**NZMA Athlete of the Year**

**Nomination Form**

Nominations are called for Athlete of the Year Awards for the calendar year

**1 January 2016 to 31 December 2016.**

**Best Male and best Female in each category**

**Please fill in a separate form if nominating an individual for more than one category**

Make sure that the performances cited are relevant to the category for which a nomination is being made. Wherever possible include an age graded percentage.

Awards are based solely on athletic performance within the time period.

**Categories –**

**Sprints:** 50 (indoors) 60 to 400m

**Middle Distance:** 800 to 5000m, 2000m SC & 3000m SC

**Distance:** 10,000mTrack, Marathon, Road and Cross Country

**Hurdles:** 50(indoors) **/**80 / 100 /110 / 200 / 300 / 400

**Jumps:** LJ, TJ, HJ, PV

**Throws:** DT, SP, HT, JT, WT

**Combined Events:** Decathlon, Heptathlon, Pentathlon, Throws Pentathlon

**Walks:** All recognised distances.

Name: Date of Birth:

Male or Female

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| --- | --- | --- | --- | --- |
| **Event** | **Date and Age at**  **time of event** | **Performance** | **%** | **Record/Medal** |
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Nominated by: Centre: Date:

Please return to - Chris THOMPSON, 10 Toledo Avenue, Henderson, Auckland, 0612.