

Appendix A – NZMA Men’s National & Championship Combined Event Information: (Updated 04 July 2024)

This appendix is to record individual event performances for combined events so that if age factors change, a new points total can be calculated. This will avoid having to archive records in the future. However, if implement specification change records will be archived.

In compiling this table & up-dating the records, every effort was made to local the best performances. All point totals will vary from the original points scored, due to recent age factor changes (January 2023).

However, if you still believe a performance has been over-looked, please send a copy of the meeting results, (including individual event performances) to Andrew Stark (aws@xtra.co.nz) for checking.

To help complete the task, can you supply individual event details for the records highlight in yellow?

These point totals are subject to change once the new age factors are applied.

Where known, the athlete’s centre as at the time of their setting of a record is designated. This has only recently been included and we think we have identified correctly when an athlete changed centre. Please email nzmastersathletics@xtra.co.nz if you can correct or populate for those we don’t have recorded. Similarly, we have only recently added wind-readings for the relevant events so please contact us if you can provide this information for those we don’t have.

NZMA National Throws Pentathlon Records / Individual Event Performances & Points:

Updated using 2023 Age Factors

Men	HT	SP	DT	JT	WT	Total	Date	Venue
M30 V Smith [WBP]	36.18	11.83	34.66	35.73	13.45		Sept 2012	Tauranga
<i>Points:</i>	476	596	557	381	647	2657		
M35 M Scholten [OTA]	44.59	11.75	33.47	44.62	12.30		26/10/2016	Perth
<i>Points:</i>	614	624	533	538	581	2890		
M40 A van der Westhuizen [AKL]	50.14	13.30	32.46	38.00	15.61		11/10/2020	Auckland
<i>Points:</i>	748	777	525	480	830	3360		
M45 A van der Westhuizen [AKL]	53.41	13.06	32.40	42.26	15.41		27/03/2022	Auckland
<i>Points:</i>	867	820	567	606	883	3743		
M50 M Cumming [AKL]	55.23	10.32	36.27	24.95	19.35		04/03/2013	Wellington
<i>Points:</i>	875	602	595	309	983	3364		
M55 M Cumming [AKL]	52.59	10.26	29.85	24.66	19.23		27/04/2017	Auckland
<i>Points:</i>	904	651	513	343	1057	3468		
M60 J Thomas [AKL]	36.90	11.39	42.02	38.62	16.88		13/10/2019	Auckland
<i>Points:</i>	591	725	676	430	849	3271		
M65 J Frederick [NTH]	38.68	11.03	41.08	32.43	15.79		04/12/2023	Palmerston North
<i>Points:</i>	700	770	736	577	857	3640		
M70 B Senior [CAN]	36.37	10.89	33.79	27.10	12.62		07/03/2011	Hastings
<i>Points:</i>	646	740	658	474	618	3136		
M75 B Senior [CAN]	35.22	9.60	29.66	30.55	14.01		20/03/2016	Christchurch
<i>Points:</i>	716	716	648	650	777	3507		
M80 B Senior [CAN]	36.30	10.27	28.98	28.00	14.96		24/01/2021	Christchurch
<i>Points:</i>	736	744	741	611	779	3611		
M85 R Johnson [AKL]	25.39	8.97	19.61	24.53	10.26		12/09/2018	Malaga
<i>Points:</i>	581	731	557	644	584	3097		
M90 R Johnson [AKL]							07/11/2022	
						3550		

NZMA Championship Throws Pentathlon Records / Individual Event Performances & Points:

Updated using 2023 Age Factors

Men	HT	SP	DT	JT	WT	Total	Date	Venue
M30 W Ginge [AKL]	17.23	7.13	20.32	29.13	567		20/02/2024	Christchurch
<i>Points:</i>	173	315	278	287	214	1267		

M35	M Scholten [OTA]	40.23	11.57	30.11	40.75	11.00		03/03/2014	Invercargill
	<i>Points:</i>	543	612	467	479	508	2609		
M40	A van der Westhuizen [AKL]	48.95	12.80	34.12	38.05	15.39		28/02/2021	Inglewood
	<i>Points:</i>	727	743	559	481	816	3326		
M45	A van der Westhuizen [AKL]	49.66	11.78	31.17	40.32	14.07		04/12/2022	Wellington
	<i>Points:</i>	797	727	540	571	795	3430		
M50	M Cumming [AKL]	55.23	10.32	36.27	24.95	19.35		04/03/2013	Wellington
	<i>Points:</i>	875	602	595	309	983	3364		
M55	J Van Zyl [WBP]	38.59	11.68	38.86	33.68	14.56		01/03/2015	Tauranga
	<i>Points:</i>	629	759	710	518	768	3384		
M60	J Thomas [AKL]	38.90	11.19	42.40	34.80	15.97		01/03/2020	Hastings
	<i>Points:</i>	630	710	683	553	797	3373		
M65	J Thomas [AKL]	40.09	11.43	40.94	37.59	16.69		20/02/2024	Christchurch
	<i>Points:</i>	730	803	733	694	914	3874		
M70	B Senior [CAN]	36.37	10.89	33.79	27.10	12.62		07/03/2011	Hastings
	<i>Points:</i>	646	740	658	474	618	3136		
M75	B Senior [CAN]	34.10	9.37	28.20	29.44	13.36		28/02/2016	Dunedin
	<i>Points:</i>	689	696	608	621	735	3349		
M80	R Johnson [AKL]	26.33	9.57	24.72	26.52	11.95		01/03/2015	Tauranga
	<i>Points:</i>	500	684	611	571	598	2964		
M85	L Carter [AKL]	17.48	6.53	15.27	13.66	7.36		05/03/2012	Auckland
	<i>Points:</i>	365	499	405	298	389	1956		
M90	J Blair [OTG]	18.69	6.48	15.61	15.20	8.39		04/12/2022	Wellington
	<i>Points:</i>	506	585	530	457	560	2638		

NZMA National Track Pentathlon Records / Individual Event Performances:

Updated using 2023 Age Factors

Men		LJ	JT	200m	DT	1500m	Total	Date	Venue
M30	R Little [HBG]	4.72 (-0.2)	42.16	26.79 (+1.4)	26.45	5:50.37		04/12/2022	Wellington
	<i>Points:</i>	330	473	463	395	305	1966		
M35	D Hansen [TAS]	5.57 (+5.1)	42.33	24.95 (-3.2)	34.61	5:01.97		03/03/2017	Nelson
	<i>Points:</i>	540	503	655	556	575	2829		
M40	D Hansen [TAS]	5.53 (-0.7)	40.08	24.60 (-0.8)	36.00	4:56.92		03/03/2019	Timaru
	<i>Points:</i>	600	514	754	597	661	3126		
M45	D Hansen [TAS]	5.50 (+1.4)	41.38	24.80 (+1.4)	35.91	5:14.90		04/12/2022	Wellington
	<i>Points:</i>	670	590	807	644	619	3330		
M50	W Doyle [CAN]	5.20 (+0.8)	43.30	26.79 (-1.4)	34.92	5:32.00		01/03/2015	Tauranga
	<i>Points:</i>	673	636	711	567	592	3179		
M55	S Te Whaiti [WBP]	5.11	41.93	25.99	27.95	6:08.63		25/11/2018	Wellington
	<i>Points:</i>	734	682	849	472	480	3217		
M60	B Solomon [WBP]	4.21 (-0.9)	36.37	28.15 (-1.8)	32.65	7:02.24		13/03/2023	Sydney
	<i>Points:</i>	240	390	367	517	68	2707		
M65	J Rawcliffe [TAS]	3.83 (-1.6)	31.84	30.80 (-1.1)	31.39	6:51.98		21/01/2024	Nelson
	<i>Points:</i>	514	564	627	529	440	2674		

M70	W Green [STH]	3.36 (-0.2)	31.64	32.08 (+0.3)	26.05	7:43.42		22/01/2023	Christchurch
	<i>Points:</i>	441	578	614	476	328	2437		
M75	D Anstiss [AKL]	3.77 (+0.0)	15.25	34.28 (+0.0)	22.77	7:25.41		20/03/2021	Auckland
	<i>Points:</i>	668	258	547	466	477	2416		
M80	R Johnson [AKL]	2.83 (+1.7)	28.36	39.52 (+1.6)	22.85	8:44.73		02/03/2014	Invercargill
	<i>Points:</i>	425	621	354	554	311	2265		
M85	H Mein [WBP]	2.15	17.42	78.05	9.20	12:31.99		2016	Palmerston North
	<i>Points:</i>	280	415	0	203	12	910		
M90									
	<i>Points:</i>								

NZMA Championship Track Pentathlon Records / Individual Event Performances & Points:

Updated using 2023 Age Factors

Men		LJ	JT	200m	DT	1500m	Total	Date	Venue
M30	R Little [HBG]	4.72 (-0.2)	42.16	26.79 (+1.4)	26.45	5:50.37		04/12/2022	Wellington
	<i>Points:</i>	330	473	463	395	305	1966		
M35	D Hansen [TAS]	5.57 (+5.1)	42.33	24.95 (-3.2)	34.61	5:01.97		05/03/2017	Nelson
	<i>Points:</i>	540	503	655	556	575	2829		
M40	D Hansen [TAS]	5.53 (-0.7)	40.08	24.60 (-0.8)	36.00	4:56.92		03/03/2019	Timaru
	<i>Points:</i>	600	514	754	597	661	3126		
M45	D Hansen [TAS]	5.50 (+0.2)	41.38	24.80 (+1.4)	35.91	5:14.90		04/12/2022	Wellington
	<i>Points:</i>	670	590	807	644	619	3330		
M50	W Doyle [CAN]	5.20 (+0.8)	43.30	26.79 (-1.4)	34.92	5:32.00		01/03/2015	Tauranga
	<i>Points:</i>	673	636	711	567	592	3179		
M55	S Te Whaiti [WBP]	5.03 (+1.1)	42.69	26.33 (+1.1)	27.49	6:14.59		01/03/2020	Hastings
	<i>Points:</i>	711	697	821	462	453	3144		
M60	J Rawcliffe [TAS]	4.06 (-0.4)	30.13	30.02 (+1.4)	35.49	6:38.76		04/12/2022	Wellington
	<i>Points:</i>	508	460	609	549	420	2546		
M65	J Rawcliffe [TAS]	3.86 (+1.5)	31.52	29.95 (+0.8)	31.04	6:51.29		20/02/2024	Christchurch
	<i>Points:</i>	523	557	687	521	443	2731		
M70	W Green [STH]	3.48 (+0.9)	29.82	32.60 (+2.7)	25.37	7:29.12		04/12/2022	Wellington
	<i>Points:</i>	479	536	579	460	378	2432		
M75	W Schenk [AKL]	3.48 (+1.1)	18.54	35.40 (-1.2)	19.53	8:53.00		28/02/2011	Inglewood
	<i>Points:</i>	561	340	481	382	200	1964		
M80	R Johnson [AKL]	2.83 (+1.7)	28.36	39.52 (+1.6)	22.85	8:44.73		02/03/2014	Invercargill
	<i>Points:</i>	425	621	354	554	311	2265		
M85	H Mein [WBP]	1.64 (-0.0)	11.87	61.70 (+0.9)	9.49	13:11.77		04/03/2018	Whangarei
	<i>Points:</i>	115	243	0	212	0	570		

Non NZMA Track & Field Championship

NZMA Decathlon Records / Individual Event Performances (post May 2010):

Updated using 2023 Age Factors

Men	100m	LJ	SP	HJ	400m	SHurd	DT	PV	JT	1500m	Total	
M30												
	<i>Points:</i>											
M35	V Lusia [CAN] (Christchurch, February 2021)	12.96	5.15	9.21	1.33	59.31	21.78	27.87	2.20	32.45	5:09.57	
	<i>Points:</i>	475	449	463	276	474	228	423	183	334	506	3871
M40	D Hansen [TAS] (Christchurch, February 2021)	12.36	6.08	11.82	1.60	54.84	18.09	38.34	2.90	42.36	5:13.40	
	<i>Points:</i>	661	736	595	464	605	584	645	381	552	567	6063
M45	W Doyle [CAN] (Tauranga, February 2012)	12.99	5.19	11.19	1.55	59.47	19.56	32.20	3.00	45.01	5:34.73	
	<i>Points:</i>	624	591	684	560	608	516	563	457	655	514	5772
M50	W Doyle [CAN] (Wanganui, February 2016)	12.23	5.30	12.64	1.61	58.13	16.82	38.36	3.20	46.20	5:40.78	
	<i>Points:</i>	850	700	765	696	734	704	637	579	690	547	6902
M55	W Doyle [CAN] (Christchurch, November 2019)	13.02	5.06	11.20	1.51	62.53	18.58	37.82	3.00	40.15	5:48.25	
	<i>Points:</i>	780	720	723	679	645	609	687	579	647	577	6646
M60	P Davies [OTG] (Dunedin, November 2022)	13.62 (+0.1)	4.16 (-0.3)	10.50	1.27	71.83	20.02 (+0.5)	35.70	2.80	30.25	7:44.61	
	<i>Points:</i>	755	537	659	496	419	438	553	579	462	189	5087
M65	W Doyle [CAN] (Dunedin Feb 2024)	14.02 (-1.4)	4.76 (+1.5)	12.18	1.41	65.36	18.70 (+0.9)	34.67	2.75	27.56	5:59.83	
	<i>Points:</i>	687	720	785	653	622	554	533	560	409	594	6117
M70	D Anstiss [AKL] (Perth, October 2016)	15.45	3.85	6.94	1.33	73.06	16.29	24.55	2.10	20.50	6:57.49	
	<i>Points:</i>	622	602	428	731	530	565	441	449	326	499	5193
M75	D Anstiss [AKL] (Auckland, March 2022)	16.17 (+1.3)	3.80 (+2.3)	7.49	1.30	1:22.08	17.40 (+0.4)	16.43	2.40	16.65	7:32.03	
	<i>Points:</i>	599	679	532	785	377	563	304	673	292	452	5256
M80												
	<i>Points:</i>											
M85	R Johnson [AKL] (Dunedin, January 2018)	19.92	2.55	8.32	0.99	1:42.99	0	10.11	1.50	25.21	9:07.31	
	<i>Points:</i>	797	940	944	831	880	0	411	819	1165	929	7716
M90												
	<i>Points:</i>											