

UP-FRONT

Editorial

By: Bryan Mayall

Welcome to the second edition of our summer Up Front for the 2017-18 season. Thanks to our warmer and sunnier summer season our Masters will surely have a spring in their step. I am sure many of our Masters will be targeting the upcoming Oceania Masters Athletic Championships next month in Dunedin. I have no doubt this will be a magnificent event flavoured with the usual Dunedin hospitality.

Not too much of any real interest on the International sporting front. The dust has settled on our All Blacks performances and we can dwell on our near miss from the All Whites qualifying for the World Football Cup next year.

Looking ahead on our Masters sporting calendar I see where the WMA Stadia Championships will be held in Malaga Southern Spain on 5 -16 September 2018. For those Masters who have never ventured out of their comfort zone I would highly recommend going to this event either as a competitor or a supporter.

In conclusion all the very best to all our Masters for the remainder of the 2017-18 season. Also special thanks to all my contributors who have made this edition possible. Finally a very Merry Christmas to you all from our Up Front team.

Coming Events 2017 - 2018

January 20-27 OMA Track and Field Championships Dunedin
 January 28 AMA Meeting Mt Smart 9.30
 February 4 WBOP Masters Championships Tauranga
 February 18 WBOP Masters Trophy Day Porritt Stadium 12 noon
 March 2-4 NZMA Masters Championships. Whangarei
 March 18 AMA Meeting Mt Smart 9.00

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Snippets

Birthdays

Congratulations to our Masters Legend Stew Foster who celebrated his 80th Birthday on 6 November. Well done Stew I am sure you have heaps more to give on the track and can continue to set some age records.

Get Well

I have just heard recently from Diana Goodall that her Fred has had major surgery and now is recovering slowly in Wellington Hospital. We wish you a speedy recovery Fred and hopefully can celebrate your 80th Birthday next 9 January. For any Masters who would like to send Fred a Get Well card his address is 28 Fitzpatrick Street, Newlands, Wellington

Subscriptions

Subscriptions are now due for the 2017-18 season. Contact Fay Riley at murrayclarkson@extra.co.nz for a membership form.

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Warm up Meeting Sunday 8 October 2017

Judy Chandler

Our first track and field meeting for the season weatherise could be called 'interesting'. Drizzle, rain and wind. It turned out to be a day for the sprinters and field event competitors.



Thank you Laini Inivale and Fuzzy Maiva for coming down from Auckland in this weather, always fun to have you here. Laini's wife Jo came too for her first time at one of our meetings, competing in all the throwing events. Also from Auckland Craig Seymour, especially to race the 200m.

Welcome to new members Annette Parlane, Brian Clayton and Michael Peck, good to see Gordon MacKenzie back again.

Stephen Te Whaiti, Sheryl Gower, Brian Clayton, Michael Peck

Sprint races 60m 100m and 200m

60m - Very close finish between Stephen Te Whaiti 8.4 and Michael Peck 8.7. Close too for second - Brian Clayton 10.4, Sheryl Gower 10.5.

100m – Gordon Mackenzie away in 12.6, Stephen Te Whaiti 13.5, Michael Peck 14.3, Sheryl Gower 16.8, Brian Clayton 17.7.

200m – Gordon Mackenzie 25.7, Stephen Te Whaiti 27.4, Craig Seymour 28.8, Sheryl Gower and Brian Clayton both recording 41.5 for third.



Dave Couper and Kevin Bradley

We had no competitors in the 400m, 800m, 1500m or 3000m and was too wet for the short hurdles race. No High Jump or Triple/Long Jump. I wonder where our middle distance runners were? Maybe having the Tauranga International Marathon on Saturday and the Hamilton Half Marathon on our Sunday may have made a difference?

Our team of nine enthusiastic throwers had a 'Field Day'. They sounded so happy out there even in the rain, I could hear them enjoying themselves. Thank you to Fay and Joan who were out in the rain with them recording all the way through. Thanks to the athletes themselves also who helped out in these interesting conditions.

Our team, nine competitors of varying age groups throwing different age group weights were. Kevin Bradley; Laini Invale; Fuzzy Maiva; Dave Couper; Mark Henderson; Annette Parlane; Jo Invale; Ray Laurie; Stephen Te Whaiti.

Good competition and results.

Kevin Bradley – Weight Throw 15.23m; Discus 24.68m; Hammer 27.01m; Javelin 24.63m

Laini Invale – WT 14.15m; Discus 33.12m; Hammer 34.6m; Shot Put 13m

Fuzzy Maiva – WT 11.09m; Discus 25.76m; Hammer 26.11m

Dave Couper – WT 10.97m; Discus 28.54m; Hammer 32.85m; Shot Put 10.45m

Mark Henderson – WT 8.42m; Discus 21.91m; Hammer 19.82m Shot Put 7.35m

Annette Parlane – WT 7.33m; Discus 15.35m; Hammer 17.64m; Javelin 10.12m; Shot Put 6.05m.

Well done Annette with your first throws competition. Annette said that she had coached some children in throws events.



Fay Riley with Laini Invale and Fuzzy Maiva

Jo Invale–WT 5.59m; Discus 10.23m; Hammer 17.49m; Shot Put 4.58m. Personal Bests Jo, congratulations.

Ray Laurie – good to see Ray over from Tauranga – WT 5.89m; Hammer 15.03m; Javelin 18.32m

Stephen Te Whaiti – Discus 29.55m; Javelin 35.46m . Hurdles next time Stephen.

Following competition we had our usual yummy afternoon tea and get together. Thank you to all our helpers - Marion and Jeannette with time keeping, Bryan our announcer, Murray our starter, Dave with gear and setting up, Murray with entries, and to all those who helped out with field events Fay, Joan and others. Last but not least our afternoon tea helpers.

Warm up Meeting Sunday 12 November 2017 Judy Chandler

Somebody, I wonder who? or how many of you ordered a fine and dry day for this meeting, thank you, it worked. Totally opposite to our October meeting weather. Twelve athletes competing in track events, 15 athletes competing in throws events and four high jumpers.

Welcome to our two new members Morne Du Plessis in the sprints and Neil Tait in throws events - welcome back Neil .



Darryl Conn, Michael Peck, Sheryl Gower

Exciting close finishing in the men's 60m and 100m races. What an amazing lineup of top sprinters

60m Men –

Race 1 - Morgan Foster 7.2; Bruce Solomon 7.5; Stephen Te Whaiti 7.8 Stephen Burden 8.0; **Race 2** - Michael Peck 8.5; Darryl Conn 10.2; Murray Clarkson 10.8; Stew Foster 11.5.

60m Women- Sheryl Gower 9.9; Joan Mayall 12.4

100m Men

Race 1 - Morgan Foster 11.6; Stephen Te Whaiti 12.2; Bruce Solomon 12.4; Stephen Burden 12.4 .

Race 2 – Morne Du Plessis 13.3; Michael Peck 13.8; Darryl Conn 16.4; Murray Clarkson 17.5; Stew Foster 18.6.

100m Women– Sheryl Gower 16.4; Joan Mayall 21.8.

200m Men – Fast finishing with Stephen Te Whaiti 26.1; Bruce Solomon 26.3; Mark Henderson 30.0; Darryl Conn 33.9

200m Women Sheryl Gower 35.7; Joan Mayall 46.9

This time we had several competitors in the longer track events.



Stephen Te Whaiti, Stephen Burden, Bruce Solomon, Morgan Foster

Discus the most popular with 11 competitors. `

Kevin Bradley – Weight Throw 14.69m; Discus 26.58m; Hammer 34.23m;

Dave Couper – WT 11.52m; Discus 30.92m; Hammer 32.21m; Shot Put 10.25m; Javelin 40.79m

Mark Henderson – Javelin 18.77m

Annette Parlane – WT 7.18m; Discus 18.22m; Hammer 17.92m; Javelin 11.27m; Shot Put 6.31m.

Stephen Te Whaiti – Discus 30.08m; Javelin 41.24m . Shot Put 9.91m.

400m Men Benjamin Henderson 73.6 followed by Ian Clarke 76.5 and Darryl Conn 87.0

800m – Darryl Conn 3:13.0.

3000m Run- Darryl Conn 14:58.0 - Darryl competed in all six track events-that must be a record?

3000m Walk - Good to see our two race walkers again, Sheryl Miratana 22:37.0. Loloma Foster 23:48.0

High Jumpers – Stephen Te Whaiti 1.5; Bruce Solomon 1.35; Mark Henderson 1.35; Michael Peck 1.3;

This time fifteen keen throws competitors, different age groups and weights.



Neil Tait - Photo Ian Clarke.

Don Butler – Discus 14.46m; Hammer 13.51m; Shot Put 4.13m
 Bruce Solomon – Discus 31.96m; Javelin 31.41m
 Neil Tait- WT 12.15m; Discus 26.68m; Hammer 22.21m; Javelin 23.66m; Shot Put 8.68m
 Stephen Burden – Discus 28.58; Javelin 34.24m
 Ian Clarke - Discus 26.64m; Hammer 25.72m; 33.42m
 Murray Clarkson – Discus 12.15m
 Michael Peck – Discus 19.5m
 Michelle Bitcheno – Hammer 27.68m; Shot Put 6.74m
 Sheryl Gower – WT 6.94m; Shot Put 5.84m
 Joan Mayall – Shot Put 5.42m

Followed by afternoon tea and get together. What would we do without our helpers - Marion and Jeannette with time keeping, our announcer Bryan, Murray our starter, Dave and Marion with gear setting up, Fay and Murray with entries and all of our field event helpers. Special thanks to our 'newly discovered photographer Ian Clarke, he took stunning photos.

Presidents Report Murray Clarkson

Since our last report we have had the following events:-

Oceania Throws Pentathlon This event was held again in Edgecumbe, our members being hosted by the Edgecumbe College Academy, who provided excellent Officials assistance and a welcome afternoon tea. Results are available on the website. There have been a few errors in the results which will be corrected.

Warm-up Meet 1 Held at Porritt stadium on 8th October.

It was disappointing that we did not have the numbers for any distance events and the day was limited to sprinters and throwers. We welcomed our friends from Auckland and four new athletes giving it a go. We trust they enjoyed our company and will continue to do so.

Warm-up Meet 2 Held at Porritt Stadium on 12th November.

A better turn-out this time with 15 taking part in the Throws events along with five in the longer distance events led to a more active meeting. Two new members joined along with a past member re-joining after a break from competing.

Christmas Meeting – 10th December This meeting was run in conjunction with an Open Meeting of the Waikato Centre. Our turn-out was limited due to another meeting being held in Auckland. We were able to take advantage of the electronic timing and were made welcome. I would like to try this again as our athletes were not intimidated by the younger competitors and it is good for younger athletes to see that there are older athletes around able to compete. Results were not available at time of writing.

Tauranga Track. As you are all aware, the Tauranga Domain track is currently being re-surfaced with the same surface as that of Porritt Stadium. This is budgeted at \$750,000 with 50% being funded by Tauranga Council. It is expected to be completed early February. We look forward to having a Track to train and compete on again in Tauranga.

A.G.M. The AGM of NZMA will be held in Whangarei at the NZ Champs.

Deadlines are looming for Athletes of the Year. Board Member nominations and remits. If anyone has any suggestions for these, our Secretary would be pleased to receive them. Consideration also needs to be made with regard to a new President for the future. I will be stepping aside as President at our next Annual General Meeting. In my last report I suggested that members keep warm and active. The reverse now applies. Keep cool over the Festive season and enjoy the Family contact at this time.

North Island T & F Champs Inglewood 24-25 November 2017
Track Report Bruce Solomon

The attendance Nationally and from WBOP was down on 2016 which was a missed opportunity for many Masters athletes to break some North Island records. The weather conditions were hot with very little or no wind. WBOP also had no female representation in the Sprints. Come on ladies...



Inglewood is a fantastic stadium and track with the most amazing Mt Taranaki backdrop which was visible throughout the weekend. A perfect Champs for my final M50 age group.

Stephen Te Whaiti, Stephen Burden & Hector Mein were the in form sprinters as the results reflect.

Morne' du Plessis, one of our newest members has been suffering with injuries for a while and unfortunately it flared up during the 60m resulting in him having to pull out of the 100m and 200m.

Stephen Te Whaiti and Bruce Solomon in 60m

It was great to see Les Williams competing in the Sprints, as well as to see Murray Clarkson joining the Sprint events as we usually only see him competing in the middle distances.

Track Results

		60m	100m	200m	400m	800m	1,500m
Stephen Te Whaiti	M50	7.85	12.67	27.62			6.07.42
Bruce Solomon	M50	8.16	13.13	26.58	62.14		6.36.95
Stephen Burden	M55	8.14	12.89	27.30			7.09.18
Morne' du Plessis	M40	x	14.09	x			
Murray Clarkson	M70	11.08	18.3	x		3.05.06	
Les Williams	M80	12.98	27.78	x			
Hector Mein	M85	14.48	24.86	x			

Throws Report Dave Couper

A small but hardy group of WBOP Throwers descended on Inglewood for the 2017 edition of the North Island Masters Athletic Champs. Championship Records and Personal Bests were the order of the weekend. With WBOP throwing legend Bev Savage as chief judge for most events the stage was set for some epic performances.



Tania Hodges was in supreme form. Personal Bests in four events and smashing the championship records for the Weight Throw(13.07m) and Throws Pentathlon(3195) were awe inspiring. Michelle Bitcheno in just her second was not to be out done. Multiple PB's showed the vast improvements Michelle has made in the last 12 months. Newcomer Annette Parlane had a good showing and came away with a championship record for the Discus. Theresa Large had victories in the Hammer, Shot put and Discus.

In the Men. Dave Couper came away with a record for the Throws Pentathlon and seasons bests in the Javelin and Shot put. Multi eventers, Stephen Te Whaiti and Stephen Burden seemed to be everywhere all weekend. Stephen Burden's bright boots did the trick in the Javelin, coming away with the win. Stephen Te Whaiti also had a javelin victory with an impressive 39.92m. Seems to be something

with WBOP and the Javelin. Hats off to the two Stephens on finishing the weekend with a 1500m in the Track Pentathlon.

Photos Warm Up Meetings Photos Ian Clarke



Kevin Bradley



Mark Henderson



Michael Peck



Loloma Foster and Sheryl Muritana



Stephen Te Whaiti Joan Mayall officiating



Sheryl Gower, Morne' Du Plessis , Michael Peck

Photos Inglewood Courtesy Sharon Wray



Hector Mein



Michelle Bitcheno



Stephen Burden Long Jump



Murray Clarkson



Mount Taranaki as a backdrop