

NZMA Men's Track & Field National and Championship Records

(Updated 11 October 2017)

This document contains the following information in **THREE** sections:

- NZMA Championship Event Records:** A list of all NZMA National / Track & Field Championship records for the events that are regularly held at the NZMA Track & Field Championships. A separate document contains a list of all individual event performances & points scored for the **NZMA Throws Pentathlon & Track Pentathlon** events can also be viewed on the NZMA website (see **Appendix A**). This has been included so that new points totals can be re-calculated if age factors change in the future.
- Non NZMA Championship Events:** A list of all other stadia and non-stadia NZMA National / Championship records on file, including records archived due to age factor or implement changes.
- NZMA Indoor Best Performances:**

Note: A Microsoft Word version of these records is available on request for Centres hosting the NZMA Championships, so the records can be included in the Championship booklet.

60m		NZMA National Record		NZMA Championship Record	
M30	L Crombie	8.03	04/03/2017	L Crombie	8.03 04/03/2017
M35	B Potter	7.14	14/11/2015	G Hanekom	7.55 2015
M40	A Wall	7.44	2011	A Wall	7.44 2011
M45	J Campbell	7.55	2012	J Campbell	7.55 2012
M50	J Campbell	7.58	06/10/2013	J Campbell	7.67 2014
M55	G Rawson	7.92	28/02/2015	G Rawson	7.92 2015
M60	L Malcolmson	8.33	03/03/2013	L Malcolmson	8.33 2013
M65	L Malcolmson	8.45	29/11/2014	L Malcolmson	8.47 2016
M70	T Guptill	9.05	04/3/2017	T Guptill	9.05 04/03/2017
M75	M Fraser	9.43	28/02/2015	M Fraser	9.43 2015
M 80	M Wood	10.51	11/01/2014	T Cowley	11.64 2015
M85	I Brownie	11.96	15/03/2014	A Mackay	12.83 2016
M95	E de Latour	17.84 (BP)	11/12/2016		
100m		NZMA National Record		NZMA Championship Record	
M30	M O'Connor	11.41	2011	M O'Connor	11.41 2011
M35	C Van Der Speck	10.87	26/10/2016	L Malcolmson	11.36 1987
M40	A Wall	11.29	2011	A Wall	11.39 2011
M45	B McPhail	11.3h	1983	B McPhail	11.4h 1984
	B McPhail	11.53	1983	J Campbell	11.55 2012
M50	B McPhail	11.57	1987	L Malcolmson	11.98 2000
M55	B McPhail	12.1h	1992	B McPhail	12.1h 1992
	B McPhail	12.25	1993		
M60	B McPhail	12.56	1997	L Malcolmson	12.76 2010
M65	B McPhail	13.14	2002	B McPhail	13.42 2002
M70	M Wood	14.1h	2003	J Macfarlane	14.54 2002
	M Wood	14.33	2003		
M75	M Wood	14.91	2009	M Wood	14.91 2009
M80	B Kaiser	15.8h	1992	B Kaiser	16.29 1993
	B Kaiser	16.03	1992		
M85	A Mackay	18.90	02/02/2014	S Taylor	20.18 2001
M90	F Cox	21.30	2002	S Taylor	21.51 2006
M95	E de Lautour	28.35	07/10/2015		
200m		NZMA National Record		NZMA Championship Record	
M30	B Grant	22.99	26/04/2017	M O'Connor	23.28 2011
M35	B Potter	22.14	26/04/2017	M Brooking	23.0h 1984
				L Malcolmson	23.21 1987
M40	B McPhail	22.9h	1980	B McPhail	22.9h 1980

	B McPhail	23.00	1981			
M45	B McPhail	23.0h	1983	B McPhail	23.27	1983
	B McPhail	23.14	1983.00			
M50	B McPhail	23.77	1987	L Malcolmson	24.25	2000
M55	B McPhail	24.7h	1992	B McPhail	24.7h	1992
M60	B McPhail	25.71	1997	T Deleiros	26.25	2008
M65	T Guptill	27.25	11/01/2014	L Malcolmson	27.76	2015
M70	T Guptill	27.98	26/10/2016	J Lester	29.49	2013
M75	M Wood	30.74	2008	B Kaiser	30.7h	1991
M80	B Kaiser	33.3h	1992	B Kaiser	35.09	1994
	D Reade	32.63	26/04/2017			
M85	E de Lautour	40.08	2006	E de Lautour	40.77	2007
M90	S Taylor	47.38	2006	S Taylor	52.38	2006
M95	E de Lautour	59.95	08/10/2015			
400m	NZMA National Record			NZMA Championship Record		
M30	B Grant	50.40	24/04/2017	B Grant	51.22	03/03/2017
M35	B Potter	50.30	26/04/2017	A Tucker	50.86	1980
M40	B Turnbull	52.79	1996	B Turnbull	52.79	1996
M45	B McPhail	52.1	1983	L Malcolmson	54.15	1996
M50	A Pinna	53.52	17/12/2016	B McPhail =	55.4	1990
				M Fraser =	55.4	1990
M55	B McPhail	55.73	1992	A Hill	56.6	1981
M60	F Evans	58.11	1985	S Foster	61.92	1997
M65	F Evans	61.75	1990	M Fraser	63.53	2007
M70	M Wood	66.29	2003	T Deleiros	69.35	03/03/2017
M75	M Wood	71.96	2008	M Wood	74.27	2010
M80	D Reade	78.34	26/04/2017	E de Lautour	83.77	2002
M85	E de Latour	89.82	2006	E de Lautour	93.13	2007
M90	E de Latour	2:14.66	23/11/2012	F Cox	3 05.26	2002
800m	NZMA National Record			NZMA Championship Record		
M30	B Grant	2:00.15	05/03/2017	B Grant	2:00.15	05/03/2017
M35	P Quax	1:57.8	1996	R Sewell	2:00.0	1980
M40	B Hunter	1:57.8	1991	B Hunter	1:58.7	1992
M45	D Sirl	1:58.42	1987	D Sirl	2:01.11	1988
M50	I Babe	2:01.97	1987	I Babe	2:02.36	1987
M55	D Turnbull	2:06.6	1982	D Turnbull	2:08.3	1982
M60	D Turnbull	2:12.62	1989	R Brent	2:18.84	2013
M65	D Turnbull	2:17.8	1992	D Turnbull	2:17.8	1992
M70	J Downey	2:27.94	2001	J Downey	2:35.92	2002
M75	R Stevens	2:55.41	2009	E de Lautour	3:00.05	1996
M80	E de Lautour	3:13.16	2001	E de Lautour	3:13.16	2001
M85	E de Latour	3:36.30	2007	E de Lautour	3:36.30	2007
M90	E de Lautour	5:41.21	25/11/2012	F Cox	6:41.73	2002
M95	E de Lautour	6:29.56	06/10/2015			
1500m	NZMA National Record			NZMA Championship Record		
M30	A Smith	4:23.17	25/04/2017	G McMillan	5:26.74	2006
M35	JD Macdonald	3:57.4	1994	A Stark	4:06.9	1997
M40	R Bennett	3:55.08	2007	R Bennett	3:58.24	2007
M45	T McManus	3:59.95	1995	D Sirl	4:05.45	1988

M50	I Babe	4:09.41	1987	I Babe	4:11.48	1987
M55	R Robertson	4:12.5	1997	D Turnbull	4:18.5	1982
M60	R Robertson	4:27.65	2001	T McManus	4:29.01	2010
M65	D Turnbull	4:39.8	1992	D Turnbull	4:39.8	1992
M70	R Robertson	4:52.95	2011	J Downey	5:24.35	2001
M75	R Stevens	5:53.43	2009	E de Lautour	5:56.79	1997
M80	E de Lautour	6:38.86	2001	E de Lautour	6:40.29	2001
M85	E de Lautour	7:03.40	2006	E de Lautour	7:15.53	2006
M90	E de Lautour	11:37.80	24/11/2012			
M95	E de Lautour	14:06.88	08/10/2015			
5000m		NZMA National Record		NZMA Championship Record		
M30	A Smith	16:38.10	24/04/2017	G McMillan	19:58.42	2006
M35	D Macdonald	15:05.02	1994	P Ritchie	15:20.59	1996
M40	J Foster	14:21.0	1976	T McLachlan	14:43.89	1994
M45	E Gray	15:00.5	1992	E Gray	15:00.5	1992
M50	R Robertson	15:26.2	1992	R Robertson	15:26.2	1992
M55	R Robertson	15:41.72	1997	D Turnbull	16:22.5	1982
M60	R Robertson	16:16.51	2001	A Galbraith	16:56.62	2005
M65	D Turnbull	16:38.8	1992	D Turnbull	16:38.8	1992
M70	R Robertson	18:15.53	2011	W Nelmes	19:37.11	1986
M75	R Stevens	18:15.5	2009	R Stevens	22:02.34	2009
M80	E de Lautour	24:05.14	2001	E de Lautour	24:41.14	2001
M85	E de Lautour	26:18.47	2007	E de Lautour	26:18.47	2007
10,000m		NZMA National Record		NZMA Championship Record		
M30	G McMillan	41:49.19	2006	G McMillan	41:49.19	2006
M30	K O'Sullivan	31:26.3	1985	K O'Sullivan	31:26.3	1985
M40	J Foster	29:35.6	1975	J Foster	29:35.6	1975
M45	E Gray	30:58.0	1992	E Gray	30:58.0	1992
M50	R Robertson	31:01.9	1991	R Robertson	32:06.0	1992
M55	R Robertson	32:46.5	1997	R Robertson	32:46.5	1997
M60	D Turnbull	34:30.1	1989	D Turnbull	35:38.4	1988
M65	D Turnbull	34:42.2	1992	S Opie	38:33.4	1992
M70	D Turnbull	39:43.67	1997	S Opie	40:36.3	1997
M75	R Stevens	42:04.32	2009	E de Latour	45:43.45	1996
M80	E de Lautour	50:14.77	2001	S Gawler	54:08.44	2010
M85	E de Lautour	58:01.26	2007			
3000m Track Walk		NZMA National Record		NZMA Championship Record		
M30						
M35	L McPhillips	13:08.87	2001	L McPhillips	13:08.87	2001
M40	R Smyth	13:46.28	1991	R Smyth	13:46.28	1991
M45	G Little	12:05.5	1991	G Little	13:24.83	1989
M50	G Little	12:17.25	1993	M Hinton	13:41.43	1986
M55	G Little	13:00.0	1997	G Little	13:12.62	1997
M60	M Parker	13:57.11	01/03/2014	G Little	13:58.13	2004
M65	M Hinton	15:59.20	2001	M Hinton	15:59.20	2001
M70	L Watkins	17:17.0	1990	L Watkins	17:26.2	1990
M75	P Davis	18:46.73	2003	P Davis	18:46.73	2003
M80	G Currie	22:53.4	1995	F Cox	23:19.3	1992

10km Road Walk				NZMA National Record			NZMA Championship Record		
M35	L McPhillips	47:57.0	2001	L McPhillips	47:57.0	2001			
M40	M Hinton	44:39.9	1980	M Hinton	44:39.9	1980			
M45	G Little	43:43.6	1991	G Little	46:16.1	1989			
M50	G Little	42:20.0	1992	M Hinton	48:47.11	1986			
M55	G Little	45:39.0	1998	G Little	45:40.9	1997			
M60	G Little	49:01.0	2004	G Little	49:01.0	2004			
M65	R Baillie	55:38.0	22/08/2015	L Watkins	58:25.0	1988			
M70	E Saxby	60:18.0	2007	L Watkins	60:28.0	1990			
M75	P Davis	67:19.0	2003	P Davis	67:19.0	2003			
M80	R Johnson	75:08.0	09/08/2015	J Jamieson	90:43.0	1991			
M90	P Tearle	3:29:25	23/10/2016						
20 Km Road Walk (WMA event)				Best Performances					
M60	M Parker	1:51:04	06/03/2016						
M65	E Kemsley	2:00:41	04/11/2016						
2000m Steeplechase				NZMA National Record			NZMA Championship Record		
M55	J Mulvaney	9:49.3	2007						
M60	R Robertson	6:30.21	2001	W Hume	7:14.27	1999			
M65	R Robertson	7:18.10	2008	R Robertson	7:33.36	2009			
M70	R Robertson	7:10.03	2011	J Downey	8:22.04	2001			
M75	H Mein	9:57.89	2006	J Eccles	9:59.94	2001			
M80	J Jamieson	11:48.22	1989	J Jamieson	11:48.22	1989			
3000m Steeplechase				NZMA National Record			NZMA Championship Record		
M30	JD Macdonald	9:44.6	1974	B Meder	9:50.0	1992			
M35	M Rogers	10:22.88	04/03/2017	M Rogers	10:22.88	04/03/2017			
M40	JD Macdonald	9:14.4	1977	JD Macdonald	9:27.1	1975			
M45	JD Macdonald	9:22.3	1980	R Robertson	9:27.22	1987			
M50	R Robertson	9:43.97	1991	R Robertson	9:44.0	1992			
M55	R Robertson	9:55.05	1997	R Robertson	9:59.8	1997			
M60	W Opperman	13:22.42	1986	W Opperman	13:22.42	1986			
M65	T Bartlett	13:35.0	1981	T Bartlett	14:29.0	1980			
M70	J Jamieson	15:09.75	1981	J Jamieson	15:18.3	1979			
Short Hurdles				NZMA National Record			NZMA Championship Record		
M35	110mH: B Booker	17.65	2005	S Te Whaiti	17.95	2002			
M40	110mH: S Poelman	15.16	2005	N Bolton	15.41	2015			
M45	110mH: P Daborn	18.71	22/11/2012	S Te Whaiti	19.15	2009			
M50	100mH: M Andersen	16.58	2000	R Fletcher	16.62	1993			
M55	100mH: R Ball	16.2h	1991	S Foster	18.31	1989			
M60	100mH: S Foster	17.3h	1998	L Malcolmson	18.19	2010			
M65	100mH: L Malcolmson	18.75	27/02/2016	L Malcolmson	18.75	27/02/2016			
M70	80mH: W McIntyre	15.73	1999	D Anstiss	16.36	27/02/2016			
M75	80mH: S Foster	18.22	24/11/2012	A Silvester	20.30	04/03/2017			
M80	80mH: R Johnson	20.19	01/03/2014	R Johnson	20.19	2014			

Long Hurdles		NZMA National Record		NZMA Championship Record		
M35	400mH: C Lockley	58.59	23/04/2017	J Hill	60.58	1999
M40	400mH: J O'Connor	59.20	2008	J O'Connor	59.20	2008
M45	400mH: J O'Connor	60.45	2010	J O'Connor	60.45	2010
M50	400mH: J Speerstra	63.0	1986	P Daborn	63.28	05/03/2017
M55	400mH: M Callaghan	65.22	2003	M Callaghan	70.64	2001
M60	300mH: L Malcolmson	46.89	2010	L Malcolmson	46.89	2010
M65	300mH: L Malcolmson	49.06	05/03/2017	L Malcolmson	49.06	05/03/2017
M70	300mH: S Foster	55.52	2008	S Foster	57.29	2009
M75	300mH: S Foster	61.26	10/01/2014	R Johnson	66.94	2008
M80						
Long Jump		NZMA National Record		NZMA Championship Record		
M30	D Lane	6.00	2/03/2013	D lane	6.00	2013
M35	K Simpson	6.42	1980	J Munns	6.19	1979
M40	R Williams	6.81	1975	R Williams	6.53	1979
M45	R Williams	6.46	1981	B McPhail	6.05	1984
M50	B McPhail	5.68	1990	R Williams	5.60	1986
M55	B McPhail	5.60	1993	B McPhail	5.60	1993
M60	P Timings	4.97	1989	C Deacon	4.89	1992
M65	R Johnson	4.36	2001	R Johnson	4.36	2001
M70	T Tolhurst	4.06	2003	C Deacon	3.95	2002
M75	H Mein	3.57	2006	H Mein	3.57	2006
M80	R Johnson	3.16	16/10/2013	S Taylor	2.94	1996
M85	A Mackay	2.59	02/02/2014	A Mackay	2.37	27/02/2016
M90	F Cox	1.30	2002	F Cox	1.30	2002
High Jump		NZMA National Record		NZMA Championship Record		
M35	T Newport	1.85	1997	T Newport	1.85	1997
M40	S Poelman	1.92	2005	P Ranginui	1.78	2010
M45	A Stringer	1.72	1996	A Stringer	1.72	1996
M50	Ho Young Do	1.75	06/10/2013	R Fletcher	1.69	1992
M55	B Curry	1.60	04/03/2017	B Curry	1.60	04/03/2017
M60	R McGregor	1.48	2001	P Timings	1.45	1989
				W McIntyre	1.45	1989
M65	T Delamere	1.45	14/01/2017	D Anstiss	1.36	2015
				T Delamere	1.36	04/03/2017
M70	D Anstiss	1.35	22/03/2015	D Anstiss	1.33	04/03/2017
M75	J Blair	1.24	2008	J Blair	1.19	2007
M80	J Blair	1.15	2011	J Blair	1.08	27/02/2016
M85	J Blair	1.12	22/01/2017	A MacKay	0.95	2014
M90	F Cox	0.71	2002	F Cox	0.71	2002
Triple Jump		NZMA National Record		NZMA Championship Record		
M30	D Lane	12.76	02/03/2013	D Lane	12.76	2013
M35	B Booker	13.55	2005	J Munns	12.18	1979
M40	K Simpson	13.30	1987	R Fletcher	12.69	1985
M45	S McKee	12.40	2006	R Fletcher	11.89	1989
M50	S McKee	11.56	2010	R Fletcher	11.38	1992
M55	T Walker	11.52	23/04/2017	W McIntyre	10.43	1988

M60	W Fenton	10.44	1981	P Timings	10.16	1988
	P Timings	10.44	1991			
M65	I Sim	9.32	09/03/2014	W McIntyre	9.22	1994
M70	D Anstiss	9.16	28/11/2015	J Macfarlane	8.63	2002
M75	W MacIntyre	7.66	2004	R Johnson	7.32	2011
M80	R Johnson	6.75	24/11/2012	R Johnson	6.53	2014
M85	A Mackay	5.08	01/03/2014	A Mackay	5.08	2014
Pole Vault		NZMA National Record			NZMA Championship Record	
M35	P Gibbons	4.15	2007	B Senior	3.70	1980
M40	S Poelman	4.00	2005	B Senior	3.70	1982
				S McKee	3.70	2005
M45	S McKee	3.90	2006	S McKee	3.75	2007
M50	S McKee	3.71	2010	S McKee	3.71	2010
M55	M Andersen	3.30	2003	B Senior	2.60	1997
M60	R Ball	3.10	1996	R Ball	3.10	1996
M65	M Andersen	2.70	12/02/2017	R Johnson	2.30	2000
M70	R Johnson	2.40	2002	R Johnson	2.30	2005
M75	R Johnson	2.10	2007	R Johnson	1.90	2008
M80	R Johnson	1.60	27/02/2015	R Johnson	1.60	2015
M85	W Opperman	1.30	2011	W Opperman	1.00	2012
Hammer Throw		NZMA National Record			NZMA Championship Record	
M30	7.26kg: M Scholten	40.12	10/11/2012	M Scholten	28.00	2010
M35	7.26kg: M Cumming	48.62	2002	T Fleming	48.32	1983
M40	7.26kg: P Jensen	62.53	2010	M Cumming	47.90	2004
M45	3.00kg: M Cumming	50.77	2009	M Cumming	49.69	2011
M50	6.00kg: M Cumming	56.58	13/01/2013	M Cumming	56.03	2013
M55	6.00kg: M Cumming	52.87	23/04/2017	L Devlin	45.06	1992
M60	5.00kg: L Devlin	50.82	1997	L Devlin	48.36	1997
M65	5.00kg: L Devlin	46.53	2001	L Devlin	43.48	2003
M70	4.00kg: L Devlin	44.54	2006	L Devlin	44.22	2006
M75	4.00kg: M Carr	37.40	1997	M Carr	35.10	1997
M80	3.00kg: B Stannius	36.69	2009	B Stannius	36.69	2009
M85	3.00kg: D Scratton	23.05	2006	D Scratton	22.93	2007
M90	3.00kg: D Scratton	16.86	2010	F Cox	7.64	2002
Shot Put		NZMA National Record			NZMA Championship Record	
M30	7.26kg: M Schoulten	12.37	19/12/2012	L Crombie	8.76	03/03/2017
M35	7.26kg: R Thomson	16.42	1998	H Smith	14.48	1994
M40	7.26kg: S Poelman	14.66	2005	M Mene	13.80	1987
M45	7.26kg: L Inivale	13.68	07/10/2015	L Inivale	13.18	2014
M50	6.00kg: L Inivale	14.63	23/04/2017	L Inivale	14.27	03/03/2017
M55	6.00kg: R Harris	13.41	1990	A Husband	13.38	1979
M60	5.00kg: A Husband	14.01	1984	A Husband	14.01	1984
M65	5.00kg: R Harris	12.95	1999	R Harris	11.73	2001
M70	4.00kg: P Crawford	12.10	26/04/2017	P Crawford	11.72	03/03/2017
M75	4.00kg: D Scratton	10.87	1994	D Scratton	10.46	1996
M80	4.00kg D Scratton	9.75	1999	D Scratton	9.31	2000
M80	3.00kg: B Stannius	11.97	2009	B Stannius	11.97	2009

M85	3.00kg: D Scratton	7.80	2006	D Scratton	7.80	2006
M90	3.00kg: D Scratton	5.29	2011	F Cox	2.76	2002
Discus						
NZMA National Record				NZMA Championship Record		
M30	2.0kg: V Smith	34.00	2011	M Scholten	26.94	2010
M35	2.0kg: K Nelson	48.61	04/03/2017	H Smith	47.24	1994
M40	2.0kg: R Williams	43.44	1975	R Williams	43.44	1975
M45	2.0kg: R Williams	43.12	1981	M Clarke	39.85	04/03/2017
M50	1.5kg: R Ball A Stockill	44.84	1986 24/04/2017	R Ball	44.80	1986
M55	1.5kg: G Lawless	45.28	1986	G Lawless	40.86	1986
M60	1.0kg: R Ball	48.66	1996	R Ball	48.66	1996
M65	1.0kg: R Ball	44.47	2001	R Ball	39.67	2004
M70	1.0kg: S Johnson	38.20	1992	R Ball	36.72	2006
M75	1.0kg: G Lawless	32.31	2006	N Hawke	31.62	1987
M80	1.0kg: D Scratton	28.80	2000	D Scratton	27.70	2000
M85	1.0kg: D Scratton	20.83	2006	D Scratton	19.20	2007
M90	1.0kg: P Tearle	12.86	26/10/2016	F Cox	7.22	2002
Javelin						
NZMA National Record				NZMA Championship Record		
M30	800gm: R McSweeney	54.99	09/09/2016	L Crombie	42.15	04/03/2017
M35	800gm: J Bradley	60.02	1992	J Bradley	55.96	1991
M40	800gm: D Brand	66.55	2008	J Bradley	55.10	1995
M45	800gm: D Brand	61.97	2009	J Bradley	54.50	2000
M50	700gm: N Stainton	61.74	23/03/2014	J Bradley	50.91	2005
M55	700gm: N Stainton	51.40	29/01/2017	J Bradley	49.51	2009
M60	600gm: A Grayburn	48.96	1987	A Grayburn	45.54	1989
M65	600gm: A Grayburn	46.94	1994	A Grayburn	45.74	1993
M70	500gm: A Grayburn	38.93	1998	A Grayburn	36.94	1997
M75	500gm: A Grayburn	33.56	2002	R Johnson	28.74	2011
M80	400gm: R Johnson	31.59	16/02/2014	B Stannius	30.59	2009
M85	400gm: J Blair	22.92	19/11/2016	D Scratton	18.70	2006
M90	400gm: D Scratton	11.47	2010	F Cox	6.65	2002
Weight Throw						
NZMA National Record				NZMA Championship Record		
M30	15.88kg: M Scholten	10.20	01/12/2012			
M35	15.88kg: P Jensen	21.01	2004	M Cumming	14.47	2002
M40	15.88kg: P Jensen	18.23	2009	M Cumming	15.56	2006
M45	15.88kg: P Jensen	17.44	12/04/2014	M Cumming	15.30	2008
M50	11..34kg: M Cumming	20.11	25/11/2012	M Cumming	20.00	2013
M55	11.34kg: M Cumming	19.55	26/04/2017	L Devlin	15.54	1994
M60	9.08kg: K Bradley	17.45	2006	L Devlin	16.48	1997
M65	9.08kg: L Devlin	17.09	2002	L Devlin	17.09	2002
M70	7.26kg: L Devlin	18.06	2006	M Carr	17.72	1994
M75	7.26kg: M Carr	14.80	1997	M Carr	14.80	1997
M80	5.45kg: B Stannius	14.66	2009	B Stannius	14.66	2009
M85	5.45kg: D Scratton	10.99	2004	D Scratton	10.15	2007
M90	5.45kg: D Scratton	7.11	2010			
Throws Pentathlon (post May 2010)						
NZMA National Record				NZMA Championship Record		
M30	V Smith	2631 pts	*Sept 2012			

M35	M Scholten	2882 pts	26/10/2016	M Scholten	2597 pts	2014
M40	D Couper	2761 pts	27/04/2017	D Couper	2717 pts	05/03/2017
M45	M Clarke	3479 pts	27/04/2017	M Clarke	3266 pts	05/03/2017
M50	M Cumming	3497 pts	25/11/2012	M Cumming	3500pts	2013
M55	M Cumming	3649 pts	27/04/2017	M Flaus	3091 pts	28/02/2016
M60	R Davison	3517 pts	05/04/2010	R Davison	3517 pts	2010
M65	R Davison	3609 pts	14/12/2014	R Davison	3271 pts	28/02/2016
M70	B Senior	3741 pts	07/03/2011	B Senior	3741 pts	2011
M75	B Senior	3786pts	20/03/2016	B Senior	3617 pts	28/02/2016
M80	R Johnson	3532 pts	01/03/2015	R Johnson	3532 pts	2015
M85	L Carter	2792 pts	05/03/2012	L Carter	2792 pts	2012
M90	D Scratton	3058 pts	Sept 2011			
	*Oceania Throws Pentathlon Challenge held during September			yet to be confirmed if correct age factors used for points total		
Track Pentathlon (post May 2010)						
M35	D Hansen	2789 pts	05/03/2017	D Hansen	2789 pts	05/03/2017
M40	P Ranginui	2286 pts	04/03/2012	P Ranginui	2286 pts	2012
M45	W Doyle	2893 pts	03/03/2013	W Doyle	2893 pts	2013
M50	W Doyle	3201 pts	01/03/2015	W Doyle	3201 pts	2015
M55	G Rawson	2577 pts	29/11/2015	G Rawson	2067 pts	28/02/2016
M60	W Green	2304 pts	20/11/2016	L Scown	2010 pts	05/03/2017
M65	W Green	2617 pts	05/03/2017	W Green	2617 pts	05/03/2017
M70	D Anstiss	2511 pts	05/03/2017	D Anstiss	2511 pts	05/03/2017
M75	P Hanson	1824 pts	03/03/2013	P Hanson	1824 pts	2013
M80	R Johnson	2838 pts	02/03/2014	R Johnson	2838 pts	2014
M90						
				yet to be confirmed if correct age factors used for points total		

See Appendix A:

Individual event performance details and points scored for all the multi-event records listed above are contained within Appendix A. This has been created so that if there are any future age factor changes, a new points total can be recalculated.

Men's Archived Non NZMA Track & Field Championship and NZMA Non-Stadia Event Records						
80m Hurdles		NZMA National Record			NZMA Championship Record	
M45	L McGregor	13.71	1986	L McGregor	13.71	1986
M50	R Williams	12.69	1986	R Williams	12.69	1986
M55	A Mahan	16.25	1986	A Mahan	16.25	1986
M60	S Foster	14.81	1999	S Foster	14.81	1999
				W MacIntyre	14.7h	1990
M65	C Deacon	16.04	1996	I Stevenson	16.74	1999
100m Hurdles		NZMA National Record			NZMA Championship Record	
M40	R Jenkins	14.39	1988	R Jenkins	14.39	1988
M45	M Andersen	15.8h	1993	M Andersen	16.1h	1994
M65	S Foster	20.03	2003	S Foster	20.03	2003
110m Hurdles		NZMA National Record			NZMA Championship Record	
M50	S McKee	19.14	2010	J Speerstra	19.23	1980
M55	A Anderson	23.27	1987			
M60	W Fenton	31.7	1980	W Fenton	31.7	1980
M65	W Fenton	25.3	1982	W Fenton	25.96	1982
200m Hurdles		NZMA National Record			NZMA Championship Record	
M70	S Foster	41.64	2011	S Foster	43.41	2011

M75						
300m Hurdles		NZMA National Record		NZMA Championship Record		
M50	S Foster	45.68	1991	R Fletcher	47.80	1992
M55	S Foster	46.3	1992	S Foster	47.30	1993
400m Hurdles		NZMA National Record		NZMA Championship Record		
M55	M Callaghan	65.22	2003	M Callaghan	70.64	2001
M60	A McIntosh	77.4	1985	A McIntosh	82.4h	1985
1 Mile		NZMA National Record				
M45	D Sirl	4:16.75	6/12/1987			
M50	A Stark	4:42.04	19/12/2009			
M65	D Turnbull	4:56.4	29/02/1992			
3000m		NZMA National Record				
M35	R Hooper	8:34.20	20/01/2017			
M40	R Bennett	8:28.09	2007			
M45	R Bennett	8:40.48	2010			
M50	T McManus	9:07.40	2002			
M55	R Robertson	8:57.28	1997			
M60	T McManus	9:42.97	17/03/2012			
M65	D Turnbull	9:47.30	1992			
M70	L Wigham	11:39.19	2002			
M75	R Stevens	12:19.68	2010			
M80	S Gawler	15:54.96	2011			
M85	E DeLatour	17:17.58	2007			
10km Road Race		NZMA National Record				
M30	A Smith	36:43	22/04/2017			
M35	P Moolenschot	34:49	2004			
M40	K Rodger	30:45	2004			
M45	G Stevens	33:13	2004			
M50	S Bracegirdle	35:14	2004			
M55	T Ogilvie	34:15	2004			
M60	A Galbraith	35:53	2004			
M65	J Lucas	40:52	2004			
M70	A Clapcott	42:11	6/09/2014			
M75	S Pavett	48:13	2011			
M80	C De Lautour	57:33	2004			
Half Marathon						
M30	P Bayliss	1:40:33*				
M35	J McKee	1:10:21	22/04/2017			
M40	T McLachlan	1:08:22	1996			
M45	C Earwaker	1:10:56	2004			
M50	M Wray	1:17:05	25/03/2017			
M55	S Pavett	1:17:17	1992			
M60	C Henderson	1:19:18	2004			
M65	L Wigham	1:23:27	1999			
M70	S Opie	1:26:49	1996			
M75	I Mallowes	1:27:51	2004			
M80	S Gawler	2:04:15	2010			

Marathon		NZMA National Record		NZMA Championship Record		
M35	D Rush	2:46:34	2004	D Rush	2:46:34	2004
M40	J Foster	2:11:18	1974	J Thirkettle	2:29:53	1993
M45	R Robinson	2:27:33	1984	G Stevens	2:35:56	2004
M50	R Robinson	2:28:02	1989	N Read	2:44:15	1993
M55	D Turnbull	2:42:00	1985	S Pavett	2:54:26	1993
M60	D Turnbull	2:42:31	1987	S Pavett	2:51:58	1994
M65	D Turnbull	2:41:56	1992	S Opie	3:16:55	1993
M70	D Turnbull	3:15:58	1997	S Pavett	3:19:51	2004
M75	W Nelmes	3:40:24	1989	N Hilliam	6:19:39	1996
M80	S Pavett	4.43.51	3/05/2014	C Thorne	5:33:21	2004

5000m Track Walk (WMA Event)		NZMA National Record		NZMA Championship Record		
MPV	K Taylor	23:12.58	1990	D Cameron	25:08.0	1980
M40	R Green	24:19.4	1993	R Nixon	27:03.8	1980
M45	G Little	20:54.4	1991	M Hinton	24:21.0	1980
M50	G Little	21:01.0	1992	H Marsh	35:35.6	1980
M55	G Little	22:14.93	1998			
M60	G Little	23:44.09	2002			
M65	E Kemsley	26:53.78	26/10/2016			
M70	E Saxby	29:56.55	2007			
M75	G Currie	37:54.5	1993			
M80	G Currie	38:37.0	1995			
M90	P Tearle	48:56.81	26/10/2016			

10,000m Track Walk		NZMA National Record				
M40	M Morressey	50:19.13	03/09/2013			
M45	M Harte	54:27.0	2003			
M50	G Little	43:48.85	1992			
M55	M Parker	48:49.0	2010			
M60	G Little	49:22.7	2002			

50km Road Walk		NZMA National Record		NZMA Championship Record		
M40	R Gillum	5:15:22.0	2003			
M45	G Little	4:39:27.0	1991			
M50	G Little	4:16:36.4	1992	G Little	4:16:36.4	1992
M55	G Little	4:49:36.0	1997			
M60	G Little	5:25:44.0	2003	G Little	5:25:44.0	2003
M65	D Harris	5:52:58.0	1991	D Harris	6:02:13.2	1992
M70	D Harris	6: 56:47.0	1998			

Relays						
M65	4x100	55:75	Perth 2016			

Archived Events (due to Age Factor or Implement changes)						
Track Pentathlon (pre May 2010)		NZMA National Record		NZMA Championship Record		
M35	S Te Whaiti	2953 pts	2002	S Te Whaiti	2953 pts	2002
M40	S Te Whaiti	3087 pts	2005	S Te Whaiti	3087 pts	2005
M45	R Williams	3983 pts	1981	S Te Whaiti	3215 pts	2009
M50	R Williams	3691 pts	1986	R Williams	3691 pts	1986

M55	B McPhail	3178 pts	1986	B McPhail	3178 pts	1986
M60	P Timings	3572 pts	1989	P Timings	3572 pts	1989
M65	R Johnson	3693 pts	1997	R McGregor	3342 pts	2006
M70	R Johnson	3560pts	2002	R Johnson	3406 pts	2003
M75	R Johnson	3226 pts	2008	R Johnson	3226 pts	2008
M80						
M90	F Cox	577 pts	2002			
Throws Pentathlon (pre May 2010)				NZMA National Record		
M30				M Scholten	1847 pts	2010
M35	H Smith	3097 pts	1994	H Smith	3097 pts	1994
M40	M Cumming	3100 pts	2002	M Cumming	2994 pts	2006
M45	M Cumming	3295 pts	2009	J Bradley	3186 pts	2000
M50						
M55	L Devlin	3441 pts	1993	L Devlin	3386 pts	1994
M60	R Davison	3776 pts	2010	R Davison	3776 pts	2010
M65	L Devlin	4148 pts	2001	L Devlin	3821 pts	2001
M70	S Johnson	4322 pts	1993	L Devlin	3681 pts	2006
M75	D Scratton	3961 pts	1995	D Scratton	3961 pts	1995
M80	B Stannius	4782 pts	2009	B Stannius	4782 pts	2009
M85	D Scratton	4074 pts	2004	D Scratton	3808 pts	2006
M90	D Scratton	3023 pts	2009			
Decathlon				NZMA National Record		
M35	B Booker	5704 pts	2005	B Booker	5704 pts	2005
M40	S Poelman	8269 pts	2004	S Poelman	7603 pts	2004
M45	S Te Whaiti	6238 pts	2009	S Te Whaiti	6238 pts	2009
M50	W Doyle	7018 pts	20/02/2016	M Andersen	6566 pts	1999
M55	R McGregor	6094 pts	1998	R McGregor	6094 pts	1998
M60	R McGregor	6970 pts	2001	R McGregor	6679 pts	2000
M65	R Johnson	7114 pts	2001	R Johnson	6630 pts	1998
M70	R Johnson	6128 pts	2004	R Johnson	6128 pts	2004
M75	R Johnson	6564 pts	2008	R Johnson	6564 pts	2008
M80						
M85						
NZMA Men's Indoor Best Performances / Records						
50m						
M40	J Nightingale	6.55	24/07/2016	Auckland		
M45	J Nightingale	6.39	20/08/2017	Auckland		
M50	S Te Whaiti	6.88	24/07/2016	Auckland		
M55	G Rawson	6.96	24/07/2016	Auckland		
M60	D O'Leary	7.20	20/08/2017	Auckland		
M65	A Deleiros	7.61	20/08/2017	Auckland		
M70	D Anstiss	8.30	24/07/2016	Auckland		
M80	T Cowley	10.03	24/07/2016	Auckland		
60m						
M50	S Te Whaiti	8.05	20/03/2017	Daegu		
M60	A Deleiros	8.56	01/03/2010	Kamloops		
M65	T Guptill	8.75	25/03/2014	Budapest		

M70	T Guptill	8.70	20/03/2017	Daegu
M75	P Hanson	12.09	19/03/2016	Toronto/Canada
200m				
M60	A Deleiros	27.79	01/03/2010	Kamloops
M65	A Dougall	28.43	22/03/2017	Daegu
M70	T Guptill	28.63	22/03/2017	Daegu
M75	P Hanson	53.92	20/03/2016	Toronto/Canada
400m				
M60	A Deleiros	65.10	01/03/2010	Kamloops
M65	A Dougall	66.29	24/03/2017	Daegu
M70	A Deleiros	68.48	24/03/2017	Daegu
800m				
M60	I Carter	2:22.40	4/04/2012	Jyvasklya / Finland
M65	I Carter	2:27.48		
1500m				
M45	J Cameron	4:25.37	25/03/2017	Daegu
M50	M Wray	4:51.71	25/03/2017	Daegu
M60	I Carter	4:44.73	5/04/2012	Jyvasklya / Finland
M65	I Carter	5:12.59	25/03/2017	Daegu
3000m				
M45	J Cameron	9:37.95	23/03/2017	Daegu
M50	M Wray	9:44.14	23/03/2017	Daegu
M60	T Price	11:04.79	23/03/2017	Daegu
50m Hurdles				
M50	A Richardson	9.41	20/08/2017	Auckland
M55	M Lett	9.31	20/08/2017	Auckland
M70	D Anstiss	10.08	20/08/2017	Auckland
60m Hurdles				
M50	S Te Whaiti	10.61	23/03/2017	Daegu
M80	J Blair	15.18	6/04/2012	Jyvasklya / Finland
M85	J Blair	20.81	23/03/2017	Daegu
3000m TW				
M40	G Cross	15:15.68	20/03/2017	Daegu
High Jump				
M40	R Lyle	1.50m	24/07/2016	Auckland
M45	J Turner	1.60m	24/07/2016	Auckland
M50	S Te Whaiti	1.55m	24/07/2016	Auckland
M55	T Walker	1.45m	20/08/2017	Auckland
M60	T Delamere	1.35m	12/07/2015	Auckland
M65	T Delamere	1.35m	20/08/2017	Auckland
M70	D Anstiss	1.30m	20/08/2017	Auckland
M75	J A Blair	1.21m	17/03/2008	Clermont / Ferrand France
M80	J A Blair	1.10m	03/04/2012	Jyvasklya / Finland
M85	J A Blair	1.08m	20/08/2017	Auckland
Triple Jump				

M30	A Fernandes	11.93m	12/07/2015	Auckland
M35	I McGowan	10.96m	12/07/2015	Auckland
M40	J Donaghy	9.78m	20/08/2017	Auckland
M50	A Richardson	10.89m	24/07/2016	Auckland
M55	S Burdon	10.80m	24/07/2016	Auckland
M65	T Delamere	8.09m	20/08/2017	Auckland
M70	D Antstiss	8.99m	20/08/2017	Auckland
M80	T Cowley	6.02m	24/07/2016	Auckland
M85	R Johnson	5.56m	20/08/2017	Auckland
Long Jump				
M30	A Fernandes	5.42m	12/07/2015	Auckland
M35	I McGowan	5.20m	12/07/2015	Auckland
M40	R Lyle	4.37m	24/07/2016	Auckland
M50	A Richardson	5.23m	20/08/2017	Auckland
M55	S Burdon	5.11m	24/07/2016	Auckland
M60	D O'Leary	4.20m	20/08/2017	Auckland
M70	A Deleiros	3.81m	20/03/2017	Daegu
M80	T Cowley	2.64m	24/07/2016	Auckland
Shot Put				
M40	D Couper	10.12m	20/08/2017	Auckland
M45	L Inivale	12.52m	24/07/2016	Auckland
M50	L Inivale	14.24m	20/08/2017	Auckland
M55	H Barnard	8.45m	24/07/2016	Auckland
M60	C Thompson	8.98m	24/07/2016	Auckland
M65	T Delamere	10.75m	20/08/2017	Auckland
M70	P Crawford	11.22m	24/07/2016	Auckland
M75	P Hanson	8.57m	24/07/2016	Auckland
M80	J Blair	7.80m	19/03/2016	Toronto Canada
M85	J Blair	8.89m	22/03/2017	Daegu
Pole Vault				
M55	M Lett	3.00m	20/08/2017	Auckland
Weight				
M50	L Inivale	13.95m	22/03/2017	Daegu
M85	J Blair	8.91m	22/03/2017	Daegu
Pentathlon				
M50	S Te Whaiti	2921 pts	24/03/2017	Daegu
				60mH = 10.87, 599 pts. LJ = 5.01m, 619 pts. SP = 10.32m, 612 pts. HJ = 1.48m, 552 pts. 1000m = 3:40.93, 539 pts.
Relays 4x 200m				
M40	Michael Wray Jason Cameron Tony Price Gregg Cross	2:06.18	25/03/2017	Daegu
M65	Trevor Guptill Ian Carter Anthony Deleiros Alan Dougall	1:56.57	25/03/2017	Daegu

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