North Island Masters Track & Field Championship Records (Updated Dec 2016)

This document contains the following information in **three** sections:

1. **North Island Championship Event Records**: A list of all North Island Championship records for the events that are regularly held at the North Island Track & Field Championships. A separate document contains a list of all individual event performances & points scored for the **Throws Pentathlon & Track Pentathlon** events can also be viewed on the NZMA website (see **Appendix C**). This has been included so that new points totals can be re-calculated if age factors change in the future.
2. **Archived North Island Championship Records:** A list of all other North Island Championship records on file, including records archived due to age factor or implement changes.
3. **Note:** A Microsoft Word version of these records is available on request for Centres hosting the NI Championships, so the records can be included in the Championship booklet.

60m	Women			Men		
30	U Iger	8.41	2016	C McConachy	8.36	2016
35	V Story	8.55	2016	G Hanekom	7.48	2015
40	V Story	8.76	2014	S Hargreaves	7.62	2012
45	L Plimmer	10.00	2011	J Campbell	7.59	2012
50	P Sharpe	9.42	2012	B Solomon	7.88	2015
55	J Hayman	9.11	2016	G Rawson	7.99	2014
60	S Gower	9.65	2011	L Malcolmson	8.48	2012
65	C Waring	9.78	2012	L Malcolmson	8.45	2014
70	C Waring	10.23	2015	T Guptill	8.83	2016
75	M Peters	10.61	2010	S Foster	9.71	2012
80	M Petley	13.21	2011	D Reade	10.49	2016
85	P Spiers	27.97	2010	H Mein	14.01	2015
90						

100m	Women			Men		
30	T Assink	12.3	2006	D Imminik	11.7	2006
35	P Hunt	12.8	1987	L Malcolmson	11.54	1987
40	C Turner	13.2	1987	L Malcolmson	11.57	1989
45	W Brown	13.7	1996	L Malcolmson	11.87	1998
50	A Hunter	14.18	1998	L McGregor	12.3(h)	1989
				P Daborn	12.43	2016
55	S Gower	14.1	2002	G Rawson	12.78	2014
60	M Peters	15.1	1996	F Copeland	12.9	1987
65	C Waring	15.36	2008	F Copeland	13.5	1991
70	M Peters	15.52	2003	T Guptill	14.39	2016
75	M Peters	16.47	2009	B Kaiser	15.84	1989
80	M Petley	21.44	2009	B Kaiser	16.1	1992
85	A Sole	28.73	2000	S Taylor	19.6	2001
90				S Taylor	23.7	2006

200m	Women			Men		
30	T Assink	25.5	2006	D Immink	24.0	2000
35	W Brown	26.6	1990	L Malcolmson	22.9	1986
40	C Turner	27.5	1987	L Malcolmson	24.2	1990
45	W Brown	28.1	1996	S Priest	24.5	1997
50	A Hunter	28.70	1998	B Solomon	24.80	2013
55	S Gower	28.83	2002	D O'Leary	26.79	2012
				G Rawson	26.79	2015
60	C Waring	31.5	2004	L Malcolmson	26.77	2009
65	M Peters	31.80	1998	L Malcolmson	28.06	2015

70	M Peters	33.22	2005	J Lester	29.72	2012
75	M Peters	35.80	2009	S Foster	31.65	2012
80	M Petley	46.71	2009	B Kaiser	34.6	1992
85				E de Lautour	40.7	2006
90				E de Lautour	50.07	2012
400m		**Women**			**Men**	
30	T Assink	56.5	2006	M Lorentzen	53.92	2013
35	V Storey	62.64	2010	H Robinson	53.11	2012
40	C Turner	60.5	1987	H Robinson	53.24	2014
45	C Turner	64.2	1992	L Malcolmson	54.14	1998
50	K Gillum-Green	66.74	2007	P Daborn	56.01	2016
55	C Waring	68.18	1998	D Hilton	60.5	1990
60	C Waring	74.77	2005	I Babe	62.1	1996
65	C Waring	1:16.63	2010	L Malcolmson	65.37	2015
70	C Waring	1:23.19	2013	H Mein	71.02	2000
75	J Hammond	1:37.02	2013	E de Lautour	79.90	1996
80	M Petley	1:53.05	2009	E de Lautour	85.6	2001
85				E de Lautour	1:40.53	2007
90				E de Lautour	2:14.66	2012
800m		**Women**			**Men**	
30	J Drummond	2:30.0	1997	W Doney	2.12.04	2016
35	R Creser	2:26.56	2011	W Doney	2:03.0	1992
40	A Hare	2:21.39	2005	M Cull	2:01.4	1986
45	S Gibbs	2:23.42	2010	A Davenport	2:07.26	2012
50	M Stewart	2:30.83	2014	I Calder	2:11.86	2008
55	J McDonald	2:38.55	2011	T Ogilvie	2:15.92	2005
60	P Fletcher	3:03.0	1992	R Brent	2:19.43	2011
65	M Petley	3:37.6	1995	K Johnson	2:27.8	1990
70	P Acott	3:34.2	1997	E de Lautour	2:51.7	1994
75	D Cumming	4:08.56	2011	M Browne	3:31.28	2005
80				F Cox	4:10.7	1991
85				E de Lautour	3:37.0	2006
90				E de Lautour	5:41.21	2012
1500m		**Women**			**Men**	
30	K Martel	5:20.4	2001	W Doney	4:35.30	2016
35	J Smith	4:57.7	1986	W Doney	4:17.5	1992
40	A Hare	4:44.52	2005	R House	4:06.4	1986
45	S Gibbs	4:44.89	2011	A Davenport	4:21.96	2012
50	M Stewart	5:19.01	2014	I Calder	4:29.24	2008
55	J Stewart	5:57.0	2006	I Calder	4:39.18	2013
60	J Stewart	6:02.03	2008	I Carter	4:47.36	2011
65	J Stewart	6:36.67	2013	R Robertson	5:05.0	2006
70	I Foley	7:16.75	2003	J Downey	5:26.02	2000
75	S Van Der Veeken	8:18.3	2008	E de Lautour	6:02.0	1995
80	S Van Der Veeken	10:15.82	2013	J Feist	7:20.75	2015
85				E de Lautour	7:38.98	2007
90				E de Lautour	11:37.0	2012
3000m		**Women**			**Men**	
30	L Reynolds	11:57.0	1997	W Doney	10:38.73	2016
35	S Taylor	10:55.1	1993	J Robinson	10:00.0	2006
40	J Stewart	10:49.0	1989	R Blogg	10:51.7	2004
45	S Gibbs	9:55.08	2012	A Davenport	9:31.55	2014

50	M Stewart	11:43.47	2015	R Grant	9:32.24	2010
55	J Stewart	12:27.0	2006	I Calder	9:55.57	2013
60	P Hewitt	12:52.2	1996	A Clapcott	10:41.8	2004
65	A Jones	15:08.0	2006	R Robertson	11:09.15	2009
70	N Little	16:24.0	1997	A Clapcott	12:06.77	2015
75				P Mills	14:23.93	2009
80				C Thorne	18;16.2	2004
85				E de Lautour	17:17.58	2007
90						
5000m		**Women**			**Men**	
30	L Blackmore	17:04.41	2003			
35	L Sharp	18:08.08	2003	I Murray	17:04.41	2003
40	W Cottrell-Teahan	19:00.23	2011	T McLachlan	15:15.8	1994
45	S Gibbs	17:03.06	2011	I Carter	16:31.0	1995
50	J Stewart	20:49.94	2001	K Pearce	16:13.2	1986
55	C Smith	20:31.8	2015	T Ogilvie	16:58.3	2005
60	P Fletcher	21:10.8	1992	R Brent	17:35.44	2011
65	J Stewart	23:32.79	2013	R Robertson	18:43.0	2006
70	I Foley	24:59.45	2003	L Wigham	20:09.97	2001
75	D Cumming	28:04.20	2009	E de Lautour	24:54.3	1995
80				J Feist	27:59.6	2015
85						
90						
3000m Track Walk		**Women**			**Men**	
30	C Tuka	15:31.6	1992			
35	D Barrett	14:57.9	1996	L McPhillips	13:21.24	2000
40	D Barrett	15:44.27	2000	K Burge	14:55.1	1997
45	C Smith	14:58.18	2015	G Little	14:30.9	1988
50	C Smith	15:46.78	2016	G Little	13:49.2	1996
55	L Foster	18:06.2	1996	M Parker	14:55.4	2008
60	M White	18:14.11	2011	G Little	14:00.57	2000
65	J Wilson	18:54.79	2014	M Hinton	16:55.03	2000
70	J Wilson	18:50.63	2016	K Sanders	19:25.4	1994
75	D Jones	20:33.59	2016	A Kefalas	21:45.0	1989
80				F Cox	24:36.0	1991
85						
90						
Steeplechase		**Women**			**Men**	
30	(2km): J Drummond	7:5937	1997	(3km):		
35	(2km): K Green	7:48.5	1994	(3km):		
40	(2km): A Williams	8:17.31	2011	(3km): A Davenport	10:58:54	2009
45	(2km): J Stewart	8:11.0	1997	(3km): A Davenport	11:27.43	2016
50	(2km): V Adams	8:47.4	2005	(3km): B Magill	12:55.94	2014
55	(2km): T Grimmett	11:13.91	2015	(3km): G Smith	12:24.34	2012
60	(2km): F Riley	11:38.11	2002	(2km): T Ogilvie	7:24.87	2008
65	(2km): D Cumming	11:33.15	2000	(2km): R Robertson	7:42.32	2009
70	(2km): D Cumming	11:54.01	2007	(2km): J Downey	8:18.69	2000
75	(2km): D Cumming	13:00.62	2011	(2km): D Eastmond	12:32.72	2013
80	(2km): Van Der Veeken	15:26.37	2013			
85						
Short Hurdles		**Women**			**Men**	
30	(100mH): V Story	20.56	2007	(110mH): M Lorentzen	16.58	2013

35	(100mH): V Story	20.44	2011	(110mH): S Te Whaiti	19.27	2000
40	(80mH): P Hunt	13.9	1992	(110mH): P Daborn	17.67	2008
45	(80mH): P Hunt	14.2	1993	(110mH): P Daborn	18.71	2012
50	(80mH): J Anderson	17.0	2002	(100mH): P Daborn	16.65	2016
55	(80mH): Y Simeon	16.1	1997	(100mH): J Speerstra	17.2	1988
60	(80mH): C Brunker	17.9	1991	(100mH): R Petrie	19.51	2000
65	(80mH): T Ashe	18.01	2015	(100mH): I Stevenson	22.07	2000
70	(80mH):			(80mH): D Anstiss	16.08	2015
75	(80mH):			(80mH): S Foster	18.22	2012
80	(80mH):			(80mH): R Johnson	20.64	2012
85	(80mH):			(80mH):		
Long Hurdles		**Women**			**Men**	
35	(400mH): A Williams	79.95	2010	(400mH): J Hill	59.46	1998
40	(400mH): A Williams	81.04	2014	(400mH): P Daborn	63.12	2007
45	(300mH): F Riley	70.1	1988	(400mH): R Robertson	66.5	1989
				(400mH): P Daborn	66.50	2012
50	(300mH): D Smith	58.02	2016	(400mH): P Daborn	65.38	2016
55	(300mH): W Pepene	77.0	1988	(400mH): M Callaghan	70.88	2003
60	(300mH): T Ashe	65.68	2012	(300mH): L Malcolmson	48.23	2010
65	(300mH) T Ashe	1:10:36	2015	(300mH): L Malcolmson	51.24	2016
70				(300mH): S Foster	59.02	2009
75				(300mH): S Foster	62.06	2012
80				(200mH):		
Long Jump		**Women**			**Men**	
30	N Buchanan	4.40	2002	V Hibbert	4.71	2006
	R Grigg	4.40	1999			
35	L Lochhead	4.41	1994	P Gilbert	6.55	1986
40	J Anderson	4.47	1994	S Te Whaiti	5.68	2006
45	A Hunter	4.54	1997	M Anderson	5.51	1994
50	A Hunter	4.80	1998	S Burden	5.36	2013
55	Y Simeon	4.01	1998	G Rawson	4.91	2015
60	J Hammond	3.65	1998	R Petrie	4.78	2000
65	A Deleiros	3.41	2015	R McGregor	4.35	2006
70	C Blair	3.07	2002	T Tolhurst	4.06	2003
75	J Hammond	2.95	2013	R Johnson	3.23	2008
80	S Van Der Veeken	2.36	2013	H Mein	3.13	2010
85	A Sole	1.37	2000	H Mein	2.27	2016
90				F Cox	1.14	2002
High Jump		**Women**			**Men**	
30	P Workman	1.32	1987	W Doney	1.60	2016
35	V Story	1.35	2010	J Turner	1.61	2005
40	J Anderson	1.43	1994	P Galliven	1.80	2008
45	J Anderson	1.35	1995	B Curry	1.68	2007
50	N Bowmar	1.25	2003	L Smith	1.50	1994
55	Y Simeon	1.21	1997	B Curry	1.63	2016
60	A Delerois	1.15	2011	R McGregor	1.40	2000
65	N Bowmar	1.15	2015	J Blair	1.30	1998
				R McGregor	1.30	2006
				M Andersen	1.30	2014
70	J Hammond	1.06	2007	D Anstiss	1.26	2015
75	J Hammond	1.05	2012	J Blair	1.22	2007
80				J Blair	1.15	2011

85				H Mein	0.90	2015
Triple Jump		**Women**			**Men**	
30	R Grigg	9.15	1999			
35	W Brown	9.37	1990	J Edwin	11.43	1986
40	J Anderson	9.46	1994	R Fletcher	11.90	1986
45	A Hunter	10.15	1997	G Lawson	11.15	2006
50	A Hunter	9.27	1998	S Priest	11.10	2001
55	A Hunter	8.62	2004	S Burden	11.03	2015
60	A Deleiros	7.78	2011	C Deacon	9.41	1991
65	A Deleiros	7.41	2015	R McBeth	8.76	2013
70	F Bayler	6.33	2011	D Anstiss	9.16	2015
75	F Bayler	5.95	2015	J Mowatt-Wilson	7.45	1991
80	S Van Der Veeken	4.42	2013	R Johnson	6.75	2012
85				J Blair	4.92	2016
Pole Vault		**Women**			**Men**	
35				D Rondon	3.20	1998
40	J Anderson	2.30	1994	S TeWhaiti	3.00	2006
45	J Anderson	2.20	1995	M Anderson	3.20	1995
50	J Anderson	2.00	2004	G Simpson	2.50	2000
55	J Anderson	1.80	2006	M Anderson	3.20	2003
60				R Ball	2.70	1997
65				R Ball	2.60	2004
70				R Johnson	2.40	2002
75				R Johnson	2.00	2007
80				W Opperman	1.30	2009
85				W Opperman	1.30	2011
Shot Put		**Women**			**Men**	
30	4.0kg: C McNie	12.14	1991	7.26kg: C McConachy	11.09	2016
35	4.0kg: C McCahill	12.84	1999	7.26kg: D Wagner	12.02	2006
40	4.0kg: C McCahill	11.36	2008	7.26kg: R Main	12.78	1989
45	4.0kg: C McCahill	10.27	2010	7.26kg: L Inivale	13.07	2015
50	3.0kg: T Ryan	10.87	2014	6.0kg: G P Cox	12.14	1996
55	3.0kg: B Savage	9.78	2001	6.0kg: G J Van Zyl	11.85	2014
60	3.0kg: B Austin	9.18	2005	5.0kg: R Harris	12.57	1998
65	3.0kg: B Savage	8.75	2013	5.0kg: D Scratton	11.11	1986
70	3.0kg: B Austin	8.05	2015	4.0kg: D Scratton	11.50	1991
75	2.0kg: J Hulls	7.30	2013	4.0kg: D Scratton	10.87	1994
80	2.0kg: W Pepene	6.07	2011	3.0kg: R Johnson	9.72	2012
85	2.0kg: P Spiers	4.10	2012	3.0kg: D Scratton	7.66	2004
90	2.0kg: P Purser	4.12	2012			
Javelin Throw		**Women**			**Men**	
30	600g: C McNie	26.26	1993	800g: L Crombie	41.86	2016
35	600g: S Jones	30.73	2007	800g: J Bradley	56.82	1991
40	600g: C Browne	31.30	2009	800g: J Bradley	51.62	1997
45	600g: V Romagnoli	27.39	2015	800g: D Brand	60.97	2008
50	500g: J Evans	29.19	1999	700g: N Stainton	59.38	2013
55	500g: J Evans	26.92	2004	700g: J Bradley	50.21	2008
60	500g: L Hamilton	16.73	2015	600g: J Bradley	43.9	2013
65	500g: B Austin	17.48	2014	600g: L Malcolmson	40.11	2014
70	500g: B Austin	17.73	2015	500g: D Scratton	33.69	1989
75	400g: W Pepene	19.36	2005	500g: R Johnson	32.43	2008
80	400g: W Pepene	15.90	2010	400g: R Johnson	28.98	2012

85	400g: P Purser	9.39	2008	400g: D Scratton	19.95	2004
90	400g: P Purser	7.77	2012	400g: F Cox	7.80	2002
Discus Throw	**Women**			**Men**		
30	1.0kg: C McNie	33.46	1993	2.0kg: C McConachy	31.77	2016
35	1.0kg: V Hill	40.16	1998	2.0kg: D Wagner	39.89	2006
40	1.0kg: C McCahill	35.25	2008	2.0kg: R Otto	38.81	2006
45	1.0kg: C McCahill	35.29	2012	2.0kg: W Sinclair	35.50	1991
50	1.0kg: T Ryan	28.30	2014	1.5kg: A Stockill	40.28	2016
55	1.0kg: T Ashe	21.74	2009	1.5kg: C Murch	35.25	2006
60	1.0kg: L. Hamilton	22.57	2012	1.0kg: R Ball	46.77	1997
65	1.0kg: B Savage	24.58	2012	1.0kg: P Popa	38.82	1987
70	1.0kg: H May	17.56	1992	1.0kg: S Johnson	34.96	1992
75	H Weeks	17.41	2012	1.0kg: J Mowat-Wilson	31.12	1991
80	C Brunker	14.82	2012	1.0kg: R Johnson	26.87	2013
85	P Purser	11.14	2008	1.0kg: D Scratton	19.87	2004
90	D Howells	9.36	2008	1.0kg: F Cox	6.55	2002
Hammer Throw	**Women**			**Men**		
30	4.0kg: H Kaur	54.27	2009	7.26kg: C McConachy	37.05	2016
35	4.0kg: C McCahill	41.40	2001	7.26kg: M Cumming	43.58	2002
40	4.0kg: C McCahill	37.59	2006	7.26kg: M Cumming	46.15	2006
45	4.0kg: C McCahill	39.68	2010	7.26kg: M Cumming	48.98	2010
50	3.0kg: A Goulter	38.83	2013	6.0kg: M Cumming	52.07	2012
55	3.0kg: V Babe	30.36	1994	6.0kg: L Devlin	45.10	1991
60	3.0kg: B Savage	32.78	2008	5.0kg: L Devlin	48.46	1996
65	3.0kg: B Savage	30.37	2013	5.0kg: L Devlin	44.36	2000
70	3.0kg: C Brunker	26.74	2004	4.0kg: M Carr	42.76	1992
75	2.0kg: C Brunker	22.33	2010	4.0kg: M Carr	31.87	1999
80	2.0kg: C Brunker	24.49	2012	3.0kg: R Johnson	28.13	2012
85	2.0kg: P Spiers	13.88	2012	3.0kg: D Scratton	21.72	2006
90	2.0kg: P Purser	11.90	2012	3.0kg: F Cox	7.99	2002
Weight Throw	**Women**			**Men**		
30	9.08kg: V Temo	8.64	2012	15.88kg: V Smith	11.45	2012
35	9.08kg: C McCahill	13.00	2001	15.88kg: D Wagner	13.79	2006
40	9.08kg: C McCahill	14.51	2008	15.88kg: M Cumming	14.67	2006
45	9.08kg: C McCahill	14.33	2010	15.88kg: M Cumming	15.34	2008
50	7.26kg: B Savage	12.91	2000	11.34kg: M Cumming	19.21	2013
55	7.26kg: B Savage	12.21	2001	11.34kg: J Van Zyl	13.46	2014
60	5.45kg: B Savage	12.97	2008	9.08kg: K Bradley	16.54	2008
65	5.45kg: B Savage	11.99	2013	9.08kg: L Devlin	16.37	2004
70	5.45kg: B Austin	10.31	2016	7.26kg: P Cox	12.12	2016
75	4.0kg: H Weeks	9.62	2012	7.26kg: M Carr	11.87	2000
80	4.0kg: C Brunker	9.20	2012	5.45kg: R Johnson	11.63	2013
85	4.0kg: P Spiers	5.54	2012	5.45kg: D Scratton	10.22	2004
90	4.0kg: P Purser	4.69	2012	5.45kg:		

Throws Pentathlon (New Age Factors and conditions effective from May 2010 & updated January 2014)					see Appendix C	
30	V Temo	1762	2012	C McConachy	2411	2016
35				D Couper	2463	2015
40	B Davis	2771	2012			
45	C McCahill	3678	2010	M Cumming	3102	2010
50	T Ryan	3031	2015	M Cumming	3497	2012
55	K Tapling	1621	2010	J Van Zyl	3071	2014

60				C Thompson	2853	2013
65	B Savage	3397	2014	P Cox	2967	2012
70	B Austin	3462	2015	B Clarke	2271	2011
75	H Weeks	2859	2012	B Clarke	2357	2014
80	W Pepene	3084	2010	R Johnson	3431	2012
85	P Spiers	2413	2012	J Blair	2576	2016
90	P Purser	2804	2012			

Track Pentathlon (New Age Factors and conditions effective from May 2010 & updated January 2014)						see Appendix C
30						
35				D Langford	2594	2015
40	J Lile	1826	2012	D Sexton	2017	2012
45	D Smith	1171	2015	S Te Whaiti	2734	2012
50				A Richardson	3121	2015
55	A Boxall	2463	2013	G Rawson	2577	2015
60	N Bowmar	2086	2014	I Morton	836	2016
65	N Bowmar	2502	2016	W Schenk	2300	2013
70				C MacLoed	1625	2015
75	J Hammond	3074	2012			
80	S Van der Veeken	2331	2013	H Mein	1913	2013
85				H Mein	1220	2016

See Appendix C:
Individual event performance details and points scored for all the multi-event records listed above are contained within Appendix C. This has been created so that if there are any future age factor changes, a new points total can be recalculated.

10000m		Women			Men	
30						
35	D Larsen	38:46.0	1999	D Humphrey	32:41.1	1992
40	B O'Connell	37:49.0		D O'Connell	32:51.9	1992
45	E Thodey	40:25.0	1995	B Katterns	34:24.0	1999
50	J Stewart	43:33.0	2001	K Pearce	33:19.4	1986
55	P Hewitt	46:05.0	1993	P Mills	37:56.0	1991
60	P Hewitt	46:11.6	1996	A Clapcott	37:22.0	2004
65	A Acott	57:41.0	1994	L Wigham	39:54.0	1997
70	N Little	57:32.0	1997	L Wigham	41:03.0	2001
75				E de Lautour	46:29.0	1995
80				C Thorne	65:35.0	2004
Short Hurdles		**Women**			**Men**	
35	(80mH): I Cate	15.15	1989	(100mH): T Marumaru	20.0	1994
40				(100mH): G Hustler	16.9	1988
45				(100mH): M Anderson	16.8	1994
60				(80mH): S Foster	15.30	1998
65				(80mH): M Dunn	17.1	1996
70				(100mH): M Dunn	19.75	2000
Long Hurdles		**Women**			**Men**	
40	(300mH): C Turner	60.2	1989	(300mH): D Trow	49.70	1989
45	(300mH): F Riley	70.1	1988	(300mH): K Carvell	51.14	1989
50				(300mH): I McGregor	48.45	1989
55				(300mH): J Speerstra	54.5	1988
60				(300mH): L Malcolmson	48.23	2010
65				(200mH): S Foster (300mH): S Foster	41.64 56.7	2011 2004

Javelin (2010 – 2013, 400gm javelin W60-W70)

60	W Pepene	(400gm)	25.18	1994		
65	W Pepene	(400gm)	22.19	1999		
70	H May	(400gm)	20.26	1993		
3km Road Walk			**Women**		**Men**	
30	R Gilberd		16:05.58	2007		
35	K Tahere		19:22.32	2007		
40	D Barrett		16:47.04	2002	R Gillum	14:55.81 2002
45	C Smith		15:46.05	2013	R Gillum	14:48.87 2007
50	D Barrett		19:58.37		J Lambert	17:14.80 2002
55	M White		18:52.26	2007		
60	M White		18.53.65	2012	E Kemsley	16:23.54 2012
65	L Foster		22:16.7	2009		
70	D Jones		21:01.05	2014		
75	D Cumming		24:42.34	2012		
80						
30	C Tuka		25:07.8	1992		
35						
40	H Roebuck		31:06.0	1995	D Barrett	27:26.9 1992
45	N Dean			1992		
50	L Foster		27:27.6	1992	B Walker	32:15.0 1995
55	L Foster		31:09.0	1995	E Kemsley	25:43.7 2006

60	N Perry	33:32.5	1995	M Hinton	26:41.0	1995
65	N Perry	34:29.0	1995			
70						
75						
80				F Cox	37:24.0	1992
10km Road Walk		**Women**			**Men**	
30	R Gilberd	58:43.0	2007			
35	J Jackson	52:34.5	1986	L McPhillips	49:15.0	2000
40	D Barrett	57:58.0	2000	K. Burge	52:12.0	1997
45	N Aymes	55:08.0	2000	G Little	49:26.0	1988
50	L Foster	58:09.0	1991	G Little	49:15.0	1996
55	L Foster	63:14.0	1999	G Little	48:46.0	1997
60	M White	64:10.0	2011	G Little	50:42.5	2003
65	J Wilson	66:35.0	2014	M Hinton	59:42.0	2000
70	D Turbitt	74:47.0	2001	K Sanders	65:47.0	1994
75				I Ellis	80:54.0	2000
10000m Track Walk		**Women**			**Men**	
35						
40				D Sim	54:47.27	2008
45	C Smith	53:15:5	2015	M Parker	55:12.57	2008
50	T Large	72:27.85	2008			
55	S Miratana	76:42.00	2008	M Gray	68:49:4	2015
60	S Barber	69:37.47	2008	M Parker	57:48.7	2015
65						

Throws Pentathlon (Previous Age Factors and conditions up to the 2009 year)

30	C McNie	2884	1992	R Hansford	1659
35	C McCahill	3283	2001	D Wagner	2708
40	C McCahill	3747	2008	D Wagner	2827
45	J Evans	2442	1998	M Cumming	3057
50	B Savage	3325	1997	J Bradley	3088
55	B Savage	3644	2001	L Devlin	3471
60	B Savage	3524	2008	L Devlin	3814
65	B Savage	3714	2010	R Ball	3746
70	C Brunker	3586	2002	S Johnson	4173
75	C Brunker	3736	2006	R Johnson	3589
80	W Pepene	4059	2010	D Scratton	3806
85	P Spiers	3324	2010	D Scratton	4086
90	P Purser	2958	2012		

Pentathlon (Previous Age Factors and conditions up to the 2009 year)

30	N Buchanan	1960	2002	D Immink	1915	2006
35	A Harris	2187	1995	D Rondon	2291	1998
40	C Browne	2627	2002	J Turner	2553	2007
45	T Ramanui	2856	1998			
50	T Ashe	2840	2006			
55	T Ashe	2987	2009	R McGregor	2994	1997
60				R McGregor	3480	2000
65	J Sherburn	2837	2006	R McGregor	3111	2006
70	J Hammond	3482	2007	R Johnson	3502	2002
75	S Van Der Veeken	2808	2008	H Mein	2721	2006
80				W Nicholson	2068	2003
85				F Cox	800	2002

		HT	SP	DT	JT (400g)	WT		Date	Venue
W60	J Evans	25.84	8.63	19.45	18.10	10.56	**3010**	2010	Inglewood
W65	B Savage	29.07	8.20	22.82	16.56	11.16	**3600**	2012	Hamilton
W70	V Babe	20.35	5.41	14.31	9.75	7.22	**2473**	2010	Inglewood

		100m	SP	LJ	JT (400g)	800m		Date	Venue
W60	T Ashe	16.50	8.25	3.59	15.81	3:19:33	**2967**	2010	Inglewood
W65	M Crooke	18.71	6.04	2.18	10.79	4:55:28	**1588**	2013	Whangarei
W70	J Hammond	17.07	5.04	3.05	13.10	3:55:79	**2903**	2011	Wellington