

# North Island Masters Athletics Championship

Palmerston North City Council

Manawatu Community Athletic Track 25 - 27 Nov 2016

## Pentathlon

### Female

#### W65

		100m	Shot Put	Long Jump	Javelin	800m
Nancy Bowmar	Performance	17.34	6.51	2.95	12.22	3:52.57
Northland	Wind	0.20				
Age 66	AF Perf	13.51	10.80	4.58	21.10	2:50.76
6502	Points	683	582	448	309	456
1st	2478	683	1265	1713	2022	2478
Margaret Crooke	Performance	18.02	6.18	2.79	11.46	4:44.48
Northland	Wind	0.20				
Age 69	AF Perf	14.04	10.25	4.34	19.79	3:28.87
6505	Points	598	546	388	285	144
2nd	1961	598	1144	1532	1817	1961
Lynne Mackay	Performance	18.96	5.13	2.50	7.92	4:00.51
Taranaki	Wind	0.20				
Age 65	AF Perf	14.77	8.51	3.88	13.68	2:56.59
6507	Points	489	432	281	173	398
3rd	1773	489	921	1202	1375	1773

## Pentathlon

### Male

#### M45

		Long Jump	Javelin	200m	Discus	1500m
Trevor Wilson	Performance	5.07	26.80	26.64	22.75	5:39.88
Auckland	Wind	-1.00		-1.40		
Age 45	AF Perf	5.85	31.39	24.61	27.41	5:10.15
4506	Points	554	319	639	414	503
1st	2429	554	873	1512	1926	2429
Andrew Davenport	Performance	4.35	28.43	28.50	20.91	4:55.17
Manawatu/Wanganui	Wind	2.90		-1.40		
Age 49	AF Perf	5.02	33.30	26.32	25.19	4:29.35
4516	Points	386	346	499	371	749
2nd	2351	386	732	1231	1602	2351

#### M50

		Long Jump	Javelin	200m	Discus	1500m
Mark Lett	Performance	4.68	25.54	29.56	23.18	5:57.92
Northland	Wind	0.30		-1.40		
Age 54	AF Perf	5.74	31.35	26.41	23.68	5:12.50
5020	Points	531	318	492	342	490
1st	2173	531	849	1341	1683	2173

#### M55

		Long Jump	Javelin	200m	Discus	1500m
Brian Curry	Performance	4.38	30.13	29.89	28.33	7:33.30
Manawatu/Wanganui	Wind	-0.30		-1.40		
Age 55	AF Perf	5.74	40.31	25.81	31.45	6:17.92
5504	Points	531	447	539	493	196
1st	2206	531	978	1517	2010	2206
Robert Dabb	Performance	3.84	16.36	32.37	DNS	5:36.11
Manawatu/Wanganui	Wind	-1.30		-1.40		
Age 57	AF Perf	5.03	21.88	27.95		4:40.22
5502	Points	388	187	380	0	679
2nd	DNF	388	575	955	955	1634

#### M60

		Long Jump	Javelin	200m	Discus	1500m
Ian Morton	Performance	2.26	8.71	39.03	16.61	7:13.48
Wellington	Wind	-0.50		-1.40		
Age 60	AF Perf	3.18	12.31	32.52	17.65	5:44.14
6008	Points	88	61	126	228	332
1st	835	88	149	275	503	835

#### M65

		Long Jump	Javelin	200m	Discus	1500m
Rupert Watson	Performance	3.07	17.12	33.76	23.02	6:48.69
Wellington	Wind	-3.90		-1.40		
Age 68	AF Perf	4.66	26.74	27.04	26.78	5:07.71
6514	Points	319	254	445	402	516
1st	1936	319	573	1018	1420	1936

## Pentathlon

### Male

<b>M85</b>		Long Jump	Javelin	200m	Discus	1500m
Hector Meiri	Performance	2.15	17.42	1:18.05	9.20	12:31.99
Waikato BOP	Wind	0.50		-1.40		
Age 86	AF Perf	4.76	42.46	47.23	17.94	6:25.10
8501	Points	337	478	0	234	171
1st	1220	337	815	815	1049	1220

## Throws Pentathlon

### Female

<b>W40</b>		Hammer	Shot Put	Discus	Javelin	Weight Throw
Michelle Bitcheno	Performance	12.64	6.78	16.18	13.25	6.69
Waikato BOP	Wind					
Age 42	AF Perf	14.86	7.52	18.04	15.20	7.92
4007	Points	173	368	243	200	367
1st	1351	173	541	784	984	1351

<b>W45</b>		Hammer	Shot Put	Discus	Javelin	Weight Throw
Michelle Scriven	Performance	19.43	8.01	21.23	18.90	8.16
Wellington	Wind					
Age 48	AF Perf	24.70	9.56	25.59	23.58	10.57
4504	Points	379	501	380	356	528
1st	2144	379	880	1260	1616	2144
Raewyn Grigg	Performance	NT	DNS	19.01	15.81	8.31
Taranaki	Wind					
Age 47	AF Perf			22.92	19.72	10.76
4500	Points	0	0	331	284	539
2nd	DNF	0	0	331	615	1154

<b>W50</b>		Hammer	Shot Put	Discus	Javelin	Weight Throw
Tina Ryan	Performance	31.34	10.39	21.87	18.88	11.20
Auckland	Wind					
Age 53	AF Perf	40.23	13.09	28.71	24.82	13.24
5003	Points	716	733	438	379	692
1st	2958	716	1449	1887	2266	2958
Tania Hodges	Performance	21.91	9.91	23.90	17.61	10.78
Waikato BOP	Wind					
Age 52	AF Perf	28.12	12.49	31.37	23.15	12.74
5001	Points	453	694	488	348	661
2nd	2644	453	1147	1635	1983	2644
Jenny Fee	Performance	29.46	8.02	19.83	12.05	10.24
Manawatu/Wanganui	Wind					
Age 51	AF Perf	37.82	10.11	26.03	15.84	12.10
5008	Points	663	537	388	212	621
3rd	2421	663	1200	1588	1800	2421

<b>W65</b>		Hammer	Shot Put	Discus	Javelin	Weight Throw
Jill Evans	Performance	24.24	7.55	19.49	16.14	10.43
Manawatu/Wanganui	Wind					
Age 67	AF Perf	41.30	12.53	34.93	27.88	13.83
6503	Points	740	696	556	437	728
1st	3157	740	1436	1992	2429	3157

<b>W70</b>		Hammer	Shot Put	Discus	Javelin	Weight Throw
Barbara Austin	Performance	18.80	7.14	12.31	14.37	8.64
Northland	Wind					
Age 71	AF Perf	36.02	13.25	25.28	28.24	12.67
7000	Points	624	744	374	443	657
1st	2842	624	1368	1742	2185	2842

## Throws Pentathlon

### Male

<b>M30</b>		Hammer	Shot Put	Discus	Javelin	Weight Throw
Callum McConachy	Performance	37.04	11.09	31.77	36.80	10.88
Manawatu/Wanganui	Wind					
Age 31	AF Perf	37.04	11.09	31.77	36.79	10.88
3000	Points	464	551	499	396	501
1st	2411	464	1015	1514	1910	2411

# Throws Pentathlon

## Male

<b>M35</b>		Hammer	Shot Put	Discus	Javelin	Weight Throw
Dave Couper Waikato BOP	Performance	31.07	10.24	28.63	40.77	10.10
	Wind					
Age 39	AF Perf	32.00	10.62	29.03	41.28	10.30
3506	Points	383	523	445	461	469
1st	2281	383	906	1351	1812	2281

<b>M40</b>		Hammer	Shot Put	Discus	Javelin	Weight Throw
David Sexton Hawkes Bay/Gisborne	Performance	21.44	8.08	28.41	29.90	8.10
	Wind					
Age 44	AF Perf	24.12	8.99	31.29	32.47	8.82
4010	Points	257	425	490	334	386
1st	1892	257	682	1172	1506	1892

<b>M50</b>		Hammer	Shot Put	Discus	Javelin	Weight Throw
Adrian Stockill Hawkes Bay/Gisborne	Performance	28.02	10.69	40.27	29.75	13.32
	Wind					
Age 50	AF Perf	33.24	12.52	41.14	36.52	13.97
7009	Points	403	638	688	392	676
1st	2797	403	1041	1729	2121	2797
Murray Free Auckland	Performance	29.87	9.07	30.25	34.70	10.51
	Wind					
Age 53	AF Perf	35.43	10.63	30.90	42.60	11.02
5019	Points	438	524	482	480	509
2nd	2433	438	962	1444	1924	2433
Steve Weeks Manawatu/Wanganui	Performance	DNS	DNS	DNS	DNS	DNS
	Wind					
Age 51	AF Perf					
5013	Points	0	0	0	0	0
3rd	DNF	0	0	0	0	0

<b>M55</b>		Hammer	Shot Put	Discus	Javelin	Weight Throw
Hans Barnard Auckland	Performance	25.34	7.68	24.01	18.71	9.57
	Wind					
Age 59	AF Perf	33.30	9.75	26.65	25.03	10.74
5506	Points	404	471	399	230	493
1st	1997	404	875	1274	1504	1997

<b>M65</b>		Hammer	Shot Put	Discus	Javelin	Weight Throw
Rick Davison Canterbury	Performance	33.78	8.24	30.75	21.55	12.60
	Wind					
Age 67	AF Perf	49.50	11.21	35.78	33.66	14.05
6515	Points	668	559	579	351	681
1st	2838	668	1227	1806	2157	2838
Lester Laughton Southland	Performance	26.04	9.61	34.94	22.49	11.72
	Wind					
Age 65	AF Perf	38.16	13.07	40.65	35.12	13.07
6510	Points	482	672	678	372	625
2nd	2829	482	1154	1832	2204	2829

<b>M70</b>		Hammer	Shot Put	Discus	Javelin	Weight Throw
Phillip Cox Manawatu/Wanganui	Performance	30.00	9.14	22.88	16.79	11.65
	Wind					
Age 71	AF Perf	45.37	12.31	29.24	28.20	13.29
7013	Points	600	625	450	274	638
1st	2587	600	1225	1675	1949	2587

<b>M75</b>		Hammer	Shot Put	Discus	Javelin	Weight Throw
Terrence Ryan Auckland	Performance	16.37	6.68	14.17	12.83	6.02
	Wind					
Age 78	AF Perf	28.26	9.87	20.30	24.28	7.39
7503	Points	323	478	278	220	307
1st	1606	323	801	1079	1299	1606

<b>M85</b>		Hammer	Shot Put	Discus	Javelin	Weight Throw
Jim Blair Wellington	Performance	16.35	6.72	17.13	17.90	7.89
	Wind					
Age 85	AF Perf	37.25	12.12	33.41	43.63	11.40
8500	Points	467	614	532	495	531
1st	2639	467	1081	1613	2108	2639