

# NZMA Men's Track & Field National and Championship Records

(Updated 26 June 2017)

This document contains the following information in **THREE** sections:

- NZMA Championship Event Records:** A list of all NZMA National / Track & Field Championship records for the events that are regularly held at the NZMA Track & Field Championships. A separate document contains a list of all individual event performances & points scored for the **NZMA Throws Pentathlon & Track Pentathlon** events can also be viewed on the NZMA website (see **Appendix A**). This has been included so that new points totals can be re-calculated if age factors change in the future.
- Non NZMA Championship Events:** A list of all other stadia and non-stadia NZMA National / Championship records on file, including records archived due to age factor or implement changes.
- NZMA Indoor Best Performances:**

**Note:** A Microsoft Word version of these records is available on request for Centres hosting the NZMA Championships, so the records can be included in the Championship booklet.

<b>60m</b>		NZMA National Record		NZMA Championship Record		
<b>M30</b>	<b>L Crombie</b>	<b>8.03</b>	<b>04/03/2017</b>	<b>L Crombie</b>	<b>8.03</b>	<b>04/03/2017</b>
<b>M35</b>	B Potter	7.14	14/11/2015	G Hanekom	7.55	2015
<b>M40</b>	A Wall	7.44	2011	A Wall	7.44	2011
<b>M45</b>	J Campbell	7.55	2012	J Campbell	7.55	2012
<b>M50</b>	J Campbell	7.58	06/10/2013	J Campbell	7.67	2014
<b>M55</b>	G Rawson	7.92	28/02/2015	G Rawson	7.92	2015
<b>M60</b>	L Malcolmson	8.33	03/03/2013	L Malcolmson	8.33	2013
<b>M65</b>	L Malcolmson	8.45	29/11/2014	L Malcolmson	8.47	2016
<b>M70</b>	<b>T Guptill</b>	<b>9.05</b>	<b>04/3/2017</b>	<b>T Guptill</b>	<b>9.05</b>	<b>04/3/2017</b>
<b>M75</b>	M Fraser	9.43	28/02/2015	M Fraser	9.43	2015
<b>M 80</b>	M Wood	10.51	11/01/2014	T Cowley	11.64	2015
<b>M85</b>	I Brownie	11.96	15/03/2014	A Mackay	12.83	2016
<b>M95</b>	<b>E de Latour</b>	<b>17.84 (BP)</b>	<b>11/12/2016</b>			
<b>100m</b>		NZMA National Record		NZMA Championship Record		
<b>M30</b>	M O'Connor	11.41	2011	M O'Connor	11.41	2011
<b>M35</b>	<b>C Van Der Speck</b>	<b>10.87</b>	<b>26/10/2016</b>	L Malcolmson	11.36	1987
<b>M40</b>	A Wall	11.29	2011	A Wall	11.39	2011
<b>M45</b>	B McPhail	11.3h	1983	B McPhail	11.4h	1984
	B McPhail	11.53	1983	J Campbell	11.55	2012
<b>M50</b>	B McPhail	11.57	1987	L Malcolmson	11.98	2000
<b>M55</b>	B McPhail	12.1h	1992	B McPhail	12.1h	1992
	B McPhail	12.25	1993			
<b>M60</b>	B McPhail	12.56	1997	L Malcolmson	12.76	2010
<b>M65</b>	B McPhail	13.14	2002	B McPhail	13.42	2002
<b>M70</b>	M Wood	14.1h	2003	J Macfarlane	14.54	2002
	M Wood	14.33	2003			
<b>M75</b>	M Wood	14.91	2009	M Wood	14.91	2009
<b>M80</b>	B Kaiser	15.8h	1992	B Kaiser	16.29	1993
	B Kaiser	16.03	1992			
<b>M85</b>	A Mackay	18.90	02/02/2014	S Taylor	20.18	2001
<b>M90</b>	F Cox	21.30	2002	S Taylor	21.51	2006
<b>M95</b>	E de Lautour	28.35	07/10/2015			
<b>200m</b>		NZMA National Record		NZMA Championship Record		
<b>M30</b>	<b>B Grant</b>	<b>22.99</b>	<b>26/04/2017</b>	M O'Connor	23.28	2011
<b>M35</b>	<b>B Potter</b>	<b>22.14</b>	<b>26/04/2017</b>	M Brooking	23.0h	1984
				L Malcolmson	23.21	1987
<b>M40</b>	B McPhail	22.9h	1980	B McPhail	22.9h	1980

	B McPhail	23.00	1981			
<b>M45</b>	B McPhail	23.0h	1983	B McPhail	23.27	1983
	B McPhail	23.14	1983.00			
<b>M50</b>	B McPhail	23.77	1987	L Malcolmson	24.25	2000
<b>M55</b>	B McPhail	24.7h	1992	B McPhail	24.7h	1992
<b>M60</b>	B McPhail	25.71	1997	T Deleiros	26.25	2008
<b>M65</b>	T Guptill	27.25	11/01/2014	L Malcolmson	27.76	2015
<b>M70</b>	<b>T Guptill</b>	<b>27.98</b>	<b>26/10/2016</b>	J Lester	29.49	2013
<b>M75</b>	M Wood	30.74	2008	B Kaiser	30.7h	1991
<b>M80</b>	B Kaiser	33.3h	1992	B Kaiser	35.09	1994
	<b>D Reade</b>	<b>32.63</b>	<b>26.04/2017</b>			
<b>M85</b>	E de Lautour	40.08	2006	E de Lautour	40.77	2007
<b>M90</b>	S Taylor	47.38	2006	S Taylor	52.38	2006
<b>M95</b>	E de Lautour	59.95	08/10/2015			
<b>400m</b>	NZMA National Record			NZMA Championship Record		
<b>M30</b>	<b>B Grant</b>	<b>50.40</b>	<b>24/04/2017</b>	<b>B Grant</b>	<b>51.22</b>	<b>03/03/2017</b>
<b>M35</b>	<b>B Potter</b>	<b>50.30</b>	<b>26/04/2017</b>	A Tucker	50.86	1980
<b>M40</b>	B Turnbull	52.79	1996	B Turnbull	52.79	1996
<b>M45</b>	B McPhail	52.1	1983	L Malcolmson	54.15	1996
<b>M50</b>	<b>A Pinna</b>	<b>53.52</b>	<b>17/12/2016</b>	B McPhail =	55.4	1990
				M Fraser =	55.4	1990
<b>M55</b>	B McPhail	55.73	1992	A Hill	56.6	1981
<b>M60</b>	F Evans	58.11	1985	S Foster	61.92	1997
<b>M65</b>	F Evans	61.75	1990	M Fraser	63.53	2007
<b>M70</b>	M Wood	66.29	2003	<b>T Deleiros</b>	<b>69.35</b>	<b>03/03/2017</b>
<b>M75</b>	M Wood	71.96	2008	M Wood	74.27	2010
<b>M80</b>	<b>D Reade</b>	<b>78.34</b>	<b>26/04/2017</b>	E de Lautour	83.77	2002
<b>M85</b>	E de Latour	89.82	2006	E de Lautour	93.13	2007
<b>M90</b>	E de Latour	2:14.66	23/11/2012	F Cox	3 05.26	2002
<b>800m</b>	NZMA National Record			NZMA Championship Record		
<b>M30</b>	<b>B Grant</b>	<b>2:00.15</b>	<b>05/03/2017</b>	<b>B Grant</b>	<b>2:00.15</b>	<b>05/03/2017</b>
<b>M35</b>	P Quax	1:57.8	1996	R Sewell	2:00.0	1980
<b>M40</b>	B Hunter	1:57.8	1991	B Hunter	1:58.7	1992
<b>M45</b>	D Sirl	1:58.42	1987	D Sirl	2:01.11	1988
<b>M50</b>	I Babe	2:01.97	1987	I Babe	2:02.36	1987
<b>M55</b>	D Turnbull	2:06.6	1982	D Turnbull	2:08.3	1982
<b>M60</b>	D Turnbull	2:12.62	1989	R Brent	2:18.84	2013
<b>M65</b>	D Turnbull	2:17.8	1992	D Turnbull	2:17.8	1992
<b>M70</b>	J Downey	2:27.94	2001	J Downey	2:35.92	2002
<b>M75</b>	R Stevens	2:55.41	2009	E de Lautour	3:00.05	1996
<b>M80</b>	E de Lautour	3:13.16	2001	E de Lautour	3:13.16	2001
<b>M85</b>	E de Latour	3:36.30	2007	E de Lautour	3:36.30	2007
<b>M90</b>	E de Lautour	5:41.21	25/11/2012	F Cox	6:41.73	2002
<b>M95</b>	E de Lautour	6:29.56	06/10/2015			
<b>1500m</b>	NZMA National Record			NZMA Championship Record		
<b>M30</b>	<b>A Smith</b>	<b>4:23.17</b>	<b>25/04/2017</b>	G McMillan	5:26.74	2006
<b>M35</b>	JD Macdonald	3:57.4	1994	A Stark	4:06.9	1997
<b>M40</b>	R Bennett	3:55.08	2007	R Bennett	3:58.24	2007
<b>M45</b>	T McManus	3:59.95	1995	D Sirl	4:05.45	1988

<b>M50</b>	I Babe	4:09.41	1987	I Babe	4:11.48	1987
<b>M55</b>	R Robertson	4:12.5	1997	D Turnbull	4:18.5	1982
<b>M60</b>	R Robertson	4:27.65	2001	T McManus	4:29.01	2010
<b>M65</b>	D Turnbull	4:39.8	1992	D Turnbull	4:39.8	1992
<b>M70</b>	R Robertson	4:52.95	2011	J Downey	5:24.35	2001
<b>M75</b>	R Stevens	5:53.43	2009	E de Lautour	5:56.79	1997
<b>M80</b>	E de Lautour	6:38.86	2001	E de Lautour	6:40.29	2001
<b>M85</b>	E de Lautour	7:03.40	2006	E de Lautour	7:15.53	2006
<b>M90</b>	E de Lautour	11:37.80	24/11/2012			
<b>M95</b>	E de Lautour	14:06.88	08/10/2015			
<b>5000m</b>		<b>NZMA National Record</b>		<b>NZMA Championship Record</b>		
<b>M30</b>	<b>A Smith</b>	<b>16:38.10</b>	<b>24/04/2017</b>	G McMillan	19:58.42	2006
<b>M35</b>	D Macdonald	15:05.02	1994	P Ritchie	15:20.59	1996
<b>M40</b>	J Foster	14:21.0	1976	T McLachlan	14:43.89	1994
<b>M45</b>	E Gray	15:00.5	1992	E Gray	15:00.5	1992
<b>M50</b>	R Robertson	15:26.2	1992	R Robertson	15:26.2	1992
<b>M55</b>	R Robertson	15:41.72	1997	D Turnbull	16:22.5	1982
<b>M60</b>	R Robertson	16:16.51	2001	A Galbraith	16:56.62	2005
<b>M65</b>	D Turnbull	16:38.8	1992	D Turnbull	16:38.8	1992
<b>M70</b>	R Robertson	18:15.53	2011	W Nelmes	19:37.11	1986
<b>M75</b>	R Stevens	18:15.5	2009	R Stevens	22:02.34	2009
<b>M80</b>	E de Lautour	24:05.14	2001	E de Lautour	24:41.14	2001
<b>M85</b>	E de Lautour	26:18.47	2007	E de Lautour	26:18.47	2007
<b>10,000m</b>		<b>NZMA National Record</b>		<b>NZMA Championship Record</b>		
<b>M30</b>	G McMillan	41:49.19	2006	G McMillan	41:49.19	2006
<b>M30</b>	K O'Sullivan	31:26.3	1985	K O'Sullivan	31:26.3	1985
<b>M40</b>	J Foster	29:35.6	1975	J Foster	29:35.6	1975
<b>M45</b>	E Gray	30:58.0	1992	E Gray	30:58.0	1992
<b>M50</b>	R Robertson	31:01.9	1991	R Robertson	32:06.0	1992
<b>M55</b>	R Robertson	32:46.5	1997	R Robertson	32:46.5	1997
<b>M60</b>	D Turnbull	34:30.1	1989	D Turnbull	35:38.4	1988
<b>M65</b>	D Turnbull	34:42.2	1992	S Opie	38:33.4	1992
<b>M70</b>	D Turnbull	39:43.67	1997	S Opie	40:36.3	1997
<b>M75</b>	R Stevens	42:04.32	2009	E de Latour	45:43.45	1996
<b>M80</b>	E de Lautour	50:14.77	2001	S Gawler	54:08.44	2010
<b>M85</b>	E de Lautour	58:01.26	2007			
<b>3000m Track Walk</b>		<b>NZMA National Record</b>		<b>NZMA Championship Record</b>		
<b>M30</b>						
<b>M35</b>	L McPhillips	13:08.87	2001	L McPhillips	13:08.87	2001
<b>M40</b>	R Smyth	13:46.28	1991	R Smyth	13:46.28	1991
<b>M45</b>	G Little	12:05.5	1991	G Little	13:24.83	1989
<b>M50</b>	G Little	12:17.25	1993	M Hinton	13:41.43	1986
<b>M55</b>	G Little	13:00.0	1997	G Little	13:12.62	1997
<b>M60</b>	M Parker	13:57.11	01/03/2014	G Little	13:58.13	2004
<b>M65</b>	M Hinton	15:59.20	2001	M Hinton	15:59.20	2001
<b>M70</b>	L Watkins	17:17.0	1990	L Watkins	17:26.2	1990
<b>M75</b>	P Davis	18:46.73	2003	P Davis	18:46.73	2003
<b>M80</b>	G Currie	22:53.4	1995	F Cox	23:19.3	1992

		NZMA National Record		NZMA Championship Record		
<b>10km Road Walk</b>						
<b>M35</b>	L McPhillips	47:57.0	2001	L McPhillips	47:57.0	2001
<b>M40</b>	M Hinton	44:39.9	1980	M Hinton	44:39.9	1980
<b>M45</b>	G Little	43:43.6	1991	G Little	46:16.1	1989
<b>M50</b>	G Little	42:20.0	1992	M Hinton	48:47.11	1986
<b>M55</b>	G Little	45:39.0	1998	G Little	45:40.9	1997
<b>M60</b>	G Little	49:01.0	2004	G Little	49:01.0	2004
<b>M65</b>	R Baillie	55:38.0	22/08/2015	L Watkins	58:25.0	1988
<b>M70</b>	E Saxby	60:18.0	2007	L Watkins	60:28.0	1990
<b>M75</b>	P Davis	67:19.0	2003	P Davis	67:19.0	2003
<b>M80</b>	R Johnson	75:08.0	09/08/2015	J Jamieson	90:43.0	1991
<b>M90</b>	<b>P Tearle</b>	<b>3:29:25</b>	<b>23/10/2016</b>			
<b>20 Km Road Walk (WMA event)</b>						
Best Performances						
<b>M60</b>	M Parker	1:51:04	06/03/2016			
<b>M65</b>	<b>E Kemsley</b>	<b>2:00:41</b>	<b>04/11/2016</b>			
<b>2000m Steeplechase</b>						
		NZMA National Record		NZMA Championship Record		
<b>M55</b>	J Mulvaney	9:49.3	2007			
<b>M60</b>	R Robertson	6:30.21	2001	W Hume	7:14.27	1999
<b>M65</b>	R Robertson	7:18.10	2008	R Robertson	7:33.36	2009
<b>M70</b>	R Robertson	7:10.03	2011	J Downey	8:22.04	2001
<b>M75</b>	H Mein	9:57.89	2006	J Eccles	9:59.94	2001
<b>M80</b>	J Jamieson	11:48.22	1989	J Jamieson	11:48.22	1989
<b>3000m Steeplechase</b>						
		NZMA National Record		NZMA Championship Record		
<b>M30</b>	JD Macdonald	9:44.6	1974	B Meder	9:50.0	1992
<b>M35</b>	<b>M Rogers</b>	<b>10:22.88</b>	<b>04/03/2017</b>	<b>M Rogers</b>	<b>10:22.88</b>	<b>04/03/2017</b>
<b>M40</b>	JD Macdonald	9:14.4	1977	JD Macdonald	9:27.1	1975
<b>M45</b>	JD Macdonald	9:22.3	1980	R Robertson	9:27.22	1987
<b>M50</b>	R Robertson	9:43.97	1991	R Robertson	9:44.0	1992
<b>M55</b>	R Robertson	9:55.05	1997	R Robertson	9:59.8	1997
<b>M60</b>	W Opperman	13:22.42	1986	W Opperman	13:22.42	1986
<b>M65</b>	T Bartlett	13:35.0	1981	T Bartlett	14:29.0	1980
<b>M70</b>	J Jamieson	15:09.75	1981	J Jamieson	15:18.3	1979
<b>Short Hurdles</b>						
		NZMA National Record		NZMA Championship Record		
<b>M35</b>	110mH: B Booker	17.65	2005	S Te Whaiti	17.95	2002
<b>M40</b>	110mH: S Poelman	15.16	2005	N Bolton	15.41	2015
<b>M45</b>	110mH: P Daborn	18.71	22/11/2012	S Te Whaiti	19.15	2009
<b>M50</b>	100mH: M Andersen	16.58	2000	R Fletcher	16.62	1993
<b>M55</b>	100mH: R Ball	16.2h	1991	S Foster	18.31	1989
<b>M60</b>	100mH: S Foster	17.3h	1998	L Malcolmson	18.19	2010
<b>M65</b>	100mH: L Malcolmson	18.75	27/02/2016	L Malcolmson	18.75	27/02/2016
<b>M70</b>	80mH: W McIntyre	15.73	1999	D Anstiss	16.36	27/02/2016
<b>M75</b>	80mH: S Foster	18.22	24/11/2012	<b>A Silvester</b>	<b>20.30</b>	<b>04/03/2017</b>
<b>M80</b>	80mH: R Johnson	20.19	01/03/2014	R Johnson	20.19	2014

<b>Long Hurdles</b>		<b>NZMA National Record</b>		<b>NZMA Championship Record</b>		
<b>M35</b>	<b>400mH: C Lockley</b>	<b>58.59</b>	<b>23/04/2017</b>	J Hill	60.58	1999
<b>M40</b>	400mH: J O'Connor	59.20	2008	J O'Connor	59.20	2008
<b>M45</b>	400mH: J O'Connor	60.45	2010	J O'Connor	60.45	2010
<b>M50</b>	400mH: J Speerstra	63.0	1986	<b>P Daborn</b>	<b>63.28</b>	<b>05/03/2017</b>
<b>M55</b>	400mH: M Callaghan	65.22	2003	M Callaghan	70.64	2001
<b>M60</b>	300mH: L Malcolmson	46.89	2010	L Malcolmson	46.89	2010
<b>M65</b>	300mH: <b>L Malcolmson</b>	<b>49.06</b>	<b>05/03/2017</b>	<b>L Malcolmson</b>	<b>49.06</b>	<b>05/03/2017</b>
<b>M70</b>	300mH: S Foster	55.52	2008	S Foster	57.29	2009
<b>M75</b>	300mH: S Foster	61.26	10/01/2014	R Johnson	66.94	2008
<b>M80</b>						
<b>Long Jump</b>		<b>NZMA National Record</b>		<b>NZMA Championship Record</b>		
<b>M30</b>	D Lane	6.00	2/03/2013	D lane	6.00	2013
<b>M35</b>	K Simpson	6.42	1980	J Munns	6.19	1979
<b>M40</b>	R Williams	6.81	1975	R Williams	6.53	1979
<b>M45</b>	R Williams	6.46	1981	B McPhail	6.05	1984
<b>M50</b>	B McPhail	5.68	1990	R Williams	5.60	1986
<b>M55</b>	B McPhail	5.60	1993	B McPhail	5.60	1993
<b>M60</b>	P Timings	4.97	1989	C Deacon	4.89	1992
<b>M65</b>	R Johnson	4.36	2001	R Johnson	4.36	2001
<b>M70</b>	T Tolhurst	4.06	2003	C Deacon	3.95	2002
<b>M75</b>	H Mein	3.57	2006	H Mein	3.57	2006
<b>M80</b>	R Johnson	3.16	16/10/2013	S Taylor	2.94	1996
<b>M85</b>	A Mackay	2.59	02/02/2014	A Mackay	2.37	27/02/2016
<b>M90</b>	F Cox	1.30	2002	F Cox	1.30	2002
<b>High Jump</b>		<b>NZMA National Record</b>		<b>NZMA Championship Record</b>		
<b>M35</b>	T Newport	1.85	1997	T Newport	1.85	1997
<b>M40</b>	S Poelman	1.92	2005	P Ranginui	1.78	2010
<b>M45</b>	A Stringer	1.72	1996	A Stringer	1.72	1996
<b>M50</b>	Ho Young Do	1.75	06/10/2013	R Fletcher	1.69	1992
<b>M55</b>	<b>B Curry</b>	<b>1.60</b>	<b>04/03/2017</b>	<b>B Curry</b>	<b>1.60</b>	<b>04/03/2017</b>
<b>M60</b>	R McGregor	1.48	2001	P Timings	1.45	1989
				W McIntyre	1.45	1989
<b>M65</b>	T Delamere	1.45	14/01/2017	D Anstiss	1.36	2015
				<b>T Delamere</b>	<b>1.36</b>	<b>04/03/2017</b>
<b>M70</b>	D Anstiss	1.35	22/03/2015	<b>D Anstiss</b>	<b>1.33</b>	<b>04/03/2017</b>
<b>M75</b>	J Blair	1.24	2008	J Blair	1.19	2007
<b>M80</b>	J Blair	1.15	2011	J Blair	1.08	27/02/2016
<b>M85</b>	<b>J Blair</b>	<b>1.10</b>	<b>26/04/2017</b>	A MacKay	0.95	2014
<b>M90</b>	F Cox	0.71	2002	F Cox	0.71	2002
<b>Triple Jump</b>		<b>NZMA National Record</b>		<b>NZMA Championship Record</b>		
<b>M30</b>	D Lane	12.76	02/03/2013	D Lane	12.76	2013
<b>M35</b>	B Booker	13.55	2005	J Munns	12.18	1979
<b>M40</b>	K Simpson	13.30	1987	R Fletcher	12.69	1985
<b>M45</b>	S McKee	12.40	2006	R Fletcher	11.89	1989
<b>M50</b>	S McKee	11.56	2010	R Fletcher	11.38	1992
<b>M55</b>	<b>T Walker</b>	<b>11.52</b>	<b>23/04/2017</b>	W McIntyre	10.43	1988

<b>M60</b>	W Fenton	10.44	1981	P Timings	10.16	1988
	P Timings	10.44	1991			
<b>M65</b>	I Sim	9.32	09/03/2014	W McIntyre	9.22	1994
<b>M70</b>	D Anstiss	9.16	28/11/2015	J Macfarlane	8.63	2002
<b>M75</b>	W MacIntyre	7.66	2004	R Johnson	7.32	2011
<b>M80</b>	R Johnson	6.75	24/11/2012	R Johnson	6.53	2014
<b>M85</b>	A Mackay	5.08	01/03/2014	A Mackay	5.08	2014
<b>Pole Vault</b>		NZMA National Record			NZMA Championship Record	
<b>M35</b>	P Gibbons	4.15	2007	B Senior	3.70	1980
<b>M40</b>	S Poelman	4.00	2005	B Senior	3.70	1982
				S McKee	3.70	2005
<b>M45</b>	S McKee	3.90	2006	S McKee	3.75	2007
<b>M50</b>	S McKee	3.71	2010	S McKee	3.71	2010
<b>M55</b>	M Andersen	3.30	2003	B Senior	2.60	1997
<b>M60</b>	R Ball	3.10	1996	R Ball	3.10	1996
<b>M65</b>	<b>M Andersen</b>	<b>2.70</b>	<b>12/02/2017</b>	R Johnson	2.30	2000
<b>M70</b>	R Johnson	2.40	2002	R Johnson	2.30	2005
<b>M75</b>	R Johnson	2.10	2007	R Johnson	1.90	2008
<b>M80</b>	R Johnson	1.60	27/02/2015	R Johnson	1.60	2015
<b>M85</b>	W Opperman	1.30	2011	W Opperman	1.00	2012
<b>Hammer Throw</b>		NZMA National Record			NZMA Championship Record	
<b>M30</b>	7.26kg: M Scholten	40.12	10/11/2012	M Scholten	28.00	2010
<b>M35</b>	7.26kg: M Cumming	48.62	2002	T Fleming	48.32	1983
<b>M40</b>	7.26kg: P Jensen	62.53	2010	M Cumming	47.90	2004
<b>M45</b>	3.00kg: M Cumming	50.77	2009	M Cumming	49.69	2011
<b>M50</b>	6.00kg: M Cumming	56.58	13/01/2013	M Cumming	56.03	2013
<b>M55</b>	6.00kg: <b>M Cumming</b>	<b>52.87</b>	<b>23/04/2017</b>	L Devlin	45.06	1992
<b>M60</b>	5.00kg: L Devlin	50.82	1997	L Devlin	48.36	1997
<b>M65</b>	5.00kg: L Devlin	46.53	2001	L Devlin	43.48	2003
<b>M70</b>	4.00kg: L Devlin	44.54	2006	L Devlin	44.22	2006
<b>M75</b>	4.00kg: M Carr	37.40	1997	M Carr	35.10	1997
<b>M80</b>	3.00kg: B Stannius	36.69	2009	B Stannius	36.69	2009
<b>M85</b>	3.00kg: D Scratton	23.05	2006	D Scratton	22.93	2007
<b>M90</b>	3.00kg: D Scratton	16.86	2010	F Cox	7.64	2002
<b>Shot Put</b>		NZMA National Record			NZMA Championship Record	
<b>M30</b>	7.26kg: M Schoulten	12.37	19/12/2012	<b>L Crombie</b>	<b>8.76</b>	<b>03/03/2017</b>
<b>M35</b>	7.26kg: R Thomson	16.42	1998	H Smith	14.48	1994
<b>M40</b>	7.26kg: S Poelman	14.66	2005	M Mene	13.80	1987
<b>M45</b>	7.26kg: L Inivale	13.68	07/10/2015	L Inivale	13.18	2014
<b>M50</b>	6.00kg: <b>L Inivale</b>	<b>14.63</b>	<b>23/04/2017</b>	<b>L Inivale</b>	<b>14.27</b>	<b>03/03/2017</b>
<b>M55</b>	6.00kg: R Harris	13.41	1990	A Husband	13.38	1979
<b>M60</b>	5.00kg: A Husband	14.01	1984	A Husband	14.01	1984
<b>M65</b>	5.00kg: R Harris	12.95	1999	R Harris	11.73	2001
<b>M70</b>	4.00kg: <b>P Crawford</b>	<b>12.10</b>	<b>26/04/2017</b>	<b>P Crawford</b>	<b>11.72</b>	<b>03/03/2017</b>
<b>M75</b>	4.00kg: D Scratton	10.87	1994	D Scratton	10.46	1996
<b>M80</b>	4.00kg D Scratton	9.75	1999	D Scratton	9.31	2000
<b>M80</b>	3.00kg: B Stannius	11.97	2009	B Stannius	11.97	2009

<b>M85</b>	3.00kg: D Scratton	7.80	2006	D Scratton	7.80	2006
<b>M90</b>	3.00kg: D Scratton	5.29	2011	F Cox	2.76	2002
<b>Discus</b>						
NZMA National Record				NZMA Championship Record		
<b>M30</b>	2.0kg: V Smith	34.00	2011	M Scholten	26.94	2010
<b>M35</b>	2.0kg: <b>K Nelson</b>	<b>48.61</b>	<b>04/03/2017</b>	H Smith	47.24	1994
<b>M40</b>	2.0kg: R Williams	43.44	1975	R Williams	43.44	1975
<b>M45</b>	2.0kg: R Williams	43.12	1981	<b>M Clarke</b>	<b>39.85</b>	<b>04/03/2017</b>
<b>M50</b>	1.5kg: R Ball <b>A Stockill</b>	<b>44.84</b>	1986 <b>24/04/2017</b>	R Ball	44.80	1986
<b>M55</b>	1.5kg: G Lawless	45.28	1986	G Lawless	40.86	1986
<b>M60</b>	1.0kg: R Ball	48.66	1996	R Ball	48.66	1996
<b>M65</b>	1.0kg: R Ball	44.47	2001	R Ball	39.67	2004
<b>M70</b>	1.0kg: S Johnson	38.20	1992	R Ball	36.72	2006
<b>M75</b>	1.0kg: G Lawless	32.31	2006	N Hawke	31.62	1987
<b>M80</b>	1.0kg: D Scratton	28.80	2000	D Scratton	27.70	2000
<b>M85</b>	1.0kg: D Scratton	20.83	2006	D Scratton	19.20	2007
<b>M90</b>	1.0kg: <b>P Tearle</b>	<b>12.86</b>	<b>26/10/2016</b>	F Cox	7.22	2002
<b>Javelin</b>						
NZMA National Record				NZMA Championship Record		
<b>M30</b>	800gm: <b>R McSweeney</b>	<b>54.99</b>	<b>09/09/2016</b>	<b>L Crombie</b>	<b>42.15</b>	<b>04/03/2017</b>
<b>M35</b>	800gm: J Bradley	60.02	1992	J Bradley	55.96	1991
<b>M40</b>	800gm: D Brand	66.55	2008	J Bradley	55.10	1995
<b>M45</b>	800gm: D Brand	61.97	2009	J Bradley	54.50	2000
<b>M50</b>	700gm: N Stainton	61.74	23/03/2014	J Bradley	50.91	2005
<b>M55</b>	700gm: <b>N Stainton</b>	<b>51.40</b>	<b>29/01/2017</b>	J Bradley	49.51	2009
<b>M60</b>	600gm: A Grayburn	48.96	1987	A Grayburn	45.54	1989
<b>M65</b>	600gm: A Grayburn	46.94	1994	A Grayburn	45.74	1993
<b>M70</b>	500gm: A Grayburn	38.93	1998	A Grayburn	36.94	1997
<b>M75</b>	500gm: A Grayburn	33.56	2002	R Johnson	28.74	2011
<b>M80</b>	400gm: R Johnson	31.59	16/02/2014	B Stannius	30.59	2009
<b>M85</b>	400gm: <b>J Blair</b>	<b>22.92</b>	<b>19/11/2016</b>	D Scratton	18.70	2006
<b>M90</b>	400gm: D Scratton	11.47	2010	F Cox	6.65	2002
<b>Weight Throw</b>						
NZMA National Record				NZMA Championship Record		
<b>M30</b>	15.88kg: M Scholten	10.20	01/12/2012			
<b>M35</b>	15.88kg: P Jensen	21.01	2004	M Cumming	14.47	2002
<b>M40</b>	15.88kg: P Jensen	18.23	2009	M Cumming	15.56	2006
<b>M45</b>	15.88kg: P Jensen	17.44	12/04/2014	M Cumming	15.30	2008
<b>M50</b>	11..34kg: M Cumming	20.11	25/11/2012	M Cumming	20.00	2013
<b>M55</b>	11.34kg: <b>M Cumming</b>	<b>19.55</b>	<b>26/04/2017</b>	L Devlin	15.54	1994
<b>M60</b>	9.08kg: K Bradley	17.45	2006	L Devlin	16.48	1997
<b>M65</b>	9.08kg: L Devlin	17.09	2002	L Devlin	17.09	2002
<b>M70</b>	7.26kg: L Devlin	18.06	2006	M Carr	17.72	1994
<b>M75</b>	7.26kg: M Carr	14.80	1997	M Carr	14.80	1997
<b>M80</b>	5.45kg: B Stannius	14.66	2009	B Stannius	14.66	2009
<b>M85</b>	5.45kg: D Scratton	10.99	2004	D Scratton	10.15	2007
<b>M90</b>	5.45kg: D Scratton	7.11	2010			
<b>Throws Pentathlon (post May 2010)</b>						
NZMA National Record				NZMA Championship Record		
<b>M30</b>	V Smith	2631 pts	*Sept 2012			

<b>M35</b>	<b>M Scholten</b>	<b>2882 pts</b>	<b>26/10/2016</b>	M Scholten	2597 pts	2014
<b>M40</b>	<b>D Couper</b>	<b>2761 pts</b>	<b>27/04/2017</b>	<b>D Couper</b>	<b>2717 pts</b>	<b>05/03/2017</b>
<b>M45</b>	<b>M Clarke</b>	<b>3479 pts</b>	<b>27/04/2017</b>	<b>M Clarke</b>	<b>3266 pts</b>	<b>05/03/2017</b>
<b>M50</b>	M Cumming	3497 pts	25/11/2012	M Cumming	3500pts	2013
<b>M55</b>	<b>M Cumming</b>	<b>3649 pts</b>	<b>27/04/2017</b>	M Flaus	3091 pts	28/02/2016
<b>M60</b>	R Davison	3517 pts	05/04/2010	R Davison	3517 pts	2010
<b>M65</b>	R Davison	3609 pts	14/12/2014	R Davison	3271 pts	28/02/2016
<b>M70</b>	B Senior	3741 pts	07/03/2011	B Senior	3741 pts	2011
<b>M75</b>	B Senior	3786pts	20/03/2016	B Senior	3617 pts	28/02/2016
<b>M80</b>	R Johnson	3532 pts	01/03/2015	R Johnson	3532 pts	2015
<b>M85</b>	L Carter	2792 pts	05/03/2012	L Carter	2792 pts	2012
<b>M90</b>	D Scratton	3058 pts	Sept 2011			
	*Oceania Throws Pentathlon Challenge held during September			yet to be confirmed if correct age factors used for points total		
<b>Track Pentathlon (post May 2010)</b>						
<b>M35</b>	<b>D Hansen</b>	<b>2789 pts</b>	<b>05/03/2017</b>	<b>D Hansen</b>	<b>2789 pts</b>	<b>05/03/2017</b>
<b>M40</b>	P Ranginui	2286 pts	04/03/2012	P Ranginui	2286 pts	2012
<b>M45</b>	W Doyle	2893 pts	03/03/2013	W Doyle	2893 pts	2013
<b>M50</b>	W Doyle	3201 pts	01/03/2015	W Doyle	3201 pts	2015
<b>M55</b>	G Rawson	2577 pts	29/11/2015	G Rawson	2067 pts	28/02/2016
<b>M60</b>	W Green	2304 pts	20/11/2016	<b>L Scown</b>	<b>2010 pts</b>	<b>05/03/2017</b>
<b>M65</b>	<b>W Green</b>	<b>2617 pts</b>	<b>05/03/2017</b>	<b>W Green</b>	<b>2617 pts</b>	<b>05/03/2017</b>
<b>M70</b>	<b>D Anstiss</b>	<b>2511 pts</b>	<b>05/03/2017</b>	<b>D Anstiss</b>	<b>2511 pts</b>	<b>05/03/2017</b>
<b>M75</b>	P Hanson	1824 pts	03/03/2013	P Hanson	1824 pts	2013
<b>M80</b>	R Johnson	2838 pts	02/03/2014	R Johnson	2838 pts	2014
<b>M90</b>						
				yet to be confirmed if correct age factors used for points total		

**See Appendix A:**

Individual event performance details and points scored for all the multi-event records listed above are contained within Appendix A. This has been created so that if there are any future age factor changes, a new points total can be recalculated.

<b>Men's Archived Non NZMA Track &amp; Field Championship and NZMA Non-Stadia Event Records</b>						
<b>80m Hurdles</b>		<b>NZMA National Record</b>			<b>NZMA Championship Record</b>	
<b>M45</b>	L McGregor	13.71	1986	L McGregor	13.71	1986
<b>M50</b>	R Williams	12.69	1986	R Williams	12.69	1986
<b>M55</b>	A Mahan	16.25	1986	A Mahan	16.25	1986
<b>M60</b>	S Foster	14.81	1999	S Foster	14.81	1999
				W MacIntyre	14.7h	1990
<b>M65</b>	C Deacon	16.04	1996	I Stevenson	16.74	1999
<b>100m Hurdles</b>		<b>NZMA National Record</b>			<b>NZMA Championship Record</b>	
<b>M40</b>	R Jenkins	14.39	1988	R Jenkins	14.39	1988
<b>M45</b>	M Andersen	15.8h	1993	M Andersen	16.1h	1994
<b>M65</b>	S Foster	20.03	2003	S Foster	20.03	2003
<b>110m Hurdles</b>		<b>NZMA National Record</b>			<b>NZMA Championship Record</b>	
<b>M50</b>	S McKee	19.14	2010	J Speerstra	19.23	1980
<b>M55</b>	A Anderson	23.27	1987			
<b>M60</b>	W Fenton	31.7	1980	W Fenton	31.7	1980
<b>M65</b>	W Fenton	25.3	1982	W Fenton	25.96	1982
<b>200m Hurdles</b>		<b>NZMA National Record</b>			<b>NZMA Championship Record</b>	
<b>M70</b>	S Foster	41.64	2011	S Foster	43.41	2011



<b>M75</b>						
<b>300m Hurdles</b>		<b>NZMA National Record</b>		<b>NZMA Championship Record</b>		
<b>M50</b>	S Foster	45.68	1991	R Fletcher	47.80	1992
<b>M55</b>	S Foster	46.3	1992	S Foster	47.30	1993
<b>400m Hurdles</b>		<b>NZMA National Record</b>		<b>NZMA Championship Record</b>		
<b>M55</b>	M Callaghan	65.22	2003	M Callaghan	70.64	2001
<b>M60</b>	A McIntosh	77.4	1985	A McIntosh	82.4h	1985
<b>1 Mile</b>		<b>NZMA National Record</b>				
<b>M45</b>	D Sirl	4:16.75	6/12/1987			
<b>M50</b>	A Stark	4:42.04	19/12/2009			
<b>M65</b>	D Turnbull	4:56.4	29/02/1992			
<b>3000m</b>		<b>NZMA National Record</b>				
<b>M35</b>	<b>R Hooper</b>	<b>8:34.20</b>	<b>20/01/2017</b>			
<b>M40</b>	R Bennett	8:28.09	2007			
<b>M45</b>	R Bennett	8:40.48	2010			
<b>M50</b>	T McManus	9:07.40	2002			
<b>M55</b>	R Robertson	8:57.28	1997			
<b>M60</b>	T McManus	9:42.97	17/03/2012			
<b>M65</b>	D Turnbull	9:47.30	1992			
<b>M70</b>	L Wigham	11:39.19	2002			
<b>M75</b>	R Stevens	12:19.68	2010			
<b>M80</b>	S Gawler	15:54.96	2011			
<b>M85</b>	E DeLatour	17:17.58	2007			
<b>10km Road Race</b>		<b>NZMA National Record</b>				
<b>M30</b>	<b>A Smith</b>	<b>36:43</b>	<b>22/04/2017</b>			
<b>M35</b>	P Moolenschot	34:49	2004			
<b>M40</b>	K Rodger	30:45	2004			
<b>M45</b>	G Stevens	33:13	2004			
<b>M50</b>	S Bracegirdle	35:14	2004			
<b>M55</b>	T Ogilvie	34:15	2004			
<b>M60</b>	A Galbraith	35:53	2004			
<b>M65</b>	J Lucas	40:52	2004			
<b>M70</b>	A Clapcott	42:11	6/09/2014			
<b>M75</b>	S Pavett	48:13	2011			
<b>M80</b>	C De Lautour	57:33	2004			
<b>Half Marathon</b>						
<b>M30</b>	P Bayliss	1:40:33*				
<b>M35</b>	<b>J McKee</b>	<b>1:10:21</b>	<b>22/04/2017</b>			
<b>M40</b>	T McLachlan	1:08:22	1996			
<b>M45</b>	C Earwaker	1:10:56	2004			
<b>M50</b>	N Calder	1:17:50	2008			
<b>M55</b>	S Pavett	1:17:17	1992			
<b>M60</b>	C Henderson	1:19:18	2004			
<b>M65</b>	L Wigham	1:23:27	1999			
<b>M70</b>	S Opie	1:26:49	1996			
<b>M75</b>	I Mallowes	1:27:51	2004			
<b>M80</b>	S Gawler	2:04:15	2010			

<b>Marathon</b>		<b>NZMA National Record</b>		<b>NZMA Championship Record</b>		
<b>M35</b>	D Rush	2:46:34	2004	D Rush	2:46:34	2004
<b>M40</b>	J Foster	2:11:18	1974	J Thirkettle	2:29:53	1993
<b>M45</b>	R Robinson	2:27:33	1984	G Stevens	2:35:56	2004
<b>M50</b>	R Robinson	2:28:02	1989	N Read	2:44:15	1993
<b>M55</b>	D Turnbull	2:42:00	1985	S Pavett	2:54:26	1993
<b>M60</b>	D Turnbull	2:42:31	1987	S Pavett	2:51:58	1994
<b>M65</b>	D Turnbull	2:41:56	1992	S Opie	3:16:55	1993
<b>M70</b>	D Turnbull	3:15:58	1997	S Pavett	3:19:51	2004
<b>M75</b>	W Nelmes	3:40:24	1989	N Hilliam	6:19:39	1996
<b>M80</b>	S Pavett	4.43.51	3/05/2014	C Thorne	5:33:21	2004

<b>5000m Track Walk ( WMA Event)</b>		<b>NZMA National Record</b>		<b>NZMA Championship Record</b>		
<b>MPV</b>	K Taylor	23:12.58	1990	D Cameron	25:08.0	1980
<b>M40</b>	R Green	24:19.4	1993	R Nixon	27:03.8	1980
<b>M45</b>	G Little	20:54.4	1991	M Hinton	24:21.0	1980
<b>M50</b>	G Little	21:01.0	1992	H Marsh	35:35.6	1980
<b>M55</b>	G Little	22:14.93	1998			
<b>M60</b>	G Little	23:44.09	2002			
<b>M65</b>	<b>E Kemsley</b>	<b>26:53.78</b>	<b>26/10/2016</b>			
<b>M70</b>	E Saxby	29:56.55	2007			
<b>M75</b>	G Currie	37:54.5	1993			
<b>M80</b>	G Currie	38:37.0	1995			
<b>M90</b>	<b>P Tearle</b>	<b>48:56.81</b>	<b>26/10/2016</b>			

<b>10,000m Track Walk</b>		<b>NZMA National Record</b>				
<b>M40</b>	M Morressey	50:19.13	03/09/2013			
<b>M45</b>	M Harte	54:27.0	2003			
<b>M50</b>	G Little	43:48.85	1992			
<b>M55</b>	M Parker	48:49.0	2010			
<b>M60</b>	G Little	49:22.7	2002			

<b>50km Road Walk</b>		<b>NZMA National Record</b>		<b>NZMA Championship Record</b>		
<b>M40</b>	R Gillum	5:15:22.0	2003			
<b>M45</b>	G Little	4:39:27.0	1991			
<b>M50</b>	G Little	4:16:36.4	1992	G Little	4:16:36.4	1992
<b>M55</b>	G Little	4:49:36.0	1997			
<b>M60</b>	G Little	5:25:44.0	2003	G Little	5:25:44.0	2003
<b>M65</b>	D Harris	5:52:58.0	1991	D Harris	6:02:13.2	1992
<b>M70</b>	D Harris	6: 56:47.0	1998			

<b>Relays</b>						
<b>M65</b>	4x100	55:75	Perth 2016			

<b>Archived Events (due to Age Factor or Implement changes)</b>						
<b>Track Pentathlon (pre May 2010)</b>		<b>NZMA National Record</b>		<b>NZMA Championship Record</b>		
<b>M35</b>	S Te Whaiti	2953 pts	2002	S Te Whaiti	2953 pts	2002
<b>M40</b>	S Te Whaiti	3087 pts	2005	S Te Whaiti	3087 pts	2005
<b>M45</b>	R Williams	3983 pts	1981	S Te Whaiti	3215 pts	2009
<b>M50</b>	R Williams	3691 pts	1986	R Williams	3691 pts	1986

<b>M55</b>	B McPhail	3178 pts	1986	B McPhail	3178 pts	1986
<b>M60</b>	P Timings	3572 pts	1989	P Timings	3572 pts	1989
<b>M65</b>	R Johnson	3693 pts	1997	R McGregor	3342 pts	2006
<b>M70</b>	R Johnson	3560pts	2002	R Johnson	3406 pts	2003
<b>M75</b>	R Johnson	3226 pts	2008	R Johnson	3226 pts	2008
<b>M80</b>						
<b>M90</b>	F Cox	577 pts	2002			
<b>Throws Pentathlon (pre May 2010)</b>				<b>NZMA National Record</b>		
<b>M30</b>				M Scholten	1847 pts	2010
<b>M35</b>	H Smith	3097 pts	1994	H Smith	3097 pts	1994
<b>M40</b>	M Cumming	3100 pts	2002	M Cumming	2994 pts	2006
<b>M45</b>	M Cumming	3295 pts	2009	J Bradley	3186 pts	2000
<b>M50</b>						
<b>M55</b>	L Devlin	3441 pts	1993	L Devlin	3386 pts	1994
<b>M60</b>	R Davison	3776 pts	2010	R Davison	3776 pts	2010
<b>M65</b>	L Devlin	4148 pts	2001	L Devlin	3821 pts	2001
<b>M70</b>	S Johnson	4322 pts	1993	L Devlin	3681 pts	2006
<b>M75</b>	D Scratton	3961 pts	1995	D Scratton	3961 pts	1995
<b>M80</b>	B Stannius	4782 pts	2009	B Stannius	4782 pts	2009
<b>M85</b>	D Scratton	4074 pts	2004	D Scratton	3808 pts	2006
<b>M90</b>	D Scratton	3023 pts	2009			
<b>Decathlon</b>				<b>NZMA National Record</b>		
<b>M35</b>	B Booker	5704 pts	2005	B Booker	5704 pts	2005
<b>M40</b>	S Poelman	8269 pts	2004	S Poelman	7603 pts	2004
<b>M45</b>	S Te Whaiti	6238 pts	2009	S Te Whaiti	6238 pts	2009
<b>M50</b>	W Doyle	7018 pts	20/02/2016	M Andersen	6566 pts	1999
<b>M55</b>	R McGregor	6094 pts	1998	R McGregor	6094 pts	1998
<b>M60</b>	R McGregor	6970 pts	2001	R McGregor	6679 pts	2000
<b>M65</b>	R Johnson	7114 pts	2001	R Johnson	6630 pts	1998
<b>M70</b>	R Johnson	6128 pts	2004	R Johnson	6128 pts	2004
<b>M75</b>	R Johnson	6564 pts	2008	R Johnson	6564 pts	2008
<b>M80</b>						
<b>M85</b>						
<b>NZMA Men's Indoor Best Performances / Records</b>						
<b>50m</b>						
<b>M40</b>	J Nightingale	6.55	24/07/2016	Auckland		
<b>M50</b>	S Te Whaiti	6.88	24/07/2016	Auckland		
<b>M55</b>	G Rawson	6.96	24/07/2016	Auckland		
<b>M60</b>	D O'Leary	7.27	24/07/2016	Auckland		
<b>M65</b>	A Deleiros	7.79	24/07/2016	Auckland		
<b>M70</b>	D Anstiss	8.30	24/07/2016	Auckland		
<b>M80</b>	T Cowley	10.03	24/07/2016	Auckland		
<b>60m</b>						
<b>M50</b>	<b>S Te Whaiti</b>	<b>8.05</b>	<b>20/03/2017</b>	Daegu		
<b>M60</b>	A Deleiros	8.56	01/03/2010	Kamloops		
<b>M65</b>	T Guptill	8.75	25/03/2014	Budapest		
<b>M70</b>	<b>T Guptill</b>	<b>8.70</b>	<b>20/03/2017</b>	Daegu		

<b>M75</b>	P Hanson	12.09	19/03/2016	Toronto/Canada
<b>200m</b>				
<b>M60</b>	A Deleiros	27.79	01/03/2010	Kamloops
<b>M65</b>	<b>A Dougall</b>	<b>28.43</b>	<b>22/03/2017</b>	Daegu
<b>M70</b>	<b>T Guptill</b>	<b>28.63</b>	<b>22/03/2017</b>	Daegu
<b>M75</b>	P Hanson	53.92	20/03/2016	Toronto/Canada
<b>400m</b>				
<b>M60</b>	A Deleiros	65.10	01/03/2010	Kamloops
<b>M65</b>	<b>A Dougall</b>	<b>66.29</b>	<b>24/03/2017</b>	Daegu
<b>M70</b>	<b>A Deleiros</b>	<b>68.48</b>	<b>24/03/2017</b>	Daegu
<b>800m</b>				
<b>M60</b>	I Carter	2:22.40	4/04/2012	Jyvasklya / Finland
<b>M65</b>	<b>I Carter</b>	<b>2:27.48</b>		
<b>1500m</b>				
<b>M45</b>	<b>J Cameron</b>	<b>4:25.37</b>	<b>25/03/2017</b>	Daegu
<b>M50</b>	<b>M Wray</b>	<b>4:51.71</b>	<b>25/03/2017</b>	Daegu
<b>M60</b>	I Carter	4:44.73	5/04/2012	Jyvasklya / Finland
<b>M65</b>	<b>I Carter</b>	<b>5:12.59</b>	<b>25/03/2017</b>	Daegu
<b>3000m</b>				
<b>M45</b>	<b>J Cameron</b>	<b>9:37.95</b>	<b>23/03/2017</b>	Daegu
<b>M50</b>	<b>M Wray</b>	<b>9:44.14</b>	<b>23/03/2017</b>	Daegu
<b>M60</b>	<b>T Price</b>	<b>11:04.79</b>	<b>23/03/2017</b>	Daegu
<b>60m Hurdles</b>				
<b>M50</b>	<b>S Te Whaiti</b>	<b>10.61</b>	<b>23/03/2017</b>	Daegu
<b>M80</b>	J Blair	15.18	6/04/2012	Jyvasklya / Finland
<b>M85</b>	<b>J Blair</b>	<b>20.81</b>	<b>23/03/2017</b>	Daegu
<b>3000m TW</b>				
<b>M40</b>	<b>G Cross</b>	<b>15:15.68</b>	<b>20/03/2017</b>	Daegu
<b>Half Marathon</b>				
<b>M50</b>	<b>M Wray</b>	<b>1:17:05</b>	<b>25/03/2017</b>	Daegu
<b>High Jump</b>				
<b>M40</b>	R Lyle	1.50m	24/07/2016	Auckland
<b>M45</b>	J Turner	1.60m	24/07/2016	Auckland
<b>M50</b>	S Te Whaiti	1.55m	24/07/2016	Auckland
<b>M55</b>	G Rawson	1.40m	12/07/2015	Auckland
<b>M60</b>	T Delamere	1.35m	12/07/2015	Auckland
<b>M70</b>	D Anstiss	1.30m	24/07/2016	Auckland
<b>M75</b>	J A Blair	1.21m	17/03/2008	Clermout / Ferrand France
<b>M80</b>	J A Blair	1.10m	03/04/2012	Jyvasklya / Finland
<b>M85</b>	J A Blair	1.08m	24/07/2016	Auckland
<b>Triple Jump</b>				
<b>M30</b>	A Fernandes	11.93m	12/07/2015	Auckland
<b>M35</b>	I McGowan	10.96m	12/07/2015	Auckland
<b>M50</b>	A Richardson	10.89m	24/07/2016	Auckland
<b>M55</b>	S Burdon	10.80m	24/07/2016	Auckland

<b>M80</b>	T Cowley	6.02m	24/07/2016	Auckland	
<b>M85</b>	<b>J Blair</b>	<b>5.14</b>	<b>25/03/2017</b>	Daegu	
<b>Long Jump</b>					
<b>M30</b>	A Fernandes	5.42m	12/07/2015	Auckland	
<b>M35</b>	I McGowan	5.20m	12/07/2015	Auckland	
<b>M40</b>	R Lyle	4.37m	24/07/2016	Auckland	
<b>M50</b>	S Te Whaiti	4.81m	12/07/2015	Auckland	
<b>M55</b>	S Burdon	5.11m	24/07/2016	Auckland	
<b>M60</b>	T Delamere	3.49m	12/07/2015	Auckland	
<b>M70</b>	<b>A Deleiros</b>	<b>3.81m</b>	<b>20/03/2017</b>	Daegu	
<b>M80</b>	T Cowley	2.64m	24/07/2016	Auckland	
<b>Shot Put</b>					
<b>M40</b>	D Langford	10.00m	24/07/2016	Auckland	
<b>M45</b>	L Inivale	12.52m	24/07/2016	Auckland	
<b>M50</b>	<b>L Inivale</b>	<b>13.83m</b>	<b>22/03/2017</b>	Daegu	
<b>M55</b>	H Barnard	8.45m	24/07/2016	Auckland	
<b>M60</b>	C Thompson	8.98m	24/07/2016	Auckland	
<b>M65</b>	A Deleiros	8.18m	24/07/2016	Auckland	
<b>M70</b>	P Crawford	11.22m	24/07/2016	Auckland	
<b>M75</b>	P Hanson	8.57m	24/07/2016	Auckland	
<b>M80</b>	J Blair	7.80m	19/03/2016	Toronto Canada	
<b>M85</b>	<b>J Blair</b>	<b>8.89m</b>	<b>22/03/2017</b>	Daegu	
<b>Weight</b>					
<b>M50</b>	<b>L Inivale</b>	<b>13.95m</b>	<b>22/03/2017</b>	Daegu	
<b>M85</b>	<b>J Blair</b>	<b>8.91m</b>	<b>22/03/2017</b>	Daegu	
<b>Pentathlon</b>					
<b>M50</b>	<b>S Te Whaiti</b>	<b>2921 pts</b>	<b>24/03/2017</b>	Daegu	60mH = 10.87, 599 pts. LJ = 5.01m, 619 pts. SP = 10.32m, 612 pts. HJ = 1.48m, 552 pts. 1000m = 3:40.93, 539 pts.
<b>Relays 4x 200m</b>					
<b>M40</b>	Michael Wray Jason Cameron Tony Price Gregg Cross	<b>2:06.18</b>	<b>25/03/2017</b>	Daegu	
<b>M65</b>	Trevor Guptill Ian Carter Anthony Deleiros Alan Dougall	<b>1:56.57</b>	<b>25/03/2017</b>	Daegu	