

South Island Masters Track & Field Championships Day 1 (Draft V2 01/09/2017 AWS)

Aorangi Stadium, Timaru Friday 10th November 2017

		South Island Masters Championship Events
4:30 p.m.		Hammer MW
4:45 p.m.		Shot Put MM
5:00 p.m.		400m MM/MW
5:45 p.m.		Long Jump MM/MW
6:00 p.m.		Hammer MM Shot Put MW
6:15 p.m.		3000m & TW MM/MW

AC Track & Field - Combined Event Championships Day 1 / South Island Masters Track & Field Championships Day 2

Aorangi Stadium, Timaru Saturday 11th November 2017

Time	Event	Heptathlon Hexathlon	Event	Decathlon Octathlon	South Island Masters Championships	Inter-Club P1 Modified including Grade 13 & 14
11:00 a.m.	80m H	W-U16				
11:10 a.m.	100m H	W-U18			Short Hurdles MM/MW	Short Hurdles (All grades) Must pre-enter on-line No late entries
11:20 a.m.	100m H	W-U20, SW				
11:30 a.m.						
11:40 a.m.			100m	M-U16, M-U18	Weight MW (Circle 2)	
11:45 a.m.			100m	M-U20, SM, MM		
11:55 a.m.					2000m SC M60+/MW	AC 2000m SC W U18
12:15 p.m.	High Jump	W-U16, W-U18, W-U20, SW	Javelin	M-U16	Javelin MM	AC 3000m SC W U20, SW
12:30 p.m.			Long Jump	M-U18, M-U20, SM, MM		AC 2000m SC M U18
1:00 p.m.					3000m SC M30-M60	AC 3000m SC M U20, SM
1:00 p.m.						High Jump
1:00 p.m.						Discus (F) (Circle 1)
1:20 p.m.					60m MM/MW	Shot Put (M)
1:30 p.m.						100m (M,F)
1:30 p.m.	Javelin	W-U16			Javelin MW	
1:45 p.m.	Shot Put	W-U18, W-U20, SW			Discus MM (Circle 2)	800m
2:00 p.m.			Shot Put	M-U18, M-U20, SM, MM		3000m including TW
						Long Jump (M)
2:15 p.m.			Pole Vault	M-U16		
2:30 p.m.					Long Hurdles MM/MW	Long Hurdles
2:45 p.m.	200m	W-U16, W-U18, W-U20, SW			High Jump MM/MW	Discus (M) (Circle 1)
2:50 p.m.					Discus MW (Circle 2)	200m (F,M)
3:00 p.m.						Shot Put (F)
3:10 p.m.			High Jump	M-U18, M-U20, SM, MM	Weight MM (Circle 2)	1500m
3:25 p.m.					100m MM/MW	
3:35 p.m.						
3:50 p.m.					1500m MM/MW	Javelin (F,M)
4:05 p.m.			300m	M-U16	Triple Jump MM/MW	Triple Jump (F)
4:15 p.m.			400m	M-U18, M-U20, SM, MM		
4:20 p.m.						400m (M,F)
5:00 p.m.						4 x 100m relay

AC Track & Field - Combined Event Championships Day 2 / South Island Masters Track & Field Championships Day 3

Aorangi Stadium, Timaru Sunday 12th November 2017

Event	Heptathlon	Event	Octathlon Decathlon	South Island Masters Championships		
9:00 a.m.		100m H	M-U16	Long Jump MM Pent (1)		
9:10 a.m.		110m H	M-U18	Throws Pentathlon M/W		
9:20 a.m.		110m H	M-U20, SM, MM			
9:30 a.m.				100m MW Pent (1)	MM/ MW Throws Pentathlon Order HT, SP, DT, JT, WT	
9:45 a.m.		Discus	M-U18, M-U20, SM, MM	Shot Put MW Pent (2)		
9:50 a.m.				Javelin Throw MM Pent (2)		
10:00 a.m.	Long Jump	W-U18, W-U20, SW		5000m, including TW MM/MW Long Jump MW (3)	MW Pentathlon Order 100m, SP, LJ, JT, 800m	
10:40 a.m.				200m MM/MW/MM Pent (3)		
10:50 a.m.			Discus	M-U16		
11:00 a.m.	Javelin Throw	W-U18, W-U20, SW		Javelin Throw MW Pent (4)	MM Pentathlon Order LJ, JT, 200m, DT, 1500m	
11:15 a.m.	Long Jump	W-U16	Pole Vault	M-U18 M-U20, SM, MM		
11:25 a.m.				800m MM/MW/MW Pent (5)		
11:30 a.m.			Long Jump	M-U16	Discus Throw MM Pent (4)	
12:00 p.m.	800m	W-U18, W-U20, SW				
12:05 p.m.	Shot Put	W-U16				
12:20p.m.			1000m	M-U16	Inter-Club P2 Modified	
12:35 p.m.			Javelin	M-U18, M-U20, SM, MM	1500m MM Pent (5) Pole Vault	Pole Vault (M,F)
12:45 p.m.	600m	W-U16				
1:30 p.m.			1500m	M-U18, M-U20, SM, MM		