 10:45 AM

Combined race with WOMEN

Heat 1

1	#7049	Clive McGovern	74	WELLINGTON ...	10.00
2	#5525	David Smyth	55	CANTERBURY ...	
3	#4557	Justin Reed	48	TARANAKI MA...	

#22 Women's 1500m Racewalk 30+ Finals

🕒 10:45 AM

Combined race with MEN

Heat 1

1	#7541	Jacqueline Wilson	79	WELLINGTON ...	10:10.13
2	#6049	Helen Willis	62	WELLINGTON ...	10:50.00
3	#5527	Karen Davison	56	AUCKLAND M...	11:25.00
4	#8005	Daphne Jones	83	WELLINGTON ...	11:27.76
5	#4502	Vicky Jones	46	TARANAKI MA...	
6	#5016	Fiona Craig	50	TARANAKI MA...	
7	#4506	Catherine McCarten	47	TARANAKI MA...	
8	#5511	Denise Fellows	58	WAIKATO BAY ...	
9	#3006	Sarah-Amy Rhind	30	AUCKLAND M...	
10	#6057	Joelle Lecroart	64	FRENCH POLY...	
11	#4005	Sam Holliss	44	TARANAKI MA...	

#23 Women's 100 Meters 30+ Finals

🕒 11:15 AM

Heat 1

1	#7515	Suzanne Su	80	WAIKATO BAY ...	22.00
2	#8018	Carol Conte	82	AUCKLAND M...	23.11
3	#8017	Chris Waring	81	AUCKLAND M...	17.84
4	#7045	Nancy Bowmar	74	NORTHLAND ...	21.35
5	#7507	Sheryl Gower	77	WAIKATO BAY ...	
6	#7013	Noeline Burden	71	OTAGO MASTE...	20.50
7	#7051	Joy Baker	73	TARANAKI MA...	17.75
8	#6532	Annette Hermans	65	WAIKATO BAY ...	

Heat 2

1	#6053	Jill Hayman	63	AUCKLAND M...	14.85
2	#6057	Joelle Lecroart	64	FRENCH POLY...	
3	#6043	Karine Yu Tsuen	61	FRENCH POLY...	
4	#6047	Elizabeth Mitchell	62	OTAGO MASTE...	14.65
5	#5529	Phillipa Green	56	AUCKLAND M...	13.95
6	#5543	Louise Martin	59	CANTERBURY ...	
7	#5507	Dale McMillan	57	MANAWATU W...	
8	#5022	Lydia Bush	51	AUCKLAND M...	13.92

Heat 3

3	#4538	Audrey Poaneki	45	WAIKATO BAY ...	15.30
4	#4565	Trudy Derbyshire	49	NORTHLAND ...	
5	#4571	Hannah Callesen	45	MANAWATU W...	
6	#4540	Jaclyn Snyders	45	CANTERBURY ...	14.64
7	#4536	Ai Osugi	45	AUCKLAND M...	15.00

Heat 4

1	#3010	Andriete Rodrigues	31	AUCKLAND M...	13.24
2	#3017	Mariah Rinui	32	WAIKATO BAY ...	
3	#3013	Livvy Wilson	32	AUCKLAND M...	11.81
4	#3016	Kate Waltman	34	AUCKLAND M...	
5	#3504	Sarah Hockley	38	WAIKATO BAY ...	
6	#4029	Penny Kee	44	AUCKLAND M...	13.30
7	#4032	Helen Fletcher	41	AUCKLAND M...	15.05
8	#4026	Annmarie McDonald	43	WAIKATO BAY ...	13.92

#24 Men's 100 Meters 30+ Finals

🕒 11:30 AM

Timed FINALS if more than 8 in ONE age group

Heat 1

3	#8504	Alan Hunter	87	CANTERBURY ...	31.81
4	#8505	Stewart Foster	87	WAIKATO BAY ...	26.00
5	#8010	David Anstiss	80	AUCKLAND M...	16.56
6	#8012	Fernand Chaves	80	FRENCH POLY...	
7	#8016	Peter Crawford	81	WAIKATO BAY ...	18.00

Heat 2

3	#7504	Desmond Phillips	77	TARANAKI MA...	
4	#7502	Laurie Malcolmson	75	MANAWATU W...	13.09
5	#7529	Joe Schuffelen	76	WAIKATO BAY ...	16.44
6	#7526	Vincent Paddam	75	OTAGO MASTE...	16.49
7	#7537	Anthony Deleiros	78	AUCKLAND M...	15.60

Heat 3

2	#7018	Warren Green	73	SOUTHLAND ...	15.75
3	#7024	Barrie Gordon	70	WELLINGTON ...	15.23
4	#7040	David Lobb	73	COOK ISLANDS	16.70
5	#7032	David Riddell	71	TASMAN MAS...	
6	#7050	Mark Wyndham-Jo...	74	ENGLAND MA...	15.30
7	#7002	Trevor Watson	70	WAIKATO BAY ...	14.39
8	#7015	Les Scown	70	SOUTHLAND ...	16.26

Heat 4

3	#6515	Bruce Thomson	65	SOUTHLAND ...	14.30
4	#6511	Dennis O'Leary	69	HAWKES BAY ...	14.04
5	#6501	Stephen Burden	65	WAIKATO BAY ...	13.47
6	#6531	Noel Barff	69	FRENCH POLY...	

Heat 5

1	#6050	Bruce Cortesi	63	WAIKATO BAY ...	13.08
2	#6013	Maurice Hunt	62	AUCKLAND M...	15.44
3	#6001	David Blackford	60	AUCKLAND M...	12.44
4	#6014	Bruce Solomon	62	WAIKATO BAY ...	13.50
5	#6060	Richard Doyle	60	TARANAKI MA...	15.95
6	#6033	Jon Randall Farrant	61	WAIKATO BAY ...	
7	#6042	Stephen Te Whaiti	61	WAIKATO BAY ...	13.40
8	#6059	Tim Turner	64	AUCKLAND M...	13.58

Heat 6

1	#5548	Henry Rogo	56	AUCKLAND M...	14.10
2	#5550	Peter McCutcheon	57	AUCKLAND M...	
3	#5551	Mike Dreaver	58	AUCKLAND M...	13.74
4	#5544	Chris Roberts	59	WELLINGTON ...	13.28
5	#5530	Miles Holt	56	NORTHLAND ...	13.23
6	#5532	Krzysztof Wardecki	56	AUSTRALIAN ...	12.56
7	#5528	Mark Ford	56	WELLINGTON ...	
8	#5548	Tony Tan	59	OTAGO MASTE...	12.85

Heat 7

1	#5037	Roland Van den Till...	52	AUCKLAND M...	14.85
2	#5023	Lewis Turner	51	AUCKLAND M...	13.21
3	#5021	Emerson Willard	50	WELLINGTON ...	12.20
4	#5030	Mikel Constantine	54	AUCKLAND M...	12.52
5	#5003	Mark Lambert	51	AUCKLAND M...	11.60
6	#5036	Iain Rattray	51	WAIKATO BAY ...	12.47
7	#5015	Melvin Ceasar	50	NORTHLAND ...	
8	#5028	Craig Seymour	53	AUCKLAND M...	13.68

Heat 8

2	#4547	Daniel Parrott	46	MANAWATU W...	12.71
3	#4531	Siamak Anahid	45	AUCKLAND M...	12.60
4	#4505	Ian Harrington	46	AUCKLAND M...	12.71
5	#4504	Ian Lathwood	45	AUCKLAND M...	11.55
6	#4580	Tharindu Weeraratne	46	AUCKLAND M...	12.38
7	#4566	Wayne Holroyd	49	AUCKLAND M...	11.82
8	#4568	Rob Lyle	49	AUCKLAND M...	12.14

Heat 9

1	#4556	Simon Potter	47	AUCKLAND M...	
2	#4549	Ian Densie	47	SOUTHLAND ...	13.14
3	#4546	James Maltby	46	AUCKLAND M...	13.56
4	#4578	Jason Stokes	48	AUCKLAND M...	
5	#4537	David O'Sullivan	45	OTAGO MASTE...	
6	#4014	Victor Lusis	44	CANTERBURY ...	12.89
7	#4022	Andrew Weekes	42	AUCKLAND M...	12.08
8	#4023	Simon Xu	42	WAIKATO BAY ...	

Heat 10

2	#3525	Daniel Lowe	39	AUCKLAND M...	12.66
3	#3524	Brayden Grant	39	MANAWATU W...	12.00
4	#3503	Ryan Smith	36	AUCKLAND M...	12.54
5	#3011	Josh Tautari	32	AUCKLAND M...	
6	#3506	Remy Le Brun	36	TASMAN MAS...	11.32
7	#3516	Gulab Singh	36	AUCKLAND M...	11.77

#25 Women's 2k Steeplechase 30+ Finals

762mm

🕒 1:30 PM

Combined race with MEN

Heat 1

1	#7536	Loris Reed	77	WAIKATO BAY ...	
2	#7051	Joy Baker	73	TARANAKI MA...	

#27 Men's 3k Steeplechase 30-59 Finals

914mm

🕒 1:45 PM

Heat 1

3	#4027	Michael Hale	44	AUCKLAND M...	11:18.00
4	#4537	David O'Sullivan	45	OTAGO MASTE...	
5	#4575	Malcolm Smith	46	WAIKATO BAY ...	
6	#5542	Armin Kashammer	59	NORTHLAND ...	

#28 Women's 400 Meters 30+ Finals

🕒 2:15 PM

Heat 1

2	#8017	Chris Waring	81	AUCKLAND M...	1:43.89
3	#6529	Christine Adamson	68	AUCKLAND M...	1:20.00
4	#6047	Elizabeth Mitchell	62	OTAGO MASTE...	1:11.10
5	#5543	Louise Martin	59	CANTERBURY ...	
6	#6037	Karen Hulena	61	AUCKLAND M...	1:27.96
7	#7051	Joy Baker	73	TARANAKI MA...	1:40.23

Heat 2

2	#4532	Vic Chapman	45	CANTERBURY ...	1:05.42
3	#4030	Rachel O'Brien	44	AUCKLAND M...	1:17.00
4	#4536	Ai Osugi	45	AUCKLAND M...	1:13.00
5	#3501	Cherie Mcallister	35	AUCKLAND M...	1:17.04
6	#4571	Hannah Callesen	45	MANAWATU W...	
7	#4029	Penny Kee	44	AUCKLAND M...	1:04.05
8	#4544	Heidi-Jane Humphr...	46	WELLINGTON ...	1:18.39

#29 Men's 400 Meters 30+

Finals

🕒 2:30 PM

Timed FINALS if more than 8 in ONE age group

Heat 1

3	#8012	Fernand Chaves	80	FRENCH POLY...	
4	#7529	Joe Schuffelen	76	WAIKATO BAY ...	1:22.50
5	#7539	Alan Jones	80	TARANAKI MA...	1:42.31
6	#7504	Desmond Phillips	77	TARANAKI MA...	

Heat 2

2	#7032	David Riddell	71	TASMAN MAS...	
3	#7014	Georg Ludwig	70	CANTERBURY ...	
4	#7030	Malcolm Chamberlin	71	AUCKLAND M...	
5	#7048	Jonathon Harper	74	CANTERBURY ...	1:27.72
6	#6511	Dennis O'Leary	69	HAWKES BAY ...	
7	#6515	Bruce Thomson	65	SOUTHLAND ...	1:06.00

Heat 3

2	#6060	Richard Doyle	60	TARANAKI MA...	1:23.50
3	#6002	Paul Daborn	61	WAIKATO BAY ...	
4	#6042	Stephen Te Whaiti	61	WAIKATO BAY ...	1:04.00
5	#6038	Michael Iddon	61	AUCKLAND M...	1:06.91
6	#6041	Chris Strickland	61	AUSTRALIAN ...	1:04.00
7	#6059	Tim Turner	64	AUCKLAND M...	1:04.50
8	#6001	David Blackford	60	AUCKLAND M...	58.43

Heat 4

3	#5510	Domnic D'Silva	58	AUCKLAND M...	1:12.82
4	#5541	Grant Hodges	59	AUCKLAND M...	1:00.00
5	#5526	Mark Cornaga	56	WAIKATO BAY ...	57.46
6	#5548	Tony Tan	59	OTAGO MASTE...	58.03
7	#5548	Henry Rogo	56	AUCKLAND M...	1:06.00

Heat 5

2	#5038	Marius Spencer	53	AUCKLAND M...	1:02.66
3	#5036	Iain Rattray	51	WAIKATO BAY ...	57.72
4	#5013	Philip Harrison	54	CANTERBURY ...	
5	#5032	Lee Fairclough	54	AUCKLAND M...	57.50
6	#5018	Hayden Robinson	50	MANAWATU W...	56.49
7	#5033	Terry Fraser	54	WELLINGTON ...	
8	#5015	Melvin Ceasar	50	NORTHLAND ...	

Heat 6

2	#4519	Gareth Noble	45	OTAGO MASTE...	57.20
3	#4568	Rob Lyle	49	AUCKLAND M...	56.50
4	#4515	Alan Houghton	49	AUCKLAND M...	55.00
5	#4566	Wayne Holroyd	49	AUCKLAND M...	53.28
6	#4556	Simon Potter	47	AUCKLAND M...	
7	#4537	David O'Sullivan	45	OTAGO MASTE...	
8	#4524	Sean Barnes	48	CANTERBURY ...	59.76

Heat 7

2	#4014	Victor Lusi	44	CANTERBURY ...	1:00.34
3	#4020	Craig Oliver	42	CANTERBURY ...	54.56
4	#3524	Brayden Grant	39	MANAWATU W...	53.30
5	#3005	James Reid	30	AUCKLAND M...	52.40
6	#4007	David Catherwood	43	CANTERBURY ...	58.59
7	#3513	Zaan Janse	36	WELLINGTON ...	54.32
8	#4018	Luke Strom	41	AUCKLAND M...	59.00

New Zealand Masters Track & Field Championships - 29/3/25

📍 Mt Smart Stadium, Athletics Arena 2

SATURDAY

#121 Men's Triple Jump 30+ Finals

🕒 9:15 AM

Flight 1

1	#6055	Ho Young Do	65	AUCKLAND M...	9.70m
2	#3505	Nivarthana Warnak...	38	AUCKLAND M...	10.56m
3	#6501	Stephen Burden	65	WAIKATO BAY ...	9.83m
4	#8010	David Anstiss	80	AUCKLAND M...	8.60m
5	#7015	Les Scown	70	SOUTHLAND ...	7.95m
6	#3014	Warren Ginige	34	AUCKLAND M...	10.00m
7	#4516	Glenn Riseborough	49	AUCKLAND M...	10.79m
8	#7504	Desmond Phillips	77	TARANAKI MA...	6.82m
9	#6511	Dennis O'Leary	69	HAWKES BAY ...	8.54m
10	#5015	Melvin Ceasar	50	NORTHLAND ...	
11	#7033	Tapendra Singh So...	71	AUCKLAND M...	
12	#5508	Tiwhane Te Kanapu	58	WELLINGTON ...	8.34m
13	#3012	Scott Thomson	32	AUCKLAND M...	14.51m
14	#7040	David Lobb	73	COOK ISLANDS	6.90m
15	#5530	Miles Holt	56	NORTHLAND ...	6.93m
16	#4590	Faamanu Sofai	46	SAMOA MAST...	

#122 Men's Discus 55-59 Finals 1.5kg

🕒 9:15 AM

No. 2 Throwing Circle
Combined with M60-69

Flight 1

1	#5523	Bryce Hall	55	AUCKLAND M...	20.00m
2	#5533	Simon Kay	57	AUCKLAND M...	25.86m
3	#5530	Miles Holt	56	NORTHLAND ...	17.56m
4	#5546	Adrian Stockill	59	WELLINGTON ...	
5	#5534	Ian Bitcheno	58	WAIKATO BAY ...	

#123 Men's Discus 60-69 Finals 1.0kg

🕒 9:15 AM

No. 2 Throwing Circle
Combined with M55-59

Flight 1

1	#6033	Jon Randall Farrant	61	WAIKATO BAY ...	
2	#6517	John Rawcliffe	66	TASMAN MAS...	37.23m
3	#6528	James Thomas	67	AUCKLAND M...	40.35m
4	#6045	Wesley Faui	62	AUCKLAND M...	35.91m
5	#6014	Bruce Solomon	62	WAIKATO BAY ...	36.50m
6	#6051	Brian Curry	63	MANAWATU W...	32.63m
7	#6524	Siaosi Gavet	66	SAMOA MAST...	

#125 Men's Hammer 30-49 Finals 7.26gm

🕒 9:30 AM

Combined with M50-54

Flight 1

1	#4539	Jacob Potgieter	45	AUCKLAND M...	32.33m
2	#3007	Todd Bates	31	OTAGO MASTE...	54.00m
3	#4562	Arno Van Der West...	48	AUCKLAND M...	56.00m
4	#4553	Clynton Janke	47	AUCKLAND M...	30.00m
5	#4001	Iona Junior Lupena	41	COOK ISLANDS	30.00m
6	#4021	Joden Pratten	42	CANTERBURY ...	23.00m
7	#3014	Warren Ginige	34	AUCKLAND M...	
8	#3519	Kesiano Liufau	37	FRENCH POLY...	
9	#4507	Shaka Sola	48	SAMOA MAST...	30.41m

#126 Men's Hammer 50-54 Finals 6.0kg

🕒 9:30 AM

Combined M30-49

Flight 1

1	#5031	Pesile Fa'au	54	AUCKLAND M...	19.00m
2	#5037	Roland Van den Till...	52	AUCKLAND M...	
3	#5025	Alex Gould	53	WELLINGTON ...	
4	#5019	Joshua Sharkey	50	WELLINGTON ...	29.78m
5	#5027	David Sexton	53	HAWKES BAY ...	33.30m

#127 Women's High Jump 30+ Finals

🕒 9:30 AM

Flight 1

1	#5521	Theresa Bartlett	55	WELLINGTON ...	
2	#6037	Karen Hulena	61	AUCKLAND M...	1.14m
3	#7045	Nancy Bowmar	74	NORTHLAND ...	0.95m
4	#4558	Rachael Savage	48	WAIKATO BAY ...	1.00m
5	#5529	Phillipa Green	56	AUCKLAND M...	1.25m
6	#6034	Nadine Fea	61	CANTERBURY ...	1.10m
7	#4565	Trudy Derbyshire	49	NORTHLAND ...	
8	#4538	Audrey Poaneki	45	WAIKATO BAY ...	1.30m
9	#5020	Bronwen Sola	50	WELLINGTON ...	
10	#6039	Heesun Kim	61	AUCKLAND M...	
11	#6027	Alison Newall	64	OTAGO MASTE...	
12	#6532	Annette Hermans	65	WAIKATO BAY ...	
13	#3001	Vianca Lagerwall	32	AUCKLAND M...	1.62m
14	#4563	Marcia Taylor	49	WAIKATO BAY ...	
15	#4579	Ivana Erceg Floerch...	49	AUCKLAND M...	1.38m
16	#4544	Heidi-Jane Humphr...	46	WELLINGTON ...	

#128 Men's Shot Put 70-79 Finals 4.0kg

🕒 9:30 AM

Combined with M80+

Flight 1

1	#7522	Kennedy Garland	75	NORTHLAND ...	8.13m
3	#7050	Mark Wyndham-Jo...	74	ENGLAND MA...	10.00m
4	#7047	Yong Chyan Ding	74	AUCKLAND M...	7.94m
5	#7033	Tapendra Singh So...	71	AUCKLAND M...	
6	#7516	Richard Davison	75	CANTERBURY ...	8.62m
7	#7528	Mark Powell	76	AUCKLAND M...	7.19m
8	#7041	Chris Thompson	73	AUCKLAND M...	
9	#7051	Raj Menon	71	WELLINGTON ...	8.16m
10	#7037	Lindsay Walker	72	CANTERBURY ...	
11	#7022	Lester Laughton	73	SOUTHLAND ...	8.50m

#129 Men's Shot Put 80+ Finals 3.0kg

🕒 9:30 AM

Combined with M70-79

Flight 1

1	#9004	Ronald Johnson	92	AUCKLAND M...	7.00m
2	#8016	Peter Crawford	81	WAIKATO BAY ...	9.20m
3	#8504	Alan Hunter	87	CANTERBURY ...	5.63m
4	#8005	Geoff Haigh	82	AUCKLAND M...	6.67m
5	#9005	Jim Blair	93	OTAGO MASTE...	6.64m

#130 Women's Weight Throw 70-74 Finals

5.45kg

🕒 9:45 AM

Combined with W75+

Flight 1

1	#7035	Janick Aubineau	72	FRENCH POLY...	
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#131 Women's Weight Throw 75+ Finals 4.0kg

🕒 9:45 AM

Combined with W70-74

Flight 1

1	#7540	Bev Savage	79	WAIKATO BAY ...	
2	#8008	Justine Whitaker	83	CANTERBURY ...	7.70m
3	#7531	Francoise Teriierooi...	76	FRENCH POLY...	
4	#8011	Barbara Austin	80	NORTHLAND ...	8.30m
5	#7538	Annette Parlane	78	WAIKATO BAY ...	
6	#7519	Noni Callander	77	OTAGO MASTE...	10.86m
7	#7533	Sherry Farmer	77	CANTERBURY ...	7.60m
8	#7501	Anne Deleiros	76	AUCKLAND M...	9.60m

#132 Women's Javelin 30-49 Finals 600gms

🕒 9:45 AM

Flight 1

1	#4016	Louise Teariki	40	FRENCH POLY...	
2	#4560	Ayaka Stewart	48	CANTERBURY ...	
3	#4558	Rachael Savage	48	WAIKATO BAY ...	19.68m
4	#3512	Kovieva Tuugahala	35	FRENCH POLY...	
5	#4025	Jennifer Kavetoea	43	WAIKATO BAY ...	17.92m
6	#3504	Sarah Hockley	38	WAIKATO BAY ...	21.36m
7	#4563	Marcia Taylor	49	WAIKATO BAY ...	
8	#4561	Odette Teriitaohia	48	FRENCH POLY...	
9	#3009	Taufa Fonua	32	AUCKLAND M...	
10	#4564	Cecile Choleau-Tap...	49	FRENCH POLY...	
11	#3526	Anna Lynch	39	CANTERBURY ...	23.00m
12	#4565	Trudy Derbyshire	49	NORTHLAND ...	17.61m

#133 Men's Discus 70-79 Finals 1.0kg

🕒 10:00 AM

No. 2 Throwing Circle

Combined with M80+

Flight 1

1	#7516	Richard Davison	75	CANTERBURY ...	33.09m
2	#7033	Tapendra Singh So...	71	AUCKLAND M...	
3	#7522	Kennedy Garland	75	NORTHLAND ...	22.27m
4	#7037	Lindsay Walker	72	CANTERBURY ...	29.26m
5	#7047	Yong Chyan Ding	74	AUCKLAND M...	20.48m
6	#7051	Raj Menon	71	WELLINGTON ...	27.05m
8	#7041	Chris Thompson	73	AUCKLAND M...	
9	#7050	Mark Wyndham-Jo...	74	ENGLAND MA...	
10	#7528	Mark Powell	76	AUCKLAND M...	20.47m
11	#7022	Lester Laughton	73	SOUTHLAND ...	31.00m

#134 Men's Discus 80+ Finals 1.0kg

🕒 10:00 AM

No. 2 Throwing Circle

Combined with M70-79

Flight 1

1	#8504	Alan Hunter	87	CANTERBURY ...	12.78m
2	#9005	Jim Blair	93	OTAGO MASTE...	16.14m
3	#9004	Ronald Johnson	92	AUCKLAND M...	16.00m
4	#8012	Fernand Chaves	80	FRENCH POLY...	
5	#8016	Peter Crawford	81	WAIKATO BAY ...	23.35m
6	#8010	David Anstiss	80	AUCKLAND M...	21.10m

#135 Men's Shot Put 30-49 Finals 7.26kg

🕒 10:15 AM

Combined with M50-54

Flight 1

1	#3012	Scott Thomson	32	AUCKLAND M...	8.70m
2	#3014	Warren Ginige	34	AUCKLAND M...	
3	#4014	Victor Lusi	44	CANTERBURY ...	10.24m
4	#4573	David Grimwood	46	WAIKATO BAY ...	6.49m
5	#3519	Kesiano Liufau	37	FRENCH POLY...	
6	#4021	Joden Pratten	42	CANTERBURY ...	11.50m
7	#4539	Jacob Potgieter	45	AUCKLAND M...	10.46m
8	#4507	Shaka Sola	48	SAMOA MAST...	12.14m
9	#4553	Clynton Janke	47	AUCKLAND M...	9.40m
10	#3521	Luke Crombie	38	HAWKES BAY ...	7.30m
11	#3007	Todd Bates	31	OTAGO MASTE...	11.00m
12	#4001	Iona Junior Lupena	41	COOK ISLANDS	10.50m

#136 Men's Shot Put 50-54 Finals 6.0kg

🕒 10:15 AM

Combined with M30-49

Flight 1

1	#5031	Pesile Fa'au	54	AUCKLAND M...	8.50m
2	#5027	David Sexton	53	HAWKES BAY ...	10.03m
3	#5037	Roland Van den Till...	52	AUCKLAND M...	9.32m
4	#5019	Joshua Sharkey	50	WELLINGTON ...	

#138 Men's High Jump 55-69 Finals

🕒 10:30 AM

Flight 1

1	#5538	Glenn Bishop	59	WAIKATO BAY ...	1.40m
2	#6528	James Thomas	67	AUCKLAND M...	
3	#6055	Ho Young Do	65	AUCKLAND M...	1.50m
4	#6042	Stephen Te Whaiti	61	WAIKATO BAY ...	1.45m
5	#6051	Brian Curry	63	MANAWATU W...	1.43m

#139 Women's Weight Throw 50-59 Finals

7.26kg

🕒 10:30 AM

Combined with W60-69

Flight 1

1	#5017	Faye Morgan	50	AUSTRALIAN ...	
2	#5521	Theresa Bartlett	55	WELLINGTON ...	
3	#5014	Michelle Bitcheno	50	WAIKATO BAY ...	9.59m
4	#5026	Kerry Rattray	53	WAIKATO BAY ...	6.71m
5	#5501	Brenda Davis	55	WAIKATO BAY ...	12.89m
6	#5007	Althea Mackie	54	AUSTRALIAN ...	13.50m
7	#5040	Vavae Nuia	50	AUCKLAND M...	
9	#5511	Denise Fellows	58	WAIKATO BAY ...	

#140 Women's Weight Throw 60-69 Finals

5.45kg

🕒 10:30 AM

Combined with W50-59

Flight 1

1	#6027	Alison Newall	64	OTAGO MASTE...	10.06m
2	#6052	Rauru Faau	63	AUCKLAND M...	9.00m
3	#6029	Tania Hodges	60	WAIKATO BAY ...	
4	#6040	Tina Ryan	61	TARANAKI MA...	
5	#6043	Karine Yu Tsuen	61	FRENCH POLY...	
6	#6011	Anne Goulter	62	AUCKLAND M...	11.79m

#142 Men's Hammer 55-59 Finals 6.0kg

🕒 11:00 AM

Combined with M60-69

Flight 1

1	#5530	Miles Holt	56	NORTHLAND ...	
2	#5533	Simon Kay	57	AUCKLAND M...	21.11m
3	#5546	Adrian Stockill	59	WELLINGTON ...	

#143 Men's Hammer 60-69 Finals 5.0kg

🕒 11:00 AM

Combined with M55-59

Flight 1

1	#6528	James Thomas	67	AUCKLAND M...	
2	#6045	Wesley Faau	62	AUCKLAND M...	24.35m
3	#6524	Siaosi Gavet	66	SAMOA MAST...	
4	#6051	Brian Curry	63	MANAWATU W...	25.79m
5	#6032	Dawid De Villiers	61	WAIKATO BAY ...	27.80m
6	#6517	John Rawcliffe	66	TASMAN MAS...	
7	#6033	Jon Randall Farrant	61	WAIKATO BAY ...	

#144 Women's Shot Put 70-74 Finals 3.0kg

🕒 11:30 AM

Combined with W75+

Flight 1

1	#7008	Tui Ashe	74	WAIKATO BAY ...	6.37m
2	#7045	Nancy Bowmar	74	NORTHLAND ...	6.93m
3	#7013	Noeline Burden	71	OTAGO MASTE...	5.85m

#145 Women's Shot Put 75+ Finals 2.0kg

🕒 11:30 AM

Combined with W70-74

Flight 1

1	#7501	Anne Deleiros	76	AUCKLAND M...	7.69m
2	#7519	Noni Callander	77	OTAGO MASTE...	8.23m
3	#7540	Bev Savage	79	WAIKATO BAY ...	8.47m
4	#7531	Francoise Teriierooi...	76	FRENCH POLY...	
5	#8008	Justine Whitaker	83	CANTERBURY ...	6.32m
6	#7533	Sherry Farmer	77	CANTERBURY ...	5.70m
7	#7538	Annette Parlane	78	WAIKATO BAY ...	
8	#8011	Barbara Austin	80	NORTHLAND ...	6.52m

#146 Women's Javelin 50-59 Finals 500gm

🕒 11:45 AM

Combined with W60-69

Flight 1

1	#5007	Althea Mackie	54	AUSTRALIAN ...	17.99m
2		Faye Morgan	50	OVERSEAS	
3	#5507	Dale McMillan	57	MANAWATU W...	23.09m
4	#5521	Theresa Bartlett	55	WELLINGTON ...	23.10m
5	#5511	Denise Fellows	58	WAIKATO BAY ...	
6	#5039	Peta Leitu	52	AUCKLAND M...	
7	#5501	Brenda Davis	55	WAIKATO BAY ...	21.00m
8	#5014	Michelle Bitcheno	50	WAIKATO BAY ...	14.00m
9	#5026	Kerry Rattray	53	WAIKATO BAY ...	11.00m
10	#5017	Faye Morgan	50	AUSTRALIAN ...	

#147 Women's Javelin 60-69 Finals 500gm

🕒 11:45 AM

Combined with W50-59

Flight 1

1	#6029	Tania Hodges	60	WAIKATO BAY ...	
2	#6040	Tina Ryan	61	TARANAKI MA...	
3	#6027	Alison Newall	64	OTAGO MASTE...	17.74m
4	#6043	Karine Yu Tsuen	61	FRENCH POLY...	
5	#6037	Karen Hulena	61	AUCKLAND M...	
6	#6011	Anne Goulter	62	AUCKLAND M...	16.00m
7	#6053	Jill Hayman	63	AUCKLAND M...	18.83m
8	#6052	Rauru Faau	63	AUCKLAND M...	11.00m
9	#6034	Nadine Fea	61	CANTERBURY ...	

#148 Women's Discus 30-49 Finals 1.0kg

🕒 11:45 AM

No. 2 Throwing Circle

Flight 1

1	#3015	Kirsty Halliday	34	NORTHLAND ...	
2	#3522	Ana-Mree Ngaheu	38	WAIKATO BAY ...	21.73m
3	#3526	Anna Lynch	39	CANTERBURY ...	33.00m
4	#3504	Sarah Hockley	38	WAIKATO BAY ...	28.07m
5	#3009	Taufa Fonua	32	AUCKLAND M...	
6	#4016	Louise Teariki	40	FRENCH POLY...	
7	#3006	Sarah-Amy Rhind	30	AUCKLAND M...	
8	#3512	Kovieva Tuugahala	35	FRENCH POLY...	
9	#4005	Sam Holliss	44	TARANAKI MA...	21.22m
10	#4026	Annmarie McDonald	43	WAIKATO BAY ...	27.90m
11	#4025	Jennifer Kavetoea	43	WAIKATO BAY ...	21.62m

Flight 2

1	#4564	Cecile Choleau-Tap...	49	FRENCH POLY...	
2	#4563	Marcia Taylor	49	WAIKATO BAY ...	
3	#4565	Trudy Derbyshire	49	NORTHLAND ...	22.42m
4	#4542	Rochelle Ellison-Lu...	46	COOK ISLANDS	
5	#4558	Rachael Savage	48	WAIKATO BAY ...	22.63m
6	#4560	Ayaka Stewart	48	CANTERBURY ...	
7	#4561	Odette Teriitaohia	48	FRENCH POLY...	
8	#4544	Heidi-Jane Humphr...	46	WELLINGTON ...	18.81m

#149 Women's Discus Para Finals

🕒 11:45 AM

No. 2 Throwing Circle
Combined with W30-49

Flight 1

1	#4554	Tara Lewis T/F44	47	AUCKLAND M...	15.00m
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#156 Men's High Jump 30-54 Finals

🕒 1:30 PM

Flight 1

1	#4568	Rob Lyle	49	AUCKLAND M...	1.55m
2	#5015	Melvin Ceasar	50	NORTHLAND ...	
3	#4525	Johnny Eketone	48	CANTERBURY ...	1.66m
4	#3505	Nivarthana Warnak...	38	AUCKLAND M...	1.40m
5	#4539	Jacob Potgieter	45	AUCKLAND M...	1.63m
6	#3014	Warren Ginige	34	AUCKLAND M...	1.35m
7	#4551	Jacques Gouws	48	AUCKLAND M...	1.65m
8	#3503	Ryan Smith	36	AUCKLAND M...	

#152 Men's Weight Throw 30-49 Finals

15.88kg

🕒 1:30 PM

Combined with M50-54

Flight 1

1	#4553	Clynton Janke	47	AUCKLAND M...	
2	#4021	Joden Pratten	42	CANTERBURY ...	9.50m
3	#3007	Todd Bates	31	OTAGO MASTE...	16.00m
4	#4507	Shaka Sola	48	SAMOA MAST...	9.56m
5	#4001	Iona Junior Lupena	41	COOK ISLANDS	10.00m
6	#4562	Arno Van Der West...	48	AUCKLAND M...	15.38m
7	#3014	Warren Ginige	34	AUCKLAND M...	
8	#3519	Kesiano Liufau	37	FRENCH POLY...	
9	#4539	Jacob Potgieter	45	AUCKLAND M...	10.14m

#153 Men's Weight Throw 50-54 Finals

11.34kg

🕒 1:30 PM

Combined with M30-49

Flight 1

1	#5036	Iain Rattray	51	WAIKATO BAY ...	10.71m
2	#5019	Joshua Sharkey	50	WELLINGTON ...	
3	#5031	Pesile Fa'au	54	AUCKLAND M...	9.40m
4	#5037	Roland Van den Till...	52	AUCKLAND M...	
5	#5027	David Sexton	53	HAWKES BAY ...	12.60m

#154 Women's Triple Jump 30+ Finals

🕒 1:30 PM

Flight 1

1	#6027	Alison Newall	64	OTAGO MASTE...	6.76m
2	#7046	Carey Dickason	74	TASMAN MAS...	5.22m
3	#7051	Joy Baker	73	TARANAKI MA...	
4	#4558	Rachael Savage	48	WAIKATO BAY ...	
5	#5521	Theresa Bartlett	55	WELLINGTON ...	
6	#7013	Noeline Burden	71	OTAGO MASTE...	5.80m

#155 Women's Triple Jump OPEN Finals

🕒 1:30 PM

Flight 1

1	#2901	Anna Fraser (Nee T...	29	WELLINGTON ...	12.31m
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#157 Men's Hammer 70-79 Finals 4.0kg

🕒 1:45 PM

Combined with M80+

Flight 1

2	#7033	Tapendra Singh So...	71	AUCKLAND M...	
3	#7022	Lester Laughton	73	SOUTHLAND ...	32.00m
4	#7037	Lindsay Walker	72	CANTERBURY ...	29.41m
5	#7050	Mark Wyndham-Jo...	74	ENGLAND MA...	
6	#7528	Mark Powell	76	AUCKLAND M...	21.62m
7	#7041	Chris Thompson	73	AUCKLAND M...	
8	#7522	Kennedy Garland	75	NORTHLAND ...	21.82m
9	#7516	Richard Davison	75	CANTERBURY ...	34.60m

#158 Men's Hammer 80+ Finals 3.0kg

🕒 1:45 PM

Combined with M70-79

Flight 1

1	#9004	Ronald Johnson	92	AUCKLAND M...	18.00m
2	#8504	Alan Hunter	87	CANTERBURY ...	16.51m
3	#8012	Fernand Chaves	80	FRENCH POLY...	
4	#9005	Jim Blair	93	OTAGO MASTE...	17.07m

#159 Men's Shot Put 55-59 Finals 6.0kg

🕒 2:00 PM

Combined with M60-69

Flight 1

1	#5550	Peter McCutcheon	57	AUCKLAND M...	
2	#5510	Domnic D'Silva	58	AUCKLAND M...	7.53m
3	#5546	Adrian Stockill	59	WELLINGTON ...	
4	#5548	Henry Rogo	56	AUCKLAND M...	11.10m
5	#5533	Simon Kay	57	AUCKLAND M...	8.35m
6	#5536	Laini Inivale	58	AUCKLAND M...	
7	#5530	Miles Holt	56	NORTHLAND ...	6.26m

#160 Men's Shot Put 60-69 Finals 5.0kg

🕒 2:00 PM

Combined with M55-59

Flight 1

1	#6051	Brian Curry	63	MANAWATU W...	9.76m
2	#6517	John Rawcliffe	66	TASMAN MAS...	
3	#6044	Duane Duggan	62	AUCKLAND M...	9.00m
4	#6045	Wesley Faui	62	AUCKLAND M...	10.88m
5	#6014	Bruce Solomon	62	WAIKATO BAY ...	11.00m
6	#6033	Jon Randall Farrant	61	WAIKATO BAY ...	11.71m
7	#6528	James Thomas	67	AUCKLAND M...	
8	#6524	Siaosi Gavet	66	SAMOA MAST...	12.05m
9	#6060	Richard Doyle	60	TARANAKI MA...	8.80m

#161 Women's Javelin 70-74 Finals 500gm

🕒 2:00 PM

Combined with W75+

Flight 1

1	#7035	Janick Aubineau	72	FRENCH POLY...	
2	#7008	Tui Ashe	74	WAIKATO BAY ...	14.13m
3	#7051	Joy Baker	73	TARANAKI MA...	
4	#7045	Nancy Bowmar	74	NORTHLAND ...	10.61m

#162 Women's Javelin 75+ Finals 400gm

🕒 2:00 PM

Combined with W70-74

Flight 1

1	#7531	Francoise Teriierooi...	76	FRENCH POLY...	
2	#7501	Anne Deleiros	76	AUCKLAND M...	10.84m
3	#8011	Barbara Austin	80	NORTHLAND ...	10.79m
4	#8008	Justine Whitaker	83	CANTERBURY ...	11.44m
5	#7519	Noni Callander	77	OTAGO MASTE...	13.66m
6	#7533	Sherry Farmer	77	CANTERBURY ...	11.54m
7	#7540	Bev Savage	79	WAIKATO BAY ...	10.60m
8	#7538	Annette Parlane	78	WAIKATO BAY ...	

#163 Women's Hammer 50-59 Finals 3.0kg

🕒 2:30 PM

Combined with W60-69

Flight 1

1	#5040	Vavae Nuia	50	AUCKLAND M...	
3	#5521	Theresa Bartlett	55	WELLINGTON ...	28.80m
4	#5501	Brenda Davis	55	WAIKATO BAY ...	39.67m
5	#5026	Kerry Rattray	53	WAIKATO BAY ...	19.97m
6	#5007	Althea Mackie	54	AUSTRALIAN ...	41.00m
7	#5511	Denise Fellows	58	WAIKATO BAY ...	23.00m
8	#5014	Michelle Bitcheno	50	WAIKATO BAY ...	31.06m
9	#5017	Faye Morgan	50	AUSTRALIAN ...	
10	#5020	Bronwen Sola	50	WELLINGTON ...	25.17m

#164 Women's Hammer 60-69 Finals 3.0kg

🕒 2:30 PM

Combined with W50-59

Flight 1

1	#6011	Anne Goulter	62	AUCKLAND M...	33.50m
2	#6029	Tania Hodges	60	WAIKATO BAY ...	
3	#6040	Tina Ryan	61	TARANAKI MA...	
4	#6027	Alison Newall	64	OTAGO MASTE...	22.88m
5	#6052	Rauru Faui	63	AUCKLAND M...	15.00m

#165 Men's High Jump 70-79 Finals

🕒 2:30 PM

Combined with M80+

Flight 1

1	#7050	Mark Wyndham-Jo...	74	ENGLAND MA...	1.20m
2	#7033	Tapendra Singh So...	71	AUCKLAND M...	
3	#7504	Desmond Phillips	77	TARANAKI MA...	1.15m
4	#7047	Yong Chyan Ding	74	AUCKLAND M...	1.00m
5	#7015	Les Scown	70	SOUTHLAND ...	1.30m
6	#7040	David Lobb	73	COOK ISLANDS	1.10m
7	#7014	Georg Ludwig	70	CANTERBURY ...	1.30m

#166 Men's High Jump 80+ Finals

🕒 2:30 PM

Combined with M70-79

Flight 1

1	#9004	Ronald Johnson	92	AUCKLAND M...	1.00m
2	#8504	Alan Hunter	87	CANTERBURY ...	0.60m
3	#8010	David Anstiss	80	AUCKLAND M...	1.30m

#167 Women's Weight Throw 30-49 Finals

9.08kg

🕒 2:30 PM

Flight 1

1	#4558	Rachael Savage	48	WAIKATO BAY ...	7.12m
3	#3522	Ana-Mree Ngaheu	38	WAIKATO BAY ...	7.15m
4	#4564	Cecile Choleau-Tap...	49	FRENCH POLY...	
5	#4025	Jennifer Kavetoea	43	WAIKATO BAY ...	7.15m
6	#3526	Anna Lynch	39	CANTERBURY ...	12.00m
7	#3512	Kovieva Tuugahala	35	FRENCH POLY...	
8	#4560	Ayaka Stewart	48	CANTERBURY ...	
9	#4561	Odette Teriitaohia	48	FRENCH POLY...	
10	#4542	Rochelle Ellison-Lu...	46	COOK ISLANDS	
11	#4016	Louise Teariki	40	FRENCH POLY...	

#168 Women's Weight Throw Para Finals

🕒 2:30 PM

Combined with W30-49

Flight 1

1	#4554	Tara Lewis T/F44	47	AUCKLAND M...	5.00m
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New Zealand Masters Track & Field Championships - 30/3/25

📍 Mt Smart Stadium, Athletics Arena 2

SUNDAY

#30 Women's 5000 Meters 30+ Finals

🕒 9:10 AM

Combined race Heat 1 WOMEN with Heat 1 MEN
Combined race Heat 2 WOMEN with Heat 2 MEN @ 9:40 a.m.

Heat 1

1	#5045	Karyn McLean	52	WELLINGTON ...	23:10.00
2	#6527	Deborah Telfer	67	SOUTHLAND ...	
3	#7530	Judith Stewart	76	NORTHLAND ...	
4	#3522	Ana-Mree Ngaheu	38	WAIKATO BAY ...	
5	#3501	Cherie Mcallister	35	AUCKLAND M...	26:34.55
6	#5552	Ady McKenzie	58	NORTHLAND ...	
7	#4015	Nanine Fouche	40	WAIKATO BAY ...	
8	#7025	Liz Hardley	70	AUCKLAND M...	

Heat 2

1	#4019	Lisa Cross	42	AUCKLAND M...	16:10.00
2	#6035	Sally Gibbs	61	MANAWATU W...	19:10.45
3	#4030	Rachel O'Brien	44	AUCKLAND M...	19:10.00

#31 Men's 5000 Meters 30+ Finals

🕒 9:40 AM

Combined race Heat 1 MEN with Heat 1 WOMEN @ 9:10 a.m.
Combined race Heat 2 MEN with Heat 2 WOMEN

Heat 1

6	#6523	Tim Cross	65	TASMAN MAS...	21:04.70
7	#7030	Malcolm Chamberlin	71	AUCKLAND M...	24:04.08
8	#7043	John Bower	74	AUCKLAND M...	
9	#7003	Gavin Smith	72	WAIKATO BAY ...	23:47.03
10	#7052	Derek Shaw	72	TASMAN MAS...	22:52.71

Heat 2

1	#5539	John Caie	59	WAIKATO BAY ...	20:20.00
2	#5036	Wim Luijpers	55	AUCKLAND M...	16:24.00
3	#4031	Matt Parsonage	44	WAIKATO BAY ...	16:27.75
4	#4552	Dwight Grieve	48	SOUTHLAND ...	16:36.79
5	#5524	Robin Miller	55	AUCKLAND M...	17:40.00
6	#4569	Allan Staite	49	CANTERBURY ...	17:43.79
7	#4533	James Conwell	45	MANAWATU W...	16:18.36
8	#4575	Malcolm Smith	46	WAIKATO BAY ...	18:41.38
9	#5033	Terry Fraser	54	WELLINGTON ...	18:56.60
10	#4537	David O'Sullivan	45	OTAGO MASTE...	
11	#5542	Armin Kashammer	59	NORTHLAND ...	
12	#5024	Graeme Morrison	52	WELLINGTON ...	17:57.88
13	#6525	Peter Richards	66	CANTERBURY ...	18:59.00
14	#6036	Paul Hewitson	61	WELLINGTON ...	18:02.00

#32 Men's 5000m Racewalk 30+ Finals

🕒 10:15 AM

Combined race with WOMEN

Heat 1

1	#7049	Clive McGovern	74	WELLINGTON ...	32.18
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#33 Women's 5000m Racewalk 30+ Finals

🕒 10:15 AM

Combined race with MEN

Heat 1

1	#4506	Catherine McCarten	47	TARANAKI MA...	31:55.18
2	#4005	Sam Holliss	44	TARANAKI MA...	33:02.73
3	#6049	Helen Willis	62	WELLINGTON ...	35:30.00
4	#7541	Jacqueline Wilson	79	WELLINGTON ...	36:13.80
5	#5531	Tracey Walsh	56	AUCKLAND M...	36:40.00
6	#3006	Sarah-Amy Rhind	30	AUCKLAND M...	40:28.00
7	#4502	Vicky Jones	46	TARANAKI MA...	40:45.96
8	#8005	Daphne Jones	83	WELLINGTON ...	44:19.16
9	#6057	Joelle Lecroart	64	FRENCH POLY...	

#34 Women's 60 Meter Dash 30+ Finals

🕒 10:50 AM

Please SCRATCH if not competing - Heats MAY be redrawn
Timed FINALS if more than 8 in ONE age group

Heat 1

3	#7515	Suzanne Su	80	WAIKATO BAY ...	13.00
4	#8017	Chris Waring	81	AUCKLAND M...	10.92
5	#8018	Carol Conte	82	AUCKLAND M...	13.90
6	#7507	Sheryl Gower	77	WAIKATO BAY ...	
7	#7531	Francoise Teriierooi...	76	FRENCH POLY...	

Heat 2

3	#7035	Janick Aubineau	72	FRENCH POLY...	
4	#7045	Nancy Bowmar	74	NORTHLAND ...	13.32
5	#7008	Tui Ashe	74	WAIKATO BAY ...	
6	#7051	Joy Baker	73	TARANAKI MA...	11.21
7	#7013	Noeline Burden	71	OTAGO MASTE...	12.00

Heat 3

1	#5017	Faye Morgan	50	AUSTRALIAN ...	
2	#5022	Lydia Bush	51	AUCKLAND M...	8.71
3	#5529	Phillipa Green	56	AUCKLAND M...	8.95
4	#5543	Louise Martin	59	CANTERBURY ...	9.39
5	#6047	Elizabeth Mitchell	62	OTAGO MASTE...	9.09
6	#6057	Joelle Lecroart	64	FRENCH POLY...	
7	#6053	Jill Hayman	63	AUCKLAND M...	9.40
8	#6043	Karine Yu Tsuen	61	FRENCH POLY...	

Heat 4

2	#4564	Cecile Choleau-Tap...	49	FRENCH POLY...	
3	#4565	Trudy Derbyshire	49	NORTHLAND ...	10.93
4	#4558	Rachael Savage	48	WAIKATO BAY ...	12.00
5	#4571	Hannah Callesen	45	MANAWATU W...	
6	#4561	Odette Teriitaohia	48	FRENCH POLY...	
7	#4538	Audrey Poaneki	45	WAIKATO BAY ...	9.40

Heat 5

2	#4032	Helen Fletcher	41	AUCKLAND M...	9.50
3	#3013	Livvy Wilson	32	AUCKLAND M...	7.48
4	#3504	Sarah Hockley	38	WAIKATO BAY ...	
5	#3010	Andriete Rodrigues	31	AUCKLAND M...	8.27
6	#4029	Penny Kee	44	AUCKLAND M...	8.64
7	#4026	Annmarie McDonald	43	WAIKATO BAY ...	8.76
8	#3017	Mariah Rininui	32	WAIKATO BAY ...	

#35 Men's 60 Meter Dash 30+ Finals

🕒 11:00 AM

Please **SCRATCH** if not competing - Heats **MAY** be redrawn
Timed **FINALS** if more than 8 in **ONE** age group

Heat 1

2	#8504	Alan Hunter	87	CANTERBURY ...	17.92
3	#8505	Stewart Foster	87	WAIKATO BAY ...	16.30
4	#9003	Jim Feist	90	AUCKLAND M...	
5	#8012	Fernand Chaves	80	FRENCH POLY...	
6	#8010	David Anstiss	80	AUCKLAND M...	10.10
7	#8016	Peter Crawford	81	WAIKATO BAY ...	10.30

Heat 2

2	#7537	Anthony Deleiros	78	AUCKLAND M...	9.70
3	#7503	Peter Michel	75	AUCKLAND M...	10.46
4	#7502	Laurie Malcolmson	75	MANAWATU W...	8.60
5	#7526	Vincent Paddam	75	OTAGO MASTE...	10.16
6	#7529	Joe Schuffelen	76	WAIKATO BAY ...	10.18

Heat 3

1	#7047	Yong Chyan Ding	74	AUCKLAND M...	21.09
2	#7015	Les Scown	70	SOUTHLAND ...	
3	#7040	David Lobb	73	COOK ISLANDS	9.90
4	#7050	Mark Wyndham-Jo...	74	ENGLAND MA...	9.70
5	#7024	Barrie Gordon	70	WELLINGTON ...	9.87
6	#7002	Trevor Watson	70	WAIKATO BAY ...	9.15
7	#7033	Tapendra Singh So...	71	AUCKLAND M...	
8	#7032	David Riddell	71	TASMAN MAS...	

Heat 4

2	#6531	Noel Barff	69	FRENCH POLY...	
3	#6515	Bruce Thomson	65	SOUTHLAND ...	9.10
4	#6501	Stephen Burden	65	WAIKATO BAY ...	8.39
5	#6511	Dennis O'Leary	69	HAWKES BAY ...	8.85

Heat 5

3	#6001	David Blackford	60	AUCKLAND M...	7.94
4	#6014	Bruce Solomon	62	WAIKATO BAY ...	8.25
5	#6059	Tim Turner	64	AUCKLAND M...	8.65
6	#6042	Stephen Te Whaiti	61	WAIKATO BAY ...	8.30
7	#6060	Richard Doyle	60	TARANAKI MA...	9.72

Heat 6

1	#5528	Mark Ford	56	WELLINGTON ...	9.00
2	#5530	Miles Holt	56	NORTHLAND ...	8.25
3	#5532	Krzysztof Wardecki	56	AUSTRALIAN ...	7.88
4	#5544	Chris Roberts	59	WELLINGTON ...	8.47
5	#5548	Henry Rogo	56	AUCKLAND M...	8.30
6	#5548	Tony Tan	59	OTAGO MASTE...	8.10
7	#5551	Mike Dreaver	58	AUCKLAND M...	8.73
8	#5541	Grant Hodges	59	AUCKLAND M...	8.00

Heat 7

3	#5028	Craig Seymour	53	AUCKLAND M...	8.68
4	#5030	Mikel Constantine	54	AUCKLAND M...	7.95
5	#5023	Lewis Turner	51	AUCKLAND M...	8.23
6	#5036	Iain Rattray	51	WAIKATO BAY ...	7.82
7	#5021	Emerson Willard	50	WELLINGTON ...	7.60

Heat 8

1	#4580	Tharindu Weeraratne	46	AUCKLAND M...	7.85
2	#4568	Rob Lyle	49	AUCKLAND M...	7.86
3	#4569	Allan Staite	49	CANTERBURY ...	9.64
4	#5003	Mark Lambert	51	AUCKLAND M...	
5	#4531	Siamak Anahid	45	AUCKLAND M...	7.92
6	#4566	Wayne Holroyd	49	AUCKLAND M...	7.79
7	#4504	Ian Lathwood	45	AUCKLAND M...	7.26
8	#4549	Ian Densie	47	SOUTHLAND ...	8.30

Heat 9

1	#4022	Andrew Weekes	42	AUCKLAND M...	7.70
2	#4023	Simon Xu	42	WAIKATO BAY ...	
3	#4505	Ian Harrington	46	AUCKLAND M...	8.34
4	#4578	Jason Stokes	48	AUCKLAND M...	
5	#4537	David O'Sullivan	45	OTAGO MASTE...	
6	#4556	Simon Potter	47	AUCKLAND M...	
7	#4546	James Maltby	46	AUCKLAND M...	8.38
8	#4547	Daniel Parrott	46	MANAWATU W...	

Heat 10

2	#3516	Gulab Singh	36	AUCKLAND M...	7.50
3	#3525	Daniel Lowe	39	AUCKLAND M...	8.13
4	#3503	Ryan Smith	36	AUCKLAND M...	7.89
5	#3524	Brayden Grant	39	MANAWATU W...	7.65
6	#3014	Warren Ginige	34	AUCKLAND M...	8.20
7	#3505	Nivarthana Warnak...	38	AUCKLAND M...	7.98
8	#3506	Remy Le Brun	36	TASMAN MAS...	7.24

#36 Women's 200 Meters 30+ Finals

🕒 11:35 AM

Please **SCRATCH** if not competing - Heats **MAY** be redrawn

Heat 1

2	#6053	Jill Hayman	63	AUCKLAND M...	32.00
3	#6047	Elizabeth Mitchell	62	OTAGO MASTE...	29.73
4	#6529	Christine Adamson	68	AUCKLAND M...	35.00
5	#7051	Joy Baker	73	TARANAKI MA...	40.42
6	#7507	Sheryl Gower	77	WAIKATO BAY ...	
7	#8017	Chris Waring	81	AUCKLAND M...	39.08

Heat 2

2	#4565	Trudy Derbyshire	49	NORTHLAND ...	36.39
3	#5543	Louise Martin	59	CANTERBURY ...	32.12
4	#5529	Phillipa Green	56	AUCKLAND M...	29.75
5	#5022	Lydia Bush	51	AUCKLAND M...	29.90
6	#4571	Hannah Callesen	45	MANAWATU W...	
7	#4536	Ai Osugi	45	AUCKLAND M...	30.00

Heat 3

3	#4026	Annmarie McDonald	43	WAIKATO BAY ...	28.85
4	#4032	Helen Fletcher	41	AUCKLAND M...	32.10
5	#3016	Kate Waltman	34	AUCKLAND M...	
6	#4029	Penny Kee	44	AUCKLAND M...	28.23
7	#3010	Andriete Rodrigues	31	AUCKLAND M...	27.86
8	#3504	Sarah Hockley	38	WAIKATO BAY ...	31.77

#37 Men's 200 Meters 30+ Finals

🕒 11:45 AM

Please SCRATCH if not competing - Heats MAY be redrawn

Heat 1

3	#8012	Fernand Chaves	80	FRENCH POLY...	
4	#8010	David Anstiss	80	AUCKLAND M...	35.28
5	#7539	Alan Jones	80	TARANAKI MA...	43.63
6	#8016	Peter Crawford	81	WAIKATO BAY ...	46.00

Heat 2

3	#7504	Desmond Phillips	77	TARANAKI MA...	
4	#7529	Joe Schuffelen	76	WAIKATO BAY ...	34.39
5	#7502	Laurie Malcolmson	75	MANAWATU W...	31.20
6	#7537	Anthony Deleiros	78	AUCKLAND M...	32.30
7	#7526	Vincent Paddam	75	OTAGO MASTE...	35.32

Heat 3

3	#7002	Trevor Watson	70	WAIKATO BAY ...	30.99
4	#7015	Les Scown	70	SOUTHLAND ...	
5	#7014	Georg Ludwig	70	CANTERBURY ...	31.00
6	#7032	David Riddell	71	TASMAN MAS...	
7	#7048	Jonathon Harper	74	CANTERBURY ...	37.85

Heat 4

3	#6511	Dennis O'Leary	69	HAWKES BAY ...	29.04
4	#6515	Bruce Thomson	65	SOUTHLAND ...	29.90
5	#6501	Stephen Burden	65	WAIKATO BAY ...	27.69
6	#6531	Noel Barff	69	FRENCH POLY...	

Heat 5

2	#6060	Richard Doyle	60	TARANAKI MA...	33.29
3	#6014	Bruce Solomon	62	WAIKATO BAY ...	28.50
4	#6022	Barry Helem	64	CANTERBURY ...	31.82
5	#6001	David Blackford	60	AUCKLAND M...	25.75
6	#6050	Bruce Cortesi	63	WAIKATO BAY ...	29.28
7	#6059	Tim Turner	64	AUCKLAND M...	28.18

Heat 6

1	#5528	Mark Ford	56	WELLINGTON ...	
2	#5544	Chris Roberts	59	WELLINGTON ...	29.37
3	#5530	Miles Holt	56	NORTHLAND ...	27.96
4	#5548	Tony Tan	59	OTAGO MASTE...	26.10
5	#5541	Grant Hodges	59	AUCKLAND M...	26.00
6	#5532	Krzysztof Wardecki	56	AUSTRALIAN ...	25.56
7	#5548	Henry Rogo	56	AUCKLAND M...	29.80
8	#5551	Mike Dreaver	58	AUCKLAND M...	

Heat 7

1	#5510	Domnic D'Silva	58	AUCKLAND M...	33.75
2	#5030	Mikel Constantine	54	AUCKLAND M...	29.36
3	#5028	Craig Seymour	53	AUCKLAND M...	29.49
4	#5021	Emerson Willard	50	WELLINGTON ...	25.50
5	#5036	Iain Rattray	51	WAIKATO BAY ...	25.68
6	#5018	Hayden Robinson	50	MANAWATU W...	24.65
7	#5015	Melvin Ceasar	50	NORTHLAND ...	
8	#5032	Lee Fairclough	54	AUCKLAND M...	

Heat 8

2	#4580	Tharindu Weeraratne	46	AUCKLAND M...	25.77
3	#4568	Rob Lyle	49	AUCKLAND M...	25.11
4	#5003	Mark Lambert	51	AUCKLAND M...	23.37
5	#4566	Wayne Holroyd	49	AUCKLAND M...	23.51
6	#4504	Ian Lathwood	45	AUCKLAND M...	23.44
7	#4519	Gareth Noble	45	OTAGO MASTE...	26.11
8	#4547	Daniel Parrott	46	MANAWATU W...	26.00

Heat 9

1	#4546	James Maltby	46	AUCKLAND M...	30.00
2	#4556	Simon Potter	47	AUCKLAND M...	29.50
3	#4537	David O'Sullivan	45	OTAGO MASTE...	
4	#4549	Ian Densie	47	SOUTHLAND ...	27.76
5	#3506	Remy Le Brun	36	TASMAN MAS...	23.09
6	#3524	Brayden Grant	39	MANAWATU W...	24.02
7	#3516	Gulab Singh	36	AUCKLAND M...	24.24
8	#3503	Ryan Smith	36	AUCKLAND M...	26.03

#38 Women's 800 Meters 30+ Finals

🕒 12:30 PM

Mature MEN may be combined with WOMEN

Heat 1

1	#7536	Loris Reed	77	WAIKATO BAY ...	
2	#6529	Christine Adamson	68	AUCKLAND M...	3:15.00
3	#6037	Karen Hulena	61	AUCKLAND M...	3:27.40
4	#5552	Ady McKenzie	58	NORTHLAND ...	
5	#6035	Sally Gibbs	61	MANAWATU W...	

Heat 2

2	#4523	Jo Van Rensburg	46	TASMAN MAS...	2:27.00
3	#3520	Ayesha Shafi	37	WELLINGTON ...	2:28.00
4	#4532	Vic Chapman	45	CANTERBURY ...	2:38.17
5	#3518	Jenny Gater	37	WAIKATO BAY ...	2:23.03
6	#3501	Cherie Mcallister	35	AUCKLAND M...	3:01.44
7	#4544	Heidi-Jane Humphr...	46	WELLINGTON ...	2:56.41
8	#4030	Rachel O'Brien	44	AUCKLAND M...	2:45.00

#39 Men's 800 Meters 30+ Finals

🕒 12:40 PM

Mature MEN may be combined with WOMEN

Heat 1

1	#7032	David Riddell	71	TASMAN MAS...	
2	#8012	Fernand Chaves	80	FRENCH POLY...	
3	#7034	Rodger Ward	71	CANTERBURY ...	2:45.00
4	#7539	Alan Jones	80	TARANAKI MA...	3:51.21
5	#8019	Colin MacLeod	82	NORTHLAND ...	
6	#7048	Jonathon Harper	74	CANTERBURY ...	3:27.24
7	#7030	Malcolm Chamberlin	71	AUCKLAND M...	
8	#8013	Anson Clapcott	80	NORTHLAND ...	3:35.22

Heat 2

1	#6041	Chris Strickland	61	AUSTRALIAN ...	2:35.00
2	#6525	Peter Richards	66	CANTERBURY ...	2:36.00
3	#6038	Michael Iddon	61	AUCKLAND M...	2:39.64
4	#6022	Barry Helem	64	CANTERBURY ...	2:42.58
5	#6523	Tim Cross	65	TASMAN MAS...	2:45.00
6	#6526	Ian Calder	67	NORTHLAND ...	2:29.83
7	#6054	Robert Homan	63	OTAGO MASTE...	
8	#6530	Greg Boyd	68	AUCKLAND M...	2:51.37
9	#6030	Peter Stevens	60	WELLINGTON ...	2:17.74
10	#6058	Phil Sadgrove	64	WELLINGTON ...	2:31.84

Heat 3

2	#5024	Graeme Morrison	52	WELLINGTON ...	
3	#5526	Mark Cornaga	56	WAIKATO BAY ...	2:09.36
4	#4524	Sean Barnes	48	CANTERBURY ...	2:18.67
5	#5018	Hayden Robinson	50	MANAWATU W...	2:19.00
6	#5013	Philip Harrison	54	CANTERBURY ...	2:23.01
7	#4569	Allan Staite	49	CANTERBURY ...	2:28.58
8	#5036	Iain Rattray	51	WAIKATO BAY ...	2:28.75
9	#5033	Terry Fraser	54	WELLINGTON ...	2:45.00
10	#4537	David O'Sullivan	45	OTAGO MASTE...	
11	#4552	Dwight Grieve	48	SOUTHLAND ...	
12	#4578	Jason Stokes	48	AUCKLAND M...	
13	#5542	Armin Kashammer	59	NORTHLAND ...	
14	#5036	Wim Luijpers	55	AUCKLAND M...	2:08.00

Heat 4

1	#4541	Paul Crowhurst	46	AUCKLAND M...	2:08.00
2	#4035	Adam Steinmetz	44	WELLINGTON ...	
3	#4576	Ben Winder	47	AUCKLAND M...	2:11.00
4	#4007	David Catherwood	43	CANTERBURY ...	2:07.10
5	#3005	James Reid	30	AUCKLAND M...	1:55.96
6	#4020	Craig Oliver	42	CANTERBURY ...	1:59.94
7	#4533	James Conwell	45	MANAWATU W...	2:08.40
8	#4027	Michael Hale	44	AUCKLAND M...	2:18.00
9	#3513	Zaan Janse	36	WELLINGTON ...	2:01.56
10	#4515	Alan Houghton	49	AUCKLAND M...	2:12.00
11	#4031	Matt Parsonage	44	WAIKATO BAY ...	2:14.45
12	#4018	Luke Strom	41	AUCKLAND M...	2:18.00

SUNDAY COMBINED EVENTS Entries / Schedule:

At the time of creating this printed booklet, the exact start times for ALL Combined Events has yet to be determined.

A full list of entries is available on ATHLETICLIVE and we hope to add start times ASAP.

Due to the number of entries, it will be a challenging exercise to deliver the events within the time available. We ask that you work with the officials, who are all volunteers doing the best they can.

NZMA Women's Track & Field National and Championship Records (Updated Mar 2024)						
60m		NZMA National Record		NZMA Championship Record		
W30	R Coster [AKL]	7.56 (+1.7)	23/03/2019	F Centers [OTG]	8.00 (+1.2)	02/03/2019
W35	H Dinnissen [CAN]	7.85 (+1.6)	15/01/2022	E Milne [TAS]	8.26 (+1.4)	29/02/2020
W40	J Jones [TAS]	8.20 (+0.7)	10/03/2021	J Jones [TAS]	8.27 (0.0)	18/02/2024
W45	C Brunner [AKL]	8.21 (+0.8)	15/03/2017	S Rothkopf [AKL]	8.71 (-0.2)	04/03/2012
W50	E Wilson [OTG]	8.46 (+0.1)	8/11/2014	E Wilson [OTG]	8.47 (-1.4)	27/02/2016
W55	E Wilson [OTG]	8.54 (+1.7)	22/01/2018	P Green [AKL]	8.84 (-0.1)	18/02/2024
W60	L Mitchell [OTG]	9.12 (1.6)	16/02/2025	E Mitchell [OTG]	9.19 (-0.1)	18/02/2024
W65	S Gower [WBP]	9.66	06/10/2015	S Gower [WBP]	9.68 (-1.2)	03/03/2013
W70	S Gower [WBP]	9.75 (-0.4)	02/03/2019	S Gower [WBP]	9.75 (-0.4)	02/03/2019
W75	S Gower [WBP]	10.24 (+0.3)	02/12/2023	C Waring [AKL]	10.38 (+0.5)	02/03/2019
W80	C Waring [AKL]	10.86 (+0.7)	10/11/2024	C Waring [AKL]	10.87 (+1.7)	18/02/2024
W85	M Petley [WBP]	14.00 (-0.7)	28/02/2015	M Petley [WBP]	14.00 (-0.7)	28/02/2015
W90	C Van der Veeke [NTH]	19.91 (-0.8)	07/10/2023			
100m		NZMA National Record		NZMA Championship Record		
W30	R Coster [AKL]	11.83 (+1.6)	21/03/2019	W Brown [NTH]	12.2h	1980
				B Peterson [CAN]	12.2h	1992
W35	B Peterson [CAN]	12.15	1993	W Brown [NTH]	12.5h	1987
W40	W Brown [NTH]	12.50	1990	W Brown [NTH]	13.05	1991
				J Parker [TAS]	12.9h	1977
W45	C Mills [AKL]	12.71	1979	C Mills [AKL]	13.03	1979
W50	E Wilson [OTG]	13.19	8/11/2014	E Wilson [OTG]	13.41 (-0.1)	27/02/2016
W55	E Wilson [OTG]	13.49 (+1.7)	22/01/2018	E Wilson [OTG]	13.91 (+1.2)	02/03/2019
W60	S Peterson [CAN]	13.9h	1989	E Mitchel [OTG]	14.33 (+1.7)	18/02/2024
W65	S Peterson [CAN]	14.62	1994	M Peters [AKL]	15.12	04/03/2000
W70	M Peters [AKL]	15.16	21/03/2004	M Peters [AKL]	15.82	06/03/2004
W75	M Peters [AKL]	16.03	2009	M Peters [AKL]	16.70 (-0.7)	07/03/2009
W80	C Waring [AKL]	17.84 (+1.6)	14/12/2024	C Waring [AKL]	18.24 (1.6)	18/02/2024
W85	M Petley [WBP]	22.43 (+1.8)	01/03/2014	M Petley [WBP]	22.43 (+1.8)	01/03/2014
W90	C Van der Veeke [NTH]	35.94 (+1.4)	07/10/2023			
200m		NZMA National Record		NZMA Championship Record		
W30	F Morrison [CAN]	24.62 (+0.7)	02/02/2019	W Brown [NTH]	24.7h	1980
	F Centers [OTG]	24.62 (+0.7)	02/02/2019			
W35	B Peterson [CAN]	24.89	1993	W Brown [NTH]	25.72	1987
W40	W Brown [NTH]	26.00	1990	W Brown [NTH]	25.7h	1991
	W Brown [NTH]	25.7h	1991			
W45	C Mills [AKL]	26.58	1979	C Mills [AKL]	26.58	1979
W50	E Wilson [OTG]	26.83	01/11/2016	E Wilson [OTG]	27.44 (-1.3)	28/02/2016
W55	E Wilson [OTG]	27.74 (+0.2)	09/09/2018	E Wilson [OTG]	28.84 (-1.3)	03/03/2019
W60	S Peterson [CAN]	30.00	1989	M Peters [AKL]	30.10	1994
W65	M Peters [AKL]	31.00	1999	S Peterson [CAN]	31.38	1994
W70	M Peters [AKL]	31.45	2004	M Peters [AKL]	32.22	07/03/2004
W75	M Peters [AKL]	34.55	2009	M Peters [AKL]	35.53	08/03/2009
W80	C Waring [AKL]	39.08 (-2.0)	18/01/2025	C Waring [AKL]	40.00 (-1.5)	18/02/2024
W85	M Petley [WBP]	52.21	10/08/2015	M Petley [WBP]	54.58	01/03/2015
400m		NZMA National Record		NZMA Championship Record		
W30	M Stephen [CAN]	56.45	2001	M Stephen [CAN]	59.28	16/03/2002
				C Sole [TAR]	59.1h	1978
W35	M Stephen [CAN]	56.98	2002	C Turner [TAR]	58.3h	1984
W40	C Mills [AKL]	58.9h	1975	C Turner [TAR]	60.1h	1992
W45	C Mills [AKL]	59.68	1981	A Hathaway [NTH]	63.0h	1993

W50	G Kirkman [CAN]	60.83	16/03/2002	G Kirkman [CAN]	60.83	16/03/2002
W55	E Wilson [OTG]	63.98	14/09/2018	E Wilson [OTG]	66.50	01/03/2019
W60	G Kirkman [STH]	67.93	16/10/2013	G Kirkman [STH]	68.93	02/03/2013
W65	G Kirkman [STH]	71.83	25/01/2018	L Laban [CAN]	77.40	03/03/2017
W70	S Gower [WBP]	77.76	14/09/2018	G Kirkman [STH]	1:19.53	04/12/2022
W75	M Peters [AKL]	87.2	2009	C Waring [AKL]	1:28.54	01/03/2019
W80	M Petley [WBP]	91.1	2009	C Waring [AKL]	1:46.20	18/02/2024
W85	C van der Veeken [NTH]	137.54	26/10/2016	C van der Veeken	2:49.00	02/03/2018
800m				NZMA Championship Record		
W30	L Nagel [AKL]	2:05.37	20/01/2024	G Talbot [CAN]	2:23.1	1985
W35	J Merrifield	2:09.7	1991	E Smeaton [CAN]	2:18.7	1992
W40	E Smeaton [CAN]	2:15.87	1993	A Hare [WLG]	2:20.34	05/03/2006
W45	S Gibbs [WBP]	2:19.72	2010	S Gibbs [WBP]	2:22.48	06/03/2011
W50	G Kirkman [CAN]	2:20.01	17/03/2002	G Kirkman [CAN]	2:20.01	17/03/2002
W55	M Orman [TAS]	2:32.6	1997	J McDonald [WLG]	2:36.39	06/03/2011
W60	S Gibbs [MWA]	2:39.12	02/12/2023	S Gibbs [MWA]	2:39.91	18/02/2024
W65	G Kirkman [STH]	2:46.39	04/02/2017	C Adamson [AKL]	3:01.35	04/12/2022
W70	G Kirkman [STH]	3:04.67	10/12/2021	G Kirkman [STH]	3:15.11	18/02/2024
W75	L Reed [WBP]	3:28.78	18/02/2024	L Reed [WBP]	3:28.78	18/02/2024
W80	M Rough [OTG]	3:55.65	15/11/2020			
W85	C van der Veeken	5:46.06	26/10/2016			
1500m				NZMA National Record		
W30	C Buscomb [WBP]	4:12.30	01/04/2021	M Benjamin	4:52.3	1980
W35	T Faulkner [WLG]	4:26.93	19/12/2017	P Davey [MWA]	4:44.9	1983
W40	A Hare [WLG]	4:35.74	2006	A Hare [WLG]	4:46.54	04/03/2006
W45	H Matthews [AKL]	4:36.58	1992	S Gibbs [WBP]	4:42.89	05/03/2011
W50	S Gibbs [WBP]	4:45.94	28/02/2015	S Gibbs [WBP]	4:45.94	28/02/2015
W55	S Gibbs [WBP]	4:54.96	16/09/2018	S Gibbs [WBP]	5:05.46	29/02/2020
W60	S Gibbs [MWA]	5:06.04	02/12/2023	S Gibbs [MWA]	5:14.21	18/02/2024
W65	L Reed [CAN]	6:02.81	01/12/2012	L Reed [CAN]	6:03.09	02/03/2013
W70	M Rough [OTG]	6:30.41	2010	M Rough [OTG]	6:48.40	01/03/2014
W75	L Reed [WBP]	6:55.39	03/12/2022	L Reed [WBP]	6:55.39	03/12/2022
W80	M Rough [OTG]	7:35.93	14/11/2020	C van der Veeken	9:43.45	03/03/2012
W85	E Mercier [CAN]	11:07.40	2008			
3000m				NZMA National Record		
W30	C Buscomb [WBP]	8:58:10	28/05/2021	M Benjamin	10:59.3	1980
W35	M O'Connor [CAN]	9:22.09	1993	B Shingles [MWA]	10:10.6	1976
W40	M O'Connor [CAN]	9:42.45	1996	R Haymes	10:35.8	1979
W45	H Matthews [AKL]	9:47.47	1992	J Miles [CAN]	11:42.3	1980
W50	S Gibbs [WBP]	9:54.83	01/01/2015	S Gibbs [WBP]	10:19.02	02/03/2018
W55	S Gibbs [WBP]	10:20.55	02/11/2019	S Gibbs [WBP]	10:39.97	28/02/2020
W60	S Gibbs [MWA]	10:39.48	02/12/2023	S Gibbs [MWA]	10:53.50	18/02/2024
W65	M Allison [WLG]	12:27.51	02/12/2022	M All [WLG]	12:27.51	02/12/2022
W70	L Reed [CAN]	13:41.60	10/11/2017	J Stewart [NTH]	14:26.98	01/03/2019
W75	M Rough [OTG]	14:47.97	07/11/2015	L Reed [WBP]	15:03.79	18/02/2024
W80	M Rough [OTG]	17:00.94	06/11/2021			
W85	E Mercier [CAN]	24:19.9	2008			

5,000m		NZMA National Record		NZMA Championship Record		
W30	C Buscomb [WBP]	15:23.90	01/07/2021	C Alderton [NTH]	18 10.45	1993
W35	M O'Connor [CAN]	16:03.12	1993	V Humphries [WLG]	17:41.15	15/03/2002
W40	L Cross [AKL]	16:26.53	16/12/2023	N Carroll [WLG]	16:48.28	02/04/2010
W45	S Gibbs [WBP]	16:44.53	2012	S Gibbs [WBP]	16:46.97	02/03/2012
W50	S Gibbs [WBP]	17:24.54	01/03/2015	S Gibbs [WBP]	17:24.54	27/02/2015
W55	S Gibbs [WBP]	17:45.52	12/09/2018	S Gibbs [WBP]	17:59.90	01/03/2020
W60	S Gibbs [MWA]	17:50.72	22/03/2024	S Gibbs [MWA]	18:17.11	18/02/2024
W65	M Allison [WLG]	21:23.94	04/12/2022	M Allison [WLG]	21:23.94	04/12/2022
W70	J Stewart [NTH]	23:54.27	03/03/2019	J Stewart [NTH]	23:54.27	03/03/2019
W75	M Rough [OTG]	25:30.17	13/02/2016	B Patrick [OTA]	26:13.10	04/12/2022
W80						
W85	E Mercier [CAN]	39:50.80	2008			
1500m Track Walk		NZMA National Record		NZMA Championship Record		
W30	R Robinson [CAN]	8:07.23	18/02/2024	R Robinson [CAN]	8:07.23	18/02/2024
W35						
W40	S Holliss [TAR]	9:15.10	18/02/2024	S Holliss [TAR]	9:15.10	18/02/2024
W45	C McCarte [TAR]	8:33.54	18/02/2024	C McCarte [TAR]	8:33.54	18/02/2024
W50	A Wong-Tung [WLG]	10:45.76	03/12/2022	A Wong-Tung [WLG]	10:45.76	03/12/2022
W55	S Coombes [TAR]	8:47.38	18/02/2024	S Coombes [TAR]	8:47.38	18/02/2024
W60	A Newall [OTG]	09:54.34	18/02/2024	A Newall [OTG]	9:54.34	18/02/2024
W65	D Sanderson [OTG]	11:18.08	27/01/2025			
W70						
W75	J Wilson [WLG]	9:52.44	10/03/2023	J Wilson [WLG]	9:53.25	03/12/2022
W80	D Jones [WLG]	11:23.11	03/12/2022	D Jones [WLG]	11:27.76	18/02/2024
W85						
3000m Track Walk		NZMA National Record		NZMA Championship Record		
W30	A Barber [AKL]	13:09.95	06/02/2021	R Robinson [CAN]	17:38.10	18/02/2024
W35	G Gorst [HBG]	13:35.12	2002	G Gorst [HBG]	13:48.24	07/03/2003
W40	D Barrett [NTH]	14:36.47	2000	D Barrett [NTH]	14:49.02	03/03/2000
W45	N Aymes [TAS]	14:48.06	2001	C Smith [NTH]	15:21.22	27/02/2015
W50	C Smith [NTH]	15:14.78	17/03/2017	C Smith [NTH]	15:49.59	02/03/2018
W55	C Smith [NTH]	16:32.09	09/02/2022	L Foster [WBP]	17:34.5	22/03/1996
W60	S Hoskin [MWA]	17:44.17	01/03/2013	S Hoskin [MWA]	17:44.17	01/03/2013
W65	J Wilson [WLG]	18:35.89	15/02/2015	J Wilson [WLG]	19:01.72	27/02/2015
W70	J Wilson [WLG]	18:27.80	26/01/2018	J Wilson [WLG]	18:57.04	02/03/2018
W75	J Wilson [WLG]	19:18.90	26/02/2021	J Wilson [WLG]	19:18.90	26/02/2021
W80	D Jones [WLG]	22:53.85	20/02/2022	D Jones [WLG]	23:34.38	18/02/2024
5000m Track Walk		NZMA National Record		NZMA Championship Record		
W30	A Barber [AKL]	21:55.62	28/02/2021	R Robinson [CAN]	30:26.01	18/02/2024
W35	G Gorst [HBG]	23:04.72	2003			
W40	J Jackson [AKL]	24:50.85	1987	S Holliss [TAR]	35:43.48	18/02/2024
W45	N Aymes [TAS]	26:40.36	2001	C McCarter (TAR)	32:19.44	18/02/2024
W50	C Smith [NTH]	27:05.31	27/11/2016	C Smith [NTH]	27:18.83	04/03/2018
W55	S Hoskin [MWA]	29:52.70	2009	S Coombes [TAR]	31:08.22	28/02/2021
W60	S Hoskin [MWA]	30:59 h	2012	T Large [WBP]	34:05.66	04/03/2018
W65	S Hoskin [WLG]	31:38.35	27/10/2016			
W70	J Wilson [WLG]	31:43.15	27/10/2016	J Wilson [WLG]	32:09.63	04/03/2018
W75	J Wilson [WLG]	31:58.65	28/02/2021	J Wilson [WLG]	31:58.65	28/02/2021
W80	D Jones [WLG]	40:10.89	02/12/2023	D Jones [WLG]	40:53.19	18/02/2024

2000m Steeplechase		NZMA National Record		NZMA Championship Record		
W30	S Taylor [HBG]	7:40.5h	1993	L Smidt [TAS]	8:19.63	03/12/2022
W35	S Taylor [HBG]	7:19.88	1993	S Taylor [HBG]	7:19.88	1993
W40	K Gillum-Green [TAR]	7:37.90	2001	K Gillum-Green [TAR]	7:39.42	10/03/2001
W45	M Orman [TAS]	7:38.08	1991	M Orman [TAS]	7:52.8h	1991
W50	M Orman [TAS]	7:43.99	1993	M Orman [TAS]	7:43.99	1993
W55	M Orman [TAS]	7:58.43	27/07/1997	M Orman [TAS]	8:13.4h	15/03/1997
W60	L Reed [CAN]	8:45.43	2008	L Reed [CAN]	8:58.09	03/04/2010
W65	M Allison [WLG]	9:18.51	28/11/2020	L Reed [CAN]	9:37.70	27/02/2016
W70	L Reed [CAN]	9:43.19	11/11/2017	L Reed [WBP]	10:28.35	29/02/2020
W75	D Cumming [HBG]	12:03.04	2009	D Cumming [HBG]	12:12.84	03/04/2010
W80	C van der Veeken	14:47.28	03/03/2012	C van der Veeken	14:47.28	03/03/2012
W85	C van der Veeken	18:30.80	06/11/2016			
Short Hurdles		NZMA National Record		NZMA Championship Record		
W30	100mH: F Morrison [CAN]	13.62 (+0.5)	07/03/2020	C Sole [TAR]	15.58	1980
W35	100mH: H Dinnissen [CAN]	14.85 (+0.5)	07/03/2020	P Hunt [WLG]	15.40	1984
W40	80mH: A McIntosh	12.74	1981	P Hunt [WLG]	13.2h	1992
W45	80mH: P Hunt [WLG]	13.50	1993	P Hunt [WLG]	13.50	1993
W50	80mH: L Martin [CAN]	13.55 (+0.4)	03/03/2018	L Martin [CAN]	13.55 (+0.4)	03/03/2018
W55	80mH: G Kirkman [CAN]	14.19	2007	G Kirkman [CAN]	15.28	03/03/2007
W60	80mH: G Kirkman [STH]	15.50	15/12/2012	G Kirkman [STH]	15.56 (+0.4)	03/03/2013
W65	80mH: G Kirkman [STH]	15.71 (+0.6)	20/01/2018	S Peterson [CAN]	18.44	15/03/1997
W70	80mH: S Peterson [CAN]	17.72	2000	S Peterson [CAN]	19.35	08/03/2003
Long Hurdles		NZMA National Record		NZMA Championship Record		
W30	400mH: R Coster [AKL]	62.03	09/02/2019	M Stephen [CAN]	66.98	17/03/2002
W35	400mH: K Green [TAR]	66.73	1996	K Green [TAR]	66.73	24/03/1996
W40	400mH: C Turner [TAR]	65.03	1987	K Gillum-Green [TAR]	70.60	11/03/2001
W45	400mH: G Kirkman [CAN]	68.59	2001	G Kirkman [CAN]	72.39	11/03/2001
W50	300mH: G Kirkman [CAN]	48.17	2002	G Kirkman [CAN]	48.17	17/03/2002
W55	300mH: G Kirkman [CAN]	50.75	2007	G Kirkman [CAN]	54.57	04/03/2007
W60	300mH: G Kirkman [STH]	55.05	05/10/2015	G Kirkman [STH]	56.86	03/03/2013
W65	300mH: G Kirkman [STH]	56.94	26/01/2018	J Hammond [WLG]	71.04	07/03/2004
W70	200mH: G Kirkman [STH]	41.42 (0.5)	04/12/2022	200mH: G Kirkman	41.42 (0.5)	04/12/2022
Long Jump		NZMA National Record		NZMA Championship Record		
W30	H Dinnissen [CAN]	5.78 (+1.7)	05/09/2019	C Sole [TAR]	5.10	1979
				H Dinnissen [CAN]	5.10 (+0.8)	02/03/2019
W35	H Dinnissen [CAN]	5.89 (-0.4)	23/02/2020	A Williams [NTH]	5.31	1984
W40	L Osmer [CAN]	5.14	2002	J Parker [TAS]	5.05	1976
W45	C Brunner [AKL]	5.21 (-0.3)	23/04/2017	A Hunter [AKL]	4.70	16/03/1997
W50	A Hunter [AKL]	4.80	1998	G Kirkman [CAN]	4.64	15/03/2002
W55	S Peterson [CAN]	4.60	1985	S Peterson [CAN]	4.44	1985
W60	S Peterson [CAN]	4.32	1989	S Peterson [CAN]	4.22	1990
W65	S Peterson [CAN]	4.17	1995	S Peterson [CAN]	3.76	1994
W70	S Peterson [CAN]	3.48	2000	V Gould [WLG]	3.38 (+0.4)	29/02/2020
W75	S Peterson [CAN]	3.20	2003	S Peterson [CAN]	2.79	02/03/2007
W80	J Hammond [WLG]	2.73 (+0.4)	22/01/2018	J Hammond [WLG]	2.67 (-1.1)	03/03/2018
W85	C van der Veeken (NL)	1.87 (-0.1)	22/01/2018	C van der Veeken	1.66 (-0.4)	03/03/2018
W90	C van der Veeken (NL)	1.16 (+0.1)	07/10/2023			

High Jump		NZMA National Record		NZMA Championship Record	
W30	A McKee	1.89	2006	C Sole	1.45 1980
W35	L Osmer	1.57	2000	C Wills	1.55 2009
W40	L Osmer	1.57	2002	L Osmer	1.51 2002
W45	L Trow	1.55	25/11/2017	L Osmer	1.40 2010
W50	L Osmer	1.41	2011	G Kirkman	1.40 2002
W55	L Osmer	1.33	04/03/2017	L Osmer	1.33 04/03/2017
W60	H Sun Kim [AKL]	1.35	18/10/2025	G Kirkman [STH]	1.27 02/03/2013
W65	G Kirkman [STH]	1.25	24/02/2018	N Bowmar [NTH]	1.18 04/03/2017
W70	G Kirkman [STH]	1.14	18/02/2024	G Kirkman [STH]	1.14 18/02/2024
	L Anderson	1.08	04/03/2017		
	J Hammond	1.08	2008		
W75	J Hammond	1.06	2012 & 2013	J Hammond	1.04 2013
W80	J Hammond	0.99	18/02/2018	J Hammond	0.94 03/03/2018
Triple Jump		NZMA National Record		NZMA Championship Record	
W30	S Cowley-Ross [AKL]	12.61 (-0.0)	25/04/2017	H Dinnissen [CAN]	11.38 (-0.4) 02/03/2019
W35	S Cowley-Ross [WBP]	12.66 (+1.7)	08/03/2020	W Brown [NTH]	9.91 1989
W40	L Osmer [CAN]	10.55	2002	L Osmer [CAN]	10.09 16/03/2002
W45	A Hunter [AKL]	10.15	1998	A Hunter [AKL]	10.00 16/03/1997
W50	A Hunter [AKL]	9.27	1998	A Hunter [AKL]	8.98 10/03/2001
W55	A Hunter [AKL]	9.00	2003	L Anderson [CAN]	8.55 16/03/2002
W60	S Peterson [CAN]	8.73	1991	S Peterson [CAN]	8.46 1992
W65	S Peterson [CAN]	9.03	1993	S Peterson [CAN]	8.52 1994
W70	S Peterson [CAN]	7.87	1999	S Peterson [CAN]	7.01 08/03/2003
W75	S Peterson [CAN]	6.95	2003	S Peterson [CAN]	6.42 05/03/2005
W80	F Bayler [MWA]	5.71 (+0.0)	14/11/2020	S Peterson [CAN]	5.48 03/04/2010
W85	A Sole [TAR]	4.66	2001	C van der Veeken	4.21 (+0.0) 03/03/2018
W90	C van der Veeken	3.11 (+0.1)	07/10/2023		
Pole Vault		NZMA National Record		NZMA Championship Record	
W30	A Lovrich [AKL]	3.50	02/03/2024		
W35	C Kelly [AKL]	3.90	1998	C Kelly [AKL]	3.40 03/03/2000
W40	S Bowe [AKL]	2.61	19/10/2019	S Bowe [AKL]	2.50 03/03/2018
W45	D Murphy [OTG]	2.90	05/03/2005	D Murphy [OTG]	2.90 05/03/2005
W50	D Smith [NTH]	2.45	01/02/2020	D Smith [NTH]	2.40 29/02/2020
W55	D Smith [NTH]	2.46	23/01/2021	D Smith [NTH]	2.35 27/02/2021
W60	A Goulter [AKL]	2.40	11/03/2023	A Newall [OTG]	1.75 27/02/2021
W65	A Deleiros [AKL]	1.70	12/11/2017	S Peterson [CAN]	1.35 03/03/1995
W65	A Deleiros	1.70	12/11/2017	S Peterson	1.35 1995
Hammer Throw		NZMA National Record		NZMA Championship Record	
W30	4.00kg: H Kaur [MWA]	55.80	03/04/2010	H Kaur [MWA]	55.80 03/04/2010
W35	4.00kg: D McCaw [OTG]	49.97	06/08/2015	C McCahill [WBP]	45.43 16/03/2002
W40	4.00kg: C McCahill [WBP]	42.73	04/03/2006	C McCahill [WBP]	42.73 04/03/2006
W45	4.00kg: C McCahill [WBP]	42.38	2011	C McCahill [WBP]	40.95 03/04/2010
W50	3.00kg: R Bates [OTG]	42.90	15/10/2016	R Bates [OTG]	42.09 27/02/2016
W55	3.00kg: B Savage [WBP]	41.89	10/03/2001	B Savage [WBP]	41.89 10/03/2001
W60	3.00kg: A Goulter [AKL]	38.41	09/11/2023	M Stanley [AKL]	30.76 1994
W65	3.00kg: B Savage [WBP]	34.86	2012	B Savage [WBP]	33.18 02/03/2012
W70	3.00kg: B Savage [WBP]	29.27	21/02/2016	B Austin [NTH]	25.93 28/02/2015
W75	2.00kg: B Savage [WBP]	31.99	21/02/2021	B Savage [WBP]	30.16 27/02/2021
W80	2.00kg: G Watts [CAN]	25.61	13/03/2021	G Watts [CAN]	23.97 27/02/2021
W85	2.00kg: C Maloney [CAN]	18.42	07/11/2024	M Petley [WBP]	16.80 28/02/2015
W90	2.00kg: C van der Veeken	13.47	07/10/2023	P Purser [WBP]	12.28 28/02/2014

Shot Put		NZMA National Record		NZMA Championship Record	
W30	4.00kg: V Adams [AKL]	19.31	19/07/2018	R Bates [OTG]	12.82 14/03/1997
W35	4.00kg: V Adams [AKL]	19.75	11/07/2021	C McCahill [WBP]	13.34 17/03/2002
W40	4.00kg: V Young [CAN]	13.31	1981	C McCahill [WBP]	12.33 06/03/2009
W45	4.00kg: C McCahill	11.82	2011	C McCahill [WBP]	10.73 02/04/2010
W50	3.00kg: V Young [CAN]	14.85	1987	V Young [CAN]	14.61 1988
W55	3.00kg: R Bates [OTG]	10.78	20/11/2021	T Hodges [WBP]	10.10 27/02/2021
W60	3.00kg: M Stanley [AKL]	9.85	1994	M Stanley [AKL]	9.62 1994
W65	3.00kg: B Savage [WBP]	8.78	22/11/2013	J Evans [MWA]	8.44 04/03/2017
W70	3.00kg: B Austin [NTH]	8.39	28/02/2015	B Austin [NTH]	8.39 28/02/2015
W75	2.00kg: B Savage [WBP]	8.40	21/02/2021	B Savage [WBP]	8.26 27/02/2021
W80	2.00kg: G Watts [CAN]	6.95	22/01/2023	G Watts [CAN]	6.88 27/02/2021
W85	2.00kg: C van der Veeken	5.21	03/03/2018	C van der Veeken	5.21 03/03/2018
W90	2.00kg: C van der Veeken	3.97	07/10/2023	P Purser [WBP]	3.79 01/03/2014
Discus		NZMA National Record		NZMA Championship Record	
W30	1.00kg: T Keenan [AKL]	56.06	06/03/2022	R Bates [OTG]	41.64 15/03/1997
W35	1.00kg: V Hill [MWA]	44 14	1996	V Hill [MWA]	43.44 24/03/1996
W40	1.00kg: V Young [CAN]	43.48	1981	V Hill [MWA]	36.77 11/03/2001
W45	1.00kg: B Faumuina [AKL]	44.86	03/02/2024	M Ramshaw	35.56 1975
W50	1.00kg: V Young [CAN]	43.82	1988	V Young [CAN]	39.40 1988
W55	1.00kg: M Stanley [AKL]	30.76	1989	B Savage [WBP]	29.45 11/03/2001
W60	1.00kg: M Stanley [AKL]	29.64	1994	M Stanley [AKL]	28.86 1994
W65	1.00kg: B Savage [WBP]	24.58	24/11/2012	B Savage [WBP]	21.38 28/02/2015
W70	1.00kg: H May [WLG]	20.30	1993	G Watts [CAN]	18.76 03/03/2012
W75	750gm: A Parlane [WBP]	22.51	18/02/2024	A Parlane [WBP]	22.51 18/02/2024
W80	750gm: G Watts [CAN]	18.55	13/03/2021	G Watts [CAN]	17.64 27/02/2021
W85	750gm: P Purser [WBP]	11.28	2009	P Purser [WBP]	10.52 03/04/2010
W90	750gm: D Howells [AKL]	9.36	2008	P Purser [WBP]	8.86 02/03/2013
Javelin		NZMA National Record		NZMA Championship Record	
W30	600gm: S Wrathall [AKL]	54.07	13/02/2020	J Maxwell [CAN]	40.18 1990
W35	600gm: S Mene [CAN]	39.78	1987	S Mene [CAN]	36.50 1987
W40	600gm: L Osmer [CAN]	37.67	2002	J Cooper [OTG]	33.54 15/03/1997
W45	600gm: M Brearley-Tipene [AKL]	33.93	07/02/2021	M Brearley-Tipene	33.35 02/03/2018
W50	500gm: L Osmer [CAN]	33.36	2010	L Rawlins [WLG]	31.59 03/12/2022
W55	500gm: L Osmer [CAN]	29.80	26/02/2016	L Osmer [CAN]	29.80 26/02/2016
W60	500gm: S Stein-Abel [CAN]	27.93	23/02/2020	J Hayman [AKL]	19.73 02/02/2022
W65	500gm: F Harvey [OTG]	22.20	27/01/2025	J Evans [MWA]	19.39 03/03/2017
W70	500gm: B Austin [NTH]	17.73	27/11/2015	G Evans [MWA]	17.71 26/02/2021
W75	400gm: W Pepene [NTH]	19.67	05/03/2006	W Pepene [NTH]	19.67 05/03/2006
W80	400gm: W Pepene [NTH]	16.45	2011	W Pepene [NTH]	15.19 06/03/2011
W85	400gm: P Purser [WBP]	9.04	2007	A Williams [NTH]	8.81 04/03/2012
W90	400gm: P Purser [WBP]	7.77	24/11/2012	P Purser [WBP]	7.16 03/03/2013
W90	400gm: P Purser	7.77	24/11/2012	P Purser	7.16 2013

Weight Throw		NZMA National Record		NZMA Championship Record		
W30	9.08kg: R Bates [OTG]	12.89	1998	A McNab [CAN]	12.27	03/03/2017
W35	9.08kg: C McCahill	16.67	17/03/2002	C McCahill [WBP]	16.67	17/03/2002
W40	9.08kg: C McCahill	15.19	2006	C McCahill [WBP]	14.82	05/03/2006
W45	9.08kg: C McCahill	14.40	02/04/2010 4/03/2011	C McCahill [WBP]	14.40	02/04/2010 04/03/2011
W50	7.26kg: B Davis [WBP]	15.04	18/02/2024	B Davis [WBP]	15.04	18/02/2024
W55	7.26kg: B Davis [WBP]	12.89	30/11/2024	T Hodges [WBP]	12.59	28/02/2020
W60	5.45kg: A Goulter [AKL]	13.71	19/02/2023	B Austin [NTH]	11.71	05/03/2006
W65	5.45kg: B Savage [WBP]	12.38	2011	B Savage [WBP]	11.91	27/02/2015
W70	5.45kg: B Savage [WBP]	11.46	21/02/2016	G Evans [MWA]	11.03	26/02/2021
W75	4.00kg: B Savage [WBP]	12.50	14/02/2021	B Savage [WBP]	11.17	26/02/2021
W80	4.00kg: C Brunner [NTH]	9.86	04/03/2012	C Brunner [NTH]	9.86	03/03/2012
W85	4.00kg: C Maloney [CAN]	8.44	18/01/2025	M Petley [WBP]	7.33	27/02/2015
W90	4.00kg: P Purser [WBP]	4.60	02/03/2013	P Purser [WBP]	4.60	02/03/2013

Throws Pentathlon (post May 2010 for all, except W60-W70 javelin *500gm post January 2014) Updated using 2023 Age Factors					NZMA Championship Record	
W30	A McNab [CAN]	2392pts	19/09/2016	A Lynch [CAN]	2368 pts	01/03/2020
W35	D McCaw [OTG]	2755pts	06/08/2015	A Lynch [CAN]	2663 pts	28/02/2021
W40	K Blackwood [OTG]	2532pts	28/02/2016	K Blackwood [OTG]	2532 pts	28/02/2016
W45	C McCahill [WBP]	3278 pts	05/04/2010	C McCahill [WBP]	3278 pts	05/04/2010
W50	R Bates [OTG]	3488pts	26/10/2016	R Bates [OTG]	2953 pts	28/02/2016
W55	B Davis [WBP]	3180	30/11/2024	T Hodges [WBP]	2742 pts	01/03/2020
W60	A Boxall [AKL]	2956 pts	16/11/2019	A Newall [OTG]	2364 pts	04/12/2022
W65*	B Savage [WBP]	2999 pts	01/03/2015	B Savage [WBP]	2999 pts	01/03/2015
W70*	B Austin [NTH]	3202 pts	01/03/2015	B Austin [NTH]	3202 pts	01/03/2015
W75	A Parlane [WBP]	3006pts	18/02/2024	A Parlane [WBP]	3006 pts	18/02/2024
W80	G Watts [CAN]	3105 pts	13/03/2021	G Watts [CAN]	3038 pts	28/02/2021
W85	C Maloney [CAN]	2277 pts	27/01/2025	P Purser [WBP]	1802 pts	05/03/2012
W90	P Purser [WBP]	2266 pts	**Oct 2013	P Purser [WBP]	2106 pts	03/03/2014
Track Pentathlon (post May 2010 for all, except W60-W70 javelin *500gms post January 2014) Updated using 2023 Age Factors					NZMA Championship Record	
W30						
W35	H Dinnissen [CAN]	3096 pts	22/01/2023	J Jones [TAS]	2122 pts	28/02/2021
W40	J Jones [TAS]	2331 pts	21/11/2021	J Jones [TAS]	2120 pts	04/12/2022
W45	C Wills [OTG]	2710 pts	25/01/2018	C Wills [OTG]	2691 pts	03/03/2019
W50	L Osmer [CAN]	2649 pts	03/03/2014	L Osmer [CAN]	2649 pts	03/03/2014
W55	D McMillan [MWG]	2874 pts	18/02/2024	D McMillan [MWG]	2874 pts	18/02/2024
W60*	C Giles [OTG]	2688 pts	28/01/2017	T Ashe [AKL]	2455 pts	01/03/2015
W65*	N Bowmar [NTH]	2331 pts	05/03/2017	N Bowmar [NTH]	2331 pts	05/03/2017
W70	T Ashe [AKL]	2574 pts	13/04/2023	T Ashe [AKL]	2355 pts	04/12/2022
W75	J Hammond [WLG]	2400 pts	25/11/2012	J Hammond [WLG]	2019 pts	01/03/2015
W80	J Hammond [WLG]	2171 pts	26/11/2017	C van der Veeken	1494 pts	05/03/2012
W85	C van der Veeken	1414 pts	25/01/2018	C van der Veeken	1387 pts	04/03/2018

NZMA Men's Track & Field National and Championship Records							(Updated Feb 2024)
60m		NZMA National Record			NZMA Championship Record		
M30	B Grant [MWA]	7.35 (+1.2)	29/02/2020	B Grant [MWA]	7.35 (+1.2)	29/02/2020	
M35	B Potter [AKL]	7.14 (+1.6)	14/11/2015	G Hanekom [NTH]	7.55 (-1.7)	28/02/2015	
M40	M Foster [WBP]	7.19 (+1.8)	18/11/2018	W Holroyd [AKL]	7.41 (+0.2)	03/03/2018	
M45	M Foster [WBP]	7.22 (+1.7)	02/03/2024	M Lambert [AKL]	7.46 (+1.3)	29/02/2020	
M50	M Lambert [AKL]	7.52 (+1.8)	02/12/2023	J Campbell [AKL]	7.67 (+1.8)	03/03/2014	
M55	J Campbell [AKL]	7.71 (+0.1)	02/03/2019	J Campbell [AKL]	7.71 (+0.1)	02/03/2019	
M60	D Blackford [AKL]	8.10 (-1.8)	01/12/2024	G Rawson [WLG]	8.15 (+0.8)	29/02/2020	
M65	L Malcolmson [MWA]	8.45 (-2.0)	29/11/2014	L Malcolmson	8.47 (-0.9)	27/02/2016	
M70	L Malcolmson [MWA]	8.70 (+1.3)	29/02/2020	L Malcolmson	8.70 (+1.3)	29/02/2020	
M75	L Malcolmson [MWA]	8.94 (-0.0)	30/11/2024	M Fraser [CAN]	9.43 (+1.6)	28/02/2015	
M80	B Baxter [OTG]	10.14 (+0.7)	17/12/2022	J Jones [WBP]	11.30 (+0.5)	02/03/2019	
M85	M Wood [CAN]	11.55 (+0.5)	02/03/2019	M Wood [CAN]	11.55 (+0.5)	02/03/2019	
M90	J Blair [OTG]	15.65 (-1.0)	19/10/2024				
M95	E de Lautour [WBP]	17.84	11/12/2016				
100m		NZMA National Record			NZMA Championship Record		
M30	S Sos [WLG]	11.17 (+1.7)	20/02/2021	M O'Connor [HBG]	11.41 (+1.4)	05/03/2011	
M35	C Van Der Speck [AKL]	10.87	26/10/2016	L Malcolmson	11.36	1987	
M40	A Wall [AKL]	11.29	2011	A Wall [AKL]	11.39 (+1.4)	05/03/2011	
M45	B McPhail [CAN]	11.3h	1983	B McPhail [CAN]	11.4h	1984	
	M Foster [WBP]	11.48 (+0.5)	26/02/2022	J Campbell [AKL]	11.55 (-0.6)	03/03/2012	
M50	M Lambert [AKL]	11.56 (+2.0)	02/03/2024	L Malcolmson	11.98	04/03/2000	
M55	J Campbell [AKL]	12.02 (1.3)	24/07/2021	D Blackford [AKL]	12.29 (+1.9)	18/02/2024	
M60	D Blackford [AKL]	12.55 (0.0)	23/02/2025	L Malcolmson	12.76	03/04/2010	
M65	B McPhail [CAN]	13.14	2002	B McPhail [CAN]	13.42	16/03/2002	
M70	T Guptill [AKL]	13.78 (+1.5)	06/09/2018	T Guptill [AKL]	13.96 (+1.8)	03/03/2018	
M75	L Malcolmson [MWA]	14.35 (+1.9)	30/11/2024	M Wood [CAN]	14.91	07/03/2009	
M80	B Kaiser [WLG]	15.8h	1992	B Kaiser [WLG]	16.29	1993	
	B Kaiser [WLG]	16.03	1992				
M85	A Mackay [STH]	18.90	02/02/2014	M Wood [CAN]	19.27 (-1.7)	02/03/2019	
M90	F Cox [WBP]	21.30	2002	S Taylor [AKL]	21.51	2006	
M95	E de Lautour [WBP]	28.35	07/10/2015				
200m		NZMA National Record			NZMA Championship Record		
M30	N Ash [CAN]	22.50 (+1.3)	01/02/2020	B Grant [MWA]	23.01 (+0.2)	01/03/2020	
M35	B Potter [AKL]	22.14 (+0.6)	26/04/2017	M Brooking [WBP]	23.0h	1984	
				L Malcolmson	23.21	1987	
M40	J Nightingale [AKL]	22.80 (+1.8)	28/04/2019	B McPhail [CAN]	22.9h	1980	
M45	B McPhail [CAN]	23.0h	1983	B McPhail [CAN]	23.27	1983	
	B McPhail [CAN]	23.14	1983				
M50	M Lambert [AKL]	23.10 (+1.8)	18/02/2024	M Lambert [AKL]	23.10 (+1.8)	18/02/2024	
M55	J Campbell [CAN]	24.32 (+0.7)	07/02/2021	B McPhail [CAN]	24.7h	1992	
M60	B McPhail [CAN]	25.71	1997	T Deleiros [AKL]	26.25	02/03/2008	
M65	T Guptill [AKL]	27.25 (+1.4)	11/01/2014	L Malcolmson	27.76 (-0.3)	01/03/2015	
M70	T Guptill [AKL]	27.98 (+1.8)	26/10/2016	A Dougall [AKL]	29.25 (+1.1)	01/03/2020	
M75	T Deleiros [AKL]	30.61 (+1.7)	26/02/2022	B Kaiser [WLG]	30.7h	1991	
M80	D Reade [WLG]	32.63 (-0.9)	26/04/2017	B Kaiser [WLG]	35.09	1994	
M85	J Jones [WBP]	39.67 (-0.4)	19/01/2020	J Jones [WBP]	40.60 (+1.7)	01/03/2020	
M90	S Taylor [AKL]	47.38	2006	S Taylor [AKL]	52.38	2006	
M95	E de Lautour [WBP]	59.95	08/10/2015				

400m		NZMA National Record		NZMA Championship Record		
M30	B Grant [MWA]	49.17	17/07/2019	B Grant [MWA]	50.26	02/03/2018
M35	B Grant [MWA]	50.16	26/02/2021	B Grant [MWA]	50.16	26/02/2021
M40	W Holroyd [AKL]	52.38	25/02/2018	B Turnbull [WLG]	52.79	23/03/1996
M45	B McPhail [CAN]	52.1	1983	L Fairclough [AKL]	54.00	02/03/2018
M50	A Pinna [WLG]	52.95	25/11/2017	B McPhail [CAN]	55.4	1990
				M Fraser [CAN]	55.4	1990
M55	R Hanna [AKL]	55.61	10/03/2023	A Hill [WBP]	56.6	1981
M60	F Evans [AKL]	58.11	1985	B Thomson [STH]	60.87	28/02/2020
M65	F Evans [AKL]	61.75	1990	M Fraser [CAN]	63.53	03/03/2007
M70	M Wood [CAN]	66.29	2003	I Carter [TAS]	68.95	26/02/2021
M75	M Wood [CAN]	71.96	2008	M Wood [CAN]	74.27	03/04/2010
M80	D Reade [WLG]	78.34	26/04/2017	E de Lautour [WBP]	83.77	16/03/2002
M85	E de Lautour [WBP]	89.82	2006	J Jones [WBP]	92.86	28/02/2020
M90	D Campbell [OTG]	1:53.41	03/02/2024	F Cox [WBP]	3 05.26	16/03/2002
800m		NZMA National Record		NZMA Championship Record		
M30	S Rogers [AKL]	1:53.00	25/02/2021	B Grant [MWA]	2:00.15	05/03/2017
M35	N Willis [WLG]	1:49.23	10/07/2019	R Sewell [AKL]	2:00.0	1980
M40	B Hunter [CAN]	1:57.8	1991	B Hunter [CAN]	1:58.7	1992
M45	D Sirl [AKL]	1:58.42	1987	D Sirl [AKL]	2:01.11	1988
M50	I Babe [NTH]	2:01.97	1987	I Babe [NTH]	2:02.36	1987
M55	D Turnbull [STH]	2:06.6	1982	D Turnbull [STH]	2:08.3	1982
M60	D Turnbull [STH]	2:12.62	1989	R Brent [WLG]	2:18.84	03/03/2013
M65	D Turnbull [STH]	2:17.8	1992	D Turnbull [STH]	2:17.8	1992
M70	J Downey [MWA]	2:27.94	2001	I Carter [TAS]	2:34.60	28/02/2021
M75	R Stevens [CAN]	2:55.41	2009	E de Lautour	3:00.05	24/03/1996
M80	E de Lautour [WBP]	3:13.16	11/03/2001	E de Lautour	3:13.16	11/03/2001
M85	E de Lautour [WBP]	3:36.30	04/03/2007	E de Lautour	3:36.30	04/03/2007
M90	E de Lautour [WBP]	5:41.21	25/11/2012	F Cox [WBP]	6:41.73	17/03/2002
M95	E de Lautour [WBP]	6:29.56	06/10/2015			
1500m		NZMA National Record		NZMA Championship Record		
M30	H Carson [WLG]	3:36.86	12/06/2021	A Gallagher [AKL]	4:20.70	3/03/2018
M35	N Willis [WLG]	3:35.25	02/09/2018	A Stark [CAN]	4:06.9	15/03/1997
M40	R Bennett [CAN]	3:55.08	2007	R Bennett [CAN]	3:58.24	03/03/2007
M45	T McManus [CAN]	3:59.95	1995	D Sirl [AKL]	4:05.45	1988
M50	I Babe [NTH]	4:09.41	1987	I Babe [NTH]	4:11.48	1987
M55	R Robertson [HBG]	4:12.5	1997	D Turnbull [STH]	4:18.5	1982
M60	R Robertson [HBG]	4:27.65	2001	T McManus [CAN]	4:29.01	03/04/2010
M65	D Turnbull [STH]	4:39.8	1992	D Turnbull [STH]	4:39.8	1992
M70	R Robertson [HBG]	4:52.95	15/07/2011	I Carter [TAS]	5:20.44	27/02/2021
M75	R Stevens [CAN]	5:53.43	2009	E de Lautour	5:56.79	22/11/1997
M80	E de Lautour [WBP]	6:38.86	2001	E de Lautour	6:40.29	10/03/2001
M85	E de Lautour [WBP]	7:03.40	2006	E de Lautour	7:15.53	04/03/2006
M90	D Campbell [OTG]	9:50.32	14/12/2024			
M95	E de Lautour [WBP]	14:06.88	08/10/2015			

3000m				NZMA National Record			NZMA Championship Record		
M30	H Carson [WLG]	7:52.93	07/08/2021	A Gallagher [AKL]	9:34.88	02/03/2018			
M35	R Hooper [WLG]	8:34.20	20/01/2017	D O'Sullivan [OTG]	12:03.03	01/03/2019			
M40	R Bennett [CAN]	8:28.09	2007	B Tingay [CAN]	9:07.26	18/02/2024			
M45	R Bennett [CAN]	8:40.48	2010	S Corporaal [WBP]	9:07.59	18/02/2024			
M50	W Luijpers [AKL]	9:04.95	20/03/2023	W Luijpers [AKL]	9:16.02	26/02/2021			
M55	R Robertson [HBG]	8:57.28	1997	P Stevens [WLG]	9:50.85	26/02/2021			
M60	T McManus [CAN]	9:42.97	17/03/2012	P Richards [CAN]	10:50.68	26/02/2021			
M65	D Turnbull [STH]	9:47.30	08/02/1992	I Calder [NTH]	10:36.37	18/02/2024			
M70	P Richards [CAN]	11:05.36	27/01/2025	K Chapman [WLG]	12:06.26	02/12/2022			
M75	R Stevens [CAN]	12:19.68	2010	A Clapcott [NTH]	13:32.52	28/02/2020			
M80	R Robinson [WLG]	15:13.42	15/01/2023	R Robinson [WLG]	16:12.68	02/12/2022			
M85	E de Lautour [WBP]	17:17.58	2007						
5000m				NZMA National Record			NZMA Championship Record		
M30	E Speakman [HBG]	13:22.08	15/05/2021	G McMillan [WBP]	19:58.42	03/03/2006			
M35	N Willis [WLG]	13:49.93	16/05/2019	P Ritchie [WBP]	15:20.59	22/03/1996			
M40	J Foster [WBP]	14:21.0	1976	T McLachlan [WG]	14:43.89	1994			
M45	E Gray [CAN]	15:00.5	1992	E Gray [CAN]	15:00.5	1992			
M50	R Robertson [HBG]	15:26.2	1992	R Robertson [HBG]	15:26.2	1992			
M55	R Robertson [HBG]	15:41.72	1997	D Turnbull [STH]	16:22.5	1982			
M60	R Robertson [HBG]	16:16.51	2001	A Galbraith [AKL]	16:56.62	04/03/2005			
M65	D Turnbull [STH]	16:38.8	13/03/1992	D Turnbull [STH]	16:38.8	1992			
M70	R Robertson [HBG]	18:15.53	09/07/2011	W Nelmes [AKL]	19:37.11	1986			
M75	R Stevens [CAN]	21:03.64	2009	R Stevens [CAN]	22:02.34	06/03/2009			
M80	E de Lautour [WBP]	24:05.14	2001	E de Lautour	24:41.14	09/03/2001			
M85	E de Lautour [WBP]	26:18.47	02/03/2007	E de Lautour	26:18.47	02/03/2007			
1500m Track Walk				NZMA National Record			NZMA Championship Record		
M35									
M40									
M45	J Jarvie [CAN]	11:16.00	27/01/2025						
M50									
M55	D Smyth [CAN]	8:53.59	27/01/2025						
M60	R Gillum [TAR]	9:27.08	03/12/2022	R Gillum [TAR]	9:27.08	03/12/2022			
M65	I Morton [WLG]	9:52.19	18/02/2024	I Morton [WLG]]	9:52.19	18/02/2024			
M70	C McGovern [WLG]	8:44.68	03/12/2022	C McGovern	8:44.68	03/12/2022			
M75									
M80									
M85									
3000m Track Walk				NZMA National Record			NZMA Championship Record		
M30	M Rodriguez [HBG]	16:17.21	28/02/2020	M Rodriguez	16:17.21	28/02/2020			
M35	Q Rew [WLG]	11:58.24	06/03/2020	L McPhillips [WBP]	13:08.87	09/03/2001			
M40	R Smyth [WBP]	13:46.28	1991	R Smyth [WBP]	13:46.28	1991			
M45	G Little [NTH]	12:05.5	23/11/1991	G Little [NTH]	13:24.83	1989			
M50	G Little [AKL]	12:17.25	23/01/1993	M Hinton [AKL]	13:41.43	1986			
M55	G Little [AKL]	13:00.0	1997	G Little [AKL]	13:12.62	14/03/1997			
M60	M Parker [AKL]	13:57.11	01/03/2014	G Little [AKL]	13:58.13	05/03/2004			
M65	M Hinton [AKL]	15:59.20	09/03/2001	M Hinton [AKL]	15:59.20	09/03/2001			
M70	L Watkins [CAN]	17:17.0	1990	L Watkins [CAN]	17:26.2	1990			
M75	P Davis [TAS]	18:46.73	07/03/2003	P Davis [TAS]	18:46.73	07/03/2003			
M80	G Currie [CAN]	22:53.4	1995	F Cox [WBP]	23:19.3	1992			
M85									
M90	P Tearle [WLG]	28:52.43	26/01/2018	P Tearle [WLG]	29:17.14	02/03/2018			

5000m Track Walk		NZMA National Record			NZMA Championship Record	
M30	Q Rew [WLG]	19:35.70	10/12/2017	M Rodriguez	27:00.25	01/03/2020
M35	K Taylor [AKL]	23:12.58	1990	D Cameron [WBP]	25:08.0	1980
M40	R Green [TAR]	24:19.4	1993	R Nixon [AKL]	27:03.8	1980
M45	G Little [NTH]	20:54.4	1991	M Hinton [AKL]	24:21.0	1980
M50	G Little [NTH]	21:01.0	16/02/1992	L Hohaia [AKL]	27:14.90	04/03/2018
M55	G Little [AKL]	22:14.93	1998	M Gray [WBP]	36:57.08	01/03/2020
M60	G Little [AKL]	23:44.09	2002	M Parker [AKL]	28:26.96	04/03/2018
M65	E Kemsley [TAR]	26:53.78	26/10/2016	P Baillie [WLG]	29:59.76	04/03/2018
M70	C McGovern [WLG]	29:46.28	06/02/2021	C McGovern	31:48.11	04/12/2022
M75	G Currie [CAN]	37:54.5	1993			
M80	R Johnson [AKL]	38:25.81	2015			
M90	P Tearle [WLG]	48:56.81	26/10/2016			
2000m Steeplechase		NZMA National Record			NZMA Championship Record	
M60	R Robertson [HBG]	6:30.21	14/07/2001	W Hume [CAN]	7:14.27	13/03/1999
M65	R Robertson [HBG]	7:18.10	01/08/2008	R Robertson [HBG]	7:33.36	07/03/2009
M70	R Robertson [HBG]	7:10.03	17/07/2011	J Downey [MWA]	8:22.04	10/03/2001
M75	D Eastmond [NTH]	9:40.42	2006	M Bond [CAN]	9:43.96	02/03/2019
M80	J Jamieson [AKL]	11:48.22	1989	J Jamieson [AKL]	11:48.22	1989
3000m Steeplechase		NZMA National Record			NZMA Championship Record	
M30	JD Macdonald [CAN]	9:44.6	1974	B Meder [WBP]	9:50.0	1992
M35	M Rogers [WLG]	10:06.38	07/09/2018	M Rogers [WLG]	10:22.88	04/03/2017
M40	JD Macdonald [CAN]	9:14.4	1977	JD Macdonald	9:27.1	1975
M45	JD Macdonald [CAN]	9:22.3	1980	R Robertson [HBG]	9:27.22	1987
M50	R Robertson [HBG]	9:43.97	1991	R Robertson [HBG]	9:44.0	1992
M55	R Robertson [HBG]	9:55.05	27/07/1997	R Robertson	9:59.8	15/03/1997
M60	W Opperman	13:22.42	1986	W Opperman	13:22.42	1986
Short Hurdles		NZMA National Record			NZMA Championship Record	
M30	110mH: B Newdick [AKL]	15.19 (+1.2)	02/02/2019			
M35	110mH: B Newdick [AKL]	16.40 (+1.8)	09/02/2020	S Te Whaiti [WBP]	17.95	16/03/2002
M40	110mH: S Poelman	15.16	2005	N Bolton [CAN]	15.41 (-2.5)	28/02/2015
M45	110mH: N Bolton [CAN]	15.41 (+2.0)	27/04/2019	N Bolton [CAN]	15.94 (-2.7)	03/03/2019
M50	100mH: N Bolton [CAN]	14.44	18/02/2024	N Bolton [CAN]	14.44	18/02/2024
M55	100mH: R Ball [NTH]	16.2h	1991	P Daborn [WBP]	17.78 (+0.9)	29/02/2020
M60	100mH: P Daborn [WBP]	17.23 (-3.4)	19/01/2024	L Malcolmson	18.19	03/04/2010
M65	100mH: L Malcolmson	18.75 (-0.1)	27/02/2016	L Malcolmson	18.75 (-0.1)	27/02/2016
M70	80mH: A Dougall [AKL]	14.52 (+1.8)	13/03/2020	L Malcolmson	15.75 (+0.2)	29/02/2020
M75	80mH: D Anstis [AKL]	17.15 (+1.6)	14/10/2023	D Anstiss [AKL]	17.99 (-1.4)	27/02/2021
M80	80mH: R Johnson [AKL]	20.19 (+0.9)	01/03/2014	R Johnson [AKL]	20.19 (+0.9)	01/03/2014
Long Hurdles		NZMA National Record			NZMA Championship Record	
M30	400mH: C Lockley [TAR]	58.59	23/04/2017			
M35	400mH: J Hill [MWA]	59.46	1998	J Hill [MWA]	60.58	14/03/1999
M40	400mH: J O'Connor [C]	59.20	2008	B Turnbull [WLG]	60.56	24/03/1996
M45	400mH: J O'Connor [C]	60.45	04/04/2010	J O'Connor [CAN]	60.45	04/04/2010
M50	400mH: J Speerstra [A]	63.0	1986	P Daborn [WBP]	63.28	05/03/2017
M55	400mH: M Callaghan [H]	65.22	2003	M Callaghan [HBG]	70.64	11/03/2001
M60	300mH: L Malcolmson	46.89	04/04/2010	L Malcolmson	46.89	04/04/2010
M65	300mH: L Malcolmson	49.06	05/03/2017	L Malcolmson	49.06	05/03/2017
M70	400mH: A Dougall [AKL]	53.32	01/09/2019	S Foster [WBP]	57.29	08/03/2009
M75	300mH: S Foster [WBP]	61.26	10/01/2014	R Johnson [AKL]	66.94	02/03/2008
M80	200mH: S Foster [WBP]	49.80	4/03/2018	S Foster [WBP]	49.80	04/03/2018

Long Jump		NZMA National Record		NZMA Championship Record		
M30	B Newdick [AKL]	7.02 (+1.5)	26/01/2019	D Lane [WLG]	6.00 (+1.2)	03/03/2013
M35	K Simpson [CAN]	6.42	1980	J Munns	6.19	1979
M40	R Williams [AKL]	6.81	1975	R Williams [AKL]	6.53	1979
M45	R Williams [AKL]	6.46	1981	B McPhail [CAN]	6.05	1984
M50	B McPhail [CAN]	5.68	1990	R Williams [AKL]	5.60	1986
M55	B McPhail [CAN]	5.60	1993	B McPhail [CAN]	5.60	1993
M60	S Burden [WBP]	5.11 (+0.0)	29/01/2022	S Burden [WBP]	4.90 (+1.8)	26/02/2021
M65	S Burden [WBP]	5.02 (1.7)	08/06/2024	R Johnson [AKL]	4.36	09/03/2001
M70	I Sim [OTG]	4.10 (+1.8)	23/01/2018	C Deacon [HBG]	3.95	17/03/2002
M75	D Anstiss [AKL]	4.00 (+0.8)	09/06/2022	H Mein [AKL]	3.57	04/03/2006
M80	R Johnson [AKL]	3.16	16/10/2013	S Taylor [AKL]	2.94	23/03/1996
M85	A Mackay [STH]	2.59	02/02/2014	J Jones [WBP]	2.43 (+1.0)	29/02/2020
M90	A Mackay [STH]	2.08 (+0.4)	23/01/2018	J Blair [OTG]	1.50 (-1.6)	03/12/2022
High Jump		NZMA National Record		NZMA Championship Record		
M30	W Crayford [WLG]	2.06	08/03/2019	W Ginige [AKL]	1.30	18/02/2024
M35	T Newport [WLG]	1.85	15/03/1997	T Newport [WLG]	1.85	15/03/1997
M40	S Poelman [WBP]	1.92	2005	P Ranginui [WBP]	1.78	03/04/2010
M45	A Stringer [NTH]	1.72	1996	A Stringer [NTH]	1.72	23/03/1996
M50	Ho Young Do [AKL]	1.75	06/10/2013	R Fletcher [WBP]	1.69	1992
M55	D Blackford [AKL]	1.67	27/02/2021	D Blackford [AKL]	1.67	27/02/2021
M60	D Blackford [AKL]	1.66	02/02/2025	P Timings [TAS]	1.45	1989
				B Curry [MWA]	1.45	18/02/2024
				W MacIntyre [WLG]	1.45	1989
M65	T Delamere [AKL]	1.45	14/01/2017	J Thomas [AKL]	1.40	18/02/2024
M70	M Andersen [HBG]	1.37	29/02/2020	M Andersen [HBG]	1.37	29/02/2020
	D Anstiss [AKL]	1.37	2017			
M75	D Anstiss [AKL]	1.36	18/03/2023	D Anstiss [AKL]	1.31	27/02/2021
M80	J Blair [WLG]	1.15	2011	J Blair [WLG]	1.08	27/02/2016
M85	J Blair [WLG]	1.12	22/01/2017	J Blair [WLG]	1.05	03/03/2018
M90	J Blair [OTG]	1.00	23/01/2022	F Cox [WBP]	0.71	16/03/2002
Triple Jump		NZMA National Record		NZMA Championship Record		
M30	M Wyatt [AKL]	14.07 (-0.2)	14/11/2020	D Lane [WLG]	12.76 (-0.6)	02/03/2013
M35	B Booker [AKL]	13.55	2005	J Munns	12.18	1979
M40	K Simpson [CAN]	13.30	1987	R Fletcher [WBP]	12.69	1985
M45	S McKee [CAN]	12.40	2006	R Fletcher [WBP]	11.89	1989
M50	S McKee [CAN]	11.56	2010	R Fletcher [WBP]	11.38	1992
M55	T Walker [AKL]	11.55 (+0.9)	24/02/2019	W MacIntyre [W]	10.43	1988
M60	S Burden [WBP]	10.76 (-0.4)	31/08/2019	S Burden [WBP]	10.74 (+1.5)	27/02/2021
M65	S Burden [WBP]	10.06 (+0.9)	20/08/2024	W MacIntyre [W]	9.22	1994
M70	D Anstiss [AKL]	9.16 (+1.0)	28/11/2015	D Anstiss [AKL]	8.94 (-0.2)	02/03/2018
M75	D Anstiss [AKL]	8.87 (+1.5)	02/02/2025	D Anstiss [AKL]	8.47 (+0.8)	26/02/2021
M80	R Johnson [AKL]	6.75 (+0.6)	24/11/2012	R Johnson [AKL]	6.53 (+1.7)	01/03/2014
M85	R Johnson [AKL]	5.58 (-1.7)	2/03/2018	R Johnson [AKL]	5.58 (-1.7)	02/03/2018
M85	R Johnson	5.58	2/03/2018	R Johnson	5.58	02/03/2018

Pole Vault		NZMA National Record		NZMA Championship Record	
M30	E Du Preez [AKL]	4.71	20/02/2021		
M35	P Gibbons [OTG]	4.15	2007	B Senior [CAN]	3.70 1980
M40	S Poelman [WBP]	4.00	2005	B Senior [CAN]	3.70 1982
M45	S McKee [CAN]	3.90	2006	S McKee [CAN]	3.75 02/03/2007
M50	S McKee [CAN]	3.71	02/04/2010	S McKee [CAN]	3.71 02/04/2010
M55	D Blackford [AKL]	3.45	19/02/2024	D Blackford [AKL]	3.45 19/02/2024
M60	M Lett [AKL]	3.21	11/01/2025	R Ball [NTH]	3.10 22/03/1996
M65	M Andersen [HBG]	2.70	12/02/2017	R Johnson [AKL]	2.30 03/03/2000
M70	M Andersen [HBG]	2.70	29/02/2020	M Andersen [HBG]	2.70 29/02/2020
M75	D Anstiss [AKL]	2.42	19/03/2022	D Anstiss [AKL]	2.41 27/02/2021
M80	R Johnson [AKL]	1.60	27/02/2015	R Johnson [AKL]	1.60 27/02/2015
M85	R Johnson [AKL]	1.50	12/11/2017 & 3/03/2018	R Johnson [AKL]	1.50 03/03/2018
Hammer Throw		NZMA National Record		NZMA Championship Record	
M30	7.26kg: W Button [WBP]	60.18	21/02/2020	M Scholten [OTG]	28.00 03/04/2010
M35	7.26kg: M Cumming [A]	48.62	2002	T Fleming [CAN]	48.32 1983
M40	7.26kg: P Jensen [WLG]	62.53	2010	A van der Westhuizen	52.03 28/02/2020
M45	7.26kg: A van der Westhuizen [A]	56.80	25/02/2023	A van der Westhuizen	52.27 02/12/2022
M50	6.00kg: M Cumming [A]	56.58	13/01/2013	M Cumming	56.03 02/03/2013
M55	6.00kg: M Cumming	52.87	23/04/2017	M Cumming	46.85 02/03/2018
M60	5.00kg: L Devlin [HBG]	50.82	1997	L Devlin [HBG]	48.36 22/11/1997
M65	5.00kg: L Devlin [HBG]	46.53	2001	L Devlin [HBG]	43.48 08/03/2003
M70	4.00kg: L Devlin [HBG]	44.54	2006	L Devlin [HBG]	44.22 04/03/2006
M75	4.00kg: M Carr [AKL]	37.40	1997	M Carr [AKL]	35.10 22/11/1997
M80	3.00kg: B Senior [CAN]	37.95	20/12/2020	B Stannius [WBP]	35.64 06/03/2009
M85	3.00kg: R Johnson [AKL]	25.39	12/09/2018	R Johnson [AKL]	23.93 02/03/2018
M90	3.00kg: R Johnson [AKL]	21.12	05/11/2022	J Blair [OTG]	17.23 02/12/2022
Shot Put		NZMA National Record		NZMA Championship Record	
M30	7.26kg: M Scholten	12.37	19/12/2012	L Crombie	8.76 03/03/2017
M35	7.26kg: R Thomson	16.42	1998	H Smith	14.48 1994
M40	7.26kg: S Poelman	14.66	2005	M Mene	13.80 1987
M45	7.26kg: L Inivale	13.68	2015	L Inivale	13.18 2014
M50	6.00kg: L Inivale	14.82	22/01/2018	L Inivale	14.27 03/03/2017
M55	6.00kg: L Inivale [AKL]	13.44	08/06/2024	A Husband	13.38 1979
M60	5.00kg: A Husband	14.01	1984	A Husband	14.01 1984
M65	5.00kg: R Harris	12.95	1999	R Harris	11.73 2001
M70	4.00kg: P Crawford	12.10	26/04/2017	P Crawford	11.72 03/03/2017
M75	4.00kg: D Scratton	10.87	1994	D Scratton	10.46 1996
M80	4.00kg: D Scratton [NTH]	9.75	1999	P Crawford [WBP]	9.57 18/02/2024
M80	3.00kg: B Stannius [NTH]	11.97	2009	B Stannius [NTH]	11.97 07/03/2009
M85	3.00kg: R Johnson [AKL]	8.97	12/09/2018	R Johnson [AKL]	8.30 02/03/2018
M90	3.00kg: J Blair [OTG]	7.38	01/08/2021	R Johnson [AKL]	6.73 18/02/2024

Discus		NZMA National Record			NZMA Championship Record	
M30	2.0kg: M Hall [STH]	61.49	30/03/2019	R Little [HBG]	27.68	27/02/2021
M35	2.0kg: K Fowler [OTG]	50.71	23/11/2024	H Smith [WLG]	47.24	1994
M40	2.0kg: R Williams [AKL]	43.44	1975	R Williams [AKL]	43.44	1975
M45	2.0kg: R Williams [AKL]	43.12	1981	M Clarke [CAN]	39.85	04/03/2017
M50	1.5kg: A Stockill [WLG]	46.82	15/12/2018	R Ball [NTH]	44.80	1986
M55	1.5kg: G Lawless [OTG]	45.28	1986	G Lawless [OTG]	40.86	1986
M60	1.0kg: R Ball [NTH]	48.66	1996	R Ball [NTH]	48.66	23/03/1996
M65	1.0kg: R Ball [NTH]	44.47	2001	J Thomas [AKL]	40.66	19/02/2024
M70	1.0kg: S Johnson [AKL]	38.20	1992	R Ball [NTH]	36.72	04/03/2006
M75	1.0kg: P Crawford [WBP]	34.23	02/03/2019	P Crawford [WBP]	34.23	02/03/2019
M80	1.0kg: B Senior [CAN]	28.98	24/01/2021	D Scratton [NTH]	27.70	04/03/2000
M85	1.0kg: R Johnson [AKL]	22.90	20/01/2018	R Johnson [AKL]	20.54	03/03/2018
M90	1.0kg: J Blair [OTG]	18.16	12/03/2022	J Blair [OTG]	16.15	19/02/2024
Javelin		NZMA National Record			NZMA Championship Record	
M30	800gm: B Newdick [AKL]	55.07	18/01/2019	L Crombie [HBG]	46.13	29/02/2020
M35	800gm: J Bradley [HBG]	60.02	1992	J Bradley [HBG]	55.96	1991
M40	800gm: D Brand [AKL]	66.55	2008	J Bradley [HBG]	55.10	04/03/1995
M45	800gm: D Brand [AKL]	61.97	2009	J Bradley [HBG]	54.50	04/03/2000
M50	700gm: N Stainton [A]	61.74	23/03/2014	J Bradley [HBG]	50.91	06/03/2005
M55	700gm: N Stainton [A]	51.40	29/01/2017	J Bradley [HBG]	49.51	08/03/2009
M60	600gm: A Grayburn [C]	48.96	1987	A Grayburn [C]	45.54	1989
M65	600gm: A Grayburn [C]	46.94	1994	A Grayburn [C]	45.74	1993
M70	500gm: A Grayburn [C]	38.93	1998	A Grayburn [C]	36.94	16/03/1997
M75	500gm: L Malcolmson (MWA)	35.24	30/11/2024	R Johnson [AKL]	30.83	08/03/2009
M80	400gm: R Johnson [AKL]	31.59	16/02/2014	B Stannius [WBP]	30.59	08/03/2009
M85	400gm: R Johnson [AKL]	25.42	03/03/2018	R Johnson [AKL]	25.42	3/03/2018
M90	400gm: R Johnson [AKL]	22.27	07/11/2022	J Blair [OTG]	18.42	19/02/2024
Weight Throw		NZMA National Record			NZMA Championship Record	
M30	15.88kg: T Bates [OTG]	15.90	27/01/2025	W Ginige [AKL]	6.75	19/02/2024
M35	15.88kg: P Jensen [WLG]	21.01	2004	M Cumming [A]	14.47	17/03/2002
M40	15.88kg: P Jensen [WLG]	18.23	2009	M Cumming [A]	15.56	05/03/2006
M45	15.88kg: P Jensen [WLG]	17.44	12/04/2014	M Cumming [A]	15.30	29/02/2008
M50	11..34kg: M Cumming	20.11	25/11/2012	M Cumming [A]	20.00	03/03/2013
M55	11.34kg: P Jensen [W]	19.59	18/02/2023	M Cumming [A]	17.81	03/03/2018
M60	9.08kg: K Bradley [WBP]	17.45	2006	K Bradley [WBP]	16.48	05/03/2005
M65	9.08kg: L Devlin [HBG]	17.09	17/03/2002	L Devlin [HBG]	17.09	17/03/2002
M70	7.26kg: L Devlin [HBG]	18.06	2006	L Devlin [HBG]	17.19	05/03/2006
M75	7.26kg: M Carr [AKL]	14.80	1997	B Senior [CAN]	13.43	04/03/2017
M80	5.45kg: B Senior [CAN]	14.96	24/01/2021	B Stannius [WBP]	14.66	08/03/2009
M85	5.45kg: D Scratton [N]	10.99	2004	R Johnson [AKL]	10.46	28/02/2020
M90	5.45kg: J Blair [OTG]	8.71	30/11/2024	J Blair [OTG]	8.48	03/12/2022

Throws Pentathlon (post May 2010) <i>Updated using 2023 Age Factors</i>				NZMA National Record			NZMA Championship Record		
M30	V Smith [WBP]	2657 pts					W Ginige [AKL]	1267 pts	18/02/2024
M35	M Scholten [OTG]	2890 pts	26/10/2016				M Scholten [OTG]	2609 pts	03/03/2014
M40	A van der Westhuizen [AKL]	3360 pts	11/10/2020				A van der Westhuizen	3326 pts	28/02/2021
M45	A van der Westhuizen [AKL]	3743 pts	27/03/2022				A van der Westhuizen	3430 pts	04/12/2022
M50	M Cumming [AKL]	3364 pts	04/03/2013				M Cumming [AKL]	3364 pts	04/03/2013
M55	M Cumming [AKL]	3468 pts	27/04/2017				J Van Zyl [WBP]	3384 pts	01/03/2015
M60	J Thomas [AKL]	3271 pts	13/10/2019				J Thomas [AKL]	3373 pts	01/03/2020
M65	J Thomas [AKL]	3874 pts	18/02/2024				J Thomas [AKL]	3874 pts	18/02/2024
M70	B Senior [CAN]	3136 pts	07/03/2011				B Senior [CAN]	3136 pts	07/03/2011
M75	B Senior [CAN]	3507 pts	20/03/2016				B Senior [CAN]	3349 pts	28/02/2016
M80	B Senior [CAN]	3611 pts	24/01/2021				R Johnson [AKL]	2964 pts	01/03/2015
M85	R Johnson [AKL]	3097 pts	12/09/2018				L Carter [AKL]	1956 pts	05/03/2012
M90	R Johnson [AKL]	3550 pts	07/11/2022				J Blair [OTG]	2638 pts	04/12/2022
Track Pentathlon (post May 2010) <i>Updated using the 2023 Age Factors</i>									
M30	R Little [HBG]	1966 pts	04/12/2022				R Little [HBG]	1966 pts	04/12/2022
M35	D Hansen [TAS]	2829 pts	05/03/2017				D Hansen [TAS]	2829 pts	05/03/2017
M40	D Hansen [TAS]	3126 pts	03/03/2019				D Hansen [TAS]	3126 pts	03/03/2019
M45	D Hansen [TAS]	3330 pts	04/12/2022				D Hansen [TAS]	3330 pts	04/12/2022
M50	W Doyle [CAN]	3179 pts	01/03/2015				W Doyle [CAN]	3179 pts	01/03/2015
M55	S Te Whaiti [WBP]	3217 pts	25/11/2018				S Te Whaiti [WBP]	3144 pts	01/03/2020
M60	B Solomon [WBP]	2707 pts	13/03/2023				B Solomon [WBP]	2650 pts	15/01/2023
M65	J Rawcliffe [TAS]	2731 pts	18/02/2024				J Rawcliffe [TAS]	2731 pts	18/02/2024
M70	W Green [STH]	2437 pts	04/12/2022				W Green [STH]	2437 pts	04/12/2022
M75	D Anstiss [AKL]	2416 pts	20/03/2021				W Schenk [AKL]	1964 pts	28/02/2021
M80	R Johnson [AKL]	2265 pts	02/03/2014				R Johnson [AKL]	2265 pts	02/03/2014
M85	H Mein [WBP]	910 pts	2016				H Mein [WBP]	570 pts	04/03/2018



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