

South Island Masters Track & Field Championship Records: (Updated Nov 2017)

This document contains the following information in **TWO** sections:

1. **South Island Championship Event Records:** A list of all South Island Championship records for the events that are regularly held at the South Island Track & Field Championships. A separate document containing a list of all individual event performances & points scored for the **SI Championship Throws Pentathlon & Track Pentathlon** events can also be viewed on the NZMA website (see **Appendix D**). This has been included so that new points totals can be re-calculated if age factors change in the future.
2. **Archived South Island Championship Records:** A list of all other South Island Championship records on file, including records archived due to age factor or implement changes.

Note: A Microsoft Word version of these records is available on request for Centres hosting the SI Championships, so the records can be included in the Championship booklet.

60m		Women				Men			
30	H Dinnissen	Can	8.63	2017					
35	T Excell	Sth	8.26	2017	S Belesky	Sth	7.65	2016	
40	R Simons	Can	9.35	2016	N Bolton	Can	7.87	2016	
45	L Wilson	Otg	8.72	2011	N Bolton	Can	7.99	2017	
50	L Martin	Can	8.75	2017	T Tan	Otg	8.04	2016	
55	C Giles	Otg	9.46	2013	J Barnfield	Can	8.53	2011	
60	C Giles	Otg	9.86	2016	W Green	Sth	8.89	2013	
65	L Anderson	Can	10.24	2013	K Rozecki-Pollard	Otg	9.08	2012	
70					I Sim	Otg	9.20	2017	
75					M Fraser	Can	9.76	2015	
80	I Bishop	Can	20.30	2015	M Wood	Can	10.60	2013	
85					M Cook	Can	16.33	2011	
90					A MacKay	Sth	15.06	2017	
100m		Women				Men			
30	S Parsons	Otg	14.82	2016	S Yousuf	Can	12.4	2007	
35	T Excell	Sth	13.11	2017	J Barnfield	Can	11.7	1993	
40	N Clent	Otg	13.8	1987	J Barnfield	Can	11.8 (H)	1994	
					N Bolton	Can	11.86 (ET)	2013	
45	A Horsnell	Can	13.5 (H)	1983	B McPhail	Can	11.7	1983	
	L Wilson	Otg	13.59 (ET)	2011					
50	L Martin	Can	14.00	2017	B McPhail	Can	11.7	1987	
55	S Peterson	Can	13.9	1983	B McPhail	Can	12.7	1992	
60	C Giles	Otg	15.90	2016	B McPhail	Can	13.6=	2000	
					K Rozecki-Pollard	Otg	13.6=	2008	
					K Hutton	Otg	13.6=	2009	
65	L Anderson	Can	16.55	2013	B McPhail	Can	13.8	2004	
70	S Peterson	Can	17.4	2000	M Wood	Can	14.9 = (H)	2003	
					R Munro	Can	14.9 = (H)	2008	
					B Thornalley	Tas	15.06 (ET)	2012	
75	R Smith	Can	24.0	1998	M Wood	Can	15.1	2008	
80					A Mackay	Sth	17.0	2009	
85					M Cook	Can	28.14	2011	
200m		Women				Men			
30	S Parsons	Otg	31.72	2016	S Yousuf	Can	25.1	2007	
35	S Roy	Sth	28.2	1987	J Barnfield	Can	24.3	1993	
40	H Clent	Otg	28.4	1986	J Barnfield	Can	24.3	1995	
45	L Wilson	Otg	28.02	2011	B McPhail	Can	24.1	1983	
50	L Wilson	Otg	27.45	2014	B McPhail	Can	24.7	1987	

55	S Peterson	Can	29.8	1986	B McPhail	Can	27.1 (H)	1992
					S Low	Tas	27.30 (ET)	2012
60	C Giles	Otg	34.08	2016	B Halpin	Can	27.9	1993
65	L Anderson	Can	37.27	2014	M Fraser	Can	29.11	2006
70	S Peterson	Can	39.4	2000	M Fraser	Can	31.39	2011
75					M Fraser	Can	31.84	2015
80					A Mackay	Sth	36.4	2008
85								
400m								
			Women				Men	
30	H Dinnissen	Can	66.47	2017				
35	J Jones	Tas	63.07	2017	A Pollock	Can	54.4	1990
40	R Heyrick	Sth	64.69	2005	M Fraser	Can	54.4	1983
45	L Wilson	Otg	64.84	2011	M Fraser	Can	54.7	1985
50	L Wilson	Otg	63.88	2014	B McPhail	Can	54.2	1987
55	C Giles	Otg	74.35	2011	M Weddell	Otg	59.38	2004
60	C Giles	Otg	79.83	2016	M Weddell	Otg	62.91	2011
65	B Patrick	Otg	85.93	2012	M Fraser	Can	63.82	2004
70	L Reid	Can	1:25.52	2017	M Wood	Can	71.4	2003
75					M Fraser	Can	76.14	2015
80					Max Wood	Can	1:37.29	2013
85								
800m								
			Women				Men	
30					G Baker	Sth	2:16.7	2005
35	G Talbot	Can	2:23.2	1987	G Macintosh	Sth	2:10.39	2010
40	M O'Connor	Can	2:32.7	1995	G Ludwig	Can	2:01.5	1995
45	M Orman	Tas	2:35.8	1990	M Fraser	Can	2:07.2	1987
50	M Chorley	Can	2:33.60	2017	A Stark	Can	2:04.49	2011
55	L Reed	Can	2:41.1	2004	P Fitzgerald	Otg	2:19.30	2017
60	L Reed	Can	2:56.52	2010	D Turnbull	Sth	2:20.3	1990
65	B Patrick	Otg	3:14.88	2012	T McManus	Can	2:30.01	2014
70	L Reed	Can	3:09.70	2017	M Bond	Can	2:54.20	2015
75					R Stevens	Can	3:01.7	2008
80					G McPherson	Can	3:27.3	1998
85					D Fincham	Otg	6:26.9	1996
1500m								
			Women				Men	
30					G Baker	Sth	4:57.1	2005
35	A Joyce	Otg	5:00.4	1981	B Uden	Can	4:10.2	1995
40	P Taylor	Can	4:55.3	1987	J Dixon	Tas	4:03.7	1987
45	J Wilson	Otg	5:20.2	2007	Jim MacDonald	Can	4:22.1	1983
50	M Chorley	Can	5:11.0	2017	A Stark	Can	4:16.67	2011
55	L Reed	Can	5:29.1	2004	M Lautenslager	Tas	4:34.48	2012
60	L Reed	Can	5:47.1	2010	D Turnbull	Sth	4:51.0	1997
65	L Reed	Can	6:02.81	2012	T McManus	Can	4:50.11	2014
70	L Reed	Can	6:28.3	2017	D Turnbull	Sth	5:35.9	1998
75	M Rough	Otg	7:01.64	2015	R Stevens	Can	5:55.8	2009
80					G McPherson	Can	7:33.4	1998
					S Gawler	Can	7:33.4	2009
85					D Fincham	Otg	13:07.3	1996
3000m								
			Women				Men	
35	G Talbot	Can	10:48.5	1987	D Grieve	Sth	10:01.25	2015

40	P Taylor	Can	10:24.9	1987	D Grieve	Sth	9:29.96	2017	
45	M Orman	Tas	11:23.1	1990	M Cornelius	Can	10:07.75	2014	
50	M Hillier	Tas	11:23.0	2003	J Ford	Can	9:57.96	2011	
55	L Reed	Can	11:22.4	2004	G Lautenslager	Tas	9:47.39	2012	
60	L Reed	Can	12:22.7	2007	P Napper	Otg	11:26.56	2014	
65	B Patrick	Otg	13:29.37	2012	W Hume	Can	11:59.9	2004	
70	L Reed	Can	13:41.60	2017	M Bond	Can	12:25.26	2014	
75					R Stevens	Can	12:41.4	2009	
80					S Gawler	Can	16:32.0	2009	
85	E Mercier	Otg	24:19.9	2008					
5000m					Women		Men		
30									
35	M Angland	Can	18:57.07	2016	D Cook	Can	17:02.59	2017	
40					J Dixon	Tas	14:49.4	1987	
45	M Sleeman	Otg	20:27.0	2009	D Rowell	Can	16:09.5	1989	
50	M Chorley	Can	19:06.38	2017	John MacDonald	Can	16:10.0	1985	
55	Julie Wilson	Otg	20:28.6	2013	D Turnbull	Sth	17:08.0	1983	
60	B Jago	Can	21:14.19	2017	D Turnbull	Sth	17:48.8	1990	
65	L Reed	Can	21:56.10	2012	S Opie	Can	19:32.9	1990	
70	M Rough	Otg	24:26.38	2010	D Turnbull	Sth	20:30.3	1998	
75	M Rough	Otg	26:04.40	2015	S Opie	Can	22:06.0	2000	
80					S Gawler	Can	27:47.6	2009	
85	E Mercier	Otg	39:50.8	2008					
3km Track Walk					Women		Men		
30	G MacDougal	Tas	17:43.3	1993					
35	S de Groot	Otg	15:58.6	1991	W Parsons	Otg	15:50.6	1993	
40	J Edmunds	Otg	15:58.42	2014	D Jackson	Otg	14:51.4	1983	
45	N Aymes	Tas	15:49.0	2003	M Harte	Tas	14:42.5	2003	
50	S Hoskin	Tas	17:17.7	2003	M Harte	Tas	15:17.4	2004	
55	B Anderson	Tas	18:18.7	1992	E Saxby	Can	16:04.1	1995	
60	B Anderson	Tas	18:42.8	1998	E Saxby	Can	17:24.3	2001	
65	A Henderson	Can	21:17.15	2006	E Saxby	Can	17:13.6	2004	
70	A Henderson	Can	22:03.07	2010	L Watkins	Can	18:53.3	1990	
75	A Henderson	Can	24:55.47	2015	P Davis	Tas	19:12.2	2003	
80					G Currie	Can	23:47.9	1995	
85									
5km Track Walk					Women		Men		
35	W Healey	Tas	27:58.14	2012					
40	J Edmunds	Otg	27:39.86	2014	T McCashin	Tas	29:38.35	2012	
45	Y Shaw	Tas	31:23.0	2008	S Farquhar	Tas	27:14.1	2008	
50	G MacDougall	Tas	33:17.46	2012					
55					P Hague	Tas	30:35.7	2008	
60	S Ralston	Can	37:15.5	2013	R Denton	Tas	30:39.43	2012	
65					D Knudson	Otg	34:27.3	2009	
70	A Henderson	Can	38:14.81	2010	T Cockerill	Otg	35:46.63	2017	
75									
All Steeplechase					Women		Men		
30	(2km):				(3km):				
35	(2km): C Doris	Tas	7:44.2	2003	(3km):				

40	(2km): L Donaldson	Can	9:17.0	1989	(3km):			
45	(2km): M Orman	Tas	8:25.8	1989	(3km):			
50	(2km):				(3km): M Morrissey	Tas	11:41.23	2006
55	(2km): L Reed	Can	8:33.7	2004	(3km): T Cross	Tas	12:46.04	2016
60	(2km): L Reed	Can	9:15.07	2010	(2km): I Chinnery	Can	8:37.83	2011
65	(2km): L Reed	Can	9:20.23	2012	(2km): I Brownie	Can	9:02.0	1995
70	(2km): L Reed	Can	9:43.19	2017	(2km): Michael Bond	Can	8.56.04	2014

All Short Hurdles		Women			Men			
30	(100mH):				(110mH):			
35	(100mH): S Roy	Sth	19.7	1987	(110mH): D Holloway	Otg	25.2	2009
40	(80mH): D Murphy	Otg	14.5	2001	(110mH): N Bolton	Can	15.89	2013
45	(80mH): L Welford	Can	15.3	1992	(110mH):			
50	(80mH): L Martin	Can	14.09	2017	(100mH): P Davies	Otg	20.62	2016
55	(80mH): C Giles	Otg	16.82	2013	(100mH):			
60	(80mH): L Anderson	Can	17.9	2007	(100mH):			
65	(80mH): L Anderson	Can	18.78	2011	(100mH):			
70	(80mH): S Peterson	Can	19.3	2001	(80mH):			
75	(80mH):				(80mH): C O'Brien	Can	28.0	2007
80	(80mH):				(80mH):			

All Long Hurdles		Women			Men			
30	(400mH):				(400mH):			
35	(400mH):				(400mH):			
40	(400mH):				(400mH):			
45	(400mH):				(400mH):			
50	(300mH): L Martin	Can	54.92	2016	(400mH):			
55	(300mH):				(400mH):			
60	(300mH): C Giles	Otg	68.04	2017	(300mH):			
65	(300mH):				(300mH): K Hutton	Otg	55.98	2016
70	(200mH):				(300mH):			
75	(200mH):				(300mH):			
80	(200mH):				(200mH):			

Long Jump		Women			Men			
30	S Parsons	Otg	4.37	2016				
35	S Mene	Can	5.63	1987	K Clough	Can	5.73	2007
40	L Osmer	Can	4.76	2001	B McPhail	Can	5.56	1981
45	L Wilson	Otg	4.39	2011	B McPhail	Can	5.34	1985
50	S Peterson	Can	4.35	1981	B McPhail	Can	5.45	1990
55	S Peterson	Can	4.30	1985	B McPhail	Can	5.07	1992
60	G Jones	Sth	3.46	2002	I Sim	Otg	4.40	2008
65	S Peterson	Can	3.80	1995	I Sim	Otg	4.18	2015
70	S Peterson	Can	3.12	2001	I Sim	Otg	4.06	2017
75					D Sibley	Can	3.08	1998
80					A Mackay	Sth	2.73	2008
85					N Hawke	Can	1.22	1998
90					A Mackay	Sth	1.89	2017

High Jump		Women			Men			
30					W Doyle	Can	1.40	2000

35	S Mene	Can	1.33	1987	K Clough	Can	1.65	2007
40	L Osmers	Can	1.50	2001	S McKee	Can	1.61	2004
45	G Kirkman	Sth	1.29	2001	T Aikenhead	Tas	1.62	2003
50	G Kirkman	Sth	1.30	2003	W Doyle	Can	1.50	2014
55	L Anderson	Can	1.18	2003	P Timings	Tas	1.44	1984
60	L Anderson	Can	1.14	2008	P Timings	Tas	1.41	1991
65	A Wood	Tas	1.15	1989	L Smith	Sth	1.28	2010
70	L Anderson	Can	1.05	2017	C O'Brien	Can	1.16	2001
70					W Newton	Can	1.16	2001
					L Smith	Sth	1.16	2014
75					W Newton	Can	1.10	2007
80					A Mackay	Sth	1.07	2008

Triple Jump		Women			Men			
30	S Parsons	Otg	9.38	2016				
35	S Mene	Can	9.81	1987	P Franklin	Can	11.81	1993
40	J Senior	Can	9.29	1987	J Barnfield	Can	10.23	1998
45	H Clent	Otg	8.62	1991	T Aikenhead	Tas	10.81	2003
50	L Anderson	Can	8.25	1998	I Sim	Otg	10.25	1998
55	L Anderson	Can	7.80	2004	P Timings	Tas	10.63	1985
60	L Anderson	Can	7.06	2008	L Smith	Sth	9.78	2002
65	S Peterson	Can	7.90	2000	P Timings	Tas	9.10	1993
70	S Peterson	Can	7.05	2000	I Sim	Otg	8.44	2017
75					B Newton	Can	6.19	2006
80					B Toomey	Sth	5.08	2006
85								
90					A Mackay	Sth	3.91	2017

Pole Vault		Women			Men			
30								
35	J Maxwell	Can	1.52	1995	W Doyle	Can	3.20	2000
40	J Maxwell	Can	1.10	1999	S McKee	Can	3.50	2004
45					B Senior	Can	3.35	1985
50					W Doyle	Can	3.30	2014
55					B Senior	Can	2.51	1995
60					M Shirley	Can	2.29	1990
65					B Senior	Can	2.05	2005
70					C O'Brien	Can	1.75	2001
					W Newton	Can	1.75	2001
					B Senior	Can	1.75	2010
75					C O'Brien	Can	1.53	2007

Shot Put		Women			Men			
30	4.0kg: J Maxwell	Can	11.07	1993	7.26kg: M O'Brien	Can	12.77	1999
35	4.0kg: R Bates	Otg	12.11	2002	7.26kg: M O'Brien	Can	12.24	2000
40	4.0kg: R Bates	Otg	11.08	2008	7.26kg: K Mahuika	Tas	13.01	1989
45	4.0kg: J Maxwell	Can	10.12	2004	7.26kg: M Flaus	Sth	12.24	2005
50	3.0kg: W Harding	Otg	10.07	2005	6.0kg: G Lawless	Otg	13.05	1983
55	3.0kg: W Harding	Otg	9.26	2010	6.0kg: M Flaus	Sth	11.68	2014
60	3.0kg: W Harding	Otg	8.17	2015	5.0kg: G Lawless	Otg	12.20	1990
65	3.0kg: N Callander	Otg	7.91	2013	5.0kg: G Lawless	Otg	11.36	1995

70	3.0kg: G Watts	Can	7.10	2011	4.0kg: G Lawless	Otg	11.86	2000
75	2.0kg: G Watts	Can	7.64	2016	4.0kg: G Lawless	Otg	10.04	2005
80	2.0kg: P Drayton	Can	5.04	2017	3.0kg: N Hawke	Can	8.96	1992
85	2.0kg: R Smith	Can	4.03	2004	3.0kg: N Hawke	Can	6.72	1996
90					3.0kg: A Mackay	Can	4.31	2017
Javelin Throw		Women			Men			
30	600g: J Maxwell	Can	28.36	1993	800g: M Scholten	Otg	39.96	2011
35	600g: S Mene	Can	39.78	1987	800g: W Doyle	Can	45.02	2000
40	600g: J Senior	Can	31.66	1987	800g: M Stewart	Can	47.96	1986
45	600g: J Senior	Can	25.56	1993	800g: R Logchies	Can	49.17	2002
50	500g: L Anderson	Can	25.60	1996	700g: A Grayburn	Can	47.96	1980
55	500g: B Bird	Can	23.54	1996	700g: A Grayburn	Can	44.70	1982
60	500g: A Birtles	Can	19.08	2009	600g: A Grayburn	Can	46.28	1987
65	500g: N Callander	Otg	15.71	2014	600g: A Grayburn	Can	42.54	1994
70	500g: L Anderson	Can	13.45	2017	500g: A Grayburn	Can	37.17	1998
75	400g: J Whitaker	Can	14.21	2017	500g: A Grayburn	Can	28.28	2002
80	400g: I Bishop	Can	7.81	2015	400g: B Newton	Can	23.27	2011
85	400g: R Smith	Can	7.83	2006	400g: N Hawke	Can	19.20	1996
Discus Throw		Women			Men			
30	1.0kg: A McNab	Can	35.33	2016	2.0kg: R Chalmers	Can	33.08	2004
35	1.0kg: S Mene	Can	40.22	1987	2.0kg: T Anderson	Tas	38.86	2003
40	1.0kg: R Bates	Otg	33.66	2008	2.0kg: K Mahuika	Tas	35.92	1989
45	1.0kg: J Maxwell	Can	31.37	2004	2.0kg: M Flaus	Sth	37.81	2008
50	1.0kg: V Hood	Can	28.94	1993	1.5kg: M Flaus	Sth	43.05	2009
55	1.0kg: V Hood	Can	27.44	1995	1.5kg: G Lawless	Otg	42.46	1985
60	1.0kg: V Hood	Can	23.83	2000	1.0kg: G Lawless	Otg	45.32	1990
65	1.0kg: G Watts	Can	20.03	2006	1.0kg: R Davison	Can	36.41	2014
70	1.0kg: G Watts	Can	19.61	2010	1.0kg: G Lawless	Otg	35.70	2002
75	750g: G Watts	Can	19.79	2017	1.0kg: G Lawless	Otg	31.62	2005
80	750g: R Smith	Can	10.04	1999	1.0kg: G Lawless	Otg	22.44	2011
85	750g: R Smith	Can	8.35	2005	1.0kg: N Hawke	Can	16.84	1996
90					1.0kg: A Mackay	Sth	8.72	2017
Hammer Throw		Women			Men			
30	4.0kg: A McNab	Can	40.61	2016	7.26kg: M Scholten	Otg	39.69	2012
35	4.0kg: R Bates	Otg	41.44	2000	7.26kg: M Scholten	Otg	40.47	2013
40	4.0kg: R Bates	Otg	37.78	2008	7.26kg: T Fleming	Can	45.70	1986
45	4.0kg: R Bates	Otg	34.54	2014	7.26kg: M Flaus	Sth	35.92	2008
50	3.0kg: V Hood	Can	36.64	1993	6.0kg: T Brown	Otg	39.32	1993
55	3.0kg: V Hood	Can	34.18	1998	6.0kg: R Davison	Can	41.86	2006
60	3.0kg: W Harding	Otg	32.63	2015	5.0kg: R Davison	Can	46.59	2009
65	3.0kg: G Watts	Can	28.60	2007	5.0kg: R Davison	Can	39.03	2014
70	3.0kg: G Watts	Can	25.75	2011	4.0kg: T Bent	Otg	38.56	2000
75	2.0kg: G Watts	Can	30.63	2015	4.0kg: N Hawke	Can	32.00	1987
80	2.0kg: P Drayton	Can	15.81	2017	3.0kg: N Hawke	Can	33.98	1992
85	2.0kg: R Smith	Can	12.19	2004	3.0kg: D Leech	Can	19.54	2013
90					3.0kg: A Mackay	Sth	11.09	2017
Weight Throw		Women			Men			
30	9.08kg: A McNab	Can	12.23	2016	15.88kg: M Scholten	Otg	10.20	2012
35	9.08kg: R Bates	Otg	11.45	2000	15.88kg: M Scholten	Otg	12.05	2013
40	9.08kg: R Bates	Otg	11.18	2008	15.88kg: M Flaus	Sth	11.79	1999

45	9.08kg: F Harvey	Otg	8.17	2008	15.88kg: M Flaus	Sth	12.15	2008
50	7.26kg: W Harding	Otg	12.67	2007	11.34kg: M Flaus	Sth	14.94	2009
55	7.26kg: W Harding	Otg	11.74	2010	11.34kg: R Davison	Can	14.31	2006
60	5.45kg: V Hood	Can	12.02	1999	9.08kg: R Davison	Can	15.72	2013
65	5.45kg: G Watts	Can	10.78	2006	9.08kg: R Davison	Can	14.46	2014
70	5.45kg: P Drayton	Can	10.55	2006	7.26kg: G Lawless	Otg	15.56	2000
75	4.0kg: G Watts	Can	10.57	2015	7.26kg: B Senior	Can	13.52	2015
80	4.0kg: P Drayton	Can	6.91	2017	5.45kg: D Leech	Can	13.16	2007
85	4.0kg: R Smith	Can	5.08	2006	5.45kg: D Leech	Can	8.47	2013

Throws Pentathlon (New Age Factors as from May 2010 & updated January 2014)								see Appendix D
30	A McNab	Can	2757	2016	M Scholten	Otg	2402	2012
35	L Grieve	Sth	1447	2015	M Scholten	Otg	2480	2013
40	L Grieve	Sth	1563	2017	S Maole	Otg	2082	2014
45	P Main	Otg	1431	2010	S Rusbatch	Otg	2247	2011
50	F Harvey	Otg	2659	2011	M Flaus	Sth	3067	2013
55	W Harding	Otg	3005	2010	M Flaus	Sth	3282	2016
60	W Harding	Otg	2977	2015	R Davison	Can	3341	2010
65	N Callander	Otg	2663	2015	R Davison	Can	3464	2015
70	J Whitaker	Can	2592	2015	B Senior	Can	3377	2011
75	G Watts	Can	3735	2015	A Hunter	Can	1729	2012
80	P Drayton	Can	2244	2017	B Newton	Can	3052	2011

Pentathlon (New Age Factors as from May 2010 & updated January 2014)								see Appendix D
30	S Parsons	Otg	1651	2016				
35	J Jones	Tas	1811	2017	S Belesky	Sth	1647	2016
40	R Simons	Can	2169	2016	J Baird	Can	1693	2016
45	P Main	Otg	1003	2010	J Baird	Can	1923	2017
50	C Giles	Otg	2441	2010	W Doyle	Can	3076	2014
55	C Giles	Can	2854	2013				
60	C Giles	Can	2830	2016	W Green	Sth	2566	2013
65					W Green	Sth	2619	2017
70	L Anderson	Can	2764	2017				

See Appendix D:

Individual event performance details and points scored for all the multi-event records listed above are contained within Appendix A. This has been created so that if there are any future age factor changes, a new points total can be recalculated.

Archived South Island Championship Records:

Javelin (pre January 2014)		Women			Men		
60	400g: B Bird	Can	21.63	2008			
65	400g: B Bird	Can	18.93	2011			
70	400g: I Bishop	Can	10.95	2010			
Throws Pentathlon (2010 – 2013, 400gm javelin W60-W70)							
60	B Church	Can	2627	2010			
65	Noni Callander	Otg	2651	2013			
70	G Watts	Can	3193	2010			
Pentathlon (2010 – 2013, 400gm javelin W60-W70)							
60	L Anderson	Can	2091	2010			
65	L Anderson	Can	2813	2013			
75	G Watts	Can	1548	2010			
Throws Pentathlon (Previous Age Factors and conditions up to the 2009 year)							
30					J Adams	Can	1408 2006
35					S McQueen	Otg	1809 2009
40	R Bates	Otg	3045	2008	A Fairbairn	Can	2023 2007
45	F Harvey	Otg	2727	2008	M Flaus	Sth	2831 2008
50	W Harding	Otg	2967	2006	M Flaus	Sth	3211 2009
55	B Church	Can	2822	2005	R Davison	Can	3140 2007
60	B Church	Can	3096	2008	R Davison	Can	3668 2009
65	G Watts	Can	3422	2007	B Senior	Can	3450 2007
70	P Drayton	Can	3243	2006	B Newton	Can	2759 2004
75					G Lawless	Otg	3560 2005
80					D Leech	Can	3378 2007
85	R Smith	Can	3163	2004			
Pentathlon (Previous Age Factors and conditions up to the 2009 year)							
35	F Gardner	Can	1895	1989	J Barnfield	Can	2426 1990
40	J Senior	Can	2580	1989	K Hutton	Otg	2685 1991
45	L Anderson	Otg	2917	1992	K Hutton	Otg	2859 1994
50	M Orman	Tas	2845	1991	B McPhail	Can	3197 1987
55	L Anderson	Can	2473	2004	B McPhail	Can	3021 1992
60	L Anderson	Can	2899	2008	D Tucker	Can	2954 1994
65					D Tucker	Can	2626 1998
70					D Sibley	Can	2171 1993
75					D Sibley	Can	1645 1998