



New Zealand Masters Track & Field Championships



Nga Puna Wai, Christchurch
16th February - 18th February 2024



Hosted by



and



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Message from Canterbury Masters President & New Zealand Masters President

It's been thirteen years since the 2011 earthquake destroyed QEII. While Canterbury Masters, along with the Mid South Canterbury Sub-Centre did host the NZMA Championships in Timaru (2019), this is the first time it has been held at the new home of Athletics Canterbury.

It was noted last year that we needed to reduce the size the female throwers groupings. This was achieved by creating three groups. Consequently that means we need an additional group of officials. We are fortunate that we do have throwing circles and a javelin runway in our practice area. This allows us to run three throwing events inside the main arena and two out the back, all at the same time. The challenge is, can we successfully officiate all events.

During the past couple of weeks I have put out a call for helpers. Thank you to those who made it known they can officiate and to those who will step up and assist during the weekend.

I am also extremely appreciative of the help that I have received from members of the Athletics Canterbury Track & Field Committee, our local officials, the Athletics Canterbury General Manager and the Fund-raiser Manager. Collectively it will enhance our ability to deliver a successful event.

Over the past few year, NZMA has worked more closely with Athletics NZ, as a way of ensuring that our events are factored in when allocating venues for major events throughout the track & field season. Despite their help, our event this weekend clashes with the ANZ Combined Event Championships being held in Dunedin, plus also with Athletics Wellington's Centre Championships. This means that we will potentially be short of officials.

As you go through the programme, you will see I have tried to balance numbers in events by incorporating age groups in a way that will offer you some good keen competition. Perhaps not in the more tradition way, but I am confident it will add to your enjoyment, particularly in some track events.

In early May there is a meeting in Rotorua of all ANZ Centre leaders. At this meeting we will be discussing how best to allocate major events to the various Centres on a rotational basis. My hope is that we can get some certainty about where our future venues will be, rather than leaving to the last minute as has been the case over the past few seasons.

During the weekend, we will be joined by local interclub athletes participating in track events and I am hoping some will assist with officiating our events. This is your chance to show them that you are never too old to compete.

Finally, welcome to Nga Puna Wai. I look forward to catching up with old friends and getting to know more of you over the next few days, as I move around the venue.

Andrew Stark



List of Key Personnel

Meeting Manager:	Trevor Spittle, Andrew Stark (NZMA)
Officials / Helpers Liaison:	Brian Theobald & Andrew Stark
Track Officials:	Karen Gillium-Green, Kevin Prendergast, Ruth Liong, Don Mackenzie, Paul Nicholls, Rozie Robinson
Field Officials	Avril Davies, Graham Davies, Bernie, Jago, Anne Kennedy, Jo Hampton, Pricilla Blanchet, Bill Boyd, Anne Davison, Colin Freeman, Ruth Liong, John McBrearty, Annette Purvis, Annette Sauer, Ken Simpson, Ann Wells
Chief Walks Judges:	TBC
Jury of Appeal:	Andrew Stark, Trevor Spittle and one other key official not involved in the event that is being protested.
Technical / Equipment:	Alan Tucker
Photo Finish	Craig Brown, Richard Morrison
Control Room / Results:	Helen Mackle, Josie Gray
Announcer:	Andrew Stark, Eddie Copley
Start Co-ordinator & Starters:	Tim Chiswell, Louise Martin, Rozie Robinson
Additional Meeting Officials & Volunteers:	<p>Thank you to the athletes and others not mentioned as officials. At the time of creating this programme, a full list of officials was not available.</p> <p>We will allocate roles during the weekend, once we know who is there.</p>
Official's Catering	Catering in a Box - Nga Puna Wai Sport Hub Building
Medals Presentations:	Andrew Stark and helpers
NZMA Championship Entries	Andrew Stark
NZMA Records Co-ordinator:	Brayden Grant
General Programme Enquires:	Andrew Stark
Programme Booklet Formatting & Printing:	Andrew Stark, AWS Publications Ltd

To ensure the meetings runs smoothly, if you are a supporter or athlete who is able to assist officiating if required, please make yourself known to the Meeting Manager.

Local Organising Committee:	Andrew Stark (chair) & Athletics Canterbury Track & Field Committee
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**Saturday Afternoon BBQ - from 2:30 p.m.
Nga Puna Wai Sport Hub Building**

Social gathering for athletes and officials

**FREE BBQ for ALL Officials,
but you will need a TICKET**

See Andrew Stark if interested in going

General Information

Eligibility:

All entrants must be a financial Competitive member of either New Zealand Masters Athletics or an Athletics New Zealand club for the 2023 / 2024 year.

These Championships are the official New Zealand Track & Field Championships of New Zealand Masters Athletics Inc. and have been jointly organised by Canterbury Masters Athletics Inc. and Athletics Canterbury, on behalf of NZMA.

Regulations:

This competition will be conducted under the IAAF and WMA rules subject to any special rules laid down by the Local Organising Committee.

Meeting Administration / Control Room / Announcer / Photo Finish:

The meeting is controlled by the Meeting Manager, whose office is located in the Control Room first floor of the building opposite the finish line. The photo finish equipment area is also located in this building.

Entry to these areas is restricted to key officials and operators. Athletes and other personnel are asked NOT to go into these areas for any reason.

All programme enquires, including scratches can be made at TIC, in the ground floor room of the Control building.

Results:

Results will be posted on the notice board located beside TIC inside the double doors, as soon as possible after the completion of each event. Mobile Meet Manager will also be operational

Inquiries & Protests:

Inquiries about the results must be made at the Meeting Manager's office.

Protests about results must be made firstly to the appropriate Referee.

The Referee may decide on the protest or refer the matter to the Jury of Appeal.

An application to the Jury of Appeal must be made in writing and signed by a responsible official on behalf of the athlete and must be accompanied by a deposit of NZ\$50 before the appeal is held. The deposit will be forfeited if the appeal is unsuccessful.

Protests and Appeals must be made within 30 minutes of the official results being posted for displayed or referee's decision.

Medical Conditions / Services:

Any competitors with medical conditions that could affect medical treatment in the event of injury or illness are requested to have their medical conditions written on the back of the competitor's competition number.

Medics will be available for assistance throughout the meeting.

Funding Acknowledgements:

*Canterbury Masters Athletics would like to acknowledge the sponsorship assistance we received from the **Hotel Elms**, the venue of the NZMA Awards Dinner and the accommodation of choice for our out on town officials.*

*We also acknowledge the grants received from **4th World Veterans games Trust, The Trusts Community Foundation** and **TAB NZ**, providing us with assistance to cover the major expenses involved with hosting the 2023 / 2024 NZMA Track & Field Championships here at Nga Puna Wai.*

Thank you also to Harraways for the supporting all athletes with their race pack item.

Hotel Elms Christchurch: Your Home Away from Home

A haven for athletes and sports enthusiasts

Hotel Elms Christchurch is proud to partner with Athletics Canterbury to provide our guests with an exceptional experience. Whether you're a seasoned athlete or a passionate sports fan, our hotel is the perfect place to relax and recharge after a day of competition or cheering on your favourite team.



Convenient location

Located conveniently between the airport and CBD and 5 mins drive from State Highway 1 South into Christchurch, Hotel Elms is just a short distance from many of the city's most popular attractions, including the Christchurch Stadium, Hagley Park, and the Canterbury Museum. We are also close to a variety of restaurants, bars, and Northland Shopping mall.

Comfortable and stylish accommodations

Our hotel offers a variety of spacious and comfortable guest rooms, all of which are equipped with modern amenities. We also have a range of facilities and services to cater to the needs of our guests, including a restaurant, bar, conference facilities and 24 hour complimentary access to Snap Fitness 5 mins walk away.

Special discounts for New Zealand Masters members

Athletes and officials travelling to events in Christchurch can enjoy a special discount on their stay at Hotel Elms Christchurch. Simply mention you are here for athletics when booking to receive your discount.

We look forward to welcoming you to Hotel Elms Christchurch soon!

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Email: reservations@hotelelms.co.nz Website: <https://www.hotelelms.co.nz/>

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We have more to offer

Meetings and Events

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Fig Restaurant and Bar

Discover one of the best dining experiences in Christchurch. From a sumptuous hot breakfast to enticing light bites and creative dishes for lunch and dinner at Fig Restaurant.

Breakfast: 6:30 a.m. – 10:00 a.m.

Lunch: 10:30 a.m. – 2:30 p.m. November - March

Dinner: 5:30 p.m. – 9:30 p.m.

Information for all Competitors

Age Groups & Competition Numbers:

Competition will be conducted in the following five-year age groups for men and women as outlined in the table.

In accordance with WMA rules, competitors may only compete in the age group for which they qualify on the 1st March 2019, which is the first day of competition.

Track & Field competitors must wear the supplied **competition number**, clearly displayed on the front chest of their uniform.

If you compete in a tracksuit the number/s must be worn in the same manner. The full number/s and sponsor's name must be visible at all times.

Combined Age Group Events:

Where there are insufficient entries to warrant separate events being held (or if the timetable so requires) the Organising Committee will combine athletes of more than one age group in an event.

Reporting a Clash of Events:

When a competitor has a clash of events, please advise the officials of your intention to compete in both events. Please note that the track event takes priority and whilst every endeavour will be made to ensure the appropriate number of trials in field events will occur, this may not always be possible.

The field event officials will do their best to accommodate your requests.

Please remember that officials are there to help you enjoy the Championships.

If approached calmly, any problem can be resolved.

Changes to the Programme:

Any changes to the programme will be advised over the public address system and posted on the **notice board**, positioned in the area inside the Control Room beside TIC.

Assistance to Competitors:

Competitors are reminded of IAAF rule 144/2(d) where use of video or cassette recorders, radios, C.D. players, radio transmitters, mobile phones or similar devices is not allowed in the arena.

Records:

A list of the NZMA Track & Field National & Championships Records is available at the back of this programme.

If you think you are likely to break a record in a field event, please indicate that to the recorder so that the correct procedure is followed.

For a throwing event, your 'record' performance will be marked, then re-measured with a steel tape at the completion of your event to confirm the exact distance. The implement used will need to be identified/ isolated and re-checked. The results sheet must be signed by the event recorder and the Field Referee.

Electronic timing is being used on all three days.

NZMA Championship records will be taken off the results. If you know you have broken a record, please let that be known to a field or track referee ASAP.

If you break a **NZMA National Record**, then ALL correct and signed paper work needs to be completed during the weekend and a NZMA representative has been appointed to assist in this process.

Café facilities:

There will be coffee cart onsite for the duration of the championship, plus there is a café in the Nga Puna Wai Sports Hub building over the embarkment, next to the hockey turf.

Age Group	Men & Women
30-34	3000 series
35-39	3500 series
40-44	4000 series
45-49	4500 series
50-54	5000 series
55-59	5500 series
60-64	6000 series
65-69	6500 series
70-74	7000 series
75-79	7500 series
80-84	8000 series
85-89	8500 series
90+	9000 series

Information for Field Event Competitors

General Information:

No competitors will be allowed to wear spikes projecting more than 9mm when competing in field events. The order in which competitor's names appear in the programme does not necessarily indicate the order in which you will compete.

In throwing events, long and triple jumps, when there are eight or less competitors per age group all shall be eligible for six trials.

No competitor may join an event once the fourth round has commenced. Competitors joining before the fourth round shall not be allowed catch up attempts.

Competitors joining the high jump and pole vault after the start, must commence at the height at the time of entry.

Hammer & Weight Throw:

Preliminary one handed movement of the implement is allowed, provided these swings do not go around or above the head. However, once the throwing action commences, **TWO** hands must be used at all times during the throwing action until the implement is released.

High Jump / Pole Vault:

Competitors are allowed to touch the landing area before clearing the bar, but may not use the landing area to any advantage as determined by the Field Judge.

Personal Throwing Equipment - available to ALL competitors:

Such equipment must be presented to the Technical Officer for certification at least three hours prior to the start of your event. If your event is in the morning the implement must be presented the previous day.

Approved equipment will become part of the general pool and will not be available for use until the start of your event.

Pole vaulters must bring their own pole(s) and submit them for inspection by a referee at the pole vault competition area. Other competitors may use them only with the owner's permission.

Pentathlon & Throws Pentathlon:

Pentathlon Events:

Men – Long jump, Javelin, 200m, Discus, 1500m. **Women** – 100m, Shot, Long Jump, Javelin, 800m.

Throws Pentathlon Events: **Men & Women** – Hammer, Shot, Discus, Javelin, Weight.

**Implement
Specifications
Table**

Age Group	Hammer	Shot	Discus	Javelin	Weight
W30-49	4.00kg	4.00kg	1.00kg	600gm	9.08kg
W50-59	3.00kg	3.00kg	1.00kg	500gm	7.26kg
W60-74	3.00kg	3.00kg	1.00kg	*400gm	5.45kg
W75+	2.00kg	2.00kg	750gm	400gm	4.00kg
M30-49	7.26kg	7.26kg	2.00kg	800gm	15.88kg
M50-59	6.00kg	6.00kg	1.50kg	700gm	11.34kg
M60-69	5.00kg	5.00kg	1.00kg	600gm	9.08kg
M70-79	4.00kg	4.00kg	1.00kg	500gm	7.26kg
M80+	3.00kg	3.00kg	1.00kg	400gm	5.45kg

Age Groups / Field Referees / Medal Presentations:

There are **FIVE** or **SIX** age groupings created as follows. W30-54, W55+ and M30-54, M55+ or M30-54, M55-69, M70+.

For the following events, hammer, shot put, discus, javelin and weight, the aim is to allocate a field referee to accompany each group from event to event during the championships.

At the completion of each event, based on the checked / signed field sheet results, the **medals will be presented** to the appropriate age group place getters, where the event has been held, i.e. at the shot put circle or discus circle.

For the horizontal and vertical jumps, teams of officials will manage these events. The presentation of medals will occur immediately following the event, based on the checked / signed field sheet results.

Health and Safety in the Field

Only athletes or officials involved in a competition are to be in the field of play at any time.

No athlete shall touch any implement prior or post competition without the permission of and supervision by an official present at the event.

NB: Practice throws will only take place under the supervision of event officials.

NO OFFICIAL, NO WARM UP!!!

Information for Track Event Competitors

Lane Draw:

For races in lanes, the lane draws are what appears in the programme, unless events are combined due to athletes withdrawing from races. Age groups and genders have been combined to create competitive races.

Spikes:

The maximum length of spikes for all track events is 6mm. Only cone design spikes are permitted. No needle design spikes are permitted.

Confirmation of Entry & Scratching / Reporting-in time:

ALL hurdlers, MUST confirm their intention to compete **at least one hour** before the event is due to start, so that hurdles can be prepared. To help officials, please scratch from any event that you are unable to compete in.

The confirmation / scratching area will be at TIC, ground floor of the Control Room building.

For all other events, please report to the start area of your event, no later than 10 minutes before the scheduled start time.

Starts for races up to 400m:

Competitors are not required to use starting blocks, a crouch start or have both hands in contact with the track for the start of any race (Rule 10/8).

Any competitor making a false start shall be warned. If any competitor is responsible for two false starts he /she will be disqualified. All other conditions are as per IAAF Rules.

Finish Procedure:

Upon completion of your race, if you are given a place / lane disc please report immediately to the recorder's table giving the recorder your place / lane disc. This is to provide a back-up for the electronic timing system, in case there are technical issues and the backup hand time needs to be used.

For all distance races, 800m and above: You will be given a place disc just past the finish line.

3000m, 5000m run & Track Walks: When finishing, you will be required to move out into lanes 2 in the final finishing straight as guided by cones.

This procedure is essential to enable the Timekeepers, Judges, Lap Scorers and Photo finish to operate correctly. You will be given a place disc just past the finish line.

Steeplechase:

Competitors may go over the barrier in any manner.

Lap Scorers:

For 3000m & 5000m competitors, we will endeavour to provide lap scorers, however if you are able to provide a lap scorer, that would be much appreciated. Lap scorers please report 10 minutes prior to the scheduled start time.

Lap scorers are there to keep a check that all runners complete the correct number of laps. They will record the time at the end of each lap and advise competitors as to when to finish. However, it is the competitor's own responsibility to ensure that the correct number of laps have been completed.

Lapped Runners:

If you are competing in a multi-lap event and you are being lapped, please stay on the pole line.

Do not move out to let runners pass on the inside.

Hurdles:

The specifications for hurdles are listed below. Competitors must hurdle with a continuous motion thus ensuring that both feet must be off the ground for at least an instant.

Female - Short Hurdles						
Age	Race Distance	Hurdle Height	Number of Hurdles	Distance to First Hurdle	Distance Between	Distance to Finish
30-39	100m	0.840m	10	13m	8.5m	10.5m
40-49	80m	0.762m	8	12m	8m	12m
50-59	80m	0.762m	8	12m	7m	19m
60+	80m	0.686m	8	12m	7m	19m

Female - Long Hurdles						
Age	Race Distance	Hurdle Height	Number of Hurdles	Distance to First Hurdle	Distance Between	Distance to Finish
30-49	400m	0.762m	10	45m	35m	40m
50-59	300m	0.762m	7	50m	35m	40m
60-69	300m	0.686m	7	50m	35m	40m
70+	200m	0.686m	5	20m	35m	40m

Male - Short Hurdles						
Age	Race Distance	Hurdle Height	Number of Hurdles	Distance to First Hurdle	Distance Between	Distance to Finish
30-49	110m	0.991m	10	13.72m	0.914m	14.02m
50-59	100m	0.914m	10	13m	8.5m	10.5m
60-69	100m	0.840m	10	12m	8.0m	16m
70-79	80m	0.762m	8	12m	7m	19m
80+	80m	0.686m	8	12m	7m	19m

Male - Long Hurdles						
Age	Race Distance	Hurdle Height	Number of Hurdles	Distance to First Hurdle	Distance Between	Distance to Finish
30-49	400m	0.914m	10	45m	35m	40m
50-59	400m	0.840m	10	45m	35m	40m
60-69	300m	0.762m	7	50m	35m	40m
70-79	300m	0.686m	7	50m	35m	40m
80+	200m	0.686m	5	20m	35m	40m

Medal Presentations:

For field events, age group medals **can be presented** immediately following the event, provided the results are confirmed by a FIELD referee or other qualified official.

For track events where the results are easy to identify, medals will be given out as you cross the line. For close race requiring the photo-finish timing results, the medals will be presented ASAP once the confirmed results are available.

Entries by Centre / Gender

	Female	Male	Total
Northland	3	4	7
Auckland	12	30	42
Waikato Bay of Plenty	9	10	19
Taranaki	5	4	9
Hawkes Bay Gisborne	0	5	5
Manawatu Wanganui	4	5	9
Wellington	5	8	13
Tasman	5	7	12
Canterbury	12	31	43
Otago	5	7	12
Southland	1	7	8
Overseas	9	6	15
	70	124	194

	Female	Male	Total
30-34	5	3	8
35-39	5	11	16
40-44	6	12	18
45-49	10	10	20
50-54	5	15	20
55-59	9	14	23
60-64	7	14	21
65-69	3	15	18
70-74	15	5	20
75-79	9	8	17
80-84	4	6	10
85-89	0	1	1
90-94	2	0	2
	80	114	194

List of Competitors by Team / Age Groups

Northland

1.	Kirsty Halliday	3004	W
2.	Delwyn Smith	5519	W
3.	Barbara Austin	7515	W

1.	Miles Holt	5505	M
2.	Mark Lett	6006	M
3.	Ian Calder	6505	M
4.	Kennedy Garland	7016	M

Auckland

1.	Andriete Rodrigues	3001	W
2.	Cherie McAllister	3006	W
3.	Melissa Free	4001	W
4.	Penny Kee	4010	W
5.	Florence Alesana	4501	W
6.	Lydia Bush	4516	W
7.	Althea Mackie	5019	W
8.	Phillipa Green	5504	W
9.	Fiona Kelso	5508	W
10.	Karen Hulena	6003	W
11.	Chris Waring	8002	W
12.	Carol Conte	8003	W

1.	Warren Ginige	3003	M
2.	Gulab Singh	3007	M
3.	Nivarthana Warnakulasooriya	3507	M
4.	Junior Lupena	3511	M
5.	Andrew Weekes	4006	M
6.	Siamak Anahid	4015	M
7.	Ian Lathwood	4019	M
8.	Tharindu Weeraratne	4504	M
9.	Wayne Holroyd	4509	M
10.	Arno Van Der Westhuizen	4513	M
11.	Ray Hansford	4520	M
12.	Mark Lambert	5003	M
13.	Lewis Turner	5005	M
14.	Henry Merrick	5009	M
15.	Craig Seymour	5012	M

16.	Wim Luijpers	5023	M
17.	Roland van den Tillaar	5013	M
18.	Gavin Hall	5512	M
19.	Laini Inivale	5513	M
20.	Grant Hodges	5516	M
21.	David Blackford	5522	M
22.	Glenn Burgess	5523	M
23.	Tim Turner	6018	M
24.	James Thomas	6507	M
25.	Jamie MacKinnon	6508	M
26.	Tapendra Singh Sokhi	7002	M
27.	Ian Carter	7014	M
28.	Yong Chyan Ding	7015	M
29.	Anthony Deleiros	7509	M
30.	Ronald Johnson	9001	M

Waikato - Bay of Plenty

1.	Rachael Savage	4511	W
2.	Brenda Davis	5022	W
3.	Denise Fellows	5515	W
4.	Michelle Anthony	6019	W
5.	Tui Ashe	7013	W
6.	Sheryl Gower	7504	W
7.	Loris Reed	7506	W
8.	Annette Parlane	7510	W
9.	Suzanne Su	7513	W

1.	Bruce Alexander	4014	M
2.	Sjors Corporaal	4505	M
3.	Iain Rattray	5004	M
4.	Mark Cornaga	5502	M
5.	Paul Daborn	6001	M
6.	Bruce Cortesi	6005	M
7.	Bruce Solomon	6008	M
8.	Trevor Ashe	6510	M
9.	Geoff Wolfe	7012	M
10.	Peter Crawford	8001	M

Taranaki			
1.	Jessica Perry	3002	W
2.	Sam Holliss	4009	W
3.	Vicky Jones	4502	W
4.	Catherine McCarten	4507	W
5.	Serena Coombes	5514	W
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1.	Rodney Gillum	6010	M
2.	Des Phillips	7501	M
3.	Brian Warren	7503	M
4.	Alan Jones	7517	M
Hawkes Bay Gisborne			
1.	Reece Little	3502	M
2.	Luke Crombie	3505	M
3.	David Sexton	5015	M
4.	Geoff Burke	5501	M
5.	Dennis O'Leary	6513	M
Manawatu Whanganui			
1.	Vanessa Hodge	4517	W
2.	Dale McMillan	5510	W
3.	Sally Gibbs	6002	W
4.	Frances Bayler	8007	W
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1.	Brayden Grant	3510	M
2.	Hayden Robinson	4519	M
3.	Brian Curry	6009	M
4.	Laurie Malcolmson	7018	M
5.	Mike Shepherd	8004	M
Wellington			
1.	Ayesha Shafi	3504	W
2.	Michelle van Looy	5016	W
3.	Theresa Bartlett	5021	W
4.	Jacqueline Wilson	7514	W
5.	Daphne Jones	8005	W
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1.	Darren Gordon	5002	M
2.	Darcy Mellsop	5008	M
3.	Graeme Morrison	5010	M
4.	Mark Ford	5503	M
5.	Chris Roberts	5518	M
6.	Mark MacFarlane	6004	M
7.	Phil Sadgrove	6017	M
8.	Ian Morton	6509	M
Tasman			
1.	Laura Smidt	3503	W
2.	Joeline Jones	4007	W
3.	Nicole Macquet	4515	W
4.	Liezel De Wet	5001	W
5.	Carey Dickason	7008	W
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1.	Remy Le Brun	3501	M
2.	Barney Hoskins	4003	M
3.	Brian Kemp	5007	M
4.	Tim Cross	6020	M
5.	John Rawcliffe	6502	M
6.	David Riddell	7001	M
7.	Derek Shaw	7005	M

Canterbury			
1.	Rozie Robinson	3005	W
2.	Nadeeka Wijesundara	3513	W
3.	Donna Lavea-Profit	3515	W
4.	Hasanthika Attanayake	4017	W
5.	Purity Omondiagbe	4018	W
6.	Jo Van Rensburg	4503	W
7.	Ayaka Stewart	4512	W
8.	Wendy Richards	5506	W
9.	Judy MacDonald	6021	W
10.	Lois Anderson	7507	W
11.	Justine Whitaker	8006	W
12.	Glen Watts	8009	W
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1.	Steve Lasei	3506	M
2.	Nick Ash	3508	M
3.	Shaun Fauth	3509	M
4.	Kalum Sanjeewa	3514	M
5.	Alex Stone	3516	M
6.	David Catherwood	4002	M
7.	Craig Oliver	4004	M
8.	Joden Pratten	4005	M
9.	Victor Lusi	4008	M
10.	Daniel Stouffer	4012	M
11.	Brett Tingay	4013	M
12.	Sean Barnes	4508	M
13.	Nick Bolton	5006	M
14.	Jason Baillie	5017	M
15.	Phil Harrison	5018	M
16.	Malcolm Cornelius	5511	M
17.	Richard Bennett	5521	M
18.	Tarmo Rajasaari	6013	M
19.	Peter Cameron	6014	M
20.	Barry Helem	6015	M
21.	Peter Richards	6503	M
22.	Georg Ludwig	6516	M
23.	Andrew Stark	6518	M
24.	Rodger Ward	7003	M
25.	Lindsay Walker	7007	M
26.	Jonathon Harper	7020	M
27.	Barry Clausen	7508	M
28.	Bruce Dyer	7511	M
29.	Brian Senior	8008	M
30.	Michael Bond	8010	M
31.	Alan Hunter	8501	M

Otago			
1.	Elizabeth Mitchell	6007	W
2.	Alison Newall	6016	W
3.	Dalise Sanderson	6514	W
4.	Noni Callander	7502	W
5.	Barbara Patrick	7505	W
<hr/>			
1.	Gareth Noble	4016	M
2.	Rupert Lambert	4518	M
3.	Simon Rhodes	5011	M
4.	Tony Tan	5520	M
5.	Robert Homan	6011	M
6.	Uros Sumar	6504	M
7.	Jim Blair	9002	M
Southland			
1.	Gail Kirkman	7009	W
<hr/>			
1.	Ian Densie	4506	M
2.	Craig Iversen	4514	M
3.	Barry Smith	6515	M
4.	Les Scown	6517	M
5.	Warren Green	7004	M
6.	Lester Laughton	7010	M
7.	Evan MacIntosh	7512	M
Cook Island			
1.	David Lobb	7011	M
Queensland			
1.	Andrea Manson	5509	F
<hr/>			
1.	Craig Elliott	6506	M
New Caledonia			
1.	Louise Teariki	3512	W
2.	Odette Teriitaohia	4510	W
3.	Zarli Katia	5517	W
4.	Lylen Johnston	6012	W
5.	Dominique Brinkifield	6501	W
6.	Aline Berger	6511	W
7.	Juventin-Maurin Titaua	7006	W
8.	Francoise Teriierooiterai	7019	W
<hr/>			
1.	Krzysztof Wardecki	5507	M
2.	Noel Barff	6512	M
3.	Fernand Chaves	7516	M
United Kingdom			
1.	Mark Wyndham-jones	7017	M



The finalists for the Athletes of the Year for 2022 to 2023 have been decided.

On Saturday night at Awards dinner at the New Zealand Masters Track & Field Championships, we will announce the winner.

Females		Males	
Sprints			
Chris Waring	Laurie Malcolmson		
Helena Dinnissen	Mark Lambert		
Jill Hayman	Morgan Foster		
Liz Mitchell	Tony Tan		
Sheryl Gower			
Middle Distance			
Christine Adamson	Daniel Clendon		
Heather Walker	Ian Calder		
Michele Allison	Peter Stevens		
Sally Gibbs	Peter Cameron		
	Wim Luijpers		
Distance			
Heather Walker	Chris Mardon		
Lisa Cross	Ian Calder		
Michele Allison	Paul Hewitson		
Sally Gibbs	Peter Stevens		
Sarah Drought	Roger Robinson		
	Simon Mace		
Ultra Distance			
Betty Harp	Ben Evans		
Camille French	Daniel Jones		
Ruth Croft	Dwight Grieve		
Sally Gibbs	Paul Hewitson		
Sarah Drought	Simon Mace		
	Troy Harold		
Jumps			
Chantal Brunner	David Anstiss		
Gail Kirkman	Des Phillips		
Helena Dinnissen	Gary Rawson		
Karen Hulena	Jim Blair		
Phillipa Green	H Young Do		
	Stephen Burden		
Throws			
Anne Goulter	Arno van der Westhuisen		
Annette Parlane	Brian Senior		
Brenda Davis	James Thomas		
Glen Watts	Jim Blair		
Te Rina Keenan	Peter Jensen		
	Ron Johnson		
Combined Events			
Anna Lynch	Arno van der Westhuisen		
Annette Parlane	David Anstiss		
Brenda Davis	James Thomas		
Dale McMillan	Jim Blair		
Glen Watts	Ron Johnson		
Helena Dinnissen			
Walks			
Corrine Smith	Clive McGovern		
Daphne Jones	Des Phillips		
Jacqueline Wilson	Eric Kemsley		
Serena Coombes	Rodney Gillum		

New Zealand Masters Track & Field Championships 2024 - Nga Puna Wai, Christchurch

Event Schedule - Friday 16th February 2024

TIME	No.	FIELD Events - FRIDAY	Total
16:00	#1	W30-49 Hammer Throw 4.0kg	6
16:00	#2	M70-79 Javelin Throw 500g	8
	#3	M80+ Javelin Throw 400g	5
16:15	#4	W50-69 Shot Put 3.0kg	11
16:15	#5	W70 Discus Throw 1.0kg	4
	#6	W75+ Discus Throw 750g	6
16:15	#7	M30-49 Weight Throw 15.88kg	4
	#8	M50 Weight Throw 11.34kg	2
16:15	#9	W30-49 Long Jump	6
	#10	W50-69 Long Jump	5
	#11	W70+ Long Jump	2
16:30	#12	W30+ Pole Vault	1
	#13	M30+ Pole Vault	8
17:15	#14	W70 Hammer Throw 3.0kg	2
	#15	W75+ Hammer Throw 2.0kg	7
17:15	#16	M55 Javelin Throw 700g	3
	#17	M60-69 Javelin Throw 600g	6
17:15	#18	M70-79 Weight Throw 7.26kg	6
	#19	M80+ Weight Throw 5.45kg	5
17:15	#20	M30-54 Long Jump	6
17:30	#21	W30-49 Shot Put 4.0kg	9
17:30	#22	W50-69 Discus Throw 1.0kg	9
18:00	#23	M55-69 Long Jump	11
	#24	M70+ Long Jump	7
18:30	#25	M30-49 Javelin Throw 800g	8
	#26	M50 Javelin Throw 700g	3
18:30	#27	M55 Weight Throw 11.34kg	2
	#28	M60-69 Weight Throw 9.08kg	3
18:45	#29	W70 Shot Put 3.0kg	2
	#30	W75+ Shot Put 2.0kg	7
18:45	#31	W50-69 Hammer Throw 3.0kg	9
18:45	#32	W30-49 Discus Throw 1.0kg	10

TIME	No.	TRACK Events - FRIDAY	Total
18:00	#1	W70+ 200m Hurdles 686mm	1
	#2	M70-79 300m Hurdles 686mm	2
18:10	#3	M60-69 300 Long Hurdles 762	2
	#4-11	<i>Interclub Long Hurdles</i>	0
	#12	M30+ 3000m Race Walk	1
18:30	#13	W30+ 3000m Race Walk	8
	#14	<i>Interclub 3000m Race Walk</i>	0
19:00	#15	W30+ 3000m Run	6
19:15	#16	M30+ 3000m Run	22
19:30	#17	<i>Interclub 3000m</i>	0



Friday Night / Saturday:
Hammer, Shot Put and Discus events will occur in the MAIN ARENA, with **Javelin** and **Weight** in the PRACTICE AREA out the back via the gates by the 200m start line (back straight)



New Zealand Masters Track & Field Championships 2024 - Nga Puna Wai, Christchurch

Event Schedule - Saturday 17th February 2024

TIME	No.	FIELD Events - SATURDAY	Total
	#1	M30-54 Triple Jump	4
09:15	#2	M55-69 Triple Jump	4
	#3	M70+ Triple Jump	4
09:15	#4	M30-49 Hammer Throw 7.26kg	4
	#5	M50 Hammer Throw 6.0kg	2
09:30	#6	M70-79 Shot Put 4.0kg	6
	#7	M80+ Shot Put 3.0kg	6
09:30	#8	M55 Discus Throw 1.5kg	3
	#9	M60-69 Discus Throw 1.0kg	5
	#10	W30-49 High Jump	2
09:30	#11	W50-69 High Jump	3
	#12	W70+ High Jump	1
10:00	#13	W30-49 Javelin Throw 600g	5
10:30	#14	M55-69 High Jump	12
	#15	M55 Hammer Throw 6.0kg	2
10:45	#16	M60-69 Hammer Throw 5.0kg	3
	#17	M30-49 Shot Put 7.26kg	8
11:00	#18	M50 Shot Put 6.0kg	2
	#19	M70-79 Discus Throw 1.0kg	5
11:00	#20	M80+ Discus Throw 1.0kg	6
11:00	#21	W30-49 Weight Throw 9.08kg	6
11:15	#22	W50-69 Javelin Throw 500g	8
	#23	M70-79 Hammer Throw 4.0kg	5
13:00	#24	M80+ Hammer Throw 3.0kg	5
	#25	W70 Javelin Throw 500g	1
13:00	#26	W75+ Javelin Throw 400g	5
	#27	W50-59 Weight Throw 7.26kg	6
13:00	#28	W60-69 Weight Throw 5.45kg	1
	#29	M70+ High Jump	9
13:00	#30	M30-54 High Jump	3
	#31	W30-54 Triple Jump	4
13:00	#32	W50-69 Triple Jump	1
	#33	W70+ Triple Jump	2
13:15	#34	M55 Shot Put 6.0kg	2
	#35	M60-69 Shot Put 5.0kg	5
13:15	#36	M30-49 Discus Throw 2.0kg	9
	#37	M50 Discus Throw 1.5kg	2
14:00	#38	W70 Weight Throw 5.450kg	1
	#39	W75+ Weight Throw 4.0kg	6



Catering in a Box
955 likes • 1K followers

Saturday Afternoon BBQ - from 2:30 p.m.
Nga Puna Wai Sport Hub Building

Social gathering for athletes and officials
Limited Ticket Sales available from TIC

\$5.00 per person
Available from TIC Building

TIME	No.	TRACK Events - SATURDAY	Total
	#1	Interclub 80m Hurdles	0
09:00	#2	M70-79 80m Hurdles 762mm	1
	#3	W50-59 80m Hurdles 762mm	2
	#4-7	Interclub 100m Hurdles	0
09:10	#8	M60-69 100m Hurdles 838mm	2
	#9	M50-59 100m Hurdles 914mm	2
09:20	#10-	Interclub 110m Hurdles	0
	#13	W30+ 1500m Race Walk	9
10:00	#14	M30+ 1500m Race Walk	2
	#15	Interclub 1500m Race Walk	0
10:20	#16	W30+ 1500m Run	8
10:30	#17	M30+ 1500m Run	22
11:00	#18	Interclub 1500m	0
11:30	#19	W30+ 100m Sprint	18
11:45	#20	M30+ 100m Sprint	56
12:00	#21-22	Interclub 100m	0
13:10	#23	Interclub 3000m SC	
	#24	W30+ 2000m SC 762mm	4
13:30	#25	M60+ 2000m SC 762mm	3
	#26	Interclub 2000m SC	0
14:20	#27	W30+ 400m Sprint	11
14:30	#28	M30+ 400m Sprint	39
14:45	#29-30	Interclub 400m	0

New Zealand Masters Track & Field Championships 2024 - Nga Puna Wai, Christchurch

Event Schedule - Sunday 18th February 2024

TIME	No.	FIELD Events - SUNDAY	Total
09:00	#1-1	Throws Pent: #1 W60+ HT	8
	#2-1	Throws Pent: #2 W60+ SP	8
	#3-1	Throws Pent: #3 W60+ DT	8
	#4-1	Throws Pent: #4 W60+ JT	8
	#5-1	Throws Pent: #5 W60+ WT	8
TBC	#1-2	Throws Pent: #1 W30-59 HT	10
	#2-2	Throws Pent: #2 W30-59 SP	10
	#3-2	Throws Pent: #3 W30-59 DT	10
	#4-2	Throws Pent: #4 W30-59 JT	10
	#5-2	Throws Pent: #5 W30-59 WT	10
TBC	#6-1	Throws Pent: #1 M70+ HT	10
	#7-1	Throws Pent: #2 M70+ SP	10
	#8-1	Throws Pent: #3 M70+ DT	10
	#9-1	Throws Pent: #4 M70+ JT	10
	#10-1	Throws Pent: #5 M70+ WT	10
TBC	#6-1	Throws Pent: #1 M30-69 HT	10
	#7-1	Throws Pent: #2 M30-69 SP	10
	#8-1	Throws Pent: #3 M30-69 DT	10
	#9-1	Throws Pent: #4 M30-69 JT	10
	#10-1	Throws Pent: #5 M30-69 WT	10

Each Group will start ASAP other the proceeding group has completed their three attempts.

TIME	No.	TRACK Events - SUNDAY (including Track Pentathlon)	Total
08:30	#1	*MX 30+ 5000m RACE 1	14
	#2	* Interclub 5000m	0
09:00	#3	Track Pent #1 W30+ 100m	2
	#8	Track Pent: #2 W30+ SP	2
	#9	Track Pent: #3 W30+ LJ	2
	#10	Track Pent: #4 W30+ JT	2
	#4	*MX 30+ 5000m RACE 2	6
	#5	*M30+ 5000m Race Walk	8
09:10	#6	*W30+ 5000m Race Walk	6
	#7	* Interclub 5000m Race Walk	0
<i>* Mixed gender races based on seed times. Depending on interclub entries, an additional race may be added. If you think you are in the wrong race, contact Andrew Stark</i>			
09:15	#12	Track Pent: #1 M30+ LJ (Start times for Events 4 to 5 TBC)	6
	#13	Track Pent: #2 M30+ JT	6
	#15	Track Pent: #4 M30+ DT	6
10:30	#16	W30+ 60m Sprint	25
10:45	#17	M30+ 60m Sprint	48
TBC	#14	Track Pent: #3 M30+ 200m	6
11:15	#20	M30+ 800m Run	31
	#21	W30+ 800m Run	11
11:25	#11	Track Pent: #5 W30+ 800m	2
11:35	#22	Interclub 800m	0
11:50	#23	M30+ 200m Sprint	55
12:10	#24	W30+ 200m Sprint	15
12:20	#25	Interclub 200m	0
TBC	#27	Track Pent: #5 M30+ 1500m	6

New Zealand Masters Track & Field Championships 2024 - Nga Puna Wai, Christchurch

FRIDAY FIELD EVENTS

Event 1 W30-49 Hammer Throw 4.0kg Mast

Friday 16/02/2024 - 16:00

Pos	Name	Age	Team
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Group 1 of 1 Finals

1	4501 Florence Alesana	W48	AKL
2	4512 Ayaka Stewart	W47	CAN
3	3512 Louise Teariki	W39	OVR
4	4001 Melissa Free	W40	AKL
5	4510 Odette Teriitaohia	W47	OVR
6	4511 Rachael Savage	W47	WBP

Event 2 M70-79 Javelin Throw 500g Masters

Friday 16/02/2024 - 16:00

Pos	Name	Age	Team
-----	------	-----	------

Group 1 of 1 Finals

1	7015 Yong Chyan Ding	M73	AKL
2	7007 Lindsay Walker	M71	CAN
3	7002 Tapendra Singh Sokhi	M70	AKL
4	7016 Kennedy Garland	M73	NTH
5	7017 Mark Wyndham-jones	M73	UK
6	7010 Lester Laughton	M72	STH
7	7004 Warren Green	M71	STH
8	7018 Laurie Malcolmson	M74	MWA

Event 3 M80+ Javelin Throw 400g Masters

Friday 16/02/2024 - 16:00

Pos	Name	Age	Team
-----	------	-----	------

Group 1 of 1 Finals

1	8501 Alan Hunter	M86	CAN
2	8001 Peter Crawford	M80	WBP
3	8008 Brian Senior	M83	CAN
4	9001 Ronald Johnson	M91	AKL
5	9002 Jim Blair	M92	OTG

Event 4 W50-69 Shot Put 3.0kg Masters

Friday 16/02/2024 - 16:15

Pos	Name	Age	Team
-----	------	-----	------

Group 1 of 1 Finals

1	5022 Brenda Davis	W54	WBP
2	5021 Theresa Bartlett	W54	WEL
3	5019 Althea Mackie	W53	AKL
4	5515 Denise Fellows	W58	WBP
5	5509 Andrea Manson	W56	QLD
6	5508 Fiona Kelso	W56	AKL
7	6003 Karen Hulena	W60	AKL
8	5510 Dale McMillan	W56	MWA
9	6019 Michelle Anthony	W64	WBP
10	6016 Alison Newall	W63	OTG
11	6021 Judy MacDonald	W64	CAN

Event 5 W70 Discus Throw 1.0kg Masters

Friday 16/02/2024 - 16:15

Pos	Name	Age	Team
-----	------	-----	------

Group 1 of 1 Finals

1	7008 Carey Dickason	W72	TAS
2	7006 Juventin-Maurin Titaua	W71	OVR
3	7019 Francoise Teriierooiterai	W74	OVR
4	7013 Tui Ashe	W73	WBP

Event 6 W75+ Discus Throw 750g Masters

Friday 16/02/2024 - 16:15

Pos	Name	Age	Team
-----	------	-----	------

Group 1 of 1 Finals

1	8006 Justine Whitaker	W82	CAN
2	7515 Barbara Austin	W79	NTH
3	7506 Loris Reed	W76	WBP
4	7510 Annette Parlane	W77	WBP
5	8009 Glen Watts	W83	CAN
6	7502 Noni Callander	W76	OTG

Event 7 M30-49 Weight Throw 15.88kg Masters

Friday 16/02/2024 - 16:15

Pos	Name	Age	Team
-----	------	-----	------

Group 1 of 1 Finals

1	4513 Arno Van Der Westhuize	M47	AKL
2	3003 Warren Ginige	M33	AKL
3	4005 Joden Pratten	M41	CAN
4	3511 Junior Lupena	M39	AKL

Event 8 M50 Weight Throw 11.34kg Masters

Friday 16/02/2024 - 16:15

Pos	Name	Age	Team
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Group 1 of 1 Finals

1	5015 David Sexton	M52	HBG
2	5013 Roland van den Tillaar	M51	AKL

Event 9 W30-49 Long Jump Masters

Friday 16/02/2024 - 16:15

Pos	Name	Age	Team
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Group 1 of 1 Finals

1	3004 Kirsty Halliday	W33	NTH
2	3006 Cherie McAllister	W34	AKL
3	4017 Hasanthika Attanayake	W42	CAN
4	4010 Penny Kee	W43	AKL
5	4001 Melissa Free	W40	AKL
6	3513 Nadeeka Wijesundara	W36	CAN

Event 10 W50-69 Long Jump Masters

Friday 16/02/2024 - 16:15

Pos	Name	Age	Team
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Group 1 of 1 Finals

1	6012 Lylen Johnston	W62	OVR
2	6511 Aline Berger	W68	OVR
3	6003 Karen Hulena	W60	AKL
4	6016 Alison Newall	W63	OTG
5	5001 Liezel De Wet	W50	TAS

New Zealand Masters Track & Field Championships 2024 - Nga Puna Wai, Christchurch

Event 11 W70+ Long Jump Masters

Friday 16/02/2024 - 16:15

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	8003 Carol Conte	W81	AKL
2	8007 Frances Bayler	W83	MWA

Event 12 W30+ Pole Vault Masters

Friday 16/02/2024 - 16:30

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	5519 Delwyn Smith	W58	NTH

Event 13 M30+ Pole Vault Masters

Friday 16/02/2024 - 16:30

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	7015 Yong Chyan Ding	M73	AKL
2	5013 Roland van den Tillaar	M51	AKL
3	5522 David Blackford	M59	AKL
4	6013 Tarmo Rajasaari	M62	CAN
5	6506 Craig Elliott	M66	QLD
6	6009 Brian Curry	M62	MWA
7	6006 Mark Lett	M61	NTH
8	6004 Mark MacFarlane	M60	WEL

Event 14 W70 Hammer Throw 3.0kg Masters

Friday 16/02/2024 - 17:15

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	7008 Carey Dickason	W72	TAS
2	7019 Francoise Teriierooiterai	W74	OVR

Event 15 W75+ Hammer Throw 2.0kg Masters

Friday 16/02/2024 - 17:15

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	7507 Lois Anderson	W77	CAN
2	8006 Justine Whitaker	W82	CAN
3	7515 Barbara Austin	W79	NTH
4	7502 Noni Callander	W76	OTG
5	7510 Annette Parlane	W77	WBP
6	8009 Glen Watts	W83	CAN
7	8003 Carol Conte	W81	AKL

Event 16 M55 Javelin Throw 700g Masters

Friday 16/02/2024 - 17:15

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	5523 Glenn Burgess	M59	AKL
2	5513 Laini Inivale	M57	AKL
3	5512 Gavin Hall	M57	AKL

Event 17 M60-69 Javelin Throw 600g Masters

Friday 16/02/2024 - 17:15

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	6009 Brian Curry	M62	MWA
2	6517 Les Scown	M69	STH
3	6008 Bruce Solomon	M61	WBP
4	6502 John Rawcliffe	M65	TAS
5	6507 James Thomas	M66	AKL
6	6005 Bruce Cortesi	M61	WBP

Event 18 M70-79 Weight Throw 7.26kg Masters

Friday 16/02/2024 - 17:15

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	7018 Laurie Malcolmson	M74	MWA
2	7007 Lindsay Walker	M71	CAN
3	7010 Lester Laughton	M72	STH
4	7017 Mark Wyndham-jones	M73	UK
5	7002 Tapendra Singh Sokhi	M70	AKL
6	7016 Kennedy Garland	M73	NTH

Event 19 M80+ Weight Throw 5.45kg Masters

Friday 16/02/2024 - 17:15

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	9002 Jim Blair	M92	OTG
2	9001 Ronald Johnson	M91	AKL
3	8501 Alan Hunter	M86	CAN
4	8004 Mike Shepherd	M81	MWA
5	8008 Brian Senior	M83	CAN

Event 20 M30-54 Long Jump Masters

Friday 16/02/2024 - 18:00

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	4015 Siamak Anahid	M44	AKL
2	4008 Victor Lusic	M42	CAN
4	3502 Reece Little	M35	HBG
5	3507 Nivarthana Warnakulaso	M37	AKL
6	4014 Bruce Alexander	M44	WBP
7	3514 Kalum Sanjeeva	M38	CAN

Event 21 W30-49 Shot Put 4.0kg Masters

Friday 16/02/2024 - 17:30

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	3512 Louise Teariki	W39	OVR
2	3515 Donna Lavea-Profit	W38	CAN
3	4010 Penny Kee	W43	AKL
4	4510 Odette Teriitaohia	W47	OVR
5	3006 Cherie McAllister	W34	AKL
6	3004 Kirsty Halliday	W33	NTH
7	4501 Florence Alesana	W48	AKL
8	4511 Rachael Savage	W47	WBP
9	4512 Ayaka Stewart	W47	CAN

New Zealand Masters Track & Field Championships 2024 - Nga Puna Wai, Christchurch

Event 22 W50-69 Discus Throw 1.0kg Masters

Friday 16/02/2024 - 17:30

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	5517 Zarli Katia	W58	OVR
2	5509 Andrea Manson	W56	QLD
3	5515 Denise Fellows	W58	WBP
4	6019 Michelle Anthony	W64	WBP
5	6511 Aline Berger	W68	OVR
6	5019 Althea Mackie	W53	AKL
7	5022 Brenda Davis	W54	WBP
8	6021 Judy MacDonald	W64	CAN
9	5021 Theresa Bartlett	W54	WEL

Event 23 M55-69 Long Jump Masters

Friday 16/02/2024 - 18:00

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	6004 Mark MacFarlane	M60	WEL
2	5507 Krzysztof Wardecki	M55	OVR
3	6005 Bruce Cortesi	M61	WBP
4	5512 Gavin Hall	M57	AKL
5	5522 David Blackford	M59	AKL
6	6515 Barry Smith	M68	STH
7	6517 Les Scown	M69	STH
8	6502 John Rawcliffe	M65	TAS
9	5523 Glenn Burgess	M59	AKL
10	6512 Noel Barff	M68	OVR
11	6513 Dennis O'Leary	M68	HBG

Event 24 M70+ Long Jump Masters

Friday 16/02/2024 - 18:00

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	7501 Des Phillips	M75	TAR
2	7002 Tapendra Singh Sokhi	M70	AKL
3	7011 David Lobb	M72	COK
4	7004 Warren Green	M71	STH
5	8501 Alan Hunter	M86	CAN
6	9001 Ronald Johnson	M91	AKL
7	7015 Yong Chyan Ding	M73	AKL

Event 25 M30-49 Javelin Throw 800g Masters

Friday 16/02/2024 - 18:30

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	3511 Junior Lupena	M39	AKL
2	4008 Victor Lusia	M42	CAN
3	4513 Arno Van Der Westhuizen	M47	AKL
4	4504 Tharindu Weeraratne	M45	AKL
5	3003 Warren Ginige	M33	AKL
6	4005 Joden Pratten	M41	CAN
7	3505 Luke Crombie	M37	HBG
8	3502 Reece Little	M35	HBG

Event 26 M50 Javelin Throw 700g Masters

Friday 16/02/2024 - 18:30

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	5015 David Sexton	M52	HBG
3	5013 Roland van den Tillaar	M51	AKL
4	5009 Henry Merrick	M51	AKL

Event 27 M55 Weight Throw 11.34kg Masters

Friday 16/02/2024 - 18:30

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	5523 Glenn Burgess	M59	AKL
2	5513 Laini Inivale	M57	AKL

Event 28 M60-69 Weight Throw 9.08kg Masters

Friday 16/02/2024 - 18:30

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	6507 James Thomas	M66	AKL
2	6509 Ian Morton	M67	WEL
3	6009 Brian Curry	M62	MWA

Event 29 W70 Shot Put 3.0kg Masters

Friday 16/02/2024 - 18:45

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	7013 Tui Ashe	W73	WBP
2	7008 Carey Dickason	W72	TAS

Event 30 W75+ Shot Put 2.0kg Masters

Friday 16/02/2024 - 18:45

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	8006 Justine Whitaker	W82	CAN
2	7510 Annette Parlane	W77	WBP
3	7506 Loris Reed	W76	WBP
4	7515 Barbara Austin	W79	NTH
5	7502 Noni Callander	W76	OTG
6	8009 Glen Watts	W83	CAN
7	7507 Lois Anderson	W77	CAN

Event 31 W50-69 Hammer Throw 3.0kg Masters

Friday 16/02/2024 - 18:45

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	5510 Dale McMillan	W56	MWA
2	5509 Andrea Manson	W56	QLD
3	6019 Michelle Anthony	W64	WBP
4	5021 Theresa Bartlett	W54	WEL
5	5022 Brenda Davis	W54	WBP
6	5517 Zarli Katia	W58	OVR
7	5019 Althea Mackie	W53	AKL
8	5515 Denise Fellows	W58	WBP
9	5519 Delwyn Smith	W58	NTH

New Zealand Masters Track & Field Championships 2024 - Nga Puna Wai, Christchurch

Event 32 W30-49 Discus Throw 1.0kg Masters

Friday 16/02/2024 - 18:45

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	4017 Hasanthika Attanayake	W42	CAN
2	3513 Nadeeka Wijesundara	W36	CAN
3	4501 Florence Alesana	W48	AKL
4	4511 Rachael Savage	W47	WBP
5	4512 Ayaka Stewart	W47	CAN
6	4515 Nicole Macquet	W48	TAS
7	4009 Sam Holliss	W43	TAR
8	3512 Louise Teariki	W39	OVR
9	4507 Catherine McCarten	W46	TAR
10	4510 Odette Teriitaohia	W47	OVR

Canterbury Masters Athletics acknowledges the support of Athletics Canterbury to make this event happen.



Masters & Athletics NZ Centres working together is the way forward.

FRIDAY TRACK EVENTS

Event 1 W70+ 200 Long Hurdles 686mm Masters

Friday 16/02/2024 - 18:00

Lane	Name	Age	Team
Race 1 of 1 Finals			
2	7009 Gail Kirkman	W72	STH

Event 2 M70-79 300 Long Hurdles 686mm Masters

Friday 16/02/2024 - 18:10

Lane	Name	Age	Team
Race 1 of 1 Finals			
3	7018 Laurie Malcolmson	M74	MWA
4	7501 Des Phillips	M75	TAR

Event 3 M60-69 300 Long Hurdles 762 Masters

Friday 16/02/2024 - 18:10

Lane	Name	Age	Team
Race 1 of 1 Finals			
6	6001 Paul Daborn	M60	WBP
7	6516 Georg Ludwig	M69	CAN

Event 12 M30+ 3000 Metre Race Walk Masters

Friday 16/02/2024 - 18:30

Lane	Name	Age	Team
Race 1 of 1 Finals			
1	6010 Rodney Gillum	M62	TAR

Event 13 W30+ 3000 Metre Race Walk Masters

Friday 16/02/2024 - 18:30

Lane	Name	Age	Team
Race 1 of 1 Finals			
1	7514 Jacqueline Wilson	W78	WEL
2	4507 Catherine McCarten	W46	TAR
3	4502 Vicky Jones	W45	TAR
4	5515 Denise Fellows	W58	WBP
5	5514 Serena Coombes	W58	TAR
6	8005 Daphne Jones	W82	WEL
7	4009 Sam Holliss	W43	TAR
8	3005 Rozie Robinson	W33	CAN

Event 15 W30+ 3000 Metre Run Masters

Friday 16/02/2024 - 19:00

Lane	Name	Age	Team
Race 1 of 1 Finals			
1	6501 Dominique Brinkifield	W65	OVR
2	7506 Loris Reed	W76	WBP
3	6002 Sally Gibbs	W60	MWA
4	5016 Michelle van Looy	W52	WEL
5	7505 Barbara Patrick	W76	OTG
6	5506 Wendy Richards	W55	CAN

Event 16 M30+ 3000 Metre Run Masters

Friday 16/02/2024 - 19:15

Lane	Name	Age	Team
Race 1 of 2 Finals			
1	6017 Phil Sadgrove	M63	WEL
2	6503 Peter Richards	M65	CAN
3	6509 Ian Morton	M67	WEL
4	7005 Derek Shaw	M71	TAS
5	6510 Trevor Ashe	M68	WBP
6	7014 Ian Carter	M73	AKL
7	7503 Brian Warren	M75	TAR
8	6020 Tim Cross	M64	TAS
9	6505 Ian Calder	M66	NTH
Race 2 of 2 Finals			
2	5017 Jason Baillie	M53	CAN
3	5002 Darren Gordon	M50	WEL
4	5521 Richard Bennett	M59	CAN
5	5007 Brian Kemp	M51	TAS
6	4505 Sjors Corporaal	M46	WBP
7	4003 Barney Hoskins	M41	TAS
8	5010 Graeme Morrison	M51	WEL
9	4012 Daniel Stouffer	M43	CAN
10	4013 Brett Tingay	M43	CAN
11	5511 Malcolm Cornelius	M57	CAN
12	5023 Wim Luijpers	M54	AKL
13	4514 Craig Iversen	M48	STH
14	5008 Darcy Mellsop	M51	WEL

New Zealand Masters Track & Field Championships 2024 - Nga Puna Wai, Christchurch

SATURDAY FIELD EVENTS

Event 1 M30-54 Triple Jump Masters

Saturday 17/02/2024 - 09:15

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	4014 Bruce Alexander	M44	WBP
2	3507 Nivarthana Warnakulaso	M37	AKL
3	5004 Iain Rattray	M50	WBP
4	3502 Reece Little	M35	HBG

Event 2 M55-69 Triple Jump Masters

Saturday 17/02/2024 - 09:15

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	6515 Barry Smith	M68	STH
2	6517 Les Scown	M69	STH
3	6513 Dennis O'Leary	M68	HBG
4	6004 Mark MacFarlane	M60	WEL

Event 3 M70+ Triple Jump Masters

Saturday 17/02/2024 - 09:15

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	7501 Des Phillips	M75	TAR
2	9001 Ronald Johnson	M91	AKL
3	7011 David Lobb	M72	COK
4	7002 Tapendra Singh Sokhi	M70	AKL

Event 4 M30-49 Hammer Throw 7.26kg Masters

Saturday 17/02/2024 - 09:15

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	4513 Arno Van Der Westhuizen	M47	AKL
2	4005 Joden Pratten	M41	CAN
3	3511 Junior Lupena	M39	AKL
4	3003 Warren Ginige	M33	AKL

Event 5 M50 Hammer Throw 6.0kg Masters

Saturday 17/02/2024 - 09:15

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	5013 Roland van den Tillaar	M51	AKL
2	5015 David Sexton	M52	HBG

Event 6 M70-79 Shot Put 4.0kg Masters

Saturday 17/02/2024 - 09:30

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	7007 Lindsay Walker	M71	CAN
2	7002 Tapendra Singh Sokhi	M70	AKL
3	7010 Lester Laughton	M72	STH
4	7017 Mark Wyndham-jones	M73	UK
5	7016 Kennedy Garland	M73	NTH
6	7015 Yong Chyan Ding	M73	AKL

Event 7 M80+ Shot Put 3.0kg Masters

Saturday 17/02/2024 - 09:30

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	8004 Mike Shepherd	M81	MWA
2	8501 Alan Hunter	M86	CAN
3	9002 Jim Blair	M92	OTG
4	8008 Brian Senior	M83	CAN
5	8001 Peter Crawford	M80	WBP
6	9001 Ronald Johnson	M91	AKL

Event 8 M55 Discus Throw 1.5kg Masters

Saturday 17/02/2024 - 09:30

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	5513 Laini Inivale	M57	AKL
2	5523 Glenn Burgess	M59	AKL
3	5512 Gavin Hall	M57	AKL

Event 9 M60-69 Discus Throw 1.0kg Masters

Saturday 17/02/2024 - 09:30

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	6008 Bruce Solomon	M61	WBP
2	6509 Ian Morton	M67	WEL
3	6502 John Rawcliffe	M65	TAS
4	6507 James Thomas	M66	AKL
5	6009 Brian Curry	M62	MWA

Event 10 W30-49 High Jump Masters

Saturday 17/02/2024 - 09:30

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	3004 Kirsty Halliday	W33	NTH
2	4001 Melissa Free	W40	AKL

Event 11 W50-69 High Jump Masters

Saturday 17/02/2024 - 09:30

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	5021 Theresa Bartlett	W54	WEL
2	6003 Karen Hulena	W60	AKL
3	5504 Phillipa Green	W55	AKL

Event 12 W70+ High Jump Masters

Saturday 17/02/2024 - 09:30

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	7009 Gail Kirkman	W72	STH

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Event 13 W30-49 Javelin Throw 600g Masters

Saturday 17/02/2024 - 10:00

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	3004 Kirsty Halliday	W33	NTH
2	4511 Rachael Savage	W47	WBP
3	4510 Odette Teriitaohia	W47	OVR
4	3512 Louise Teariki	W39	OVR
5	4512 Ayaka Stewart	W47	CAN

Event 14 M55-69 High Jump Masters

Saturday 17/02/2024 - 10:30

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	6509 Ian Morton	M67	WEL
2	6009 Brian Curry	M62	MWA
3	6506 Craig Elliott	M66	QLD
4	6516 Georg Ludwig	M69	CAN
5	5522 David Blackford	M59	AKL
6	6013 Tarmo Rajasaari	M62	CAN
7	5523 Glenn Burgess	M59	AKL
8	6006 Mark Lett	M61	NTH
9	6507 James Thomas	M66	AKL
10	6517 Les Scown	M69	STH
11	5512 Gavin Hall	M57	AKL
12	6004 Mark MacFarlane	M60	WEL

Event 15 M55 Hammer Throw 6.0kg Masters

Saturday 17/02/2024 - 10:45

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	5523 Glenn Burgess	M59	AKL
2	5513 Laini Inivale	M57	AKL

Event 16 M60-69 Hammer Throw 5.0kg Masters

Saturday 17/02/2024 - 10:45

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	6507 James Thomas	M66	AKL
2	6009 Brian Curry	M62	MWA
3	6509 Ian Morton	M67	WEL

Event 17 M30-49 Shot Put 7.26kg Masters

Saturday 17/02/2024 - 11:00

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	3511 Junior Lupena	M39	AKL
2	4513 Arno Van Der Westhuizen	M47	AKL
3	4005 Joden Pratten	M41	CAN
4	3505 Luke Crombie	M37	HBG
5	3003 Warren Ginige	M33	AKL
6	3507 Nivarthana Warnakulaso	M37	AKL
7	4008 Victor Lusia	M42	CAN
8	4014 Bruce Alexander	M44	WBP

Event 18 M50 Shot Put 6.0kg Masters

Saturday 17/02/2024 - 11:00

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	5013 Roland van den Tillaar	M51	AKL
2	5015 David Sexton	M52	HBG

Event 19 M70-79 Discus Throw 1.0kg Masters

Saturday 17/02/2024 - 11:00

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	7016 Kennedy Garland	M73	NTH
2	7007 Lindsay Walker	M71	CAN
3	7010 Lester Laughton	M72	STH
4	7017 Mark Wyndham-jones	M73	UK
5	7002 Tapendra Singh Sokhi	M70	AKL

Event 20 M80+ Discus Throw 1.0kg Masters

Saturday 17/02/2024 - 11:00

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	8004 Mike Shepherd	M81	MWA
2	8001 Peter Crawford	M80	WBP
3	9001 Ronald Johnson	M91	AKL
4	8501 Alan Hunter	M86	CAN
5	9002 Jim Blair	M92	OTG
6	8008 Brian Senior	M83	CAN

Event 21 W30-49 Weight Throw 9.08kg Masters

Saturday 17/02/2024 - 11:00

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	4001 Melissa Free	W40	AKL
2	4511 Rachael Savage	W47	WBP
3	4501 Florence Alesana	W48	AKL
4	3512 Louise Teariki	W39	OVR
5	4512 Ayaka Stewart	W47	CAN
6	4510 Odette Teriitaohia	W47	OVR

Event 22 W50-69 Javelin Throw 500g Masters

Saturday 17/02/2024 - 11:15

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	5509 Andrea Manson	W56	QLD
2	5510 Dale McMillan	W56	MWA
3	5021 Theresa Bartlett	W54	WEL
4	5515 Denise Fellows	W58	WBP
5	6016 Alison Newall	W63	OTG
6	5022 Brenda Davis	W54	WBP
7	6021 Judy MacDonald	W64	CAN
8	6019 Michelle Anthony	W64	WBP

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Event 23 M70-79 Hammer Throw 4.0kg Masters

Saturday 17/02/2024 - 13:00

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	7016 Kennedy Garland	M73	NTH
2	7010 Lester Laughton	M72	STH
3	7007 Lindsay Walker	M71	CAN
4	7002 Tapendra Singh Sokhi	M70	AKL
5	7017 Mark Wyndham-jones	M73	UK

Event 24 M80+ Hammer Throw 3.0kg Masters

Saturday 17/02/2024 - 13:00

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	8008 Brian Senior	M83	CAN
2	8004 Mike Shepherd	M81	MWA
3	9001 Ronald Johnson	M91	AKL
4	9002 Jim Blair	M92	OTG
5	8501 Alan Hunter	M86	CAN

Event 25 W70 Javelin Throw 500g Masters

Saturday 17/02/2024 - 13:00

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	7013 Tui Ashe	W73	WBP

Event 26 W75+ Javelin Throw 400g Masters

Saturday 17/02/2024 - 13:00

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	8009 Glen Watts	W83	CAN
2	7515 Barbara Austin	W79	NTH
3	8006 Justine Whitaker	W82	CAN
4	7502 Noni Callander	W76	OTG
5	7510 Annette Parlane	W77	WBP

Event 27 W50-59 Weight Throw 7.26kg Masters

Saturday 17/02/2024 - 13:00

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	5021 Theresa Bartlett	W54	WEL
2	5509 Andrea Manson	W56	QLD
3	5019 Althea Mackie	W53	AKL
4	5510 Dale McMillan	W56	MWA
5	5515 Denise Fellows	W58	WBP
6	5022 Brenda Davis	W54	WBP

Event 28 W60-69 Weight Throw 5.45kg Masters

Saturday 17/02/2024 - 13:00

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	6019 Michelle Anthony	W64	WBP

Event 29 M30-54 High Jump Masters

Saturday 17/02/2024 - 13:00

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	3507 Nivarthana Warnakulaso	M37	AKL
2	5004 Iain Ratray	M50	WBP
3	3003 Warren Ginige	M33	AKL

Event 30 M70+ High Jump Masters

Saturday 17/02/2024 - 13:00

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	7017 Mark Wyndham-jones	M73	UK
2	8501 Alan Hunter	M86	CAN
3	7010 Lester Laughton	M72	STH
4	7015 Yong Chyan Ding	M73	AKL
5	7011 David Lobb	M72	COK
6	8004 Mike Shepherd	M81	MWA
7	7002 Tapendra Singh Sokhi	M70	AKL
8	9001 Ronald Johnson	M91	AKL
9	7501 Des Phillips	M75	TAR

Event 31 W30-54 Triple Jump Masters

Saturday 17/02/2024 - 13:00

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	5021 Theresa Bartlett	W54	WEL
2	3004 Kirsty Halliday	W33	NTH
3	5001 Liezel De Wet	W50	TAS
4	4001 Melissa Free	W40	AKL

Event 32 W50-69 Triple Jump Masters

Saturday 17/02/2024 - 13:00

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	6016 Alison Newall	W63	OTG

Event 33 W70+ Triple Jump Masters

Saturday 17/02/2024 - 13:00

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	7507 Lois Anderson	W77	CAN
2	8007 Frances Bayler	W83	MWA

Event 34 M55 Shot Put 6.0kg Masters

Saturday 17/02/2024 - 13:15

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	5513 Laini Inivale	M57	AKL
2	5523 Glenn Burgess	M59	AKL

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Event 35 M60-69 Shot Put 5.0kg Masters

Saturday 17/02/2024 - 13:15

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	6507 James Thomas	M66	AKL
2	6009 Brian Curry	M62	MWA
3	6013 Tarmo Rajasaari	M62	CAN
4	6008 Bruce Solomon	M61	WBP
5	6509 Ian Morton	M67	WEL

Event 36 M30-49 Discus Throw 2.0kg Masters

Saturday 17/02/2024 - 13:15

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	3505 Luke Crombie	M37	HBG
2	4008 Victor Lusic	M42	CAN
3	3003 Warren Ginige	M33	AKL
4	3506 Steve Lasei	M37	CAN
5	4504 Tharindu Weeraratne	M45	AKL
6	3511 Junior Lupena	M39	AKL
7	3507 Nivarthana Warnakulasekera	M37	AKL
8	4014 Bruce Alexander	M44	WBP
9	4005 Joden Pratten	M41	CAN

Event 37 M50 Discus Throw 1.5kg Masters

Saturday 17/02/2024 - 13:15

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	5013 Roland van den Tillaar	M51	AKL
2	5015 David Sexton	M52	HBG

Event 38 W70 Weight Throw 5.450kg Masters

Saturday 17/02/2024 - 14:00

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	7019 Francoise Terrierootera	W74	OVR

Event 39 W75+ Weight Throw 4.0kg Masters

Saturday 17/02/2024 - 14:00

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	8009 Glen Watts	W83	CAN
2	7502 Noni Callander	W76	OTG
3	7510 Annette Parlanc	W77	WBP
4	8006 Justine Whitaker	W82	CAN
5	8003 Carol Conte	W81	AKL
6	7515 Barbara Austin	W79	NTH



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TAB
New Zealand



New Zealand Masters Track & Field Championships 2024 - Nga Puna Wai, Christchurch

SATURDAY TRACK EVENTS

Event 2 M70-79 80 Short Hurdles 762mm Masters

Saturday 17/02/2024 - 09:10

Lane	Name	Age	Team
Race 1 of 1 Finals			
3	7015 Yong Chyan Ding	M73	AKL

Event 3 W50-59 80 Short Hurdles 762mm Masters

Saturday 17/02/2024 - 09:00

Lane	Name	Age	Team
Race 1 of 1 Finals			
3	5504 Phillipa Green	W55	AKL
4	5001 Liezel De Wet	W50	TAS

Event 8 M60-69 100 Short Hurdles 838mm Master

Saturday 17/02/2024 - 09:10

Lane	Name	Age	Team
Race 1 of 1 Finals			
3	6516 Georg Ludwig	M69	CAN
4	6001 Paul Daborn	M60	WBP

Event 9 M50-59 100 Short Hurdles 914mm Master

Saturday 17/02/2024 - 09:10

Lane	Name	Age	Team
Race 1 of 1 Finals			
6	5006 Nick Bolton	M51	CAN
7	5013 Roland van den Tillaar	M51	AKL

Event 13 W30+ 1500 Metre Race Walk Masters

Saturday 17/02/2024 - 10:00

Lane	Name	Age	Team
Race 1 of 1 Finals			
1	4502 Vicky Jones	W45	TAR
2	5515 Denise Fellows	W58	WBP
3	6016 Alison Newall	W63	OTG
4	5514 Serena Coombes	W58	TAR
5	4507 Catherine McCarten	W46	TAR
6	3005 Rozie Robinson	W33	CAN
7	4009 Sam Holliss	W43	TAR
8	8005 Daphne Jones	W82	WEL
9	7514 Jacqueline Wilson	W78	WEL

Event 14 M30+ 1500 Metre Race Walk Masters

Saturday 17/02/2024 - 10:00

Lane	Name	Age	Team
Race 1 of 1 Finals			
1	6509 Ian Morton	M67	WEL
2	6010 Rodney Gillum	M62	TAR

Event 16 W30+ 1500 Metre Run Masters

Saturday 17/02/2024 - 10:20

Lane	Name	Age	Team
Race 1 of 1 Finals			
1	3503 Laura Smidt	W35	TAS
2	6002 Sally Gibbs	W60	MWA
3	7506 Loris Reed	W76	WBP
4	3504 Ayesha Shafi	W36	WEL
5	4503 Jo Van Rensburg	W45	CAN
6	6514 Dalise Sanderson	W68	OTG
7	3006 Cherie McAllister	W34	AKL
8	6501 Dominique Brinkifield	W65	OVR

Event 17 M30+ 1500 Metre Run Masters

Saturday 17/02/2024 - 10:30

Lane	Name	Age	Team
Race 1 of 2 Finals			
1	7005 Derek Shaw	M71	TAS
2	5502 Mark Cornaga	M55	WBP
3	7014 Ian Carter	M73	AKL
4	7001 David Riddell	M70	TAS
5	6014 Peter Cameron	M63	CAN
6	7003 Rodger Ward	M70	CAN
7	7503 Brian Warren	M75	TAR
8	6505 Ian Calder	M66	NTH
9	5511 Malcolm Cornelius	M57	CAN
10	6017 Phil Sadgrove	M63	WEL
Race 2 of 2 Finals			
1	4003 Barney Hoskins	M41	TAS
2	5023 Wim Luijpers	M54	AKL
3	4004 Craig Oliver	M41	CAN
4	4514 Craig Iversen	M48	STH
5	5018 Phil Harrison	M53	CAN
6	4012 Daniel Stouffer	M43	CAN
7	5002 Darren Gordon	M50	WEL
8	5007 Brian Kemp	M51	TAS
9	3003 Warren Ginige	M33	AKL
10	6011 Robert Homan	M62	OTG
11	5008 Darcy Mellsop	M51	WEL
12	5010 Graeme Morrison	M51	WEL

Event 19 W30+ 100 Metre Sprint Masters

Saturday 17/02/2024 - 11:30

Lane	Name	Age	Team
Race 1 of 3 Finals			
1	8003 Carol Conte	W81	AKL
2	7507 Lois Anderson	W77	CAN
3	7009 Gail Kirkman	W72	STH
4	7013 Tui Ashe	W73	WBP
5	7504 Sheryl Gower	W76	WBP
6	8002 Chris Waring	W80	AKL
7	7513 Suzanne Su	W78	WBP

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Race 2 of 3 Finals...(Event 19 W30+ 100 Metre S)

1	4017 Hasanthika Attanayake	W42	CAN
2	4010 Penny Kee	W43	AKL
3	4517 Vanessa Hodge	W49	MWA
4	4007 Joeline Jones	W42	TAS
5	5504 Phillipa Green	W55	AKL
6	6007 Elizabeth Mitchell	W61	OTG
7	4516 Lydia Bush	W49	AKL
8	6016 Alison Newall	W63	OTG

Race 3 of 3 Finals

5	3004 Kirsty Halliday	W33	NTH
6	3001 Andriete Rodrigues	W30	AKL
7	3002 Jessica Perry	W32	TAR

Event 20 M30+ 100 Metre Sprint Masters

Saturday 17/02/2024 - 11:45

Lane	Name	Age	Team
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Race 1 of 9 Finals

2	8501 Alan Hunter	M86	CAN
3	8001 Peter Crawford	M80	WBP
4	7517 Alan Jones	M79	TAR
5	7508 Barry Clausen	M77	CAN
6	7512 Evan MacIntosh	M78	STH
7	7501 Des Phillips	M75	TAR
8	7509 Anthony Deleiros	M77	AKL
9	7516 Fernand Chaves	M79	OVR

Race 2 of 9 Finals

3	7017 Mark Wyn dham-jones	M73	UK
4	7011 David Lobb	M72	COK
5	7004 Warren Green	M71	STH
6	7002 Tapendra Singh Sokhi	M70	AKL
7	7001 David Riddell	M70	TAS
8	7018 Laurie Malcolmson	M74	MWA
9	7012 Geoff Wolfe	M72	WBP

Race 3 of 9 Finals

2	6504 Uros Sumar	M65	OTG
3	6513 Dennis O'Leary	M68	HBG
4	6517 Les Scown	M69	STH
5	6515 Barry Smith	M68	STH
6	6512 Noel Barff	M68	OVR
7	6508 Jamie MacKinnon	M67	AKL

Race 4 of 9 Finals

3	6018 Tim Turner	M63	AKL
4	6008 Bruce Solomon	M61	WBP
5	6001 Paul Daborn	M60	WBP
6	6005 Bruce Cortesi	M61	WBP
7	6004 Mark MacFarlane	M60	WEL

Race 5 of 9 Finals

3	5505 Miles Holt	M55	NTH
4	5522 David Blackford	M59	AKL
5	5518 Chris Roberts	M58	WEL
6	5520 Tony Tan	M58	OTG
7	5502 Mark Cornaga	M55	WBP
8	5507 Krzysztof Wardecki	M55	OVR

Race 6 of 9 Finals

4	5003 Mark Lambert	M50	AKL
5	5503 Mark Ford	M55	WEL
6	5005 Lewis Turner	M50	AKL
7	5012 Craig Seymour	M51	AKL
8	5006 Nick Bolton	M51	CAN

Race 7 of 9 Finals

3	4509 Wayne Holroyd	M47	AKL
4	4520 Ray Hansford	M46	AKL
5	4518 Rupert Lambert	M49	OTG
6	4519 Hayden Robinson	M49	MWA
7	4506 Ian Densie	M46	STH
8	4504 Tharindu Weeraratne	M45	AKL

Race 8 of 9 Finals

3	4014 Bruce Alexander	M44	WBP
4	4015 Siamak Anahid	M44	AKL
5	4008 Victor Lusic	M42	CAN
6	4019 Ian Lathwood	M44	AKL
7	4006 Andrew Weekes	M41	AKL

Race 9 of 9 Finals

2	3502 Reece Little	M35	HBG
3	3508 Nick Ash	M38	CAN
4	3007 Gulab Singh	M34	AKL
5	3501 Remy Le Brun	M35	TAS
6	3510 Brayden Grant	M38	MWA
7	3516 Alex Stone	M39	CAN
8	3514 Kalum Sanjeeva	M38	CAN
9	3507 Nivarthana Warnakulasekera	M37	AKL

Event 24 W30+ 2000 Metre Steeplechase 762mm M:

Saturday 17/02/2024 - 13:30

Lane	Name	Age	Team
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Race 1 of 1 Finals

1	7506 Loris Reed	W76	WBP
2	5016 Michelle van Looy	W52	WEL
3	5519 Delwyn Smith	W58	NTH
4	4503 Jo Van Rensburg	W45	CAN

Event 25 M60+ 2000 Metre Steeplechase 762mm M:

Saturday 17/02/2024 - 13:30

Lane	Name	Age	Team
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Race 1 of 1 Finals

1	6006 Mark Lett	M61	NTH
2	7501 Des Phillips	M75	TAR
3	6020 Tim Cross	M64	TAS

Event 27 W30+ 400 Metre Sprint Masters

Saturday 17/02/2024 - 14:20

Lane	Name	Age	Team
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Race 1 of 2 Finals

2	8002 Chris Waring	W80	AKL
3	6514 Dalise Sanderson	W68	OTG
4	7009 Gail Kirkman	W72	STH
5	6007 Elizabeth Mitchell	W61	OTG
6	6012 Lylen Johnston	W62	OVR
7	6003 Karen Hulena	W60	AKL

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Race 2 of 2 Finals...(Event 27 W30+ 400 Metre Sprint

3	5510 Dale McMillan	W56	MWA
4	4517 Vanessa Hodge	W49	MWA
5	4007 Joeline Jones	W42	TAS
6	4010 Penny Kee	W43	AKL
7	3006 Cherie McAllister	W34	AKL

Event 28 M30+ 400 Metre Sprint Masters

Saturday 17/02/2024 - 14:30

Lane	Name	Age	Team	Seed
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Race 1 of 6 Finals

2	9001 Ronald Johnson	M91	AKL
3	8010 Michael Bond	M80	CAN
4	7517 Alan Jones	M79	TAR
5	7512 Evan MacIntosh	M78	STH
6	7509 Anthony Deleiros	M77	AKL
7	7501 Des Phillips	M75	TAR
8	7516 Fernand Chaves	M79	OVR

Race 2 of 6 Finals

2	6509 Ian Morton	M67	WEL
3	6518 Andrew Stark	M66	CAN
4	7001 David Riddell	M70	TAS
5	7014 Ian Carter	M73	AKL
6	7020 Jonathon Harper	M73	CAN

Race 3 of 6 Finals

1	6011 Robert Homan	M62	OTG
2	6015 Barry Helem	M63	CAN
3	6018 Tim Turner	M63	AKL
4	6005 Bruce Cortesi	M61	WBP
5	6014 Peter Cameron	M63	CAN
6	6001 Paul Daborn	M60	WBP

Race 4 of 6 Finals

1	5501 Geoff Burke	M55	HBG
2	5018 Phil Harrison	M53	CAN
3	5507 Krzysztof Wardecki	M55	OVR
4	5004 Iain Rattray	M50	WBP
5	5520 Tony Tan	M58	OTG
6	5516 Grant Hodges	M58	AKL
7	5502 Mark Cornaga	M55	WBP

Race 5 of 6 Finals

2	4504 Tharindu Weeraratne	M45	AKL
3	4509 Wayne Holroyd	M47	AKL
4	4520 Ray Hansford	M46	AKL
5	4519 Hayden Robinson	M49	MWA
6	4506 Ian Densie	M46	STH
7	4508 Sean Barnes	M47	CAN

Race 6 of 6 Finals

2	4016 Gareth Noble	M44	OTG
3	4008 Victor Lusic	M42	CAN
4	3502 Reece Little	M35	HBG
5	3510 Brayden Grant	M38	MWA
6	3508 Nick Ash	M38	CAN
7	3509 Shaun Fauth	M38	CAN
8	3507 Nivarthana Warnakulasoma	M37	AKL
9	3003 Warren Ginige	M33	AKL

SUNDAY FIELD EVENTS

Event 1 Throws Pentathlon: #1 W30+ Hammer

Sunday 18/02/2024 - 09:00

Pos	Name	Age	Team
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Group 1 of 2 Finals

1	7507 Lois Anderson	W77	CAN
2	8009 Glen Watts	W83	CAN
3	7515 Barbara Austin	W79	NTH
4	8006 Justine Whitaker	W82	CAN
5	7502 Noni Callander	W76	OTG
6	7008 Carey Dickason	W72	TAS
7	7510 Annette Parlanc	W77	WBP
8	6019 Michelle Anthony	W64	WBP

Group 2 of 2 Finals

1	4501 Florence Alesana	W48	AKL
2	5021 Theresa Bartlett	W54	WEL
3	4511 Rachael Savage	W47	WBP
4	3512 Louise Teariki	W39	OVR
5	4001 Melissa Free	W40	AKL
6	5515 Denise Fellows	W58	WBP
7	4512 Ayaka Stewart	W47	CAN
8	5022 Brenda Davis	W54	WBP
9	4510 Odette Teriitaohia	W47	OVR
10	5509 Andrea Manson	W56	QLD

Event 6 Throws Pentathlon: #1 M30+ Hammer

Sunday 18/02/2024

Pos	Name	Age	Team
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Group 1 of 2 Finals

1	9002 Jim Blair	M92	OTG
2	8004 Mike Shepherd	M81	MWA
3	8501 Alan Hunter	M86	CAN
4	9001 Ronald Johnson	M91	AKL
5	7007 Lindsay Walker	M71	CAN
6	7010 Lester Laughton	M72	STH
7	7002 Tapendra Singh Sokhi	M70	AKL
8	7017 Mark Wyndham-jones	M73	UK
9	8008 Brian Senior	M83	CAN
10	7016 Kennedy Garland	M73	NTH

Group 2 of 2 Finals

1	4513 Arno Van Der Westhuize	M47	AKL
2	4005 Joden Pratten	M41	CAN
3	3003 Warren Ginige	M33	AKL
4	5015 David Sexton	M52	HBG
5	5513 Laini Inivale	M57	AKL
6	5013 Roland van den Tillaar	M51	AKL
7	3511 Junior Lupena	M39	AKL
8	6509 Ian Morton	M67	WEL
9	6009 Brian Curry	M62	MWA
10	6507 James Thomas	M66	AKL

The start times for each Throws Pentathlon groups will be determined on the day.

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SUNDAY TRACK & TRACK PENTATHLON EVENTS

Event 1 X30+ 5000 Metre Run RACE 1 Masters

Sunday 18/02/2024 - 08:30

Lane	Name	Age	Team
Race 1 of 1 Finals			
1	5007 Brian Kemp	M51	TAS
2	5521 Richard Bennett	M59	CAN
3	5002 Darren Gordon	M50	WEL
4	5017 Jason Baillie	M53	CAN
5	4514 Craig Iversen	M48	STH
6	4013 Brett Tingay	M43	CAN
7	6503 Peter Richards	M65	CAN
8	5010 Graeme Morrison	M51	WEL
9	4505 Sjors Corporaal	M46	WBP
10	4012 Daniel Stouffer	M43	CAN
11	6505 Ian Calder	M66	NTH
12	4003 Barney Hoskins	M41	TAS
13	5011 Simon Rhodes	M51	OTG
14	6002 Sally Gibbs	W60	MWA

Event 3 Track Pentathlon: #1 W30+ 100 Metre Run Masters

Sunday 18/02/2024 - 09:00

Lane	Name	Age	Team	Seed Time
Race 1 of 1 Finals				
4	5510 Dale McMillan	W56	MWA	
5	6003 Karen Hulena	W60	AKL	

Event 4 M30+ 5000 Metre Race Walk Masters

Sunday 18/02/2024 - 09:10

Lane	Name	Age	Team
Race 1 of 1 Finals			
1	6010 Rodney Gillum	M62	TAR

Event 5 X30+ 5000 Metre Run RACE 2 Masters

Sunday 18/02/2024 - 09:10

Lane	Name	Age	Team
Race 1 of 1 Finals			
1	5506 Wendy Richards	W55	CAN
2	6501 Dominique Brinkifield	W65	OVR
3	5016 Michelle van Looy	W52	WEL
4	7505 Barbara Patrick	W76	OTG
5	5519 Delwyn Smith	W58	NTH
7	7005 Derek Shaw	M71	TAS
8	6510 Trevor Ashe	M68	WBP
9	6020 Tim Cross	M64	TAS

Event 6 W30+ 5000 Metre Race Walk Masters

Sunday 18/02/2024 - 09:10

Lane	Name	Age	Team
Race 1 of 1 Finals			
1	7514 Jacqueline Wilson	W78	WEL
2	4009 Sam Holliss	W43	TAR
3	3005 Rozie Robinson	W33	CAN
4	4507 Catherine McCarten	W46	TAR
5	8005 Daphne Jones	W82	WEL
6	4502 Vicky Jones	W45	TAR

Event 12 Track Pentathlon: #1 M30+ Long Jump Masters

Sunday 18/02/2024 - 09:00

Pos	Name	Age	Team
Group 1 of 1 Finals			
1	6509 Ian Morton	M67	WEL
2	7004 Warren Green	M71	STH
3	6502 John Rawcliffe	M65	TAS
4	7516 Fernand Chaves	M79	OVR
5	6506 Craig Elliott	M66	QLD
6	6006 Mark Lett	M61	NTH

Event 16 W30+ 60 Metre Sprint Masters

Sunday 18/02/2024 - 10:30

Lane	Name	Age	Team
Race 1 of 4 Finals			
2	8003 Carol Conte	W81	AKL
3	8002 Chris Waring	W80	AKL
4	7504 Sheryl Gower	W76	WBP
5	8007 Frances Bayler	W83	MWA
6	7513 Suzanne Su	W78	WBP
7	6511 Aline Berger	W68	OVR

Race 2 of 4 Finals			
1	7019 Francoise Terrierootera	W74	OVR
2	7009 Gail Kirkman	W72	STH
3	6012 Lysten Johnston	W62	OVR
4	6016 Alison Newall	W63	OTG
5	6007 Elizabeth Mitchell	W61	OTG
6	5504 Phillipa Green	W55	AKL
7	5510 Dale McMillan	W56	MWA
8	5509 Andrea Manson	W56	QLD
9	5517 Zarli Katia	W58	OVR

Race 3 of 4 Finals			
3	4517 Vanessa Hodge	W49	MWA
4	4516 Lydia Bush	W49	AKL
5	4007 Joline Jones	W42	TAS
6	4017 Hasanthika Attanayake	W42	CAN
7	4010 Penny Kee	W43	AKL
8	4018 Purity Omondigbe	W40	CAN

Race 4 of 4 Finals			
4	3513 Nadeeka Wijesundara	W36	CAN
5	3001 Andriete Rodrigues	W30	AKL
6	3004 Kirsty Halliday	W33	NTH
7	3002 Jessica Perry	W32	TAR

Event 17 M30+ 60 Metre Sprint Masters

Sunday 18/02/2024 - 10:30

Lane	Name	Age	Team
Race 1 of 8 Finals			
2	8501 Alan Hunter	M86	CAN
3	8001 Peter Crawford	M80	WBP
4	7512 Evan MacIntosh	M78	STH
5	7508 Barry Clausen	M77	CAN
6	7509 Anthony Deleiros	M77	AKL
7	7516 Fernand Chaves	M79	OVR

ALL 5000m Races have been organised based on your times (if submitted). Happy to discuss any changes.

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Race 2 of 8 Finals.

3	7017 Mark Wyndham-jones	M73	UK
4	7012 Geoff Wolfe	M72	WBP
5	7018 Laurie Malcolmson	M74	MWA
6	7015 Yong Chyan Ding	M73	AKL
7	7002 Tapendra Singh Sokhi	M70	AKL

Race 3 of 8 Finals

2	6517 Les Scown	M69	STH
3	6513 Dennis O'Leary	M68	HBG
4	6512 Noel Barff	M68	OVR
5	6508 Jamie MacKinnon	M67	AKL
6	6515 Barry Smith	M68	STH
7	6504 Uros Sumar	M65	OTG

Race 4 of 8 Finals

3	6004 Mark MacFarlane	M60	WEL
4	6001 Paul Daborn	M60	WBP
5	6008 Bruce Solomon	M61	WBP
6	6018 Tim Turner	M63	AKL

Race 5 of 8 Finals

3	5518 Chris Roberts	M58	WEL
4	5507 Krzysztof Wardecki	M55	OVR
5	5520 Tony Tan	M58	OTG
6	5503 Mark Ford	M55	WEL
7	5505 Miles Holt	M55	NTH
8	5522 David Blackford	M59	AKL

Race 6 of 8 Finals

2	5005 Lewis Turner	M50	AKL
3	4509 Wayne Holroyd	M47	AKL
4	5003 Mark Lambert	M50	AKL
5	4519 Hayden Robinson	M49	MWA
6	5006 Nick Bolton	M51	CAN
7	5012 Craig Seymour	M51	AKL

Race 7 of 8 Finals

1	4506 Ian Densie	M46	STH
2	4504 Tharindu Weeraratne	M45	AKL
3	4520 Ray Hansford	M46	AKL
4	4014 Bruce Alexander	M44	WBP
5	4008 Victor Lusic	M42	CAN
6	4019 Ian Lathwood	M44	AKL
7	4015 Siamak Anahid	M44	AKL
8	4006 Andrew Weekes	M41	AKL

Race 8 of 8 Finals

2	3007 Gulab Singh	M34	AKL
3	3510 Brayden Grant	M38	MWA
4	3508 Nick Ash	M38	CAN
5	3501 Remy Le Brun	M35	TAS
6	3514 Kalum Sanjeeva	M38	CAN
7	3502 Reece Little	M35	HBG
8	3507 Nivarthana Warnakulasekera	M37	AKL

Event 20 M30+ 800 Metre Run Masters

Sunday 18/02/2024 - 11:15

Lane	Name	Age	Team
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Race 1 of 3 Finals

1	8010 Michael Bond	M80	CAN
2	7512 Evan MacIntosh	M78	STH
3	7517 Alan Jones	M79	TAR
4	7516 Fernand Chaves	M79	OVR
5	7501 Des Phillips	M75	TAR
6	7511 Bruce Dyer	M78	CAN
7	7503 Brian Warren	M75	TAR
8	7014 Ian Carter	M73	AKL
9	7020 Jonathon Harper	M73	CAN
10	7003 Rodger Ward	M70	CAN
11	7001 David Riddell	M70	TAS

Race 2 of 3 Finals

1	5010 Graeme Morrison	M51	WEL
2	5008 Darcy Mellsop	M51	WEL
3	6505 Ian Calder	M66	NTH
4	5004 Iain Ratray	M50	WBP
5	5023 Wim Luijpers	M54	AKL
6	5018 Phil Harrison	M53	CAN
7	6503 Peter Richards	M65	CAN
8	5511 Malcolm Cornelius	M57	CAN
9	6014 Peter Cameron	M63	CAN
10	6011 Robert Homan	M62	OTG
11	6015 Barry Helem	M63	CAN
12	5502 Mark Cornaga	M55	WBP
13	6017 Phil Sadgrove	M63	WEL

Race 3 of 3 Finals

4	4012 Daniel Stouffer	M43	CAN
5	4004 Craig Oliver	M41	CAN
6	4002 David Catherwood	M41	CAN
7	4508 Sean Barnes	M47	CAN
8	4514 Craig Iversen	M48	STH
9	3509 Shaun Fauth	M38	CAN
10	3003 Warren Ginige	M33	AKL

Event 21 W30+ 800 Metre Run Masters

Sunday 18/02/2024 - 11:25

Lane	Name	Age	Team
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Race 1 of 1 Finals

1	3006 Cherie McAllister	W34	AKL
2	4503 Jo Van Rensburg	W45	CAN
3	6003 Karen Hulena	W60	AKL
4	6002 Sally Gibbs	W60	MWA
5	3503 Laura Smidt	W35	TAS
6	3504 Ayesha Shafi	W36	WEL
7	4517 Vanessa Hodge	W49	MWA
8	7009 Gail Kirkman	W72	STH
9	5510 Dale McMillan	W56	MWA
10	7506 Loris Reed	W76	WBP
11	6514 Dalise Sanderson	W68	OTG

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Please advise TIC (Control room) if you are SCRATCHING from races, so we can adjust races accordingly

Event 23 M30+ 200 Metre Sprint Masters

Sunday 18/02/2024 - 11:50

Lane	Name	Age	Team
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Race 1 of 8 Finals

2	Alan Jones	M79	TAR
3	Evan MacIntosh	M78	STH
4	Peter Crawford	M80	WBP
5	Anthony Deleiros	M77	AKL
6	Des Phillips	M75	TAR
7	Fernand Chaves	M79	OVR
8	Jonathon Harper	M73	CAN

Race 2 of 8 Finals

1	Les Scown	M69	STH
2	Barry Smith	M68	STH
3	Dennis O'Leary	M68	HBG
4	Noel Barff	M68	OVR
5	Geoff Wolfe	M72	WBP
6	Laurie Malcolmson	M74	MWA
7	John Rawcliffe	M65	TAS
8	Georg Ludwig	M69	CAN
9	David Riddell	M70	TAS

Race 3 of 8 Finals

2	Robert Homan	M62	OTG
3	Barry Helem	M63	CAN
4	Paul Daborn	M60	WBP
5	Bruce Solomon	M61	WBP
6	Tim Turner	M63	AKL
7	Mark MacFarlane	M60	WEL
8	Brian Curry	M62	MWA
9	Bruce Cortesi	M61	WBP

Race 4 of 8 Finals

2	Mark Cornaga	M55	WBP
3	Chris Roberts	M58	WEL
4	Grant Hodges	M58	AKL
5	David Blackford	M59	AKL
6	Krzysztof Wardecki	M55	OVR
7	Tony Tan	M58	OTG
8	Geoff Burke	M55	HBG
9	Miles Holt	M55	NTH

Race 5 of 8 Finals

4	Craig Seymour	M51	AKL
5	Iain Rattray	M50	WBP
6	Mark Lambert	M50	AKL
7	Nick Bolton	M51	CAN
8	Darcy Mellsop	M51	WEL

Race 6 of 8 Finals

4	Tharindu Weeraratne	M45	AKL
5	Ian Densie	M46	STH
6	Wayne Holroyd	M47	AKL
7	Hayden Robinson	M49	MWA
8	Ray Hansford	M46	AKL

Race 7 of 8 Finals

3	Siamak Anahid	M44	AKL
4	Gareth Noble	M44	OTG
5	Ian Lathwood	M44	AKL
6	Bruce Alexander	M44	WBP
7	Victor Lusic	M42	CAN

Race 8 of 8 Finals

1	Nivarthana Warnakulasooriya	M37	AKL
2	Shaun Fauth	M38	CAN
3	Remy Le Brun	M35	TAS
4	Brayden Grant	M38	MWA
5	Nick Ash	M38	CAN
6	Gulab Singh	M34	AKL
7	Reece Little	M35	HBG
8	Warren Ginige	M33	AKL

Event 24 W30+ 200 Metre Sprint Masters

Sunday 18/02/2024 - 12:10

Lane	Name	Age	Team
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Race 1 of 2 Finals

1	Cherie McAllister	W34	AKL
2	Andriete Rodrigues	W30	AKL
3	Penny Kee	W43	AKL
4	Vanessa Hodge	W49	MWA
5	Joeline Jones	W42	TAS
6	Phillipa Green	W55	AKL
7	Elizabeth Mitchell	W61	OTG
8	Lydia Bush	W49	AKL

Race 2 of 2 Finals

2	Carol Conte	W81	AKL
3	Sheryl Gower	W76	WBP
4	Alison Newall	W63	OTG
5	Gail Kirkman	W72	STH
6	Tui Ashe	W73	WBP
7	Chris Waring	W80	AKL
8	Dalise Sanderson	W68	OTG

NZMA Women's Track & Field National and Championship Records (Updated Feb 2024)

60m		NZMA National Record		NZMA Championship Record		
W30	R Coster [AKL]	7.56 (+1.7)	23/03/2019	F Centers [OTG]	8.00 (+1.2)	02/03/2019
W35	H Dinnissen [CAN]	7.85 (+1.6)	15/01/2022	E Milne [TAS]	8.26 (+1.4)	29/02/2020
W40	J Jones [TAS]	8.20 (+0.7)	10/03/2021	J Jones [TAS]	8.34 (-0.1)	03/12/2022
W45	C Brunner [AKL]	8.21 (+0.8)	15/03/2017	S Rothkopf [AKL]	8.71 (-0.2)	04/03/2012
W50	E Wilson [OTG]	8.46 (+0.1)	8/11/2014	E Wilson [OTG]	8.47 (-1.4)	27/02/2016
W55	E Wilson [OTG]	8.54 (+1.7)	22/01/2018	E Wilson [OTG]	8.95 (-0.6)	02/03/2019
W60	E Mitchell [WLG]	9.12 (-1.4)	18/11/2023	J Hayman [AKL]	9.26 (-0.9)	03/12/2022
W65	S Gower [WBP]	9.66	06/10/2015	S Gower [WBP]	9.68 (-1.2)	03/03/2013
W70	S Gower [WBP]	9.75 (-0.4)	02/03/2019	S Gower [WBP]	9.75 (-0.4)	02/03/2019
W75	S Gower [WBP]	10.24 (+0.3)	02/12/2023	C Waring [AKL]	10.38 (+0.5)	02/03/2019
W80	C Waring [AKL]	10.98 (+0.3)	02/12/2023	J Hammond [WLG]	12.06 (+0.9)	03/03/2018
W85	M Petley [WBP]	14.00 (-0.7)	28/02/2015	M Petley [WBP]	14.00 (-0.7)	28/02/2015
W90	C Van der Veecken [NTH]	19.91 (-0.8)	07/10/2023			
100m		NZMA National Record		NZMA Championship Record		
W30	R Coster [AKL]	11.83 (+1.6)	21/03/2019	W Brown [NTH]	12.2h	1980
				B Peterson [CAN]	12.2h	1992
W35	B Peterson [CAN]	12.15	1993	W Brown [NTH]	12.5h	1987
W40	W Brown [NTH]	12.50	1990	W Brown [NTH]	13.05	1991
				J Parker [TAS]	12.9h	1977
W45	C Mills [AKL]	12.71	1979	C Mills [AKL]	13.03	1979
W50	E Wilson [OTG]	13.19	8/11/2014	E Wilson [OTG]	13.41 (-0.1)	27/02/2016
W55	E Wilson [OTG]	13.49 (+1.7)	22/01/2018	E Wilson [OTG]	13.91 (+1.2)	02/03/2019
W60	S Peterson [CAN]	13.9h	1989	M Peters [AKL]	14.49	1994
W65	S Peterson [CAN]	14.62	1994	M Peters [AKL]	15.12	04/03/2000
W70	M Peters [AKL]	15.16	21/03/2004	M Peters [AKL]	15.82	06/03/2004
W75	M Peters [AKL]	16.03	2009	M Peters [AKL]	16.70 (-0.7)	07/03/2009
W80	C Waring [AKL]	18.09 (+0.8)	16/12/2023	S Peterson [CAN]	20.44	03/04/2010
W85	M Petley [WBP]	22.43 (+1.8)	01/03/2014	M Petley [WBP]	22.43 (+1.8)	01/03/2014
W90	C Van der Veecken [NTH]	35.94 (+1.4)	07/10/2023			
200m		NZMA National Record		NZMA Championship Record		
W30	F Morrison [CAN]	24.62 (+0.7)	02/02/2019	W Brown [NTH]	24.7h	1980
	F Centers [OTG]	24.62 (+0.7)	02/02/2019			
W35	B Peterson [CAN]	24.89	1993	W Brown [NTH]	25.72	1987
W40	W Brown [NTH]	26.00	1990	W Brown [NTH]	25.7h	1991
	W Brown [NTH]	25.7h	1991			
W45	C Mills [AKL]	26.58	1979	C Mills [AKL]	26.58	1979
W50	E Wilson [OTG]	26.83	01/11/2016	E Wilson [OTG]	27.44 (-1.3)	28/02/2016
W55	E Wilson [OTG]	27.74 (+0.2)	09/09/2018	E Wilson [OTG]	28.84 (-1.3)	03/03/2019
W60	S Peterson [CAN]	30.00	1989	M Peters [AKL]	30.10	1994
W65	M Peters [AKL]	31.00	1999	S Peterson [CAN]	31.38	1994
W70	M Peters [AKL]	31.45	2004	M Peters [AKL]	32.22	07/03/2004
W75	M Peters [AKL]	34.55	2009	M Peters [AKL]	35.53	08/03/2009
W80	C Waring [AKL]	39.93 (-0.5)	02/12/2023	S Peterson [CAN]	44.70	04/04/2010
W85	M Petley [WBP]	52.21	10/08/2015	M Petley [WBP]	54.58	01/03/2015
400m		NZMA National Record		NZMA Championship Record		
W30	M Stephen [CAN]	56.45	2001	M Stephen [CAN]	59.28	16/03/2002
				C Sole [TAR]	59.1h	1978
W35	M Stephen [CAN]	56.98	2002	C Turner [TAR]	58.3h	1984
W40	C Mills [AKL]	58.9h	1975	C Turner [TAR]	60.1h	1992
W45	C Mills [AKL]	59.68	1981	A Hathaway [NTH]	63.0h	1993

W50	G Kirkman [CAN]	60.83	16/03/2002	G Kirkman [CAN]	60.83	16/03/2002
W55	E Wilson [OTG]	63.98	14/09/2018	E Wilson [OTG]	66.50	01/03/2019
W60	G Kirkman [STH]	67.93	16/10/2013	G Kirkman [STH]	68.93	02/03/2013
W65	G Kirkman [STH]	71.83	25/01/2018	L Laban [CAN]	77.40	03/03/2017
W70	S Gower [WBP]	77.76	14/09/2018	G Kirkman [STH]	1:19.53	04/12/2022
W75	M Peters [AKL]	87.2	2009	C Waring [AKL]	1:28.54	01/03/2019
W80	M Petley [WBP]	91.1	2009	M Petley [WBP]	2:00.21	03/04/2010
W85	C van der Veeken [NTH]	137.54	26/10/2016	C van der Veeken	2:49.00	02/03/2018
800m					NZMA Championship Record	
W30	C Buscomb [WBP]	2:08.33	26/03/2021	G Talbot [CAN]	2:23.1	1985
W35	J Merrifield	2:09.7	1991	E Smeaton [CAN]	2:18.7	1992
W40	E Smeaton [CAN]	2:15.87	1993	A Hare [WLG]	2:20.34	05/03/2006
W45	S Gibbs [WBP]	2:19.72	2010	S Gibbs [WBP]	2:22.48	06/03/2011
W50	G Kirkman [CAN]	2:20.01	17/03/2002	G Kirkman [CAN]	2:20.01	17/03/2002
W55	M Orman [TAS]	2:32.6	1997	J McDonald [WLG]	2:36.39	06/03/2011
W60	S Gibbs [MWA]	2:39.12	02/12/2023	L Reed [CAN]	2:56.90	04/04/2010
W65	G Kirkman [STH]	2:46.39	04/02/2017	C Adamson [AKL]	3:01.35	04/12/2022
W70	G Kirkman [STH]	3:04.67	10/12/2021	L Reed [WBP]	3:23.24	01/03/2020
W75	M Rough [OTG]	3:31.16	05/12/2015	M Rough [OTG]	3:32.01	28/02/2016
W80	M Rough [OTG]	3:55.65	15/11/2020			
W85	C van der Veeken	5:46.06	26/10/2016			
1500m					NZMA National Record	NZMA Championship Record
W30	C Buscomb [WBP]	4:12.30	01/04/2021	M Benjamin	4:52.3	1980
W35	T Faulkner [WLG]	4:26.93	19/12/2017	P Davey [MWA]	4:44.9	1983
W40	A Hare [WLG]	4:35.74	2006	A Hare [WLG]	4:46.54	04/03/2006
W45	H Matthews [AKL]	4:36.58	1992	S Gibbs [WBP]	4:42.89	05/03/2011
W50	S Gibbs [WBP]	4:45.94	28/02/2015	S Gibbs [WBP]	4:45.94	28/02/2015
W55	S Gibbs [WBP]	4:54.96	16/09/2018	S Gibbs [WBP]	5:05.46	29/02/2020
W60	S Gibbs [MWA]	5:06.04	02/12/2023	L Reed [CAN]	5:44.66	03/04/2010
W65	L Reed [CAN]	6:02.81	01/12/2012	L Reed [CAN]	6:03.09	02/03/2013
W70	M Rough [OTG]	6:30.41	2010	M Rough [OTG]	6:48.40	01/03/2014
W75	L Reed [WBP]	6:55.39	03/12/2022	L Reed [WBP]	6:55.39	03/12/2022
W80	M Rough [OTG]	7:35.93	14/11/2020	C van der Veeken	9:43.45	03/03/2012
W85	E Mercier [CAN]	11:07.40	2008			
3000m					NZMA National Record	NZMA Championship Record
W30	C Buscomb [WBP]	8:58:10	28/05/2021	M Benjamin	10:59.3	1980
W35	M O'Connor [CAN]	9:22.09	1993	B Shingles [MWA]	10:10.6	1976
W40	M O'Connor [CAN]	9:42.45	1996	R Haymes	10:35.8	1979
W45	H Matthews [AKL]	9:47.47	1992	J Miles [CAN]	11:42.3	1980
W50	S Gibbs [WBP]	9:54.83	01/01/2015	S Gibbs [WBP]	10:19.02	02/03/2018
W55	S Gibbs [WBP]	10:20.55	02/11/2019	S Gibbs [WBP]	10:39.97	28/02/2020
W60	S Gibbs [MWA]	10:39.48	02/12/2023	C Adamson [AKL]	12:09.97	02/03/2018
W65	M Allison [WLG]	12:27.51	02/12/2022	M Allison [WLG]	12:27.51	02/12/2022
W70	L Reed [CAN]	13:41.60	10/11/2017	J Stewart [NTH]	14:26.98	01/03/2019
W75	M Rough [OTG]	14:47.97	07/11/2015	J Roots [CAN]	20:00.00	01/03/2019
W80	M Rough [OTG]	17:00.94	06/11/2021			
W85	E Mercier [CAN]	24:19.9	2008			

5,000m		NZMA National Record		NZMA Championship Record		
W30	C Buscomb [WBP]	15:23.90	01/07/2021	C Alderton [NTH]	18 10.45	1993
W35	M O'Connor [CAN]	16:03.12	1993	V Humphries [WLG]	17:41.15	15/03/2002
W40	L Cross [AKL]	16:26.53	16/12/2023	N Carroll [WLG]	16:48.28	02/04/2010
W45	S Gibbs [WBP]	16:44.53	2012	S Gibbs [WBP]	16:46.97	02/03/2012
W50	S Gibbs [WBP]	17:24.54	01/03/2015	S Gibbs [WBP]	17:24.54	27/02/2015
W55	S Gibbs [WBP]	17:45.52	12/09/2018	S Gibbs [WBP]	17:59.90	01/03/2020
W60	S Gibbs [MWA]	18:16.22	16/12/2023	C Adamson [AKL]	20:40.54	03/03/2017
W65	M Allison [WLG]	21:23.94	04/12/2022	M Allison [WLG]	21:23.94	04/12/2022
W70	J Stewart [NTH]	23:54.27	03/03/2019	J Stewart [NTH]	23:54.27	03/03/2019
W75	M Rough [OTG]	25:30.17	13/02/2016	B Patrick [OTA]	26:13.10	04/12/2022
W80						
W85	E Mercier [CAN]	39:50.80	2008			
1500m Track Walk		NZMA National Record		NZMA Championship Record		
W30						
W35						
W40	H Mclean [CAN]	10:05.99	22/01/2023			
W45	C Uhlenberg [TAR]	8:59.05	03/12/2022	C Uhlenberg [TAR]	8:59.05	03/12/2022
W50	A Wong-Tung [WLG]	10:45.76	03/12/2022	A Wong-Tung	10:45.76	03/12/2022
W55						
W60	A Newall [OTG]	10:01.03	27/05/2023	H Willis [WLG]	10:42.88	03/12/2022
W65						
W70						
W75	J Wilson [WLG]	9:52.44	10/03/2023	J Wilson [WLG]	9:53.25	03/12/2022
W80	D Jones [WLG]	11:23.11	03/12/2022	D Jones [WLG]	11:39.56	03/12/2022
W85						
3000m Track Walk		NZMA National Record		NZMA Championship Record		
W30	A Barber [AKL]	13:09.95	06/02/2021	S Jerrett	18:19.8	1992
W35	G Gorst [HBG]	13:35.12	2002	G Gorst [HBG]	13:48.24	07/03/2003
W40	D Barrett [NTH]	14:36.47	2000	D Barrett [NTH]	14:49.02	03/03/2000
W45	N Aymes [TAS]	14:48.06	2001	C Smith [NTH]	15:21.22	27/02/2015
W50	C Smith [NTH]	15:14.78	17/03/2017	C Smith [NTH]	15:49.59	02/03/2018
W55	C Smith [NTH]	16:32.09	09/02/2022	L Foster [WBP]	17:34.5	22/03/1996
W60	S Hoskin [MWA]	17:44.17	01/03/2013	S Hoskin [MWA]	17:44.17	01/03/2013
W65	J Wilson [WLG]	18:35.89	15/02/2015	J Wilson [WLG]	19:01.72	27/02/2015
W70	J Wilson [WLG]	18:27.80	26/01/2018	J Wilson [WLG]	18:57.04	02/03/2018
W75	J Wilson [WLG]	19:18.90	26/02/2021	J Wilson [WLG]	19:18.90	26/02/2021
W80	D Jones [WLG]	22:53.85	20/02/2022	D Jones [WLG]	23:37.57	04/12/2022
5000m Track Walk		NZMA National Record		NZMA Championship Record		
W30	A Barber [AKL]	21:55.62	28/02/2021			
W35	G Gorst [HBG]	23:04.72	2003			
W40	J Jackson [AKL]	24:50.85	1987	V Jones [TAR]	37:15.00	28/02/2021
W45	N Aymes [TAS]	26:40.36	2001			
W50	C Smith [NTH]	27:05.31	27/11/2016	C Smith [NTH]	27:18.83	04/03/2018
W55	S Hoskin [MWA]	29:52.70	2009	S Coombes [TAR]	31:08.22	28/02/2021
W60	S Hoskin [MWA]	30:59 h	2012	T Large [WBP]	34:05.66	04/03/2018
W65	S Hoskin [WLG]	31:38.35	27/10/2016			
W70	J Wilson [WLG]	31:43:15	27/10/2016	J Wilson [WLG]	32:09.63	04/03/2018
W75	J Wilson [WLG]	31:58.65	28/02/2021	J Wilson [WLG]	31:58.65	28/02/2021
W80	D Jones [WLG]	40:10.89	02/12/2023			

2000m Steeplechase		NZMA National Record		NZMA Championship Record		
W30	S Taylor [HBG]	7:40.5h	1993	L Smidt [TAS]	8:19.63	03/12/2022
W35	S Taylor [HBG]	7:19.88	1993	S Taylor [HBG]	7:19.88	1993
W40	K Gillum-Green [TAR]	7:37.90	2001	K Gillum-Green [TAR]	7:39.42	10/03/2001
W45	M Orman [TAS]	7:38.08	1991	M Orman [TAS]	7:52.8h	1991
W50	M Orman [TAS]	7:43.99	1993	M Orman [TAS]	7:43.99	1993
W55	M Orman [TAS]	7:58.43	27/07/1997	M Orman [TAS]	8:13.4h	15/03/1997
W60	L Reed [CAN]	8:45.43	2008	L Reed [CAN]	8:58.09	03/04/2010
W65	M Allison [WLG]	9:18.51	28/11/2020	L Reed [CAN]	9:37.70	27/02/2016
W70	L Reed [CAN]	9:43.19	11/11/2017	L Reed [WBP]	10:28.35	29/02/2020
W75	D Cumming [HBG]	12:03.04	2009	D Cumming [HBG]	12:12.84	03/04/2010
W80	C van der Veeken	14:47.28	03/03/2012	C van der Veeken	14:47.28	03/03/2012
W85	C van der Veeken	18:30.80	06/11/2016			
Short Hurdles		NZMA National Record		NZMA Championship Record		
W30	100mH: F Morrison [CAN]	13.62 (+0.5)	07/03/2020	C Sole [TAR]	15.58	1980
W35	100mH: H Dinnissen [CAN]	14.85 (+0.5)	07/03/2020	P Hunt [WLG]	15.40	1984
W40	80mH: A McIntosh	12.74	1981	P Hunt [WLG]	13.2h	1992
W45	80mH: P Hunt [WLG]	13.50	1993	P Hunt [WLG]	13.50	1993
W50	80mH: L Martin [CAN]	13.55 (+0.4)	03/03/2018	L Martin [CAN]	13.55 (+0.4)	03/03/2018
W55	80mH: G Kirkman [CAN]	14.19	2007	G Kirkman [CAN]	15.28	03/03/2007
W60	80mH: G Kirkman [STH]	15.50	15/12/2012	G Kirkman [STH]	15.56 (+0.4)	03/03/2013
W65	80mH: G Kirkman [STH]	15.71 (+0.6)	20/01/2018	S Peterson [CAN]	18.44	15/03/1997
W70	80mH: S Peterson [CAN]	17.72	2000	S Peterson [CAN]	19.35	08/03/2003
Long Hurdles		NZMA National Record		NZMA Championship Record		
W30	400mH: R Coster [AKL]	62.03	09/02/2019	M Stephen [CAN]	66.98	17/03/2002
W35	400mH: K Green [TAR]	66.73	1996	K Green [TAR]	66.73	24/03/1996
W40	400mH: C Turner [TAR]	65.03	1987	K Gillum-Green [TAR]	70.60	11/03/2001
W45	400mH: G Kirkman [CAN]	68.59	2001	G Kirkman [CAN]	72.39	11/03/2001
W50	300mH: G Kirkman [CAN]	48.17	2002	G Kirkman [CAN]	48.17	17/03/2002
W55	300mH: G Kirkman [CAN]	50.75	2007	G Kirkman [CAN]	54.57	04/03/2007
W60	300mH: G Kirkman [STH]	55.05	05/10/2015	G Kirkman [STH]	56.86	03/03/2013
W65	300mH: G Kirkman [STH]	56.94	26/01/2018	J Hammond [WLG]	71.04	07/03/2004
W70	200mH: G Kirkman [STH]	41.42 (0.5)	04/12/2022	200mH: G Kirkman	41.42 (0.5)	04/12/2022
Long Jump		NZMA National Record		NZMA Championship Record		
W30	H Dinnissen [CAN]	5.78 (+1.7)	05/09/2019	C Sole [TAR]	5.10	1979
				H Dinnissen [CAN]	5.10 (+0.8)	02/03/2019
W35	H Dinnissen [CAN]	5.89 (-0.4)	23/02/2020	A Williams [NTH]	5.31	1984
W40	L Osmer [CAN]	5.14	2002	J Parker [TAS]	5.05	1976
W45	C Brunner [AKL]	5.21 (-0.3)	23/04/2017	A Hunter [AKL]	4.70	16/03/1997
W50	A Hunter [AKL]	4.80	1998	G Kirkman [CAN]	4.64	15/03/2002
W55	S Peterson [CAN]	4.60	1985	S Peterson [CAN]	4.44	1985
W60	S Peterson [CAN]	4.32	1989	S Peterson [CAN]	4.22	1990
W65	S Peterson [CAN]	4.17	1995	S Peterson [CAN]	3.76	1994
W70	S Peterson [CAN]	3.48	2000	V Gould [WLG]	3.38 (+0.4)	29/02/2020
W75	S Peterson [CAN]	3.20	2003	S Peterson [CAN]	2.79	02/03/2007
W80	J Hammond [WLG]	2.73 (+0.4)	22/01/2018	J Hammond [WLG]	2.67 (-1.1)	03/03/2018
W85	C van der Veeken (NL)	1.87 (-0.1)	22/01/2018	C van der Veeken	1.66 (-0.4)	03/03/2018
W90	C van der Veeken (NL)	1.16 (+0.1)	07/10/2023			

High Jump		NZMA National Record		NZMA Championship Record	
W30	A McKee	1.89	2006	C Sole	1.45 1980
W35	L Osmer	1.57	2000	C Wills	1.55 2009
W40	L Osmer	1.57	2002	L Osmer	1.51 2002
W45	L Trow	1.55	25/11/2017	L Osmer	1.40 2010
W50	L Osmer	1.41	2011	G Kirkman	1.40 2002
W55	L Osmer	1.33	04/03/2017	L Osmer	1.33 04/03/2017
W60	G Kirkman	1.30	16/10/2013	G Kirkman	1.27 2013
W65	G Kirkman	1.25	24/02/2018	N Bowmar	1.18 04/03/2017
W70	M Crooke	1.08	28/04/2017	L Anderson	1.08 04/03/2017
	L Anderson	1.08	04/03/2017		
	J Hammond	1.08	2008		
W75	J Hammond	1.06	2012 & 2013	J Hammond	1.04 2013
W80	J Hammond	0.99	18/02/2018	J Hammond	0.94 03/03/2018
Triple Jump		NZMA National Record		NZMA Championship Record	
W30	S Cowley-Ross [AKL]	12.61 (-0.0)	25/04/2017	H Dinnissen [CAN]	11.38 (-0.4) 02/03/2019
W35	S Cowley-Ross [WBP]	12.66 (+1.7)	08/03/2020	W Brown [NTH]	9.91 1989
W40	L Osmer [CAN]	10.55	2002	L Osmer [CAN]	10.09 16/03/2002
W45	A Hunter [AKL]	10.15	1998	A Hunter [AKL]	10.00 16/03/1997
W50	A Hunter [AKL]	9.27	1998	A Hunter [AKL]	8.98 10/03/2001
W55	A Hunter [AKL]	9.00	2003	L Anderson [CAN]	8.55 16/03/2002
W60	S Peterson [CAN]	8.73	1991	S Peterson [CAN]	8.46 1992
W65	S Peterson [CAN]	9.03	1993	S Peterson [CAN]	8.52 1994
W70	S Peterson [CAN]	7.87	1999	S Peterson [CAN]	7.01 08/03/2003
W75	S Peterson [CAN]	6.95	2003	S Peterson [CAN]	6.42 05/03/2005
W80	F Bayler [MWA]	5.71 (+0.0)	14/11/2020	S Peterson [CAN]	5.48 03/04/2010
W85	A Sole [TAR]	4.66	2001	C van der Veeken	4.21 (+0.0) 03/03/2018
W90	C van der Veeken	3.11 (+0.1)	07/10/2023		
Pole Vault		NZMA National Record		NZMA Championship Record	
W35	C Kelly [AKL]	3.90	1998	C Kelly [AKL]	3.40 03/03/2000
W40	S Bowe [AKL]	2.61	19/10/2019	S Bowe [AKL]	2.50 03/03/2018
W45	D Murphy [OTG]	2.90	05/03/2005	D Murphy [OTG]	2.90 05/03/2005
W50	D Smith [NTH]	2.45	01/02/2020	D Smith [NTH]	2.40 29/02/2020
W55	D Smith [NTH]	2.46	23/01/2021	D Smith [NTH]	2.35 27/02/2021
W60	A Goulter [AKL]	2.40	11/03/2023	A Newall [OTG]	1.75 27/02/2021
W65	A Deleiros [AKL]	1.70	12/11/2017	S Peterson [CAN]	1.35 03/03/1995
W65	A Deleiros	1.70	12/11/2017	S Peterson	1.35 1995
Hammer Throw		NZMA National Record		NZMA Championship Record	
W30	4.00kg: H Kaur [MWA]	55.80	03/04/2010	H Kaur [MWA]	55.80 03/04/2010
W35	4.00kg: D McCaw [OTG]	49.97	06/08/2015	C McCahill [WBP]	45.43 16/03/2002
W40	4.00kg: C McCahill [WBP]	42.73	04/03/2006	C McCahill [WBP]	42.73 04/03/2006
W45	4.00kg: C McCahill [WBP]	42.38	2011	C McCahill [WBP]	40.95 03/04/2010
W50	3.00kg: R Bates [OTG]	42.90	15/10/2016	R Bates [OTG]	42.09 27/02/2016
W55	3.00kg: B Savage [WBP]	41.89	10/03/2001	B Savage [WBP]	41.89 10/03/2001
W60	3.00kg: A Goulter [AKL]	38.41	09/11/2023	M Stanley [AKL]	30.76 1994
W65	3.00kg: B Savage [WBP]	34.86	2012	B Savage [WBP]	33.18 02/03/2012
W70	3.00kg: B Savage [WBP]	29.27	21/02/2016	B Austin [NTH]	25.93 28/02/2015
W75	2.00kg: B Savage [WBP]	31.99	21/02/2021	B Savage [WBP]	30.16 27/02/2021
W80	2.00kg: G Watts [CAN]	25.61	13/03/2021	G Watts [CAN]	23.97 27/02/2021
W85	2.00kg: C van der Veeken	17.29	26/10/2016	M Petley [WBP]	16.80 28/02/2015
W90	2.00kg: C van der Veeken	13.47	07/10/2023	P Purser [WBP]	12.28 28/02/2014

Shot Put		NZMA National Record		NZMA Championship Record	
W30	4.00kg: V Adams [AKL]	19.31	19/07/2018	R Bates [OTG]	12.82 14/03/1997
W35	4.00kg: V Adams [AKL]	19.75	11/07/2021	C McCahill [WBP]	13.34 17/03/2002
W40	4.00kg: V Young [CAN]	13.31	1981	C McCahill [WBP]	12.33 06/03/2009
W45	4.00kg: C McCahill	11.82	2011	C McCahill [WBP]	10.73 02/04/2010
W50	3.00kg: V Young [CAN]	14.85	1987	V Young [CAN]	14.61 1988
W55	3.00kg: R Bates [OTG]	10.78	20/11/2021	T Hodges [WBP]	10.10 27/02/2021
W60	3.00kg: M Stanley [AKL]	9.85	1994	M Stanley [AKL]	9.62 1994
W65	3.00kg: B Savage [WBP]	8.78	22/11/2013	J Evans [MWA]	8.44 04/03/2017
W70	3.00kg: B Austin [NTH]	8.39	28/02/2015	B Austin [NTH]	8.39 28/02/2015
W75	2.00kg: B Savage [WBP]	8.40	21/02/2021	B Savage [WBP]	8.26 27/02/2021
W80	2.00kg: G Watts [CAN]	6.95	22/01/2023	G Watts [CAN]	6.88 27/02/2021
W85	2.00kg: C van der Veeken	5.21	03/03/2018	C van der Veeken	5.21 03/03/2018
W90	2.00kg: C van der Veeken	3.97	07/10/2023	P Purser [WBP]	3.79 01/03/2014
Discus		NZMA National Record		NZMA Championship Record	
W30	1.00kg: T Keenan [AKL]	56.06	06/03/2022	R Bates [OTG]	41.64 15/03/1997
W35	1.00kg: V Hill [MWA]	44.14	1996	V Hill [MWA]	43.44 24/03/1996
W40	1.00kg: V Young [CAN]	43.48	1981	V Hill [MWA]	36.77 11/03/2001
W45	1.00kg: M Ramshaw	35.56	1975	M Ramshaw	35.56 1975
W50	1.00kg: V Young [CAN]	43.82	1988	V Young [CAN]	39.40 1988
W55	1.00kg: M Stanley [AKL]	30.76	1989	B Savage [WBP]	29.45 11/03/2001
W60	1.00kg: M Stanley [AKL]	29.64	1994	M Stanley [AKL]	28.86 1994
W65	1.00kg: B Savage [WBP]	24.58	24/11/2012	B Savage [WBP]	21.38 28/02/2015
W70	1.00kg: H May [WLG]	20.30	1993	G Watts [CAN]	18.76 03/03/2012
W75	750gm: A Parlane [WBP]	21.55	15/01/2023	B Savage [WBP]	19.99 27/02/2021
W80	750gm: G Watts [CAN]	18.55	13/03/2021	G Watts [CAN]	17.64 27/02/2021
W85	750gm: P Purser [WBP]	11.28	2009	P Purser [WBP]	10.52 03/04/2010
W90	750gm: D Howells [AKL]	9.36	2008	P Purser [WBP]	8.86 02/03/2013
Javelin		NZMA National Record		NZMA Championship Record	
W30	600gm: S Wrathall [AKL]	54.07	13/02/2020	J Maxwell [CAN]	40.18 1990
W35	600gm: S Mene [CAN]	39.78	1987	S Mene [CAN]	36.50 1987
W40	600gm: L Osmer [CAN]	37.67	2002	J Cooper [OTG]	33.54 15/03/1997
W45	600gm: M Brearley-Tipene [AKL]	33.93	07/02/2021	M Brearley-Tipene	33.35 02/03/2018
W50	500gm: L Osmer [CAN]	33.36	2010	L Rawlins [WLG]	31.59 03/12/2022
W55	500gm: L Osmer [CAN]	29.80	26/02/2016	L Osmer [CAN]	29.80 26/02/2016
W60	500gm: S Stein-Abel [CAN]	27.93	23/02/2020	J Hayman [AKL]	19.73 02/02/2022
W65	500gm: J Evans [MWA]	19.39	03/03/2017	J Evans [MWA]	19.39 03/03/2017
W70	500gm: B Austin [NTH]	17.73	27/11/2015	G Evans [MWA]	17.71 26/02/2021
W75	400gm: W Pepene [NTH]	19.67	05/03/2006	W Pepene [NTH]	19.67 05/03/2006
W80	400gm: W Pepene [NTH]	16.45	2011	W Pepene [NTH]	15.19 06/03/2011
W85	400gm: P Purser [WBP]	9.04	2007	A Williams [NTH]	8.81 04/03/2012
W90	400gm: P Purser [WBP]	7.77	24/11/2012	P Purser [WBP]	7.16 03/03/2013
W90	400gm: P Purser	7.77	24/11/2012	P Purser	7.16 2013

Weight Throw		NZMA National Record		NZMA Championship Record		
W30	9.08kg: R Bates [OTG]	12.89	1998	A McNab [CAN]	12.27	03/03/2017
W35	9.08kg: C McCahill	16.67	17/03/2002	C McCahill [WBP]	16.67	17/03/2002
W40	9.08kg: C McCahill	15.19	2006	C McCahill [WBP]	14.82	05/03/2006
W45	9.08kg: C McCahill	14.40	02/04/2010	C McCahill [WBP]	14.40	02/04/2010
W50	7.26kg: B Davis [WBP]	14.43	21/02/2021	B Davis [WBP]	14.42	02/02/2022
W55	7.26kg: T Hodges [WBP]	12.59	28/02/2020	T Hodges [WBP]	12.59	28/02/2020
W60	5.45kg: A Goulter [AKL]	13.71	19/02/2023	B Austin [NTH]	11.71	05/03/2006
W65	5.45kg: B Savage [WBP]	12.38	2011	B Savage [WBP]	11.91	27/02/2015
W70	5.45kg: B Savage [WBP]	11.46	21/02/2016	G Evans [MWA]	11.03	26/02/2021
W75	4.00kg: B Savage [WBP]	12.50	14/02/2021	B Savage [WBP]	11.17	26/02/2021
W80	4.00kg: C Bruncker [NTH]	9.86	04/03/2012	C Bruncker [NTH]	9.86	03/03/2012
W85	4.00kg: M Petley [WBP]	7.33	28/02/2015	M Petley [WBP]	7.33	27/02/2015
W90	4.00kg: P Purser [WBP]	4.60	02/03/2013	P Purser [WBP]	4.60	02/03/2013

Throws Pentathlon (post May 2010 for all, except W60-W70 javelin *500gm post January 2014)				NZMA Championship Record		
W30	A McNab [CAN]	2392pts	19/09/2016	A Lynch [CAN]	2368 pts	01/03/2020
W35	D McCaw [OTG]	2755pts	06/08/2015	A Lynch [CAN]	2663 pts	28/02/2021
W40	K Blackwood [OTG]	2532pts	28/02/2016	K Blackwood [OTG]	2532 pts	28/02/2016
W45	C McCahill [WBP]	3278 pts	05/04/2010	C McCahill [WBP]	3278 pts	05/04/2010
W50	R Bates [OTG]	3488pts	26/10/2016	R Bates [OTG]	2953 pts	28/02/2016
W55	A Goulter [AKL]	2926pts	10/12/2017	T Hodges [WBP]	2742 pts	01/03/2020
W60	A Newall [OTG]	2364 pts	04/12/2022	A Newall [OTG]	2364 pts	04/12/2022
W65*	B Savage [WBP]	2999 pts	01/03/2015	B Savage [WBP]	2999 pts	01/03/2015
W70*	B Austin [NTH]	3202 pts	01/03/2015	B Austin [NTH]	3202 pts	01/03/2015
W75	A Parlane [WBP]	2991 pts	04/12/2023	A Parlane [WBP]	2991 pts	04/12/2023
W80	G Watts [CAN]	3105 pts	13/03/2021	G Watts [CAN]	3038 pts	28/02/2021
W85	C van der Veeken	2197 pts	25/01/2018	P Purser [WBP]	1802 pts	05/03/2012
W90	P Purser [WBP]	2266 pts	**Oct 2013	P Purser [WBP]	2106 pts	03/03/2014

Track Pentathlon (post May 2010 for all, except W60-W70 javelin *500gms post January 2014)				NZMA Championship Record		
W30						
W35	H Dinnissen [CAN]	3096 pts	22/01/2023	J Jones [TAS]	2122 pts	28/02/2021
W40	J Jones [TAS]	2331 pts	21/11/2021	J Jones [TAS]	2120 pts	04/12/2022
W45	C Wills [OTG]	2710 pts	25/01/2018	C Wills [OTG]	2691 pts	03/03/2019
W50	L Osmer [CAN]	2649 pts	03/03/2014	L Osmer [CAN]	2649 pts	03/03/2014
W55	D McMillan [MWG]	2825 pts	10/02/2023	D McMillan [MWG]	2797 pts	04/12/2023
W60*	C Giles [OTG]	2688 pts	28/01/2017	T Ashe [AKL]	2455 pts	01/03/2015
W65*	N Bowmar [NTH]	2331 pts	05/03/2017	N Bowmar [NTH]	2331 pts	05/03/2017
W70	T Ashe [AKL]	2574 pts	13/04/2023	T Ashe [AKL]	2355 pts	04/12/2022
W75	J Hammond [WLG]	2400 pts	25/11/2012	J Hammond [WLG]	2019 pts	01/03/2015
W80	J Hammond [WLG]	2171 pts	26/11/2017	C van der Veeken	1494 pts	05/03/2012
W85	C van der Veeken	1414 pts	25/01/2018	C van der Veeken	1387 pts	04/03/2018

NZMA Men's Track & Field National and Championship Records

(Updated Feb 2024)

60m		NZMA National Record		NZMA Championship Record		
M30	B Grant [MWA]	7.35 (+1.2)	29/02/2020	B Grant [MWA]	7.35 (+1.2)	29/02/2020
M35	B Potter [AKL]	7.14 (+1.6)	14/11/2015	G Hanekom [NTH]	7.55 (-1.7)	28/02/2015
M40	M Foster [WBP]	7.19 (+1.8)	18/11/2018	W Holroyd [AKL]	7.41 (+0.2)	03/03/2018
M45	M Foster [WBP]	7.28 (+0.5)	26/02/2022	M Lambert [AKL]	7.46 (+1.3)	29/02/2020
M50	M Lambert [AKL]	7.52 (+1.8)	02/12/2023	J Campbell [AKL]	7.67 (+1.8)	03/03/2014
M55	J Campbell [AKL]	7.71 (+0.1)	02/03/2019	J Campbell [AKL]	7.71 (+0.1)	02/03/2019
M60	G Rawson [WLG]	8.15 (+0.8)	29/02/2020	G Rawson [WLG]	8.15 (+0.8)	29/02/2020
M65	L Malcolmson [MWA]	8.45 (-2.0)	29/11/2014	L Malcolmson	8.47 (-0.9)	27/02/2016
M70	L Malcolmson [MWA]	8.70 (+1.3)	29/02/2020	L Malcolmson	8.70 (+1.3)	29/02/2020
M75	B Baxter [OTG]	9.23 (+0.5)	19/01/2019	M Fraser [CAN]	9.43 (+1.6)	28/02/2015
M80	B Baxter [OTG]	10.14 (+0.7)	17/12/2022	J Jones [WBP]	11.30 (+0.5)	02/03/2019
M85	M Wood [CAN]	11.55 (+0.5)	02/03/2019	M Wood [CAN]	11.55 (+0.5)	02/03/2019
M90	D Quirk [WLG]	17.10 (+0.6)	02/12/2023			
M95	E de Lautour [WBP]	17.84	11/12/2016			
100m		NZMA National Record		NZMA Championship Record		
M30	S Sos [WLG]	11.17 (+1.7)	20/02/2021	M O'Connor [HBG]	11.41 (+1.4)	05/03/2011
M35	C Van Der Speck [AKL]	10.87	26/10/2016	L Malcolmson	11.36	1987
M40	A Wall [AKL]	11.29	2011	A Wall [AKL]	11.39 (+1.4)	05/03/2011
M45	B McPhail [CAN]	11.3h	1983	B McPhail [CAN]	11.4h	1984
	M Foster [WBP]	11.48 (+0.5)	26/02/2022	J Campbell [AKL]	11.55 (-0.6)	03/03/2012
M50	B McPhail [CAN]	11.57	1987	L Malcolmson	11.98	04/03/2000
M55	J Campbell [AKL]	12.02 (1.3)	24/07/2021	B McPhail [CAN]	12.1h	1992
M60	B McPhail [CAN]	12.56	1997	L Malcolmson	12.76	03/04/2010
M65	B McPhail [CAN]	13.14	2002	B McPhail [CAN]	13.42	16/03/2002
M70	T Guptill [AKL]	13.78 (+1.5)	06/09/2018	T Guptill [AKL]	13.96 (+1.8)	03/03/2018
M75	M Wood [CAN]	14.91	07/03/2009	M Wood [CAN]	14.91	07/03/2009
M80	B Kaiser [WLG]	15.8h	1992	B Kaiser [WLG]	16.29	1993
	B Kaiser [WLG]	16.03	1992			
M85	A Mackay [STH]	18.90	02/02/2014	M Wood [CAN]	19.27 (-1.7)	02/03/2019
M90	F Cox [WBP]	21.30	2002	S Taylor [AKL]	21.51	2006
M95	E de Lautour [WBP]	28.35	07/10/2015			
200m		NZMA National Record		NZMA Championship Record		
M30	N Ash [CAN]	22.50 (+1.3)	01/02/2020	B Grant [MWA]	23.01 (+0.2)	01/03/2020
M35	B Potter [AKL]	22.14 (+0.6)	26/04/2017	M Brooking [WBP]	23.0h	1984
				L Malcolmson	23.21	1987
M40	J Nightingale [AKL]	22.80 (+1.8)	28/04/2019	B McPhail [CAN]	22.9h	1980
M45	B McPhail [CAN]	23.0h	1983	B McPhail [CAN]	23.27	1983
	B McPhail [CAN]	23.14	1983			
M50	B McPhail [CAN]	23.77	1987	L Malcolmson	24.25	05/03/2000
M55	J Campbell [CAN]	24.32 (+0.7)	07/02/2021	B McPhail [CAN]	24.7h	1992
M60	B McPhail [CAN]	25.71	1997	T Deleiros [AKL]	26.25	02/03/2008
M65	T Guptill [AKL]	27.25 (+1.4)	11/01/2014	L Malcolmson	27.76 (-0.3)	01/03/2015
M70	T Guptill [AKL]	27.98 (+1.8)	26/10/2016	A Dougall [AKL]	29.25 (+1.1)	01/03/2020
M75	T Deleiros [AKL]	30.61 (+1.7)	26/02/2022	B Kaiser [WLG]	30.7h	1991
M80	D Reade [WLG]	32.63 (-0.9)	26/04/2017	B Kaiser [WLG]	35.09	1994
M85	J Jones [WBP]	39.67 (-0.4)	19/01/2020	J Jones [WBP]	40.60 (+1.7)	01/03/2020
M90	S Taylor [AKL]	47.38	2006	S Taylor [AKL]	52.38	2006
M95	E de Lautour [WBP]	59.95	08/10/2015			

400m		NZMA National Record		NZMA Championship Record		
M30	B Grant [MWA]	49.17	17/07/2019	B Grant [MWA]	50.26	02/03/2018
M35	B Grant [MWA]	50.16	26/02/2021	B Grant [MWA]	50.16	26/02/2021
M40	W Holroyd [AKL]	52.38	25/02/2018	B Turnbull [WLG]	52.79	23/03/1996
M45	B McPhail [CAN]	52.1	1983	L Fairclough [AKL]	54.00	02/03/2018
M50	A Pinna [WLG]	52.95	25/11/2017	B McPhail [CAN]	55.4	1990
				M Fraser [CAN]	55.4	1990
M55	R Hanna [AKL]	55.61	10/03/2023	A Hill [WBP]	56.6	1981
M60	F Evans [AKL]	58.11	1985	B Thomson [STH]	60.87	28/02/2020
M65	F Evans [AKL]	61.75	1990	M Fraser [CAN]	63.53	03/03/2007
M70	M Wood [CAN]	66.29	2003	I Carter [TAS]	68.95	26/02/2021
M75	M Wood [CAN]	71.96	2008	M Wood [CAN]	74.27	03/04/2010
M80	D Reade [WLG]	78.34	26/04/2017	E de Lautour [WBP]	83.77	16/03/2002
M85	E de Lautour [WBP]	89.82	2006	J Jones [WBP]	92.86	28/02/2020
M90	E de Lautour [WBP]	2:14.66	23/11/2012	F Cox [WBP]	3 05.26	16/03/2002
800m		NZMA National Record		NZMA Championship Record		
M30	S Rogers [AKL]	1:53.00	25/02/2021	B Grant [MWA]	2:00.15	05/03/2017
M35	N Willis [WLG]	1:49.23	10/07/2019	R Sewell [AKL]	2:00.0	1980
M40	B Hunter [CAN]	1:57.8	1991	B Hunter [CAN]	1:58.7	1992
M45	D Sirl [AKL]	1:58.42	1987	D Sirl [AKL]	2:01.11	1988
M50	I Babe [NTH]	2:01.97	1987	I Babe [NTH]	2:02.36	1987
M55	D Turnbull [STH]	2:06.6	1982	D Turnbull [STH]	2:08.3	1982
M60	D Turnbull [STH]	2:12.62	1989	R Brent [WLG]	2:18.84	03/03/2013
M65	D Turnbull [STH]	2:17.8	1992	D Turnbull [STH]	2:17.8	1992
M70	J Downey [MWA]	2:27.94	2001	I Carter [TAS]	2:34.60	28/02/2021
M75	R Stevens [CAN]	2:55.41	2009	E de Lautour	3:00.05	24/03/1996
M80	E de Lautour [WBP]	3:13.16	11/03/2001	E de Lautour	3:13.16	11/03/2001
M85	E de Lautour [WBP]	3:36.30	04/03/2007	E de Lautour	3:36.30	04/03/2007
M90	E de Lautour [WBP]	5:41.21	25/11/2012	F Cox [WBP]	6:41.73	17/03/2002
M95	E de Lautour [WBP]	6:29.56	06/10/2015			
1500m		NZMA National Record		NZMA Championship Record		
M30	H Carson [WLG]	3:36.86	12/06/2021	A Gallagher [AKL]	4:20.70	3/03/2018
M35	N Willis [WLG]	3:35.25	02/09/2018	A Stark [CAN]	4:06.9	15/03/1997
M40	R Bennett [CAN]	3:55.08	2007	R Bennett [CAN]	3:58.24	03/03/2007
M45	T McManus [CAN]	3:59.95	1995	D Sirl [AKL]	4:05.45	1988
M50	I Babe [NTH]	4:09.41	1987	I Babe [NTH]	4:11.48	1987
M55	R Robertson [HBG]	4:12.5	1997	D Turnbull [STH]	4:18.5	1982
M60	R Robertson [HBG]	4:27.65	2001	T McManus [CAN]	4:29.01	03/04/2010
M65	D Turnbull [STH]	4:39.8	1992	D Turnbull [STH]	4:39.8	1992
M70	R Robertson [HBG]	4:52.95	15/07/2011	I Carter [TAS]	5:20.44	27/02/2021
M75	R Stevens [CAN]	5:53.43	2009	E de Lautour	5:56.79	22/11/1997
M80	E de Lautour [WBP]	6:38.86	2001	E de Lautour	6:40.29	10/03/2001
M85	E de Lautour [WBP]	7:03.40	2006	E de Lautour	7:15.53	04/03/2006
M90	E de Lautour [WBP]	11:37.80	24/11/2012			
M95	E de Lautour [WBP]	14:06.88	08/10/2015			

3000m		NZMA National Record		NZMA Championship Record		
M30	H Carson [WLG]	7:52.93	07/08/2021	A Gallagher [AKL]	9:34.88	02/03/2018
M35	R Hooper [WLG]	8:34.20	20/01/2017	D O'Sullivan [OTG]	12:03.03	01/03/2019
M40	R Bennett [CAN]	8:28.09	2007	M Parsonage [WP]	9:13.14	26/02/2021
M45	R Bennett [CAN]	8:40.48	2010	D Clendon [WLG]	9:13.41	02/12/2022
M50	W Luijpers [AKL]	9:04.95	20/03/2023	W Luijpers [AKL]	9:16.02	26/02/2021
M55	R Robertson [HBG]	8:57.28	1997	P Stevens [WLG]	9:50.85	26/02/2021
M60	T McManus [CAN]	9:42.97	17/03/2012	P Richards [CAN]	10:50.68	26/02/2021
M65	D Turnbull [STH]	9:47.30	08/02/1992	I Carter [TAS]	11:40.62	28/02/2020
M70	I Carter [TAS]	11:30.28	13/02/2021	K Chapman [WLG]	12:06.26	02/12/2022
M75	R Stevens [CAN]	12:19.68	2010	A Clapcott [NTH]	13:32.52	28/02/2020
M80	R Robinson [WLG]	15:13.42	15/01/2023	R Robinson [WLG]	16:12.68	02/12/2022
M85	E de Lautour [WBP]	17:17.58	2007			
5000m		NZMA National Record		NZMA Championship Record		
M30	E Speakman [HBG]	13:22.08	15/05/2021	G McMillan [WBP]	19:58.42	03/03/2006
M35	N Willis [WLG]	13:49.93	16/05/2019	P Ritchie [WBP]	15:20.59	22/03/1996
M40	J Foster [WBP]	14:21.0	1976	T McLachlan [WG]	14:43.89	1994
M45	E Gray [CAN]	15:00.5	1992	E Gray [CAN]	15:00.5	1992
M50	R Robertson [HBG]	15:26.2	1992	R Robertson [HBG]	15:26.2	1992
M55	R Robertson [HBG]	15:41.72	1997	D Turnbull [STH]	16:22.5	1982
M60	R Robertson [HBG]	16:16.51	2001	A Galbraith [AKL]	16:56.62	04/03/2005
M65	D Turnbull [STH]	16:38.8	13/03/1992	D Turnbull [STH]	16:38.8	1992
M70	R Robertson [HBG]	18:15.53	09/07/2011	W Nelmes [AKL]	19:37.11	1986
M75	R Stevens [CAN]	21:03.64	2009	R Stevens [CAN]	22:02.34	06/03/2009
M80	E de Lautour [WBP]	24:05.14	2001	E de Lautour	24:41.14	09/03/2001
M85	E de Lautour [WBP]	26:18.47	02/03/2007	E de Lautour	26:18.47	02/03/2007
1500m Track Walk		NZMA National Record		NZMA Championship Record		
M35						
M40						
M45						
M50						
M55						
M60	R Gillum [TAR]	9:27.08	03/12/22	R Gillum [TAR]	9:27.08	03/12/22
M65	B Gardner [WLG]	9:58.85	03/12/22	B Gardner [WLG]	9:58.85	03/12/22
M70	C McGovern [WLG]	8:44.68	03/12/22	C McGovern	8:44.68	03/12/22
M75						
M80						
M85						
3000m Track Walk		NZMA National Record		NZMA Championship Record		
M30	M Rodriguez [HBG]	16:17.21	28/02/2020	M Rodriguez	16:17.21	28/02/2020
M35	Q Rew [WLG]	11:58.24	06/03/2020	L McPhillips [WBP]	13:08.87	09/03/2001
M40	R Smyth [WBP]	13:46.28	1991	R Smyth [WBP]	13:46.28	1991
M45	G Little [NTH]	12:05.5	23/11/1991	G Little [NTH]	13:24.83	1989
M50	G Little [AKL]	12:17.25	23/01/1993	M Hinton [AKL]	13:41.43	1986
M55	G Little [AKL]	13:00.0	1997	G Little [AKL]	13:12.62	14/03/1997
M60	M Parker [AKL]	13:57.11	01/03/2014	G Little [AKL]	13:58.13	05/03/2004
M65	M Hinton [AKL]	15:59.20	09/03/2001	M Hinton [AKL]	15:59.20	09/03/2001
M70	L Watkins [CAN]	17:17.0	1990	L Watkins [CAN]	17:26.2	1990
M75	P Davis [TAS]	18:46.73	07/03/2003	P Davis [TAS]	18:46.73	07/03/2003
M80	G Currie [CAN]	22:53.4	1995	F Cox [WBP]	23:19.3	1992
M85						
M90	P Tearle [WLG]	28:52.43	26/01/2018	P Tearle [WLG]	29:17.14	02/03/2018

5000m Track Walk		NZMA National Record		NZMA Championship Record	
M30	Q Rew [WLG]	19:35.70	10/12/2017	M Rodriguez	27:00.25 01/03/2020
M35	K Taylor [AKL]	23:12.58	1990	D Cameron [WBP]	25:08.0 1980
M40	R Green [TAR]	24:19.4	1993	R Nixon [AKL]	27:03.8 1980
M45	G Little [NTH]	20:54.4	1991	M Hinton [AKL]	24:21.0 1980
M50	G Little [NTH]	21:01.0	16/02/1992	L Hohaia [AKL]	27:14.90 04/03/2018
M55	G Little [AKL]	22:14.93	1998	M Gray [WBP]	36:57.08 01/03/2020
M60	G Little [AKL]	23:44.09	2002	M Parker [AKL]	28:26.96 04/03/2018
M65	E Kemsley [TAR]	26:53.78	26/10/2016	P Baillie [WLG]	29:59.76 04/03/2018
M70	C McGovern [WLG]	29:46.28	06/02/2021	C McGovern	31:48.11 04/12/2022
M75	G Currie [CAN]	37:54.5	1993		
M80	R Johnson [AKL]	38:25.81	2015		
M90	P Tearle [WLG]	48:56.81	26/10/2016		
2000m Steeplechase		NZMA National Record		NZMA Championship Record	
M60	R Robertson [HBG]	6:30.21	14/07/2001	W Hume [CAN]	7:14.27 13/03/1999
M65	R Robertson [HBG]	7:18.10	01/08/2008	R Robertson [HBG]	7:33.36 07/03/2009
M70	R Robertson [HBG]	7:10.03	17/07/2011	J Downey [MWA]	8:22.04 10/03/2001
M75	D Eastmond [NTH]	9:40.42	2006	M Bond [CAN]	9:43.96 02/03/2019
M80	J Jamieson [AKL]	11:48.22	1989	J Jamieson [AKL]	11:48.22 1989
3000m Steeplechase		NZMA National Record		NZMA Championship Record	
M30	JD Macdonald [CAN]	9:44.6	1974	B Meder [WBP]	9:50.0 1992
M35	M Rogers [WLG]	10:06.38	07/09/2018	M Rogers [WLG]	10:22.88 04/03/2017
M40	JD Macdonald [CAN]	9:14.4	1977	JD Macdonald	9:27.1 1975
M45	JD Macdonald [CAN]	9:22.3	1980	R Robertson [HBG]	9:27.22 1987
M50	R Robertson [HBG]	9:43.97	1991	R Robertson [HBG]	9:44.0 1992
M55	R Robertson [HBG]	9:55.05	27/07/1997	R Robertson	9:59.8 15/03/1997
M60	W Opperman	13:22.42	1986	W Opperman	13:22.42 1986
Short Hurdles		NZMA National Record		NZMA Championship Record	
M30	110mH: B Newdick [AKL]	15.19 (+1.2)	02/02/2019		
M35	110mH: B Newdick [AKL]	16.40 (+1.8)	09/02/2020	S Te Whaiti [WBP]	17.95 16/03/2002
M40	110mH: S Poelman	15.16	2005	N Bolton [CAN]	15.41 (-2.5) 28/02/2015
M45	110mH: N Bolton [CAN]	15.41 (+2.0)	27/04/2019	N Bolton [CAN]	15.94 (-2.7) 03/03/2019
M50	100mH: M Andersen [HBG]	16.58	2000	R Fletcher [WBP]	16.62 1993
M55	100mH: R Ball [NTH]	16.2h	1991	P Daborn [WBP]	17.78 (+0.9) 29/02/2020
M60	100mH: P Daborn [WBP]	17.23 (-3.4)	19/01/2024	L Malcolmson	18.19 03/04/2010
M65	100mH: L Malcolmson	18.75 (-0.1)	27/02/2016	L Malcolmson	18.75 (-0.1) 27/02/2016
M70	80mH: A Dougall [AKL]	14.52 (+1.8)	13/03/2020	L Malcolmson	15.75 (+0.2) 29/02/2020
M75	80mH: D Anstiss [AKL]	17.15 (+1.6)	14/10/2023	D Anstiss [AKL]	17.99 (-1.4) 27/02/2021
M80	80mH: R Johnson [AKL]	20.19 (+0.9)	01/03/2014	R Johnson [AKL]	20.19 (+0.9) 01/03/2014
Long Hurdles		NZMA National Record		NZMA Championship Record	
M30	400mH: C Lockley [TAR]	58.59	23/04/2017		
M35	400mH: J Hill [MWA]	59.46	1998	J Hill [MWA]	60.58 14/03/1999
M40	400mH: J O'Connor [C]	59.20	2008	B Turnbull [WLG]	60.56 24/03/1996
M45	400mH: J O'Connor [C]	60.45	04/04/2010	J O'Connor [CAN]	60.45 04/04/2010
M50	400mH: J Speerstra [A]	63.0	1986	P Daborn [WBP]	63.28 05/03/2017
M55	400mH: M Callaghan [H]	65.22	2003	M Callaghan [HBG]	70.64 11/03/2001
M60	300mH: L Malcolmson	46.89	04/04/2010	L Malcolmson	46.89 04/04/2010
M65	300mH: L Malcolmson	49.06	05/03/2017	L Malcolmson	49.06 05/03/2017
M70	400mH: A Dougall [AKL]	53.32	01/09/2019	S Foster [WBP]	57.29 08/03/2009
M75	300mH: S Foster [WBP]	61.26	10/01/2014	R Johnson [AKL]	66.94 02/03/2008
M80	200mH: S Foster [WBP]	49.80	4/03/2018	S Foster [WBP]	49.80 04/03/2018

Long Jump		NZMA National Record		NZMA Championship Record		
M30	B Newdick [AKL]	7.02 (+1.5)	26/01/2019	D Lane [WLG]	6.00 (+1.2)	03/03/2013
M35	K Simpson [CAN]	6.42	1980	J Munns	6.19	1979
M40	R Williams [AKL]	6.81	1975	R Williams [AKL]	6.53	1979
M45	R Williams [AKL]	6.46	1981	B McPhail [CAN]	6.05	1984
M50	B McPhail [CAN]	5.68	1990	R Williams [AKL]	5.60	1986
M55	B McPhail [CAN]	5.60	1993	B McPhail [CAN]	5.60	1993
M60	S Burden [WBP]	5.11 (+0.0)	29/01/2022	S Burden [WBP]	4.90 (+1.8)	26/02/2021
M65	R Johnson [AKL]	4.36	09/03/2001	R Johnson [AKL]	4.36	09/03/2001
M70	I Sim [OTG]	4.10 (+1.8)	23/01/2018	C Deacon [HBG]	3.95	17/03/2002
M75	D Anstiss [AKL]	4.00 (+0.8)	09/06/2022	H Mein [AKL]	3.57	04/03/2006
M80	R Johnson [AKL]	3.16	16/10/2013	S Taylor [AKL]	2.94	23/03/1996
M85	A Mackay [STH]	2.59	02/02/2014	J Jones [WBP]	2.43 (+1.0)	29/02/2020
M90	A Mackay [STH]	2.08 (+0.4)	23/01/2018	J Blair [OTG]	1.50 (-1.6)	03/12/2022
High Jump		NZMA National Record		NZMA Championship Record		
M30	W Crayford [WLG]	2.06	08/03/2019			
M35	T Newport [WLG]	1.85	15/03/1997	T Newport [WLG]	1.85	15/03/1997
M40	S Poelman [WBP]	1.92	2005	P Ranginui [WBP]	1.78	03/04/2010
M45	A Stringer [NTH]	1.72	1996	A Stringer [NTH]	1.72	23/03/1996
M50	Ho Young Do [AKL]	1.75	06/10/2013	R Fletcher [WBP]	1.69	1992
M55	D Blackford [AKL]	1.67	27/02/2021	D Blackford [AKL]	1.67	27/02/2021
M60	H Young Do [AKL]	1.56	05/02/2023	P Timings [TAS]	1.45	1989
				W MacIntyre [W]	1.45	1989
M65	T Delamere [AKL]	1.45	14/01/2017	D Anstiss [AKL]	1.36	28/02/2015
				T Delamere [AKL]	1.36	04/03/2017
M70	M Andersen [HBG]	1.37	29/02/2020	M Andersen [HBG]	1.37	29/02/2020
	D Anstiss [AKL]	1.37	2017			
M75	D Anstiss [AKL]	1.36	18/03/2023	D Anstiss [AKL]	1.31	27/02/2021
M80	J Blair [WLG]	1.15	2011	J Blair [WLG]	1.08	27/02/2016
M85	J Blair [WLG]	1.12	22/01/2017	J Blair [WLG]	1.05	03/03/2018
M90	J Blair [OTG]	1.00	23/01/2022	F Cox [WBP]	0.71	16/03/2002
Triple Jump		NZMA National Record		NZMA Championship Record		
M30	M Wyatt [AKL]	14.07 (-0.2)	14/11/2020	D Lane [WLG]	12.76 (-0.6)	02/03/2013
M35	B Booker [AKL]	13.55	2005	J Munns	12.18	1979
M40	K Simpson [CAN]	13.30	1987	R Fletcher [WBP]	12.69	1985
M45	S McKee [CAN]	12.40	2006	R Fletcher [WBP]	11.89	1989
M50	S McKee [CAN]	11.56	2010	R Fletcher [WBP]	11.38	1992
M55	T Walker [AKL]	11.55 (+0.9)	24/02/2019	W MacIntyre [W]	10.43	1988
M60	S Burden [WBP]	10.76 (-0.4)	31/08/2019	S Burden [WBP]	10.74 (+1.5)	27/02/2021
M65	I Sim [OTG]	9.32	09/03/2014	W MacIntyre [W]	9.22	1994
M70	D Anstiss [AKL]	9.16 (+1.0)	28/11/2015	D Anstiss [AKL]	8.94 (-0.2)	02/03/2018
M75	D Anstiss [AKL]	8.53 (+0.0)	10/06/2022	D Anstiss [AKL]	8.47 (+0.8)	26/02/2021
M80	R Johnson [AKL]	6.75 (+0.6)	24/11/2012	R Johnson [AKL]	6.53 (+1.7)	01/03/2014
M85	R Johnson [AKL]	5.58 (-1.7)	2/03/2018	R Johnson [AKL]	5.58 (-1.7)	02/03/2018
M85	R Johnson	5.58	2/03/2018	R Johnson	5.58	02/03/2018

Pole Vault		NZMA National Record		NZMA Championship Record	
M30	E Du Preez [AKL]	4.71	20/02/2021		
M35	P Gibbons [OTG]	4.15	2007	B Senior [CAN]	3.70 1980
M40	S Poelman [WBP]	4.00	2005	B Senior [CAN]	3.70 1982
M45	S McKee [CAN]	3.90	2006	S McKee [CAN]	3.75 02/03/2007
M50	S McKee [CAN]	3.71	02/04/2010	S McKee [CAN]	3.71 02/04/2010
M55	D Blackford [AKL]	3.40	03/12/2022	M Lett [NTH]	3.25 03/03/2018
M60	M Judge [NTH]	3.20	25/02/2018	R Ball [NTH]	3.10 22/03/1996
M65	M Andersen [HBG]	2.70	12/02/2017	R Johnson [AKL]	2.30 03/03/2000
M70	M Andersen [HBG]	2.70	29/02/2020	M Andersen [HBG]	2.70 29/02/2020
M75	D Anstiss [AKL]	2.42	19/03/2022	D Anstiss [AKL]	2.41 27/02/2021
M80	R Johnson [AKL]	1.60	27/02/2015	R Johnson [AKL]	1.60 27/02/2015
M85	R Johnson [AKL]	1.50	12/11/2017 & 3/03/2018	R Johnson [AKL]	1.50 03/03/2018
Hammer Throw		NZMA National Record		NZMA Championship Record	
M30	7.26kg: W Button [WBP]	60.18	21/02/2020	M Scholten [OTG]	28.00 03/04/2010
M35	7.26kg: M Cumming [A]	48.62	2002	T Fleming [CAN]	48.32 1983
M40	7.26kg: P Jensen [WLG]	62.53	2010	A van der Westhuizen	52.03 28/02/2020
M45	7.26kg: A van der Westhuizen [A]	56.80	25/02/2023	A van der Westhuizen	52.27 02/12/2022
M50	6.00kg: M Cumming [A]	56.58	13/01/2013	M Cumming	56.03 02/03/2013
M55	6.00kg: M Cumming	52.87	23/04/2017	M Cumming	46.85 02/03/2018
M60	5.00kg: L Devlin [HBG]	50.82	1997	L Devlin [HBG]	48.36 22/11/1997
M65	5.00kg: L Devlin [HBG]	46.53	2001	L Devlin [HBG]	43.48 08/03/2003
M70	4.00kg: L Devlin [HBG]	44.54	2006	L Devlin [HBG]	44.22 04/03/2006
M75	4.00kg: M Carr [AKL]	37.40	1997	M Carr [AKL]	35.10 22/11/1997
M80	3.00kg: B Senior [CAN]	37.95	20/12/2020	B Stannius [WBP]	35.64 06/03/2009
M85	3.00kg: R Johnson [AKL]	25.39	12/09/2018	R Johnson [AKL]	23.93 02/03/2018
M90	3.00kg: R Johnson [AKL]	21.12	05/11/2022	J Blair [OTG]	17.23 02/12/2022
Shot Put		NZMA National Record		NZMA Championship Record	
M30	7.26kg: M Schoulten	12.37	19/12/2012	L Crombie	8.76 03/03/2017
M35	7.26kg: R Thomson	16.42	1998	H Smith	14.48 1994
M40	7.26kg: S Poelman	14.66	2005	M Mene	13.80 1987
M45	7.26kg: L Inivale	13.68	2015	L Inivale	13.18 2014
M50	6.00kg: L Inivale	14.82	22/01/2018	L Inivale	14.27 03/03/2017
M55	6.00kg: R Harris	13.41	1990	A Husband	13.38 1979
M60	5.00kg: A Husband	14.01	1984	A Husband	14.01 1984
M65	5.00kg: R Harris	12.95	1999	R Harris	11.73 2001
M70	4.00kg: P Crawford	12.10	26/04/2017	P Crawford	11.72 03/03/2017
M75	4.00kg: D Scratton	10.87	1994	D Scratton	10.46 1996
M80	4.00kg: D Scratton	9.75	1999	D Scratton	9.31 2000
M80	3.00kg: B Stannius	11.97	2009	B Stannius	11.97 2009
M85	3.00kg: R Johnson	8.97	12/09/2018	R Johnson	8.30 02/03/2018
M90	3.00kg: P Tearle	6.26	22/01/2018	P Tearle	4.85 02/03/2018

Discus		NZMA National Record		NZMA Championship Record	
M30	2.0kg: M Hall [STH]	61.49	30/03/2019	R Little [HBG]	27.68 27/02/2021
M35	2.0kg: K Nelson [WBP]	48.61	04/03/2017	H Smith [WLG]	47.24 1994
M40	2.0kg: R Williams [AKL]	43.44	1975	R Williams [AKL]	43.44 1975
M45	2.0kg: R Williams [AKL]	43.12	1981	M Clarke [CAN]	39.85 04/03/2017
M50	1.5kg: A Stockill [WLG]	46.82	15/12/2018	R Ball [NTH]	44.80 1986
M55	1.5kg: G Lawless [OTG]	45.28	1986	G Lawless [OTG]	40.86 1986
M60	1.0kg: R Ball [NTH]	48.66	1996	R Ball [NTH]	48.66 23/03/1996
M65	1.0kg: R Ball [NTH]	44.47	2001	R Ball [NTH]	39.67 06/03/2004
M70	1.0kg: S Johnson [AKL]	38.20	1992	R Ball [NTH]	36.72 04/03/2006
M75	1.0kg: P Crawford [WP]	34.23	02/03/2019	P Crawford [WP]	34.23 02/03/2019
M80	1.0kg: B Senior [CAN]	28.98	24/01/2021	D Scratton [NTH]	27.70 04/03/2000
M85	1.0kg: R Johnson [AKL]	22.90	20/01/2018	R Johnson [AKL]	20.54 03/03/2018
M90	1.0kg: J Blair [OTG]	18.16	12/03/2022	J Blair [OTG]	15.70 03/12/2022
Javelin					
Javelin		NZMA National Record		NZMA Championship Record	
M30	800gm: B Newdick [AKL]	55.07	18/01/2019	L Crombie [HBG]	46.13 29/02/2020
M35	800gm: J Bradley [HBG]	60.02	1992	J Bradley [HBG]	55.96 1991
M40	800gm: D Brand [AKL]	66.55	2008	J Bradley [HBG]	55.10 04/03/1995
M45	800gm: D Brand [AKL]	61.97	2009	J Bradley [HBG]	54.50 04/03/2000
M50	700gm: N Stainton [A]	61.74	23/03/2014	J Bradley [HBG]	50.91 06/03/2005
M55	700gm: N Stainton [A]	51.40	29/01/2017	J Bradley [HBG]	49.51 08/03/2009
M60	600gm: A Grayburn [C]	48.96	1987	A Grayburn [C]	45.54 1989
M65	600gm: A Grayburn [C]	46.94	1994	A Grayburn [C]	45.74 1993
M70	500gm: A Grayburn [C]	38.93	1998	A Grayburn [C]	36.94 16/03/1997
M75	500gm: A Grayburn [C]	33.56	2002	R Johnson [AKL]	30.83 08/03/2009
M80	400gm: R Johnson [AKL]	31.59	16/02/2014	B Stannius [WBP]	30.59 08/03/2009
M85	400gm: R Johnson [AKL]	25.42	03/03/2018	R Johnson [AKL]	25.42 3/03/2018
M90	400gm: R Johnson [AKL]	22.27	07/11/2022	J Blair [OTG]	17.58 03/12/2022
Weight Throw					
Weight Throw		NZMA National Record		NZMA Championship Record	
M30	15.88kg: M Scholten [O]	10.20	01/12/2012		
M35	15.88kg: P Jensen [WLG]	21.01	2004	M Cumming [A]	14.47 17/03/2002
M40	15.88kg: P Jensen [WLG]	18.23	2009	M Cumming [A]	15.56 05/03/2006
M45	15.88kg: P Jensen [WLG]	17.44	12/04/2014	M Cumming [A]	15.30 29/02/2008
M50	11.34kg: M Cumming	20.11	25/11/2012	M Cumming [A]	20.00 03/03/2013
M55	11.34kg: P Jensen [W]	19.59	18/02/2023	M Cumming [A]	17.81 03/03/2018
M60	9.08kg: K Bradley [WBP]	17.45	2006	K Bradley [WBP]	16.48 05/03/2005
M65	9.08kg: L Devlin [HBG]	17.09	17/03/2002	L Devlin [HBG]	17.09 17/03/2002
M70	7.26kg: L Devlin [HBG]	18.06	2006	L Devlin [HBG]	17.19 05/03/2006
M75	7.26kg: M Carr [AKL]	14.80	1997	B Senior [CAN]	13.43 04/03/2017
M80	5.45kg: B Senior [CAN]	14.96	24/01/2021	B Stannius [WBP]	14.66 08/03/2009
M85	5.45kg: D Scratton [N]	10.99	2004	R Johnson [AKL]	10.46 28/02/2020
M90	5.45kg: J Blair [OTG]	8.61	01/07/2022	J Blair [OTG]	8.48 03/12/2022

Throws Pentathlon (post May 2010) <i>Updated using 2023 Age Factors</i>				NZMA National Record			NZMA Championship Record		
M30	V Smith [WBP]	2657 pts							
M35	M Scholten [OTG]	2890 pts	26/10/2016	M Scholten [OTG]	2609 pts	03/03/2014			
M40	A van der Westhuizen [AKL]	3360 pts	11/10/2020	A van der Westhuizen	3326 pts	28/02/2021			
M45	A van der Westhuizen [AKL]	3743 pts	27/03/2022	A van der Westhuizen	3430 pts	04/12/2022			
M50	M Cumming [AKL]	3364 pts	04/03/2013	M Cumming [AKL]	3364 pts	04/03/2013			
M55	M Cumming [AKL]	3468 pts	27/04/2017	J Van Zyl [WBP]	3384 pts	01/03/2015			
M60	J Thomas [AKL]	3271 pts	13/10/2019	J Thomas [AKL]	3373 pts	01/03/2020			
M65	J Frederick [NTH]	3640 pts	04/12/2023	J Frederick [NTH]	3640 pts	04/12/2023			
M70	B Senior [CAN]	3136 pts	07/03/2011	B Senior [CAN]	3136 pts	07/03/2011			
M75	B Senior [CAN]	3507 pts	20/03/2016	B Senior [CAN]	3349 pts	28/02/2016			
M80	B Senior [CAN]	3611 pts	24/01/2021	R Johnson [AKL]	2964 pts	01/03/2015			
M85	R Johnson [AKL]	3097 pts	12/09/2018	L Carter [AKL]	1956 pts	05/03/2012			
M90	R Johnson [AKL]	3550 pts	07/11/2022	J Blair [OTG]	2638 pts	04/12/2022			
Track Pentathlon (post May 2010) <i>Updated using the 2023 Age Factors</i>									
M30	R Little [HBG]	1966 pts	04/12/2022	R Little [HBG]	1966 pts	04/12/2022			
M35	D Hansen [TAS]	2829 pts	05/03/2017	D Hansen [TAS]	2829 pts	05/03/2017			
M40	D Hansen [TAS]	3126 pts	03/03/2019	D Hansen [TAS]	3126 pts	03/03/2019			
M45	D Hansen [TAS]	3330 pts	04/12/2022	D Hansen [TAS]	3330 pts	04/12/2022			
M50	W Doyle [CAN]	3179 pts	01/03/2015	W Doyle [CAN]	3179 pts	01/03/2015			
M55	S Te Whaiti [WBP]	3217 pts	25/11/2018	S Te Whaiti [WBP]	3144 pts	01/03/2020			
M60	B Solomon [WBP]	2707 pts	13/03/2023	B Solomon [WBP]	2650 pts	15/01/2023			
M65	D O'leary [HBG]	2520 pts	15/01/2023	D O'leary [HBG]	2520 pts	15/01/2023			
M70	W Green [STH]	2437 pts	04/12/2022	W Green [STH]	2437 pts	04/12/2022			
M75	D Anstiss [AKL]	2416 pts	20/03/2021	W Schenk [AKL]	1964 pts	28/02/2021			
M80	R Johnson [AKL]	2265 pts	02/03/2014	R Johnson [AKL]	2265 pts	02/03/2014			
M85	H Mein [WBP]	910 pts	2016	H Mein [WBP]	570 pts	04/03/2018			



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